

## MUNSTER SENIOR INDOOR RECORDS - Men

Compiled by Sean Naughton

01-Mar-15

60m	6.73	Gary Ryan	72	Nenagh Olympic A.C.	Birmingham	01/03/2003
200m	20.99	Gary Ryan	72	Nenagh Olympic A.C.	Birmingham	23/02/2003
400m	46.34	Tomas Coman	79	Moycarkey/Coolcree	Vienna	02/03/2002
800m	1.48.21	Mark Carroll	72	Leevale	Boston	30/01/2000
1000m	2.20.2	Marcus O'Sullivan	61	Leevale	New York	25/01/1985
1500m	3.35.4	Marcus O'Sullivan	61	Leevale	East Rutherford	13/02/1988
Mile	3.50.94	Marcus O Sullivan	61	Leevale	East Rutherford	13/02/1988
3000m	7.41.14	Frank O'Mara		Limerick	Seville	10/03/1991
60mH	8.29	Derek Hayes	77	West Waterford	Glasgow	19/01/1997
5000m.	13.31.93	Mark Carroll	72	Leevale	Birmingham	14/02/1999
3km W.	11.10.02	Robert Heffernan	78	Togher	Cardiff	02/02/2002
5km Walk	18.51.46	Robert Heffernan	78	Togher	Belfast	26/01/2008
HJ	2.24	Antone Burke	75	Dooneen	Birmingham	08/02/1998
PV	5.02	John Hallissey	72	Ferrybank	Glasgow	19/01/1997
LJ	<b>7.53</b>	<b>Sam Healy</b>	96	Leevale	Athlone	22/02/2015
TJ	16.27	Colm Cronin	57	Leevale	Detroit	10/03/1978
Shot	16.66	Eoin Leen	84	Tralee Hrs.	Belfast	11/01/1998
4X200	1.31.9	Nenagh Olympic			Nenagh	13/02/1994
		Gary Ryan,John Naughton,Brian Long,Joe Naughton			Nenagh	13/02/1994
4X400	3.27.5	Nenagh Olympic			Nenagh	30/12/1990
Hept	5560	Joseph Naughton	74	Nenagh Olympic A.C.	Tailinn	13-14/3/93
		7.23,7.02,13.90,2.04,8.43,4.15,2.42.85.				

## MUNSTER SENIOR INDOOR RECORDS - Women

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60m	7.36	Phil Healy	94	Bandon	Athlone	07/02/2014
200m	<b>23.27</b>	<b>Kelly Proper</b>	88	Ferrybank	Athlone	22/02/2015
400m	53.63	Emma Nicholson	70	D.C.H./Dooneen	Stockholm	09/03/1996
800m	2.04.39	Laura Crowe	87	Tralee Harriers	Athlone	23/02/2013
1500m	4.11.27	Sonia O'Sullivan	69	Ballymore/Cobh	Lisbon	10/03/2001
Mile	4.33.49	Sonia O'Sullivan	69	Ballymore/Cobh	Allston U.S.A.	20/01/1991
3000m	8.44.37	Sonia O'Sullivan	69	Ballymore/Cobh	Lisbon	10/03/2001
5000m.	15.17.28	Sonia O'Sullivan	69	Ballymore/Cobh	Boston	26/01/1991
60mH	7.84	Derval O'Rourke	81	Leevale	Moscow	11/03/2006
50m.Hur.	6.80	Derval O'Rourke	81	Leevale	Lievin	03/03/2006
3km Walk	11.35.34	Gillian O'Sullivan	76	Farranfore	Belfast	15/02/2003
HJ	1.78	Breda Tierney/ Browr	64	Nenagh Olympic A.C.	Boston	24/01/1993
Pole Vault	3.51	Nikita Savage	92	Youghal	Cardiff	21/02/2010
LJ	6.62	Kelly Proper	88	Ferrybank	Vienna	23/01/2010
TJ	13.28	Taineisha Scanlon	77	Limerick ,	Cardiff	12/02/2005
Shot	15.84	Patricia Walsh	60	Waterford	U.S.A	11/03/1983
4X200	1.42.4	Ferrybank			Nenagh	19/03/2006
		N.Whelan,K.Proper,M.Deevy,M.Murphy				
4X400	4.02.6	Nenagh Olympic A.C.			Nenagh	13/02/1994
		A.Hogan,K.O'Farrell,L.Loughnane.P.O,Donoghue.				
Pent	<b>3934</b>	Mairead Murphy	89	Ferrybank	U.S.A.	24/02/2012
		8.53,1.62,11.15,5.58,2.19.03				

## MUNSTER U/23 INDOOR RECORDS - Men

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60m.	6.89	Jer O'Donoghue	81	Leevale	Nenagh	14/01/2002
200m.	21.73	Dara Kerwick	91	Carrick on Suir	Athlone	22/01/2013
400m.	46.97	Thomas Barr	92	Ferrybank	Athlone	07/02/2014
800m.	1.48.5	Niall O'Shaughnessy	55	Limerick	U.S.A.	21/02/1975
1500m.	3.41.24	Frank Conway	67	Kerry	Boston	25/02/1989
Mile	3.55.54	Niall O'Shaughnessy	55	Limerick	Fayetteville	21/01/2006?
3000m.	7.51.35	Mark Carroll	72	Leevale		0/0/94
5000m.	13.48.70	Frank Hanley	70	Limerick	Indianapolis	14/03/1992
60m.Hur.	8.29	Derek Hayes	77	West Waterford	Glasgow	09/01/1997
3k.Walk	11.38.20	Robert Heffernan	78	Togher	Birmingham	04/12/2001
5k Walk	19.51.69	Robert Heffernan	78	Togher	Nenagh	13/02/2000
High Jump	2.23	Antoine Burke	75	Dooneen	Nenagh	17/03/1996
Pole Vault	4.70	Liam Hennessy	72	Limerick/Tipp Town	Pennsylvania	1978
Long Jump	<b>7.53</b>	<b>Sam Healy</b>	96	Leevale	Athlone	22/02/2015
Triple Jump	16.27	Colm Cronin	57	Leevale	Detroit	10/03/1978
Shot Putt	16.66	Eoin Lean	84	Tralee Hrs.	Belfast	13/02/2003
Heptathlon	4529	Antoine Burke	75	Dooneen	Nenagh	1994

## MUNSTER U/23 INDOOR RECORDS - Women

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01-Mar-15

60m	7.36	Phil Healy	94	Bandon	Athlone	02/02/2014
200m	23.86	Niamh Whelan	90	Ferrybank	Sheffield	14/02/2010
400m.	<b>55.16</b>	<b>Jenna Bromell</b>	97	Limerick Emerald	Athlone	22/02/2015
800m.	2.05.9	Sonia O'Sullivan	69	Ballymore /Cobh		02/02/1991
1500m.	4.23.10	Orla Drumm	84	Limerick.		12/02/2006
Mile	4.33.49	Sonia O'Sullivan	69	Ballymore /Cobh	Allston	20/01/1991
3000m.						
5000m.	15.17.28	Sonia O'Sullivan	69	Ballymore /Cobh	Boston	26/01/1991
60.Hur	8.12	Derval O'Rourke	81	Leevale	Birmingham	02/03/2003
4x200m	1.42.4	Ferrybank			Nenagh	19/03/2006
		N.Whelan.K.Proper,M.Deevy,M.Murphy.				
3k. Walk	12.49.21	Katie Veale	94	West Waterford	Belfast	19/02/2011
High Jump	1.73	Aisling Croke	95	Limerick	Nenagh	28/03/2010
Pole Vault	3.51	Nikita Savage	92	Youghal	Cardiff	21/02/2010
Long Jump	<b>6.62</b>	Kelly Proper	88	Ferrybank	Vienna	23/01/2010
Triple Jump	11.77	Maria Carey	98	Newport Tipp	Athlone	26/01/2014
Shot Putt	14.75	Claire Fitzgerald	91	Tralee Hrs	Athlone	16/02/2013
Pentathlon	3869	Brid Hallissey	69	Ferrybank	Nenagh	16/02/1992

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60m.	6.95	Christopher Russell	90	Ferrybank	Birmingham	23/02/2008
200m.	21.93	Christopher Russell	90	Ferrybank	Belfast	08/02/2009
400m.	<b>47.62</b>	<b>Paul Murphy</b>	96	Ferrybank	Athlone	22/02/2015
800m.	1.53.89	Dean Cronin	93	Blarney/Inniscara	Nenagh	22/01/2012
1500m.	3.48.24	David McCarthy	88	West Waterford	Belfast	19/02/2006
3000m.	8.35.33	Liam Markham	92	Ennis Track	Nenagh	09/01/2011
60m.Hur 3'6"	8.38	Edmond O'Halloran	92	Leevale	Nenagh	25/01/2009
60m.Hur 3'3"	8.12	Edmond O'Halloran	92	Leevale	Cardiff	21/02/2010
5k.Walk	20.56.55	Luke Hickey	94	Leevale	Athlone	16/02/2013
High Jump	2.16	Antoine Burke	75	Dooneen/Limerick	Birmingham	13/02/1994
Pole Vault	4.40	Thomas Houlihan	92	West Waterford	Belfast	06/02/2010
Triple Jump	14.30	Niall Counihan	89	Dooneen/Limerick	Nenagh	13/01/2008
Long Jump	<b>7.53</b>	<b>Sam Healy</b>	96	Leevale	Athlone	22/02/2015
Shot	16.66	Eoin Leen	84	Tralee Hrs	Belfast	15/02/2003

**MUNSTER JUNIOR INDOOR RECORDS - Women**

01-Mar-15

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60m.	<b>7.45</b>	<b>Ciara Neville</b>	99	Limerick Emerald	Athlone	21/02/2015
200m	23.92	Niamh Whelan	90	Ferrybank	Birmingham	24/02/2008
400m.	<b>55.16</b>	<b>Jenna Bromell</b>	97	Limerick Emerald	Athlone	22/02/2015
800m.	2.10.34	Laura Crowe		Tralee Hrs.	Birmingham	29/02/2004
1500m.	4.40.77	Amy O'Donoghue	94	Emerald Limerick	Nenagh	27/02/2011
3000m.	9.32.0	Anita Philpott	69	North Cork	U.S.A.	0/0/88
5000m.	16.21.00	Aisling Ryan	69	Moycarkey	U.S.A.	0/0/88
60m.Hur	8.36	Sarah Lavin	94	Limerick Emerald	Athlone	17/02/2013
4x200m	1.42.4	Ferrybank			Nenagh	19/03/2006
		N.Whelan,K.Proper,M.Deevy,M.Murphy.				
3k Walk	12.49.21	Katie Veale	94	West Waterford	Belfast	19/02/2011
5k Walk	24.43.2	Cathriona McMahon	85	St.Mary'sLimerick	Nenagh	05/01/2003
High Jump	1.73	Aisling Croke	74	Dooneen Limerick	Nenagh	28//3/10
Pole Vault	3.51	Nikita Savage	92	Youghal	Cardiff	21/02/2010
Long Jump	6.19	Kelly Proper	88	Ferrybank	Nenagh	18/02/2006
Triple Jump	11.77	Maria Carey	98	Newport Tipp.	Athlone	26/01/2014
Shot	13.91	Claire Fitzgerald	91	Tralee Hrs.	New York	16/01/2010
Pentathlon	3666	Kelly Proper	88	Ferrybank	Sheffieldd	15/01/2006

**MUNSTER YOUTHS INDOOR RECORDS - Men**

01-Mar-15

Compiled by Sean Naughton

60m.	7.00	Tony Barnett	86	Clonolour	Nenagh	15/02/2003
200m.	22.46	Timothy Flannery	82	Nenagh Olympic	Nenagh	21/03/1999
400m.	49.85	Paul Murphy	96	Ferrybank	Athlone	02/03/2013
800m.	1.55.86	Liam Reale		Limerick	Nenagh	02/04/2000
1500m.	3.50.86	Ciaran O'Lionaird	88	Leevale	Cardiff	22/01/2005
60m.Hur3'6"	8.38	Edmond O'Halloran	92	Leevale	Nenagh	25/01/2009
60m.Hur 3'3"	8.28	Edmond O'Halloran	92	Leevale	Cardiff	22/02/2009
High Jump	2.06	David Cussen	96	Old Abbey	Athlone	10/02/2013
Pole Vault	4.24	Thomas Houlihan	92	West Waterford	Cardiff	22/02/2009
Long Jump	6.83	Eoin O'Carroll	95	Tralee Hrs.	Nenagh	13/03/2012
TripleJump	13.55	Darren Prout	97	Carrick on Suir	Nenagh	19/01/2014

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60m.	<b>7.45</b>	<b>Ciara Neville</b>	99	Limerick Emerald	Athlone	21/02/2015
200m.	24.50	Ciara Giles Doran	95	Ferrybank	Birmingham	27/02/2010
400m.	56.29	Jenna Bromwell	97	Limerick Emerald	Athlone	17/02/2013
800m.	2.10.34	Laura Crowe	87	Tralee Hrs	Cardiff	14/02/2004
1500m.	4.40.77	Amy O'Donoghue	94	Emerald Limerick	Nenagh	27/02/2011
60m.Hur.	8.68	Sarah Lavin	94	Limerick Emerald	Belfast	20/02/2011
4x200m	1.43.11	Ferrybank			Nenagh	03/04/2005
		M.Deevy,M.Murphy,K.Proper,K.Sheehan.				
3k.Walk	12.49.21	Katie Veale	94	West Waterford	Belfast	19/02/2011
High Jump	1.73	Aisling Croke	95	Dooneen Limerick	Nenagh	28/03/2010
Pole Vault	3.00	Nikita Savage	92	Youghal	Nenagh	04/01/2009
Long Jump	6.10	Kelly Proper	88	Ferrybank	Nenagh	19/03/2005
TripleJump	11.77	Maria Carey	98	Newport Tipp.	Athlone	25/01/2014
Shot 4k	12.86	Claire Fitzgerald	91	Tralee Hrs	Nenagh	20/01/2008
Pentathlon	3403	Mairead Murphy	89	Ferrybank	Nenagh	29/01/2006