

**MUNSTER SENIOR MEN INDOOR RECORDS**

Compiled by Sean Naughton

18 May 2010

Event	Record	Name	YOB	Club	Venue	Date
60m	6.73	Gary Ryan	72	Nenagh Olympic A.C.	Birmingham	01/03/2003
200m	20.99	Gary Ryan	72	Nenagh Olympic A.C.	Birmingham	23/02/2003
400m	46.34	Tomas Coman	79	Moccarkey/Coolcroo	Vienna	02/03/2002
800m	1.48.21	Mark Carroll	72	Leevale	Boston	30/01/2000
1000m	2.20.2	Marcus O'Sullivan	61	Leevale	New York	25/01/1985
1500m	3.35.4	Marcus O'Sullivan	61	Leevale	East Rutherford	13/02/1988
Mile	3.50.94	Marcus O Sullivan	61	Leevale	East Rutherford	13/02/1988
3000m	7.41.14	Frank O'Mara		Limerick	Seville	10/03/1991
60mH	8.29	Derek Hayes	77	West Waterford	Glasgow	19/01/1997
3km W.	11.10.02	Robert Heffernan	78	Togher	Cardiff	02/02/2002
5km Walk	18.51.45	Robert Heffernan	78	Togher	Belfast	26/01/2008
HJ	2.24	Antone Burke	75	Dooneen	Birmingham	08/02/1998
PV	5.02	John Hallissey	72	Ferrybank	Glasgow	19/01/1997
LJ	7.49	Colm Cronin	57	Leevale	U.S.A.	1977
TJ	16.27	Colm Cronin	57	Leevale	Detroit	10/03/1978
Shot	16.66	Eoin Leen	84	Tralee Hrs.	Belfast	11/01/1998
4X200	1.31.9	Nenagh Olympic			Nenagh	13/02/1994
		Gary Ryan, John Naughton, Brian Long, Joe Naughton.			Nenagh	13/04/1994
4X400	3.27.5	Nenagh Olympic			Nenagh	30/12/1990
Hept	5560	Joseph Naughton	74	Nenagh Olympic A.C.	Tailinn	13-14/3/93
		7.23,7.02,13.90,2.04,8.43,4.15,2.42.85.				

**MUNSTER SENIOR WOMEN INDOOR RECORDS**

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18 May 2010

Event	Record	Name	YOB	Club	Venue	Date
60m	7.37	Ailish McSweeney	83	Leevale	Sheffield	13/02/2005
200m	23.86	Niamh Whelan	90	Ferrybank	Sheffield	14/02/2010
400m	53.63	Emma Nicholson	70	D.C.H./Dooneen	Stockholm	09/03/1996
800m	2.05.66	Freda Davoren	73	U.C.C.	Birmingham	26/01/1997
1500m	4.11.27	Sonia O'Sullivan	69	Ballymore/Cobh	Lisbon	10/03/2001
Mile	4.33.49	Sonia O'Sullivan	69	Ballymore/Cobh	Allston U.S.A.	20/01/1991
3000m	8.44.37	Sonia O'Sullivan	69	Ballymore/Cobh	Lisbon	10/03/2001
5000m.	15.17.28	Sonia O'Sullivan	69	Ballymore/Cobh	Boston	26/01/1991
60mH	7.84	Derval O'Rourke	81	Leevale	Moscow	11/03/2006
50m.Hur.	6.80	Derval O'Rourke	81	Leevale	Lievin	03/03/2006
3km Walk	11.35.34	Gillian O'Sullivan	76	Farranfore	Belfast	15/02/2003
HJ	1.78	Breda Tierney/ Browne	64	Nenagh Olympic A.C.	Boston	24/01/1993
Pole Vault	3.51	Nikita Savage	92	Youghal	Cardiff	21/02/2010
LJ	6.59	Kelly Proper	88	Ferrybank	Turin	06/03/2009
TJ	13.28	Taineisha Scanlon	77	Limerick	Cardiff	12/02/2005
Shot	15.84	Patricia Walsh	60	Waterford	U.S.A	11/03/1983
4X200	1.42.4	Ferrybank			Nenagh	19/03/2006
		N.Whelan, K.Proper, M.Deevy, M.Murphy				
4X400	4.02.6	Nenagh Olympic A.C.			Nenagh	13/02/1994
		A.Hogan, K.O'Farrell, L.Loughnane, P.O.Donoghue.				
Pent	3909	Brid Hallissey	69		Nenagh	16/02/1992
		8.88,1.68,11.88,5.50,2.22.38,				

**MUNSTER U/23 MEN INDOOR RECORDS**

Compiled by Sean Naughton

18 May 2010

Event	Record	Name	YOB	Club	Venue	Date
60m.	6.89	Jer O'Donoghue	81	Leevale	Nenagh	14/01/2002
200m.	21.93	Christopher Russell	90	Ferrybank	Belfast	08/02/2009
400m.	48.54	Brian Murphy	82	Leevale	Belfast	14/02/2004
800m.	1.48.5	Niall O'Shaughnessy	55	Limerick	U.S.A.	21/02/1975
1500m.	3.41.24	Frank Conway	67	Kerry	Boston	25/02/1989
Mile	3.55.54	Niall O'Shaughnessy	55	Limerick	Fayetteville	21/01/2006
3000m.	7.51.35	Mark Carroll	72	Leevale		1994
5000m.	13.48.70	Frank Hanley	70	Limerick	Indianapolis	14/03/1992
60m.Hur.	8.29	Derek Hayes	77	West Waterford	Glasgow+F5	09/01/1997
3k.Walk	11.38.20	Robert Heffernan	78	Togher	Birmingham	04/12/2001
5k Walk	19.51.69	Robert Heffernan	78	Togher	Nenagh	13/02/2000
High Jump	2.23	Antoine Burke	75	Dooneen	Nenagh	17/03/1996
Pole Vault	4.70	Liam Hennessy	72	Limerick/Tipp Town	Pennsylvania	1978
Long Jump	7.06	Christopher Crowley	87	Belgooly	Cardiff	22/02/2009
Triple Jump	16.27	Colm Cronin	57	Leevale	Detroit	10/03/1978
Shot Putt	16.66	Eoin Leen	84	Tralee Hrs.	Belfast	13/02/2003
Heptathlon	4529	Antoine Burke	75	Dooneen	Nenagh	1994

**MUNSTER U/23 WOMEN INDOOR RECORDS**

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Event	Record	Name	YOB	Club	Venue	Date
60m	7.37	Ailish McSweeney	83	Leevale	Sheffield	13/02/2005
200m	23.86	Niamh Whelan	90	Ferrybank	Sheffield	14/02/2010
400m.	56.09	Kalyn Sheehan	89	Ferrybank	Boston	28/02/2009
800m.	2.05.9	Sonia O'Sullivan	69	Ballymore /Cobh		02/02/1991
1500m.	4.23.10	Orla Drumm	84	Limerick.		12/02/2006
Mile	4.33.49	Sonia O'Sullivan	69	Ballymore /Cobh	Allston	20/01/1991
3000m.						
5000m.	15.17.28	Sonia O'Sullivan	69	Ballymore /Cobh	Boston	26/01/1991
60.Hur	8.12	Derval O'Rourke	81	Leevale	Birmingham	02/03/2003
4x200m	1.42.4	Ferrybank			Nenagh	19/03/2006
		N.Whelan.K.Proper,M.Deevy,M.Murphy.				
3k. Walk	13.18.20	Katie Veale	94	West Waterford	Nenagh	17/01/2010
High Jump	1.73	Aisling Croke	95	Limerick	Nenagh	23/03/2010
Pole Vault	3.51	Nikita Savage	92	Youghal	Cardiff	21/02/2010
Long Jump	6.59	Kelly Proper	88	Ferrybank	Turin	06/03/2009
Triple Jump	11.36	Maire O'Meara	72	Nenagh Olympic	Nenagh	1991
Shot Putt						
Pentathlon	3869	Brid Hallissey	69	Ferrybank		

**MUNSTER JUNIOR MEN INDOOR RECORDS**

Compiled by Sean Naughton

18 May 2010

Event	Record	Name	YOB	Club	Venue	Date
60m.	6.95	Christopher Russell	90	Ferrybank	Birmingham	24/02/2008
200m.	21.93	Christopher Russell	90	Ferrybank	Belfast	08/02/2009
400m.	48.55	Tomas Coman	79	Moycarkey	Birmingham	22/02/1998
800m.	1.54.83	Tomas Chammeay	84	Clonmel		17/01/2003
1500m.	3.48.24	David McCarthy	88	West Waterford	Belfast	19/02/2006
3000m.	8.37.81	Patrick Guidera	82	Clonmel	Nenagh	14/02/2001
60m.Hur 3'6.	8.38	Edmond O'Halloran	92	Leevale	Nenagh	25/01/2009
60m.Hur 3'3	8.12	Edmond O'Halloran	92	Leevale	Cardiff	21/02/2010
5k.Walk	21.10.53	Jamie Costin	77	West Waterford	Nenagh	17/03/1996
High Jump	2.16	Antoine Burke	75	Dooneen/Limerick	Birmingham	13/02/1994
Pole Vault	4.4	Thomas Houlihan	92	West Waterford	Belfast	06/02/2010
Triple Jump	14.30	Niall Counihan	89	Dooneen/Limerick	Nenagh	13/01/2008
Long Jump	6.95	Michael Hallahan		Leevale	Nenagh	21/02/1993
Shot	16.66	Eoin Leen	84	Tralee Hrs	Belfast	15/02/2003

**MUNSTER JUNIOR WOMEN INDOOR RECORDS**

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18 May 2010

Event	Record	Name	YOB	Club	Venue	Date
60m.	7.49	Niamh Whelan	90	Ferrybank	Cardiff	14/02/2009
200m	23.92	Niamh Whelan	90	Ferrybank	Birmingham	24/02/2008
400m.	56.19	Sinead Hickey	79	Limerick Emerald	Nenagh	24/03/1996
800m.	2.10.34	Laura Crowe	87	Tralee Hrs.	Birmingham	29/02/2004
1500m.	4.41.76	Anita Philpott	69	North Cork	U.S.A.	1988
3000m.	9.32.0	Anita Philpott	69	North Cork	U.S.A.	1988
5000m.	16.21.00	Aisling Ryan	69	Moycarkey	U.S.A.	1988
60m.Hur	8.45	Derval O'Rourke	81	Leevale	Birmingham	20/02/1999
4x200m	1.42.4	Ferrybank			Nenagh	19/03/2006
		N.Whelan,K.Proper,M.Deevy,M.Murphy.				
3k Walk	13.18.20	Katie Veale	94	West Waterford	Nenagh	17/01/2010
5k Walk	24.43.2	Cathriona McMahon	85	St.Mary'sLimerick	Nenagh	05/01/2003
High Jump	1.73	Aisling Croke	74	Dooneen Limerick	Nenagh	28/03/2010
Pole Vault	3.51	Nikita Savage	92	Youghal	Cardiff	21/02/2010
Long Jump	6.19	Kelly Proper	88	Ferrybank	Nenagh	18/02/2006
Triple Jump	11.36	Maire O'Meara	72	Nenagh Olympic	Nenagh	1991
Shot	13.91	Claire Fitzgerald	91	Tralee Hrs.	New York	16/01/2010
Pentathlon	3666	Kelly Proper	88	Ferrybank	Sheffield	15/01/2006

**MUNSTER YOUTHS (MEN) INDOOR RECORDS**

Compiled by Sean Naughton

18 May 2010

Event	Record	Name	YOB	Club	Venue	Date
60m.	7.00	Tony Barnett	86	Tralee Harriers	Nenagh	15/02/2003
200m.	22.46	Timothy Flannery	82	Nenagh Olympic	Nenagh	21/03/1999
400m.	50.95	Michael Esmond	79	Moyne	Nenagh	17/03/1996
800m.	1.55.86	Liam Reale		Limerick	Nenagh	02/04/2000
1500m.	3.50.86	Ciaran O'Lionaird	88	Leevale	Cardiff	22/01/2005
60m.Hur3'6.	8.38	Edmond O'Halloran	92	Leevale	Nenagh	25/01/2009
60m.Hur 3'3	8.28	Edmond O'Halloran	92	Leevale	Cardiff	22/02/2009
High Jump						
Pole Vault	4.24	Thomas Houlihan	92	West Waterford	Cardiff	22/02/2009
Long Jump	6.76	Natham Jege	92	Dooneen	Nenagh	24/01/2009
TripleJump	13.24	Dennis Finnegan	86	Spa Muckcross	Nenagh	05/04/2003
Shot						

**MUNSTER YOUTHS (WOMEN) INDOOR RECORDS**

Compiled by Sean Naughton

18 May 2010

Event	Record	Name	YOB	Club	Venue	Date
60m.	7.60	Ann O'Shea	95	Ferrybank	Nenagh	28/03/2009
200m.	24.50	Ciara Giles Doran	95	Ferrybank	Birmingham	27/02/2010
400m.	56.97	Mairead Deevy	89	Ferrybank	Birmingham	04/03/2006
800m.	2.10.34	Laura Crowe	87	Tralee Hrs	Cardiff	14/02/2004
1500m.	4.45.55	Niamh Ryan	90	Ferrybank	Glasgow	05/02/2005
60m.Hur.	8.84	Mairead Murphy	89	Ferrybank	Birmingham	04/03/2006
4x200m	1.43.11	Ferrybank			Nenagh	03/04/2005
		M.Deevy,M.Murphy,K.Proper,K.Sheehan.				
3k.Walk	13.18.20	Katie Veale	94	West Waterford	Nenagh	17/01/2010
High Jump	1.73	Aisling Croke	95	Dooneen Limerick	Nenagh	28/03/2010
Pole Vault	3.00	Nikita Savage	92	Youghal	Nenagh	04/01/2009
Long Jump	6.10	Kelly Proper	88	Ferrybank	Nenagh	19/03/2005
TripleJump	11.21	Aoife Bartley	92	Carrick on Suir	Nenagh	28/03/2009
Shot 4k	12.86	Claire Fitzgerald	91	Tralee Hrs	Nenagh	20/01/2008
Pentathlon	3403	Mairead Murphy	89	Ferrybank	Nenagh	29/01/2006