

Start Lists for Munster Senior & Master Indoor Championships

Sunday 16th February 2020

Any changes immediately to indoorsecretary@munsterathletics.com

Bib #	Event	First Name	Surname	Club	Age Group
5247	200m	Aisling	Ahern	An Bru A.C.	Over 35
5279	800m	Mark	Carmody	An Bru A.C.	Senior 16 to 99
5262	200m	Michael	Lynch	An Ríocht A.C.	Over 35
5262	60m Sprint	Michael	Lynch	An Ríocht A.C.	Over 35
5237	400m	Ger	Cremin	An Ríocht A.C.	Over 40
5237	60m Hurdles	Ger	Cremin	An Ríocht A.C.	Over 40
5213	200m	Anthony	Greaney	An Ríocht A.C.	Over 45
5213	60m Sprint	Anthony	Greaney	An Ríocht A.C.	Over 45
5213	Shotput	Anthony	Greaney	An Ríocht A.C.	Over 45
5213	Weight for Distance 56lbs	Anthony	Greaney	An Ríocht A.C.	Over 45
5301	200m	Jack	Greaney	An Ríocht A.C.	Senior 16 to 99
5287	200m	Alex	O'Connor	An Ríocht A.C.	Senior 16 to 99
5289	400m	Clodagh	O'Connor	An Ríocht A.C.	Senior 16 to 99
5275	400m	Eoghan	Courtney	An Ríocht A.C.	Senior 16 to 99
5301	400m	Jack	Greaney	An Ríocht A.C.	Senior 16 to 99
5287	400m	Alex	O'Connor	An Ríocht A.C.	Senior 16 to 99
5193	High Jump	Liz	Mccarthy-Coomey	Bandon A.C.	Over 50
5193	Long Jump	Liz	Mccarthy-Coomey	Bandon A.C.	Over 50
5193	Shotput	Liz	Mccarthy-Coomey	Bandon A.C.	Over 50
5193	Weight for Distance 28lbs	Liz	Mccarthy-Coomey	Bandon A.C.	Over 50
5297	200m	Dylan	Roberts	Bandon A.C.	Senior 16 to 99
5311	200m	Ciara	Lynch	Bandon A.C.	Senior 16 to 99
5298	200m	Lauren	Mccourt	Bandon A.C.	Senior 16 to 99
5269	400m	Roisin	Howard	Bandon A.C.	Senior 16 to 99
5298	400m	Lauren	Mccourt	Bandon A.C.	Senior 16 to 99
5311	400m	Ciara	Lynch	Bandon A.C.	Senior 16 to 99
5305	400m	Ruairi	Falvey	Bandon A.C.	Senior 16 to 99
5274	60m Hurdles	Shane	Howard	Bandon A.C.	Senior 16 to 99
5274	60m Sprint	Shane	Howard	Bandon A.C.	Senior 16 to 99
5297	60m Sprint	Dylan	Roberts	Bandon A.C.	Senior 16 to 99
5298	60m Sprint	Lauren	Mccourt	Bandon A.C.	Senior 16 to 99
5269	800m	Roisin	Howard	Bandon A.C.	Senior 16 to 99
5274	Long Jump	Shane	Howard	Bandon A.C.	Senior 16 to 99
5269	Shotput	Roisin	Howard	Bandon A.C.	Senior 16 to 99
5269	Weight for Distance 28lbs	Roisin	Howard	Bandon A.C.	Senior 16 to 99
5230	200m	David	Keating	Belgooly A.C.	Over 40

5230	60m Sprint	David	Keating	Belgooly A.C.	Over 40
5145	60m Sprint	Noel	Monteith	Borrisokane A.C.	Over 70
5145	High Jump	Noel	Monteith	Borrisokane A.C.	Over 70
5145	Long Jump	Noel	Monteith	Borrisokane A.C.	Over 70
5145	Shotput	Noel	Monteith	Borrisokane A.C.	Over 70
5296	200m	Laura	Hayes	Borrisokane A.C.	Senior 16 to 99
5314	Long Jump	Lisa	Mooney	Borrisokane A.C.	Senior 16 to 99
5296	Shotput	Laura	Hayes	Borrisokane A.C.	Senior 16 to 99
5278	Triple Jump	Aoife	Mounsey	Borrisokane A.C.	Senior 16 to 99
5313	Triple Jump	Louisa	Deasy	Borrisokane A.C.	Senior 16 to 99
5310	Triple Jump	Olivia	Moroney	Borrisokane A.C.	Senior 16 to 99
5202	Shotput	Rory	Sheerin	Brow Rangers A.C.	Over 45
5280	Shotput	Michael	Sheerin	Brow Rangers A.C.	Senior 16 to 99
5192	200m	David	O'Riordan	Carraig-Na-Bhfear A.C.	Over 50
5192	60m Sprint	David	O'Riordan	Carraig-Na-Bhfear A.C.	Over 50
5254	60m Sprint	Richard	Phelan	Carrick-on-Suir A.C.	Over 35
5254	Long Jump	Richard	Phelan	Carrick-on-Suir A.C.	Over 35
5191	200m	Mick	Pender	Clonmel A.C.	Over 50
5191	400m	Mick	Pender	Clonmel A.C.	Over 50
5189	800m	Neil	Proven	Clonmel A.C.	Over 50
5189	High Jump	Neil	Proven	Clonmel A.C.	Over 50
5189	Long Jump	Neil	Proven	Clonmel A.C.	Over 50
5189	Shotput	Neil	Proven	Clonmel A.C.	Over 50
5149	200m	Bernard	O'Neill	Clonmel A.C.	Over 70
5149	60m Sprint	Bernard	O'Neill	Clonmel A.C.	Over 70
5149	Shotput	Bernard	O'Neill	Clonmel A.C.	Over 70
5282	1500m	Courtney	Mc Guire	Clonmel A.C.	Senior 16 to 99
5282	800m	Courtney	Mc Guire	Clonmel A.C.	Senior 16 to 99
5240	200m	Ronnie	Warde	Craughwell A.C.	Over 40
5244	200m	John	Walkin	Craughwell A.C.	Over 40
5244	400m	John	Walkin	Craughwell A.C.	Over 40
5240	60m Sprint	Ronnie	Warde	Craughwell A.C.	Over 40
5231	60m Sprint	Cormac	Kearney	Craughwell A.C.	Over 40
5206	60m Sprint	Evan	Morgan	Craughwell A.C.	Over 45
5198	1500m	Anna	O'Neill	Doheny A.C.	Over 50
5198	800m	Anna	O'Neill	Doheny A.C.	Over 50
5250	1500m	Shane	O Sullivan	Dooneen A.C.	Over 35
5260	200m	Ger	O Shea	Dooneen A.C.	Over 35
5260	400m	Ger	O Shea	Dooneen A.C.	Over 35
5250	800m	Shane	O Sullivan	Dooneen A.C.	Over 35
5220	400m	Tony	Fitzgerald	Dooneen A.C.	Over 45
5220	800m	Tony	Fitzgerald	Dooneen A.C.	Over 45
5175	200m	Tim	Ryan	Dooneen A.C.	Over 55
5175	400m	Tim	Ryan	Dooneen A.C.	Over 55
5175	60m Sprint	Tim	Ryan	Dooneen A.C.	Over 55
5272	1500m	Eamonn	Morrissey	Dundrum A.C.	Senior 16 to 99
5207	400m	Neil	Kingston	Eagle A.C.	Over 45
5207	60m Sprint	Neil	Kingston	Eagle A.C.	Over 45
5207	800m	Neil	Kingston	Eagle A.C.	Over 45
5144	200m	Hugh	Mcsweeney	Eagle A.C.	Over 70
5144	400m	Hugh	Mcsweeney	Eagle A.C.	Over 70
5144	60m Sprint	Hugh	Mcsweeney	Eagle A.C.	Over 70

5257	1500m	Sean	Mcgrath	East Cork A.C.	Over 35
5304	800m	Nathan	Sheehy Cremin	Emerald A.C.	Senior 16 to 99
5253	1500m	Becky	Coughlan	Ennis Track A.C.	Over 35
5253	800m	Becky	Coughlan	Ennis Track A.C.	Over 35
5233	200m	Martin	Curley	Ennis Track A.C.	Over 40
5233	400m	Martin	Curley	Ennis Track A.C.	Over 40
5228	400m	Mary	Cahill	Ennis Track A.C.	Over 40
5233	60m Sprint	Martin	Curley	Ennis Track A.C.	Over 40
5228	800m	Mary	Cahill	Ennis Track A.C.	Over 40
5228	Long Jump	Mary	Cahill	Ennis Track A.C.	Over 40
5224	Shotput	Lorraine	Hayes	Ennis Track A.C.	Over 40
5228	Weight for Distance 28lbs	Mary	Cahill	Ennis Track A.C.	Over 40
5224	Weight for Distance 28lbs	Lorraine	Hayes	Ennis Track A.C.	Over 40
5217	1500m	Ann Marie	Connellan	Ennis Track A.C.	Over 45
5215	1500m	Geraldine	Vahey	Ennis Track A.C.	Over 45
5217	400m	Ann Marie	Connellan	Ennis Track A.C.	Over 45
5215	800m	Geraldine	Vahey	Ennis Track A.C.	Over 45
5217	800m	Ann Marie	Connellan	Ennis Track A.C.	Over 45
5194	200m	Aisling	Power	Ennis Track A.C.	Over 50
5194	400m	Aisling	Power	Ennis Track A.C.	Over 50
5199	60m Sprint	Hilda	O'Connor	Ennis Track A.C.	Over 50
5194	800m	Aisling	Power	Ennis Track A.C.	Over 50
5170	1500m	Michael	Clune	Ennis Track A.C.	Over 55
5172	1500m	Jimmy	Doyle	Ennis Track A.C.	Over 55
5178	1500m	Pat	Morrissey	Ennis Track A.C.	Over 55
5181	60m Sprint	John	Power	Ennis Track A.C.	Over 55
5179	60m Sprint	David	Courtney	Ennis Track A.C.	Over 55
5172	800m	Jimmy	Doyle	Ennis Track A.C.	Over 55
5178	800m	Pat	Morrissey	Ennis Track A.C.	Over 55
5170	800m	Michael	Clune	Ennis Track A.C.	Over 55
5170	High Jump	Michael	Clune	Ennis Track A.C.	Over 55
5170	Long Jump	Michael	Clune	Ennis Track A.C.	Over 55
5179	Long Jump	David	Courtney	Ennis Track A.C.	Over 55
5179	Shotput	David	Courtney	Ennis Track A.C.	Over 55
5164	200m	Conor	Flynn	Ennis Track A.C.	Over 60
5164	400m	Conor	Flynn	Ennis Track A.C.	Over 60
5164	60m Sprint	Conor	Flynn	Ennis Track A.C.	Over 60
5152	1500m	Tim-Joe	Buckley	Ennis Track A.C.	Over 65
5152	800m	Tim-Joe	Buckley	Ennis Track A.C.	Over 65
5151	1500m	Sean	Whelan	Ennis Track A.C.	Over 70
5151	800m	Sean	Whelan	Ennis Track A.C.	Over 70
5148	Weight for Distance 35lbs	Thomas	Jones	Ennis Track A.C.	Over 70
5157	200m	Seamus	Fox	Fanahan Mc Sweeney A.C.	Over 65
5157	60m Sprint	Seamus	Fox	Fanahan Mc Sweeney A.C.	Over 65
5157	High Jump	Seamus	Fox	Fanahan Mc Sweeney A.C.	Over 65
5157	Long Jump	Seamus	Fox	Fanahan Mc Sweeney A.C.	Over 65
5234	1500m	Dermot	Dineen	Farranfore Maine Valley A.C.	Over 40

5234	800m	Dermot	Dineen	Farranfore Maine Valley A.C.	Over 40
5180	200m	Jerome	Foley	Farranfore Maine Valley A.C.	Over 55
5180	400m	Jerome	Foley	Farranfore Maine Valley A.C.	Over 55
5180	800m	Jerome	Foley	Farranfore Maine Valley A.C.	Over 55
5140	60m Sprint	Jim	O'Shea	Farranfore Maine Valley A.C.	Over 75
5140	High Jump	Jim	O'Shea	Farranfore Maine Valley A.C.	Over 75
5140	Long Jump	Jim	O'Shea	Farranfore Maine Valley A.C.	Over 75
5264	Shotput	James	Nagle	Farranfore Maine Valley A.C.	Senior 16 to 99
5268	Shotput	Daniel	Clifford	Farranfore Maine Valley A.C.	Senior 16 to 99
5264	Weight for Distance 56lbs	James	Nagle	Farranfore Maine Valley A.C.	Senior 16 to 99
5159	Shotput	Pat	Kennedy	Ferrybank A.C.	Over 60
5159	Weight for Distance 35lbs	Pat	Kennedy	Ferrybank A.C.	Over 60
5219	200m	Jim	Phelan	Galway City Harriers A.C.	Over 45
5219	400m	Jim	Phelan	Galway City Harriers A.C.	Over 45
5208	200m	Brid	Stack	Gneeveguilla A.C.	Over 45
5284	1500m	Shona	O'Brien	Gneeveguilla A.C.	Senior 16 to 99
5284	800m	Shona	O'Brien	Gneeveguilla A.C.	Senior 16 to 99
5258	High Jump	Padraig	Crawford	Gowran A.C.	Over 35
5147	60m Sprint	John	Rice	Grange/Fermoy A.C.	Over 70
5147	High Jump	John	Rice	Grange/Fermoy A.C.	Over 70
5147	Long Jump	John	Rice	Grange/Fermoy A.C.	Over 70
5147	Shotput	John	Rice	Grange/Fermoy A.C.	Over 70
5147	Weight for Distance 35lbs	John	Rice	Grange/Fermoy A.C.	Over 70
5245	200m	Colm	Lynch	Iveragh A.C.	Over 35
5245	60m Sprint	Colm	Lynch	Iveragh A.C.	Over 35
5188	60m Sprint	Michael A	Murphy	Killarney Valley A.C.	Over 50
5223	Shotput	John	Leahy	Kilmurray/Ibrick/N.Clare A.C.	Over 40
5223	Weight for Distance 56lbs	John	Leahy	Kilmurray/Ibrick/N.Clare A.C.	Over 40
5186	1500m	John	O Gorman	Kilmurray/Ibrick/N.Clare A.C.	Over 50
5186	200m	John	O Gorman	Kilmurray/Ibrick/N.Clare A.C.	Over 50
5186	400m	John	O Gorman	Kilmurray/Ibrick/N.Clare A.C.	Over 50
5186	800m	John	O Gorman	Kilmurray/Ibrick/N.Clare A.C.	Over 50
5160	1500m	James	Sexton	Kilmurray/Ibrick/N.Clare A.C.	Over 60
5160	200m	James	Sexton	Kilmurray/Ibrick/N.Clare A.C.	Over 60
5196	1500m	Ian	O Leary	Leevale A.C.	Over 50
5184	Shotput	Gerard	Tobin	Leevale A.C.	Over 50
5216	200m	Carlton	Haddock	Leevale A.C.	Senior 16 to 99
5216	60m Sprint	Carlton	Haddock	Leevale A.C.	Senior 16 to 99
5288	Shotput	Ryan	Duggan	Leevale A.C.	Senior 16 to 99
5153	200m	James	O'Hare	Limerick A.C.	Over 65
5153	60m Sprint	James	O'Hare	Limerick A.C.	Over 65
5153	Shotput	James	O'Hare	Limerick A.C.	Over 65
5221	200m	Kevin	Lynch	Lios Tuathail A.C.	Over 45
5221	400m	Kevin	Lynch	Lios Tuathail A.C.	Over 45
5295	200m	Nathan	Wright	Lios Tuathail A.C.	Senior 16 to 99
5316	200m	Muireann	Mc Elligott	Lios Tuathail A.C.	Senior 16 to 99

5308	200m	Sean	Mahony	Lios Tuathail A.C.	Senior 16 to 99
5309	200m	Megan	Lynch	Lios Tuathail A.C.	Senior 16 to 99
5295	400m	Nathan	Wright	Lios Tuathail A.C.	Senior 16 to 99
5308	60m Sprint	Sean	Mahony	Lios Tuathail A.C.	Senior 16 to 99
5312	60m Sprint	Louis	O Connell	Lios Tuathail A.C.	Senior 16 to 99
5316	60m Sprint	Muireann	Mc Elligott	Lios Tuathail A.C.	Senior 16 to 99
5309	60m Sprint	Megan	Lynch	Lios Tuathail A.C.	Senior 16 to 99
5285	60m Sprint	Sinead	Hunt	Lios Tuathail A.C.	Senior 16 to 99
5229	High Jump	Daryl	O Toole	Liscarroll A.C.	Over 40
5229	Long Jump	Daryl	O Toole	Liscarroll A.C.	Over 40
5229	Shotput	Daryl	O Toole	Liscarroll A.C.	Over 40
5229	Weight for Distance 56lbs	Daryl	O Toole	Liscarroll A.C.	Over 40
5138	Shotput	Tim	Fitzpatrick	Liscarroll A.C.	Over 75
5168	60m Sprint	John	Murphy	Liscarroll A.C.	Senior 16 to 99
5168	High Jump	John	Murphy	Liscarroll A.C.	Senior 16 to 99
5300	High Jump	Aoife	O'Sullivan	Liscarroll A.C.	Senior 16 to 99
5168	High Jump	John	Murphy	Liscarroll A.C.	Senior 16 to 99
5168	Long Jump	John	Murphy	Liscarroll A.C.	Senior 16 to 99
5166	60m Hurdles	Mary	Barrett	Loughrea A.C.	Over 60
5166	60m Sprint	Mary	Barrett	Loughrea A.C.	Over 60
5166	High Jump	Mary	Barrett	Loughrea A.C.	Over 60
5166	Long Jump	Mary	Barrett	Loughrea A.C.	Over 60
5166	Shotput	Mary	Barrett	Loughrea A.C.	Over 60
5212	1500m	Nick	Darmody	Mallow A.C.	Over 45
5183	60m Sprint	Patrick	O'Sullivan	Mallow A.C.	Over 50
5183	Long Jump	Patrick	O'Sullivan	Mallow A.C.	Over 50
5137	Weight for Distance 35lbs	Gerry	O'Connell	Marian A.C.	Over 75
5271	Weight for Distance 56lbs	Robert	Hennessy	Marian A.C.	Senior 16 to 99
5273	200m	Declan	Owens	Mayo A.C.	Senior 16 to 99
5273	60m Sprint	Declan	Owens	Mayo A.C.	Senior 16 to 99
5273	Weight for Distance 56lbs	Declan	Owens	Mayo A.C.	Senior 16 to 99
5173	1500m	Willie	O'Donoghue	Mooreabbey Milers A.C.	Over 55
5173	800m	Willie	O'Donoghue	Mooreabbey Milers A.C.	Over 55
5169	High Jump	Larry	O'Grady	Mooreabbey Milers A.C.	Over 60
5169	Long Jump	Larry	O'Grady	Mooreabbey Milers A.C.	Over 60
5169	Shotput	Larry	O'Grady	Mooreabbey Milers A.C.	Over 60
5169	Weight for Distance 35lbs	Larry	O'Grady	Mooreabbey Milers A.C.	Over 60
5211	60m Sprint	Mark	Burke	Moyglass A.C.	Over 45
5211	High Jump	Mark	Burke	Moyglass A.C.	Over 45
5211	Long Jump	Mark	Burke	Moyglass A.C.	Over 45
5211	Shotput	Mark	Burke	Moyglass A.C.	Over 45
5277	60m Sprint	David	Heffernan	Moyglass A.C.	Senior 16 to 99
5248	200m	Bernadette	Spillane	Moyne A.C.	Over 35
5248	400m	Bernadette	Spillane	Moyne A.C.	Over 35

5248	60m Sprint	Bernadette	Spillane	Moyne A.C.	Over 35
5232	Shotput	Naomi	Morrissey	Moyne A.C.	Over 40
5232	Weight for Distance 28lbs	Naomi	Morrissey	Moyne A.C.	Over 40
5201	400m	Sinead	Tynan	Moyne A.C.	Over 45
5205	800m	Brigid	Gleeson	Moyne A.C.	Over 45
5201	High Jump	Sinead	Tynan	Moyne A.C.	Over 45
5177	Shotput	Edmund	Dwyer	Moyne A.C.	Over 55
5177	Weight for Distance 35lbs	Edmund	Dwyer	Moyne A.C.	Over 55
5270	1500m	Sharon	Cantwell	Moyne A.C.	Senior 16 to 99
5292	200m	Kate	Bergin	Moyne A.C.	Senior 16 to 99
5317	200m	Leona	Maher	Moyne A.C.	Senior 16 to 99
5291	200m	Aisling	Dwyer	Moyne A.C.	Senior 16 to 99
5306	400m	Emma	Gleeson	Moyne A.C.	Senior 16 to 99
5265	400m	Aisling	Maher	Moyne A.C.	Senior 16 to 99
5292	60m Sprint	Kate	Bergin	Moyne A.C.	Senior 16 to 99
5291	60m Sprint	Aisling	Dwyer	Moyne A.C.	Senior 16 to 99
5293	800m	Rachel	Butler	Moyne A.C.	Senior 16 to 99
5150	200m	Tom	Clinton	Navan A.C.	Over 70
5150	60m Sprint	Tom	Clinton	Navan A.C.	Over 70
5261	High Jump	Catherine	Madden	Nenagh Olympic A.C.	Over 35
5261	Shotput	Catherine	Madden	Nenagh Olympic A.C.	Over 35
5171	200m	Niall	Kelly	Nenagh Olympic A.C.	Over 55
5171	60m Sprint	Niall	Kelly	Nenagh Olympic A.C.	Over 55
5171	Long Jump	Niall	Kelly	Nenagh Olympic A.C.	Over 55
5307	200m	Lewis	Doyle	Nenagh Olympic A.C.	Senior 16 to 99
5294	400m	Sarah	Lane	Nenagh Olympic A.C.	Senior 16 to 99
5302	400m	Ailbhe	O'Neill	Nenagh Olympic A.C.	Senior 16 to 99
5299	400m	Ted	Collins	Nenagh Olympic A.C.	Senior 16 to 99
5276	60m Sprint	Mark	Tierney	Nenagh Olympic A.C.	Senior 16 to 99
5307	60m Sprint	Lewis	Doyle	Nenagh Olympic A.C.	Senior 16 to 99
5294	800m	Sarah	Lane	Nenagh Olympic A.C.	Senior 16 to 99
5276	Shotput	Mark	Tierney	Nenagh Olympic A.C.	Senior 16 to 99
5276	Shotput	Mark	Tierney	Nenagh Olympic A.C.	Senior 16 to 99
5276	Weight for Distance 56lbs	Mark	Tierney	Nenagh Olympic A.C.	Senior 16 to 99
5283	200m	Oscar	Ottman	Newport A.C.	Senior 16 to 99
5283	60m Sprint	Oscar	Ottman	Newport A.C.	Senior 16 to 99
5209	Shotput	Peter	Keating	North Cork A.C.	Senior 16 to 99
5176	200m	Tina	Gallagher	OMG A.C.	Over 55
5176	60m Sprint	Tina	Gallagher	OMG A.C.	Over 55
5176	Long Jump	Tina	Gallagher	OMG A.C.	Over 55
5214	60m Hurdles	Aidan	Hogan	Rising Sun A.C.	Over 45
5214	High Jump	Aidan	Hogan	Rising Sun A.C.	Over 45
5214	Shotput	Aidan	Hogan	Rising Sun A.C.	Over 45
5214	Weight for Distance 56lbs	Aidan	Hogan	Rising Sun A.C.	Over 45
5139	1500m	Billy	Caball	Rising Sun A.C.	Over 75
5143	1500m	Michael	Kiely	Rising Sun A.C.	Over 75

5143	200m	Michael	Kiely	Rising Sun A.C.	Over 75
5141	200m	Con	O'Donovan	Rising Sun A.C.	Over 75
5139	200m	Billy	Caball	Rising Sun A.C.	Over 75
5143	400m	Michael	Kiely	Rising Sun A.C.	Over 75
5141	400m	Con	O'Donovan	Rising Sun A.C.	Over 75
5139	400m	Billy	Caball	Rising Sun A.C.	Over 75
5141	60m Sprint	Con	O'Donovan	Rising Sun A.C.	Over 75
5139	60m Sprint	Billy	Caball	Rising Sun A.C.	Over 75
5143	800m	Michael	Kiely	Rising Sun A.C.	Over 75
5139	800m	Billy	Caball	Rising Sun A.C.	Over 75
5141	Long Jump	Con	O'Donovan	Rising Sun A.C.	Over 75
5141	Shotput	Con	O'Donovan	Rising Sun A.C.	Over 75
5135	200m	Joe	Hogan	Rising Sun A.C.	Over 80
5135	60m Sprint	Joe	Hogan	Rising Sun A.C.	Over 80
5135	Shotput	Joe	Hogan	Rising Sun A.C.	Over 80
	Weight for Distance				
5135	35lbs	Joe	Hogan	Rising Sun A.C.	Over 80
5241	200m	Sinead	O Regan	Riverstick/Kinsale A.C.	Over 40
5241	60m Sprint	Sinead	O Regan	Riverstick/Kinsale A.C.	Over 40
5236	1500m	Billy	O Brien	Skibbereen A.C.	Over 40
5236	800m	Billy	O Brien	Skibbereen A.C.	Over 40
5136	200m	Bryan David George	Salter-Townshend	Skibbereen A.C.	Over 75
5136	400m	Bryan David George	Salter-Townshend	Skibbereen A.C.	Over 75
5136	60m Sprint	Bryan David George	Salter-Townshend	Skibbereen A.C.	Over 75
5136	Long Jump	Bryan David George	Salter-Townshend	Skibbereen A.C.	Over 75
5136	Shotput	Bryan David George	Salter-Townshend	Skibbereen A.C.	Over 75
5286	200m	Ruby	Millet	St. Abbans A.C.	Senior 16 to 99
5256	1500m	Finbarr	Collins	St. Brendan's A.C. (Kerry)	Over 35
5256	800m	Finbarr	Collins	St. Brendan's A.C. (Kerry)	Over 35
5255	Shotput	David	Butler	St. Brendan's A.C. (Kerry)	Over 35
	Weight for Distance				
5255	56lbs	David	Butler	St. Brendan's A.C. (Kerry)	Over 35
5227	200m	Ursula	Barrett	St. Brendan's A.C. (Kerry)	Over 40
5227	60m Sprint	Ursula	Barrett	St. Brendan's A.C. (Kerry)	Over 40
5225	High Jump	Derek	Mc Carthy	St. Brendan's A.C. (Kerry)	Over 40
5227	Long Jump	Ursula	Barrett	St. Brendan's A.C. (Kerry)	Over 40
5225	Shotput	Derek	Mc Carthy	St. Brendan's A.C. (Kerry)	Over 40
	Weight for Distance				
5225	56lbs	Derek	Mc Carthy	St. Brendan's A.C. (Kerry)	Over 40
5203	60m Sprint	Artur	Nowak	St. Brendan's A.C. (Kerry)	Over 45
5203	High Jump	Artur	Nowak	St. Brendan's A.C. (Kerry)	Over 45
5203	Long Jump	Artur	Nowak	St. Brendan's A.C. (Kerry)	Over 45
5203	Shotput	Artur	Nowak	St. Brendan's A.C. (Kerry)	Over 45
5155	200m	David	Kissane	St. Brendan's A.C. (Kerry)	Over 65
5155	400m	David	Kissane	St. Brendan's A.C. (Kerry)	Over 65
5155	Shotput	David	Kissane	St. Brendan's A.C. (Kerry)	Over 65

5182	200m	Richard	Mcarthur	St. Cronans A.C.	Over 55
5182	400m	Richard	Mcarthur	St. Cronans A.C.	Over 55
5182	60m Sprint	Richard	Mcarthur	St. Cronans A.C.	Over 55
5242	Shotput	Sandra	Hickson	St. Finbarrs A.C.	Over 40
	Weight for Distance				
5242	28lbs	Sandra	Hickson	St. Finbarrs A.C.	Over 40
5210	1500m	Stephen	Geoghegan	St. Finbarrs A.C.	Over 45
5210	800m	Stephen	Geoghegan	St. Finbarrs A.C.	Over 45
5174	1500m	Pat	Murphy	St. Finbarrs A.C.	Over 55
5174	800m	Pat	Murphy	St. Finbarrs A.C.	Over 55
5163	1500m	Michael	Murphy	St. Finbarrs A.C.	Over 60
5163	800m	Michael	Murphy	St. Finbarrs A.C.	Over 60
5156	1500m	Marion	Lyons	St. Finbarrs A.C.	Over 65
5158	1500m	Eddie	Barry	St. Finbarrs A.C.	Over 65
5156	200m	Marion	Lyons	St. Finbarrs A.C.	Over 65
5158	400m	Eddie	Barry	St. Finbarrs A.C.	Over 65
5156	400m	Marion	Lyons	St. Finbarrs A.C.	Over 65
5156	800m	Marion	Lyons	St. Finbarrs A.C.	Over 65
5134	200m	Flor	O Leary	St. Finbarrs A.C.	Over 85
5185	High Jump	Tommy	Greene	St. John's A.C.	Over 50
5185	Long Jump	Tommy	Greene	St. John's A.C.	Over 50
5185	Shotput	Tommy	Greene	St. John's A.C.	Over 50
	Weight for Distance				
5185	35lbs	Tommy	Greene	St. John's A.C.	Over 50
5290	High Jump	Daniel	Greene	St. John's A.C.	Senior 16 to 99
5167	Shotput	Martin	Fitzpatrick	St. Marys (Clare) A.C.	Over 60
	Weight for Distance				
5167	35lbs	Martin	Fitzpatrick	St. Marys (Clare) A.C.	Over 60
5133	Shotput	Michael	Hayes	St. Marys (Clare) A.C.	Over 90
	Weight for Distance				
5133	56lbs	Michael	Hayes	St. Marys (Clare) A.C.	Over 90
5266	200m	Sarah	Doyle	Tallaght A.C.	Senior 16 to 99
5266	60m Sprint	Sarah	Doyle	Tallaght A.C.	Senior 16 to 99
5246	200m	Orla	Mc Donald	Templemore A.C.	Over 35
5251	200m	Genevieve	Rowland	Templemore A.C.	Over 35
5246	400m	Orla	Mc Donald	Templemore A.C.	Over 35
5251	60m Sprint	Genevieve	Rowland	Templemore A.C.	Over 35
5263	Shotput	Marissa	Hayes	Templemore A.C.	Over 35
5251	Shotput	Genevieve	Rowland	Templemore A.C.	Over 35
5259	Shotput	John	Dwyer	Templemore A.C.	Over 35
	Weight for Distance				
5263	28lbs	Marissa	Hayes	Templemore A.C.	Over 35
	Weight for Distance				
5251	28lbs	Genevieve	Rowland	Templemore A.C.	Over 35
	Weight for Distance				
5259	56lbs	John	Dwyer	Templemore A.C.	Over 35
5238	60m Sprint	Aileesh	Loughnane	Templemore A.C.	Over 40

5239	Weight for Distance 28lbs	Katie	Cozens	Templemore A.C.	Over 40
5162	400m	Martin	O'Brien	Templemore A.C.	Over 60
5218	200m	Noel	Kennedy	Thurles Crokes A.C.	Over 45
5218	400m	Noel	Kennedy	Thurles Crokes A.C.	Over 45
5218	60m Sprint	Noel	Kennedy	Thurles Crokes A.C.	Over 45
5315	Triple Jump	Grace	Fitzgerald	Tipperary Town A.C.	Senior 16 to 99
5187	400m	Martin	Flaherty	Tralee Harriers A.C.	Over 50
5187	Weight for Distance 35lbs	Martin	Flaherty	Tralee Harriers A.C.	Over 50
5161	High Jump	Patsy	O'Connor	Tralee Harriers A.C.	Over 60
5161	Shotput	Patsy	O'Connor	Tralee Harriers A.C.	Over 60
5161	Weight for Distance 35lbs	Patsy	O'Connor	Tralee Harriers A.C.	Over 60
5146	200m	Donal	Crowley	Tralee Harriers A.C.	Over 70
5146	400m	Donal	Crowley	Tralee Harriers A.C.	Over 70
5146	800m	Donal	Crowley	Tralee Harriers A.C.	Over 70
5303	200m	Rebecca	Falvey	Tralee Harriers A.C.	Senior 16 to 99
5281	60m Sprint	Rachel	Bowler	Tralee Harriers A.C.	Senior 16 to 99
5303	60m Sprint	Rebecca	Falvey	Tralee Harriers A.C.	Senior 16 to 99
5281	Long Jump	Rachel	Bowler	Tralee Harriers A.C.	Senior 16 to 99
5303	Long Jump	Rebecca	Falvey	Tralee Harriers A.C.	Senior 16 to 99
5200	200m	Jackie	Mc Gee	Tramore A.C.	Over 50
5200	400m	Jackie	Mc Gee	Tramore A.C.	Over 50
5195	60m Sprint	Shirley	Fennelly	Tramore A.C.	Over 50
5200	60m Sprint	Jackie	Mc Gee	Tramore A.C.	Over 50
5195	Long Jump	Shirley	Fennelly	Tramore A.C.	Over 50
5195	Shotput	Shirley	Fennelly	Tramore A.C.	Over 50
5200	Shotput	Jackie	Mc Gee	Tramore A.C.	Over 50
5165	1500m	Michael	Quinlivan	Tulla A.C.	Over 60
5165	800m	Michael	Quinlivan	Tulla A.C.	Over 60
5235	200m	Liz	Colclough	Waterford A.C.	Over 40
5226	200m	Nichola	Tighe	Waterford A.C.	Over 40
5226	60m Hurdles	Nichola	Tighe	Waterford A.C.	Over 40
5235	60m Sprint	Liz	Colclough	Waterford A.C.	Over 40
5222	1500m	Aisling	Ferguson	Waterford A.C.	Over 45
5222	800m	Aisling	Ferguson	Waterford A.C.	Over 45
5204	High Jump	Anna	De Courcy	Waterford A.C.	Over 45
5197	200m	Paschal	Halley	Waterford A.C.	Over 50
5197	400m	Paschal	Halley	Waterford A.C.	Over 50
5197	High Jump	Paschal	Halley	Waterford A.C.	Over 50
5190	High Jump	Tom	O'Brien	Waterford A.C.	Over 50
5197	Long Jump	Paschal	Halley	Waterford A.C.	Over 50
5190	Long Jump	Tom	O'Brien	Waterford A.C.	Over 50
5252	200m	Kevin	O'Donoghue	West Limerick A.C.	Over 35
5249	400m	Diarmuid	McCarthy	West Limerick A.C.	Over 35
5252	400m	Kevin	O'Donoghue	West Limerick A.C.	Over 35
5249	60m Sprint	Diarmuid	McCarthy	West Limerick A.C.	Over 35
5243	400m	John	O'Sullivan	West Limerick A.C.	Over 40
5243	60m Sprint	John	O'Sullivan	West Limerick A.C.	Over 40

5267	200m	Martin	Liston	West Limerick A.C.	Senior 16 to 99
5267	400m	Martin	Liston	West Limerick A.C.	Senior 16 to 99
5154	1500m	Joe	Gough	West Waterford A.C.	Over 65
5154	800m	Joe	Gough	West Waterford A.C.	Over 65
5154	Long Jump	Joe	Gough	West Waterford A.C.	Over 65
5142	200m	Terri	Gough	West Waterford A.C.	Over 75
5142	400m	Terri	Gough	West Waterford A.C.	Over 75
5142	60m Sprint	Terri	Gough	West Waterford A.C.	Over 75
5142	Shotput	Terri	Gough	West Waterford A.C.	Over 75

Relays

1946	4 x 200 Female Senior 16 to 99 Borrisokane A.C.	Senior 16 to 99	4 x 200
2001	4 x 200 Female Senior 16 to 99 Moyne B	Senior 16 to 99	4 x 200
1975	4 x 200 Female Senior Moyne A	Senior 16 to 99	4 x 200
1976	4 x 200 Female VET 35 Moyne	VET 35	4 x 200
2008	4 x 200 Female VET 40 Waterford A.C.	VET 40	4 x 200
2002	4 x 200 Male Senior 16 to 99 A Lios Tuathail A.C.	Senior 16 to 99	4 x 200
2000	Bandon A.C.	Senior 16 to 99	4 x 200
2022	St. Finbarr's AC	VET 45	4 x 200