

MUNSTER ATHLETICS

**JUVENILE "B" U9 to U16 T&F CHAMPIONSHIPS - SATURDAY 30TH JULY 2016 @ 11:00am,
Waterford RSC**

GIRLS TRACK EVENTS COMMENCE AT 11AM			
Gender	Age Group	Track Events	No. Heats
Girls	U09	60m Heats	
Girls	U10	60m Heats	
Girls	U11	60m Heats	
Girls	U12	80m Heats	
Girls	U13	80m Heats	
Girls	U14	80m Heats	
SEMI-FINALS IN SAME ORDER			
Girls	U15	100m Heats	
Girls	U16	100m Heats	
SPRINT FINALS IN SAME ORDER			
Girls	U09	300m Heats	
Girls	U10	500m Heats	
Girls	U11	600m Heats	
Girls	U12	600m Heats	
Girls	U13	600m Final	
Girls	U14	800m Final	
Girls	U15	800m Final	
Girls	U16	800m Final	
FINALS IN SAME ORDER			
THERE WILL BE A SHORT BREAK			
BOYS TRACK EVENTS			
Gender	Age Group	Track Events	
Boys	U09	60m Heats	
Boys	U10	60m Heats	
Boys	U11	60m Heats	
Boys	U12	80m Heats	
Boys	U13	80m Heats	
Boys	U14	80m Heats	
SEMI-FINALS IN SAME ORDER			
Boys	U15	100m Heats	
Boys	U16	100m Heats	
ALL SPRINT FINALS IN SAME ORDER AS ABOVE			
Boys	U09	300m Heats	
Boys	U10	500m Heats	
Boys	U11	600m Heats	
Boys	U12	600m Heats	
Boys	U13	600m Final	
Boys	U14	800m Final	
Boys	U15	800m Final	
Boys	U16	800m Final	
FINALS IN SAME ORDER IF REQUIRED			

BOYS FIELD EVENTS START AT 11AM				
Long Jump Pit 1	Long Jump Pit 2	Turbo Javelin	Shot Putt	High Jump
Boys 09	Boys 11	Boys 11	Boys 16	Boys 12
Boys 10	Boys 12	Boys 09	Boys 13	Boys 14
Boys 13	Boys 14	Boys 10	Boys 15	Boys 16
Boys 15	Boys 16		Boys 14	Boys 13
			Boys 12	Boys 15

GIRLS FIELD EVENTS START WHEN BOYS ARE COMPLETED				
Long Jump Pit 1	Long Jump Pit 2	Turbo Javelin	Shot Putt	High Jump
Girls 09	Girls 11	Girls 10	Girls 16	Girls 12
Girls 10	Girls 12	Girls 09	Girls 13	Girls 14
Girls 13	Girls 14	Girls 11	Girls 15	Girls 16
Girls 15	Girls 16		Girls 14	Girls 13
			Girls 12	Girls 15

General Notes Order of Events etc

Please note that Girls will start with Track events and Boys will start with Field events.

This is to avoid clashes between the Track and the Field

Athletes may compete in two events only

It will be the best of three attempts in all field events

Eligibility

All athletes who competed in the Munster "A" Championships, but did not win an individual medal are eligible to compete. Newly registered athletes are also eligible

Competition Numbers

Must be collected at least 45 minutes before the competition commences i.e. 10:15am.

COMPETITION'S COMMENCE AT 11am

5mm Needle Spikes Only Allowed

STRICTLY NO ENTRIES ON THE DAY