

MUNSTER ATHLETICS

EVENT: U14 TO U16 INDOOR CHAMPIONSHIPS

VENUE: Nenagh Olympic Stadium, Nenagh, Co, Tipperary

DATE: Saturday 5th February

TIME: 10.00am

Session 1 10.00am

800m

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U14 | 800m |
| Boys | U14 | 800m |
| Girls | U15 | 800m |

Session 2 1pm

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Boys | U15 | 800m |
| Girls | U16 | 800m |
| Boys | U16 | 800m |

200m 3.00pm

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U16 | 200m |
| Boys | U16 | 200m |

Jnr, U23, Snr & Masters

3000m 3.30pm

Jnr, U23, Snr & Masters

Walks 4.30pm

Long Jump 10.00am

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U15 | Long Jump |
| Boys | U15 | Long Jump |
| Girls | U16 | Long Jump |

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|---------------------------------|
| Boys | U16 | Long Jump |
| Boys | U14 | High Jump 1.00pm (center track) |
| Girls | U14 | High Jump 2.30pm (center track) |

Shot Put 10.00am

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U14 | Shot Put |
| Boys | U14 | Shot Put |
| Girls | U15 | Shot Put |
| Boys | U15 | Shot Put |
| Girls | U16 | Shot Put |
| Boys | U16 | Shot Put |

MUNSTER ATHLETICS

EVENT: U14 TO U16 INDOOR CHAMPIONSHIPS

VENUE: Nenagh Olympic Stadium, Nenagh, Co, Tipperary

DATE: Saturday 12th February

TIME: 10.00am

Sprints 10.00am

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U14 | 60m |
| Boys | U14 | 60m |
| Girls | U15 | 60m |
| Boys | U15 | 60m |
| Girls | U16 | 60m |
| Boys | U16 | 60m |

Walks after sprints

| | |
|---------|-----------|
| U14-U15 | 1k walk |
| U16-U19 | 1.5k walk |

Hurdles

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U14 | 60mH (2'3") |
| Boys | U14 | 60mH (2'6") |
| Girls | U15 | 60mH (2'6") |
| Girls | U16 | 60mH (2'6") |
| Boys | U15 | 60mH (2'9") |
| Boys | U16 | 60mH (2'9") |

Triple & Long Jump 10.00am

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U16 | Triple Jump |
| Boys | U16 | Triple Jump |
| Girls | U14 | Long Jump |
| Boys | U14 | Long Jump |

High Jump after 60m sprints

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|----------------------|
| Girls | U15 | High Jump Outer area |
| Boys | U15 | High Jump Outer area |
| Girls | U16 | High Jump Outer area |
| Boys | U16 | High Jump Outer area |

MUNSTER ATHLETICS

EVENT: U12 TO U19 INDOOR CHAMPIONSHIPS

VENUE: Nenagh Olympic Stadium, Nenagh, Co, Tipperary

DATE: Saturday 19th February

TIME: 10.00am

Hurdles 10.00am

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U13 | 60mH (2'3") |
| Boys | U13 | 60mH (2'3") |
| Girls | U17 | 60mH (2'6") |
| Girls | U18 | 60mH (2'6") |
| Girls | U19 | 60mH (2'9") |
| Boys | U17 | 60mH (3'0") |
| Boys | U18 | 60mH (3'0") |
| Boys | U19 | 60mH (3'3") |

600m-200m

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U12 | 600m |
| Boys | U12 | 600m |
| Girls | U13 | 600m |
| Boys | U13 | 600m |
| Girls | U17 | 200m |
| Boys | U17 | 200m |
| Girls | U18 | 200m |
| Boys | U18 | 200m |
| Girls | U19 | 200m |
| Boys | U19 | 200m |

High Jump & Long Jump 10.00am

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|----------------------|
| Girls | U12 | Long Jump |
| Boys | U12 | Long Jump |
| Girls | U13 | High Jump Outer area |
| Boys | U13 | High Jump Outer area |
| Girls | U12 | High Jump Outer area |
| Boys | U12 | High Jump Outer area |
| Girls | U13 | Long Jump |
| Boys | U13 | Long Jump |

High Jump after hurdles

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|------------------------|
| Girls | U17 | High Jump Center track |
| Boys | U17 | High Jump Center track |
| Girls | U18 | High Jump Center track |
| Boys | U18 | High Jump Center track |
| Girls | U19 | High Jump Center track |
| Boys | U19 | High Jump Center track |

Triple Jump 10.00am

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U17 | Triple Jump |
| Boys | U17 | Triple Jump |
| Girls | U18 | Triple Jump |
| Boys | U18 | Triple Jump |
| Girls | U19 | Triple Jump |
| Boys | U19 | Triple Jump |

MUNSTER ATHLETICS

EVENT: U12 TO U19 INDOOR CHAMPIONSHIPS

VENUE: Nenagh Olympic Stadium, Nenagh, Co, Tipperary

DATE: Sunday 20th February

TIME: 10.00am

Sprints 10.00am

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U12 | 60m |
| Boys | U12 | 60m |
| Girls | U13 | 60m |
| Boys | U13 | 60m |
| Girls | U17 | 60m |
| Boys | U17 | 60m |
| Girls | U18 | 60m |
| Boys | U18 | 60m |
| Girls | U19 | 60m |
| Boys | U19 | 60m |

800m after 60m sprints

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U17 | 800m |
| Boys | U17 | 800m |
| Girls | U18 | 800m |
| Boys | U18 | 800m |
| Girls | U19 | 800m |
| Boys | U19 | 800m |

Long Jump 10.00am

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Boys | U17 | Long Jump |
| Boys | U18 | Long Jump |
| Boys | U19 | Long Jump |
| Girls | U17 | Long Jump |
| Girls | U18 | Long Jump |
| Girls | U19 | Long Jump |

Pole Vault all ages

| | |
|-------|--|
| Boys | 9.30am warm up & 10.00am competition start |
| Girls | 1.00pm warm up & 2.00pm competition start |

Shot Put 10.00am

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U17-18 | Shot Put 3k |
| Girls | U19 | Shot Put 4k |
| Girls | U12 | Shot Put 2k |
| Boys | U12 | Shot Put 2k |
| Girls | U13 | Shot Put 2k |
| Boys | U13 | Shot Put 2k |
| Boys | U17-18 | Shot Put 5k |
| Boys | U19 | Shot Put 6k |

MUNSTER ATHLETICS

EVENT: U12 TO U19 INDOOR CHAMPIONSHIPS

VENUE: Nenagh Olympic Stadium, Nenagh, Co, Tipperary

DATE: Saturday 5th March

TIME: 10.00am

1500m

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U16 | 1500m |
| Boys | U16 | 1500m |
| Girls | U17 | 1500m |
| Boys | U17 | 1500m |
| Girls | U18 | 1500m |
| Boys | U18 | 1500m |
| Girls | U19 | 1500m |
| Boys | U19 | 1500m |

400m

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U17 | 400m |
| Boys | U17 | 400m |
| Girls | U18 | 400m |
| Boys | U18 | 400m |
| Girls | U19 | 400m |
| Boys | U19 | 400m |

Relays after 400m

| <u>Gender</u> | <u>Age Cat.</u> | <u>Event</u> |
|---------------|-----------------|--------------|
| Girls | U12 | 4x200m |
| Boys | U12 | 4x200m |
| Girls | U13 | 4x200m |
| Boys | U13 | 4x200m |
| Girls | U14 | 4x200m |
| Boys | U14 | 4x200m |
| Girls | U15 | 4x200m |
| Boys | U15 | 4x200m |
| Girls | U16 | 4x200m |
| Boys | U16 | 4x200m |
| Girls | U17 | 4x200m |
| Boys | U17 | 4x200m |
| Girls | U18 | 4x200m |
| Boys | U18 | 4x200m |
| Girls | U19 | 4x200m |
| Boys | U19 | 4x200m |