### Indoor and Track and Field Awards

<table>
<thead>
<tr>
<th>County</th>
<th>Senior</th>
<th>Club</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clare</td>
<td>Laura Power</td>
<td>Ennis Track A. C.</td>
</tr>
<tr>
<td>Clare</td>
<td>Tony Odubote</td>
<td>Ennis Track A. C.</td>
</tr>
<tr>
<td>Cork</td>
<td>Vickie Cusack</td>
<td>Liscarroll A.C.</td>
</tr>
<tr>
<td>Cork</td>
<td>Jack Murphy</td>
<td>Leevale A.C.</td>
</tr>
<tr>
<td>Kerry</td>
<td>Aoife Doyle</td>
<td>Star of the Laune A. C.</td>
</tr>
<tr>
<td>Kerry</td>
<td>Jason Foley</td>
<td>Lios Tuathail A. C.</td>
</tr>
<tr>
<td>Limerick</td>
<td>Ciara Neville</td>
<td>Emerald A. C.</td>
</tr>
<tr>
<td>Limerick</td>
<td>Stanley Ikeh</td>
<td>Limerick A.C.</td>
</tr>
<tr>
<td>Tipperary</td>
<td>Maria Carey</td>
<td>Newport A. C.</td>
</tr>
<tr>
<td>Tipperary</td>
<td>Daniel Ryan</td>
<td>Moycarkey C.C. A. C.</td>
</tr>
<tr>
<td>Waterford</td>
<td>Siobhan Whelan</td>
<td>Ferrybank A. C.</td>
</tr>
<tr>
<td>Waterford</td>
<td>James Murphy</td>
<td>Waterford A. C.</td>
</tr>
<tr>
<td>Junior Women</td>
<td>Grace McKenzie</td>
<td>Belgooly A. C.</td>
</tr>
<tr>
<td>Junior Men</td>
<td>Sam Healy</td>
<td>Leevale A. C.</td>
</tr>
<tr>
<td>Under 23 Women</td>
<td>Lilly Ann O’Hara</td>
<td>Dooneen A. C.</td>
</tr>
<tr>
<td>Under 23 Men</td>
<td>Cormac Lynch</td>
<td>Marian A. C.</td>
</tr>
<tr>
<td>Senior Women</td>
<td>Claire Fitzgerald</td>
<td>Tralee Harriers A. C.</td>
</tr>
<tr>
<td>Senior Men</td>
<td>Barry Healy</td>
<td>Youghal A. C.</td>
</tr>
<tr>
<td>Master Women</td>
<td>Elaine Cronin</td>
<td>Gneeveguilla A. C.</td>
</tr>
<tr>
<td>Master Men</td>
<td>John Murphy</td>
<td>Liscarroll A.C.</td>
</tr>
<tr>
<td>International Award</td>
<td>Joe Gough</td>
<td>West Waterford A.C.</td>
</tr>
</tbody>
</table>

### Club Awards

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
<th>Club</th>
</tr>
</thead>
<tbody>
<tr>
<td>Indoor &amp; Track &amp; Field - Juvenile/Junior/Senior</td>
<td>Leevale A.C.</td>
<td></td>
</tr>
<tr>
<td>Indoor Masters and Juvenile Cross Country</td>
<td>Ennis Track A. C.</td>
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</tr>
<tr>
<td>Track &amp; Field Masters</td>
<td>Waterford A. C.</td>
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### County Award

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
<th>Club</th>
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</thead>
<tbody>
<tr>
<td>Indoor &amp; Track &amp; Field - Juvenile/Senior/Masters Cross Country Juvenile/Senior</td>
<td>Cork</td>
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### Juvenile Cross Country Awards

<table>
<thead>
<tr>
<th>County</th>
<th>Senior</th>
<th>Club</th>
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</thead>
<tbody>
<tr>
<td>Clare</td>
<td>Eoin O’Looney</td>
<td>Kilmurray Ibk N. C. A. C.</td>
</tr>
<tr>
<td>Cork</td>
<td>Rhona Pierce</td>
<td>Leevale A.C.</td>
</tr>
<tr>
<td>Kerry</td>
<td>Darragh Browne</td>
<td>Lios Tuathaill A. C.</td>
</tr>
<tr>
<td>Limerick</td>
<td>Eoghan Beary</td>
<td>Dooneen A. C.</td>
</tr>
<tr>
<td>Tipperary</td>
<td>Ciara Cummins</td>
<td>Nenagh Olympic A C</td>
</tr>
<tr>
<td>Waterford</td>
<td>Sean Curran</td>
<td>West Waterford A. C.</td>
</tr>
</tbody>
</table>

### Senior Cross Country and Road Awards

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
<th>Club</th>
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</thead>
<tbody>
<tr>
<td>Senior Men</td>
<td>William Mounsell</td>
<td>Clonmel A. C.</td>
</tr>
<tr>
<td>Senior Women</td>
<td>Shona Heaslip</td>
<td>An Riocht A. C.</td>
</tr>
<tr>
<td>Master Men</td>
<td>Mike Cunningham</td>
<td>Mooreabeymilers AC.</td>
</tr>
<tr>
<td>Master Women</td>
<td>Eugene Moynihan</td>
<td>Marian A. C.</td>
</tr>
<tr>
<td>Master Women</td>
<td>Niamh O’Sullivan</td>
<td>An Riocht A. C.</td>
</tr>
</tbody>
</table>

### Cross Country and Road Club Awards

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
<th>Club</th>
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</thead>
<tbody>
<tr>
<td>Overall Senior Club Cross Country &amp; Road</td>
<td>West Waterford A.C.</td>
<td></td>
</tr>
<tr>
<td>Best Juvenile “B” Cross Country Club</td>
<td>Kenmare A. C.</td>
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</table>

### Cross Country County Awards

<table>
<thead>
<tr>
<th>Category</th>
<th>Description</th>
<th>Club</th>
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<tbody>
<tr>
<td>Best Juvenile and Senior County</td>
<td>Cork</td>
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### Achievement Awards

<table>
<thead>
<tr>
<th>Description</th>
<th>Club</th>
</tr>
</thead>
<tbody>
<tr>
<td>Michelle Finn</td>
<td>Leevale A.C.</td>
</tr>
<tr>
<td>Siobhan O’Doherty</td>
<td>Borrisokane A.C.</td>
</tr>
<tr>
<td>Laura Crowe</td>
<td>An Ríocht A.C.</td>
</tr>
<tr>
<td>Adam King</td>
<td>Iveragh A.C.</td>
</tr>
<tr>
<td>Phil Healy</td>
<td>Bandon A.C.</td>
</tr>
<tr>
<td>Kelly Proper</td>
<td>Ferrybank A.C.</td>
</tr>
<tr>
<td>Sarah Lavin</td>
<td>UCD</td>
</tr>
<tr>
<td>Louise Shanahan</td>
<td>Leevale A.C.</td>
</tr>
<tr>
<td>Dan McCarthy</td>
<td>East Cork A C</td>
</tr>
<tr>
<td>Michael Gregan</td>
<td>Tramore A. C.</td>
</tr>
</tbody>
</table>

### Hall of Fame

<table>
<thead>
<tr>
<th>Name</th>
<th>Club</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dan McCarthy</td>
<td>East Cork A C</td>
</tr>
</tbody>
</table>

### Patsy O’Connor Officer Award

<table>
<thead>
<tr>
<th>Name</th>
<th>Club</th>
</tr>
</thead>
<tbody>
<tr>
<td>Michael Gregan</td>
<td>Tramore A. C.</td>
</tr>
</tbody>
</table>
Chairman’s Welcome

It gives me great pleasure to welcome each and every one of you here tonight to the Blarney Golf Resort Hotel for our Annual Awards banquet.

I would like to express the gratitude of Munster Provincial Council to Cork County Board for the huge amount of time and effort put into organising tonight’s Banquet.

We would like to thank the management and staff of the Blarney Golf Resort Hotel on the excellent facilities and meal provided here tonight.

Wishing each and every one of you an enjoyable evening and a safe journey home afterwards.

Mossie Woulfe
Chairman

Laura Power
Ennis Track A. C.

Clare Track & Field U19 1st 200m, 400m, 800m, 1500m.
Clare Cross Country U19 1st
Munster Indoor U19 1st 1500m
Munster Track & Field U19 1st 1500m, 800m, 3000m.
All Ireland Indoor U19 2nd 1500m

Tony Odubote
Ennis Track A. C.

National Indoors 1st 60m.
Track & Field 1st 200m 23.27 CBP, 100m 11.54, 3rd 60m H.
Celtic Games 3rd 200m.
Munster Indoors 2nd 60m Hurdles, 60m, Long Jump.
Munster Track & Field 1st 250m Hurdles 33.44 CBP, 1st 200m CBP, 100m.
Aviva Munster Schools Track & Field – Jnr. 1st, 100m, 200m.
Irish Schools Track & Field 2nd, 200m, 3rd 100m.
Clare Track & Field 1st 100m, 200m, L/Jump, H/Jump. 2nd Shot.

Vickie Cusack
Liscarroll A. C.

Munster& All Ireland Combined Events Pentathlon u15 1st
Munster Indoors u15 1st Shot 12.15m, L/Jump, 60mH, H/Jump 2nd 60m.
All Ireland Indoors U15 3rd Shot Putt, 60m.
Munster Combined Events Pentathlon u15 1st
Munster Track & Field 1st L/Jump, 80mH, 2nd H/Jump, 3rd 250mH
All Ireland Track & Field 3rd Long Jump
All Ireland Outdoor Pentathlon 1st - 37 points
A member of the Irish Schools Combined Events Team who won Gold by beating England in Glasgow in December.
Jack Murphy
Leevale A.C.

2014 Achievements

Munster Indoors: 1st 60m hurdles
All Ireland Indoors: 1st 60m hurdles
Munster Track & Field: 1st 100m hurdles, 200m, Long Jump
All Ireland Track & Field: 1st 100m hurdles
All Ireland Schools: 2nd 100m hurdles
Tailteann Games: 1st 100m hurdles
Schools International: 1st 100m hurdles

Aoife Doyle
Star of The Laune A.C.

2014 Achievements

South Munster Schools (Intermediate) 1st Discus.
Munster Schools (Intermediate) 1st Discus, Hammer
All Ireland Schools (Intermediate) 2nd Discus, 3rd Hammer
Tailteann Games 1st Discus, 6th Hammer
SIAB Schools International 5th Discus
County Track & Field 1st u17 Discus, 1st u18 Hammer
Munster Track & Field 1st u17 Discus & Hammer, 2nd u17 Shot, 2nd Junior Hammer, 5th Junior Shot 3rd Junior Discus.
National Athletics Championships U17
1st Discus with a new PB of 36.29m, 6th Hammer
Celtic Games U18 4th Discus

Jason Foley
Lios Tuathail A.C.

2014 Achievements

Munster Indoor Junior 2nd Hurdles, 3rd 200m.
Munster U18 1st Hurdles –New record.
All Ireland U18 1st Hurdles
Munster Schools Senior 2nd Hurdles.
All Ireland Schools Senior 4th Hurdles
Munster Track & Field U18 1st Hurdles, 2nd 100m, 3rd 200m.
All Ireland U18 1st Hurdles.
Celtic Games 2nd Hurdles, 2nd Relay

Ciara Neville
Emerald A.C.

2014 Achievements

Munster Indoor U16 1st 60m Hurdles, 2nd 60m, 200m
All Ireland Indoor U16 3rd 60m H, 60m, 200m
2nd 4 x 200 Relay, U17 4 x 200 Relay
Munster Track and Field U16 1st 100m, 2nd 80m H, 1st 200m
All Ireland Track and Field U16 3rd 100m, 1st 4 x 100 Relay 1st U17 4 x 100 Relay
Munster Schools Track & Field 2nd Jrn 100m, 1st Jrn 75m H.
All Ireland Schools Track and Field Jrn, 1st 100m, 3rd 75m H, 1st 4 x 100 Relay
National Community Games 3rd 100m, 1st 4 x 100m Relay

Stanley Ikeh
Limerick A.C.

2014 Achievements

Indoors: 2nd High Jump, 3rd 200m, Shot Put
1st U16 Relay 4x200m, 3rd Combined Events
Track and Field: 1st Triple Jump, 200m
1st U16 Relay 4x100, 2nd 100m, 250m hurdles
Schools: 1st North Munster School Relay 4x100
2nd Munster School Relay 4x100, 3rd 200m

Maria Carey
Newport A.C.

2014 Achievements

Munster Juniors Indoor 1st Triple Jump (11.67m) 3rd 60m
All Ireland Juniors Indoor 1st Triple Jump (11.77m)
Munster Juvenile Indoor U17 1st Long Jump (5.43m)
All Ireland Juvenile Indoor U17 2nd in Long Jump (5.39m)
Munster Schools Track & Field U17 1st Triple Jump (11.50m R)
All Ireland Schools Track & Field U17 1st T/Jump (11.93m R)
Tailteann Games U17 1st Triple Jump (11.67m R)
SIAB U17 2nd in Triple Jump (12.10m PB)
Munster Track and Field U17 1st L/Jump (5.44m), Triple Jump (12.06m) 2nd 100m
All Ireland Track and Field U17 1st Triple Jump (11.79m R)
Munster Junior Track and Field 1st Triple Jump (11.56m R)
All Ireland Junior Track and Field 1st Triple Jump (11.73m)
Celtic Games U18 1st Triple Jump (11.98m ER)
National Community Games U17 1st Triple Jump, 3rd Relay
### Munster Records
- Munster Schools Track and Field G U17 Triple Jump (11.50mR)
- Munster Juvenile Track and Field G U17 Triple Jump (12.06mR)
- Munster Junior Track and Field W U20 Triple Jump (11.56mR)

### National Record
- All Ireland Schools Track and Field G U17 Triple Jump (11.93mR)
- Tailteann Games G U17 Triple Jump (11.67mR)
- All Ireland Juvenile Track and Field G U17 Triple Jump (11.79mR)

### Celtic Games
- Equaled Celtic Games Record G U18 Triple Jump (11.98mER)

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### Daniel Ryan
Moycarkey Cc A. C.

### 2014 Achievements
- **Munster Indoor U16** 1st CBP (7.37), 60mH CBP (8.45), L/Jump CBP (6.59), High Jump, Shot Putt, Combined Events
- **Munster Track & Field U16** 1st 100mH, 100m, L/Jump CBP (6.82m), H/Jump, Shot Putt, Discus, Combined Event.
- **Munster Schools Indoors Intermediate** 1st 60mH, Shot Putt, L/Jump
- **East Munster Schools Track & Field Intermediate** 1st 100mH, Long Jump CBP (6.55m)
- **Munster Schools Track & Field Intermediate** 1st 100mH, Long Jump, Combined Events.
- **All Ireland Indoors** 1st 60m, 60mH CBP (8.14), Long Jump CBP (6.58m), Combined Events.
- **All Ireland Track & Field U16** 1st 100mH CBP (13.30), Long Jump CBP (6.49m), Discus, Combined Events.
- **All Ireland Schools Inter** 1st 100mH, L/Jump, Combined Events.
- **Tailteann Games** – 3rd 100mH, 2nd Long Jump, 3rd 4 x 100m Relay.
- **National Community Games U16** 1st 100m
- **SIAB Schools Track & Field** 3rd in Long Jump (6.77m)
- **SIAB Schools International Combined Events**
  - Inter Boys 1st Pentathlon, 2nd Inter Boys Team
- **Celtic Games Track & Field** 1st 100mH CBP (13.38), Mixed 4 x 100m Relay CBP (45.42)
- **Munster Records U16 Ind.** 60m (7.37), 60mH (8.45), L/Jump 6.59m
- **Outdoors** L/Jump (6.82m), East Munster Schools Long Jump (6.55m)
- **National Records/U16**
  - **AAI Indoor** 60mH (8.14) Long Jump (6.58m)
  - **AAI Outdoor** 100mH (13.30) Long Jump (6.49m)
- **Celtic Boys U/16** 100mH (13.58) Celtic Mixed 4 x 100m Relay (45.42)

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### Siobhan Whelan
Ferrybank A. C.

### 2014 Achievements
- **Munster Juv. Indoors** 1st Triple Jump, 200m, 2nd 60m
- **Munster Junior Indoors** 3rd Triple Jump
- **All Ireland Juvenile Indoors** 3rd Triple Jump
- **Munster Juvenile Outdoors** 1st Triple Jump, 2nd Long Jump
- **Munster Schools – Senior** 1st Triple Jump
- **All Ireland Juvenile Outdoors** 3rd Triple Jump

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### James Murphy
Waterford A. C.

### 2014 Achievements
- **GloHealth Juvenile Championships U15** 1st Long Jump, Triple Jump, 2nd High Jump
- **Munster T&F Championships U15** 1st Triple Jump, 2nd Long Jump, 3rd 200m.
- **GloHealth Juvenile Relay Championships U15** 3rd 4x100m.
- **Munster Relays U15** 2nd 4x100m.
- **AAI Juvenile Indoor Championships U15** 2nd H/Jump, 3rd L/Jump
- **Munster Indoor Championships U15** 3rd High Jump, Long Jump
- **Munster Indoor Juvenile Relays U15** 3rd 4 X 200m Relay.
- **Munster Athletics U15 Outdoor** 3rd Pentathlon
- **Munster Schools Indoor Games** Junior Boys: 1st Long Jump, 2nd 4x200m Relay
- **Aviva Munster Schools T&F Championships Jnr** 1st Long Jump, 2nd High Jump.
- **East Munster Schools T&F Championships Jnr.**
  - 1st Long Jump, 2nd High Jump, 1st 4x100m Relay
- **Munster Schools Championships Junior** 3rd Combined Events
Grace McKenzie
Belgroo A. C.

2014 Achievements

Munster Junior Outdoor 2nd L/Jump, H/Jump, Javelin, 3rd Shot, Hurdles.

U19 Track & Field 1st L/Jump, Shot Putt, H/Jump, CPB 1.70m, Javelin, Hurdles

Junior Indoor 1st Hurdles, Long Jump, 2nd H/Jump.

All Ireland Junior Indoors 3rd H/Jump, 2nd Combined Events

U19 Indoor 1st H/Jump, L/Hurdle, 2nd Hurdles

Junior Women Track & Field 1st H/Jump, 2nd Shot Putt

U19 Track & Field 2nd L/Hurdle, H/Jump, Hurdles.

South Munster Schools 1st H/Jump, L/Hurdle

Munster Schools 1st H/Jump, L/Hurdle

All Ireland Schools 3rd H/Jump,

Munster & All Ireland Schools Combined Events 1st

Competed British Indoor AAA’s in Hurdles, H/Jump, L/Hurdle

Combined events are Grace’s favourite Events

Competed at UK Outdoor Combined Events Top 8 Finish

Competed at the A.I.T. Grand Prix By Invitation. Had the privilege of competing against Brianne Theisen-Eaton, who is a London 2012 Olympian and Pentathlon silver medalist from the 2014 World Indoor Championships

Lilly Ann O’Hara
Doooneen A. C.

2014 Achievements

Munster Indoors U23 1st 60m Hurdles CBP, 200m CBP, 2nd 60m

All Ireland Seniors/ U23/University Indoors 3rd 60m Hurdles

Munster Senior Track & Field 1st 100m Hurdles, 3rd 200m

University Championships 2nd 100m Hurdles

Represented Irish University team in Scotland

Cormac Lynch
Marian A. C.

2014 Achievements

Munster Indoors u23 1st 60m. 2nd 200m.

Munster Track & Field u23 1st 100m and 200m

Munster Senior Track & Field 1st 100m and 200m

All Ireland U23 Track & Field 3rd in the 100m.

Clare Fitzgerald
Tralee Harriers A.C.

2014 Achievements

Munster Track & Field: 1st Shot 14.28m. CBP
1st Discus 50.91 CBP

National Indoors: 1st Senior Shot

National Track & Field Senior 1st Shot 16.20m PB, 1st Discus

Intervarsity Indoors: 1st Shot

Intervarsity Track & Field: 1st Shot 1st Discus Representing UCC

Clare represented Ireland at the European Winter Throws Cup in Poland and at the European Team Competitions in Estonia making it her 11th Cap for Ireland

Sam Healy
Leevale A. C.

2014 Achievements

Munster Indoors Club & Schools 1st Long Jump & Hurdles.

Sam set a new Junior record, jumping 7.01

AAI Nationals Junior 1st 110m H.

Sam set a New Record, running a World Championship Qualifying Time 14.11sec

AAI U19, Junior and Senior 1st Long Jump

All Ireland Schools Senior 1st Hurdles & Long Jump

English Championships 2nd Jumping a PB of 7.51

Cork City Sports 3rd Long Jump

Sam was part of the Leevale Men’s Team, winning Indoor and Outdoor Team Events.
<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>2014 Achievements</th>
</tr>
</thead>
</table>
| **Barry Healy**<br>Youghal A.C. | | Munster Senior Indoor C/ships 1st Weight Dist.  
Munster Senior Track/Field C/ships 2nd Discus, 
1st Weight Dist.  
1st Weight O.B. |
| **Elaine Cronin**<br>Gneeveguilla A.C. | | Munster Indoors: 1st .60m 8.83, 200m 30.16  Long Jump 4.04m  
All-Ireland Indoors: 2nd .60m 8.87, 200m 29.42, L/Jump 4.24m  
Munster Championships 1st 100m 13.89, 200m 28.87, 
long jump 4.25m, Shot 7.18m  
All-Ireland Championships 2nd 100m 14.22, 200m 29.47, 
1st long jump 4.63m, 3rd Shot 6.61m, 1st Relay 57.25m  
National League Final Manager and part of Gneeveguilla AC Ladies Team who came 5th overall |
| **John Murphy**<br>Liscarroll A.C. | | Munster Indoor O/50 1st .60m, H/Jump, 2nd 200m, L/Jump  
County Track & Field 1st 100m, 200m, L/Jump, H/Jump.  
Munster Track & Field 1st 100m, L/Jump, H/Jump, 2nd |
| **Joe Gough**<br>West Waterford A.C. | | Masters World Championships, Budapest 1st 800m.  
First to Break a World Record on new Athlone Indoor Arena  
Number 1 in the World Rankings for 800m Master Indoors  
European Outdoor Masters, Turkey 1st 800 |
| **Eoin Looney**<br>Kilmurray Ibrikane A.C. | | Clare Track and Field Championships 1st 800m, 1500m  
Clare Cross Country 1st U/16’s and U/17’s  
Munster Cross Country 2nd U/16’s, 1st U/17’s  
All-Ireland Cross Country 13th U/16’s, 15th U/17’s  
National Indoor 2nd 1500m  
Munster Track and Field 2nd 3000m |
| **Rhona Pierce**<br>Leevale A.C. | | Inter County Cross Country Championships 3rd, and led the Leevale team to victory  
Rhona achieved selection for the Junior team travelling to the  
European Cross Country Championship. In the snow of Bulgaria  
Rhona ran a superb race to finish 43rd overall. A great achievement  
from an athlete who will be junior for three more seasons. |
| **Darragh Browne**<br>Lios Tuathaill A.C. | | Kerry Intermediate Schools Cross Country 1st  
Munster Intermediate Schools Cross Country 4th  
All Ireland Intermediate Schools Cross Country 15th  
Kerry Senior Track and Field 1st 5000m  
Kerry U18 Cross Country 1st  
Kerry U19 Cross Country 1st  
Munster U18 cross country 6th  
Munster U19 cross country  
Member of Munster u18 Cross Country All-Ireland silver medal winning team  
Member of Munster u19 Cross Country All-Ireland gold medal winning team |

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*Note: The table lists the achievements of John Murphy in the Track/Field events.*
Eoghan Beary
Dooneen A.C.

**2014 Achievements**

Community Games Marathon - 4th
Munster Cross Country U17 - 5th
Munster Cross Country U18 - 7th
All-Ireland Cross Country U17 - 26th
All-Ireland Cross Country U18 - 35th
Junior Limerick Triathlon Club Duathlon 1st
Junior Ennis Triathlon Club Duathlon 1st
Duathlon National Championships - 4th
Junior Lough Derg Sprint Triathlon - 2nd

Ciara Cummins
Nenagh Olympic A.C.

**2014 Achievements**

Club Cross Country: 4th U18, 4th U19
Club Track and Field: 1st jnr 2000m Steeplechase, 1st U18 2000m Steeplechase, 3rd 1500m, 3rd 800m.
Club Indoors: 1st Junior 800m, 2nd U18 800m, 2nd U18 1500m.
Schools Cross Country: 3rd Senior.
Schools Track & Field: 2nd Snr 1500m Steeplechase, 3rd U18 1500m.
All Ireland Cross Country: 10th U18 Ind., 3rd Munster team.
2nd U19 Individual, 1st Munster team.
Qualified for the Celtic International Cross Country.
All Ireland Club Track & Field: 2nd Junior 1500m, 1st U18 2000m Steeplechase, 3rd U18 800m.
All Ireland Club Indoors: 2nd U18 800m, 3rd U18 1500m
Schools Cross Country: 1st Senior team. Schools Track and Field: 2nd 1500m Steeplechase.
New PB’s in all events including a national record in the U18 steeplechase-7.20.70

Sean Curran
West Waterford A.C.

**2014 Achievements**

Munster Junior Indoors - 2nd 1500m
National Seniors 5th (heats) 800m
All Ireland Seniors 5th 1500m
AAI Games 3rd 1500m, 4.11 PB
East Munster Schools Track & Field 2nd (Senior 1500m)
Munster Schools Track & Field 2nd (Senior 1500m)
IMC Greystones 7th 1500m IMC Irishtown 4th 800m, 1.59 PB
All Ireland Schools 8th (Senior 1500m)
Munster Cross Country u18 2nd, u19 8th
All Ireland Cross Country u18, 14th, member of Munster Team that won Silver
All Ireland Cross Country u19 13th, member of Munster Team that won Gold

William Mounsell
Clonmel A.C.

**2014 Achievements**

Road Championships
Novice Men Road C/Ships - 1st and member of Winning County Team
Senior Men Road C/ships - 7th and member of winning County Team
Intermediate Men Cross Country C/Ships - 1st

Shona Heaslip
An Riocht A.C.

**2014 Achievements**

Munster Novice Cross Country - 1st
Munster Intermediate Cross Country - 1st
European Cross Country - Part of Irish u.23 Team where she was second scoring team member.
National Senior Inter Counties - Part of Kerry team who won silver.

Mike Cunningham
Mooreabbeymilers A.C.

**2014 Achievements**

I took part in 121 races in 2014 winning about 40. Three Marathons – Limerick, Charleville & Dublin. Three 50k Doneda, Portumna & Sixmilebridge. A lot of 5k, 10k, 10 milers & Half Marathons. I do a lot of Hill Running as well.

Munster League 1st - Wed. Summer League 1st
Munster Chps 2nd - Irish Chps. - 1st 040.
Munster Masters Cross Country - 2nd in category, 2nd Club, 2nd County

Eugene Moynihan
Marian A.C.

**2014 Achievements**

Munster Masters Indoors - 1st 800m, 3000m

4 Mile Munster Road Champion
Munster Track & Field - 1st 800m, 2nd 3000m
Masters Cross Country - 2nd
British and Irish Masters team silver

Niamh O’Sullivan
An Riocht A.C.

**2014 Achievements**

Munster Masters Road - 1st overall
Munster Masters Cross Country - 2nd overall and 1st in category.
National Masters Cross Country - 1st in category
1st Achievement Award goes to 3 members of the Irish Team who won Bronze Medals at the Senior Womens European Cross Country Championships

Michelle Finn  
Leevale A. C.

Siobhan O’Doherty  
Borrisokane A. C.

Laura Crowe  
An Riocht A.C.

2nd Achievement Award goes to 3 members of the Irish Senior Womens Relay Team who broke Irish Record at the European Track & Field Championships

Phil Healy  
Bandon A. C.

Kelly Proper  
Ferrybank A. C.

Sarah Lavin  
U. C. D.

Adam King  
Iveragh A. C.

2014 Achievements

Munster u18  1st . New CBP by 11m.
All Ireland u18 1st . New CBP by 3m.
European Youth Olympic Trials, Azerbaijan  11th 
Youth Olympic Games, China  8th

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Louise Shanahan  
Leeval A. C.

Louise Shanahan - World Youth Olympics Nanjing China
Louise represented Ireland in the 800m at the Youth Olympics in Nanjing.
Louise ran a phenomenal PB of 2:08.29 to finish 6th in the A Final of the 800m.
6th in the world in her age category is a superb result for Louise.
Dan McCarthy 2014 Hall of Fame
East Cork A. C
For well over four decades, Dan McCarthy has made a major contribution to athletics, not just in his local East Cork domain but also at County level. A native of Ballymoe on the Cork/Waterford border, Dan’s first love was hurling in which he won East Cork Junior ‘A’ and ‘B’ medals with his beloved St Catherine’s.

With the formation of BLE in 1967 came a new athletic club in the village, also named St Catherine’s, Dan’s involvement here led on to him becoming Vice-Chairman of the East Cork Athletics Board. In September of 1979, Dan was elected Chairman and he remained in that same position until August 2009 – 31 years of service to what was one of the first divisional boards of athletics in this country.

During his tenure as chairman, he was responsible for the introduction of a road race championship and also for re-introducing a number of perpetual trophies which had lapsed. Those three decades also saw many well-known athletes emerge from the East Cork region, including two Olympians, Liam O’Brien and Sonia O’ Sullivan.

Dan also served for many years as Vice-Chairman of the Cork County Board and it was with great satisfaction he welcomed the revival of St Catherine’s AC in 2009, being elected President on its formation and which position he still holds today.

Always willing to help out at any event in a variety of roles, for the vast number of people now involved in road running, Dan McCarthy is the unmistakably figure who fires the starting gun at virtually every race in East Cork. At probably the best-known event of all, the Ballycotton ‘10’, Dan has been starter on around 35 occasions and has sent an estimated 45,000 runners on their ten-mile journey.

There is no doubt that not one of those 45,000 could say they didn’t get a fair start – because impartially, fairness and a willingness to help others have been the hallmark of Dan McCarthy’s sporting life. He is indeed a worthy recipient of this Hall of Fame award.

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Michael GREGAN Patsy O’Connor Award
Tramore A. C
Michael has been involved in the sport of athletics for almost 40 years. During that time he has been involved in a broad range of roles across the athletics spectrum.

Over the decades Michael has regularly filled board roles at club, county, provincial and national level. While serving on the National Executive, beside his late wife Marie, Michael garnered a reputation for being hardworking and committed to the sport. While enjoying the opportunity to contribute at this level of the sport, Michael’s heart remains coaching young athletes.

The black and whites of Tramore Athletic Club have been the main beneficiaries of his coaching expertise over the years, although many young athletes within the county and further afield have benefited from his technical knowledge. Notwithstanding his years’ experience on the coaching front Michael has worked to continually develop his skills so as to ensure that his squad benefit from the latest developments in the sport.

Always good natured, Michael is probably best known within the county as his role of starter. A favourite amongst all athletes, over the years, Michael has been starter for local area sports, county championships, provincial finals and more.

Michael has also been a very strong supporter of the Community Games movement within the county and further afield. From officiating, to his roles on committees, Michael has ensured the Community Games movement has continued to feature prominently in the county.

Ever passionate, Michael displays an energy that epitomises what athletics should be about and as Waterford’s first ever recipient of the Patsy O’Connor award, he is a most truly deserving winner.