

Munster Under 23 Track & Field Championships 2004					
Castleisland Sunday 30th May					
Place	Under 23 Men	110 Metres Hurdles	Standard		
1	Brendan Doyle	Carrick on Suir	16.07		
2	Sean O'Sullivan	Ballincollig	18.78		
Place	Under 23 Men	400 Metres Hurdles	Standard		
1	Ronan Foolkes	Togher	57.1		
Place	Under 23 Men	100 Metres	Standard		
1	Shane Delaney	Tralee Harriers	11.39		
2	Alan Lynch	Youghal	11.81		
Place	Under 23 Men	200 Metres	Standard		
1	Shane Delaney	Tralee Harriers	23.09		
2	Tom Shanahan	St Mary's Limerick	23.33		
3	Gerard O'Shea	Dooneen	23.44		
Place	Under 23 Men	400 Meyres	Standard		
1	Kevin Walsh	Togher	50.74		
2	Ronan Foolkes	Togher	51.63		
3	Gerard O'Shea	Dooneen	53.99		
Place	Under 23 Men	800 Metres	Standard		
1	Francis O'Mahony	Carrick on Suir	1.58.20		
2	James Ledingham	West Waterford	2.06.18		
3	Conor Casey	Waterford	2.19.55		
Place	Under 23 Men	1500 Metres	Standard		
1	James Ledingham	West Waterford	4.02.4		
2	Tadgh O'Callaghan	Togher	4.03.3		
3	Thomas Scanlon	Ennis Track	4.12.1		
Place	Under 23 Men	3000 Metres	Standard		
1	Brian McMahon	Carriag na Bhfear	9.05.89		
2	Arthur Fitzgerald	Farranfore Maine .Valley	9.07.39		
3	Cian Murphy	Iveragh	9.09.31		
Place	Under 23 Men	High Jump	Standard		
1	Liam Houlihan	West Waterford	1.80.		
2	Brendan Doyle	Carrick on Suir	1.70.		
3	Diarmuid Bowe	Ballincollig	1.50.		
Place	Under 23 Men	Pole Vault	Standard		
1	Liam Houlihan	West Waterford	3.35		

Place	Under 23 Men	110 Metres Hurdles	Standard		
1	Brendan Doyle	Carrick on Suir	16.07		
2	Sean O'Sullivan	Ballincollig	2.75		
3	Thomas McKenna	Ballincollig	2.05		
Place	Under 23 Men	Long Jump	Standard		
1	Tom Shanahan	St Mary's Limerick	6.29		
2	Brendan Doyle	Carrick on Suir	5.86		
3	Sean O'Sullivan	Ballincollig	5.68		
Place	Under 23 Men	Triple Jump	Standard		
1	Brendan Doyle	Carrick on Suir	13.20CBP		
2	Diarmuid Bowe	Ballincollig	11.82		
3	Thomas McKenna	Ballincollig	11.74		
Place	Under 23 Men	Shot Putt	Standard		
1	Thomas McKenna	Ballincollig	9.55		
2	Sean O'Sullivan	Ballincollig	9.22		
Place	Under 23 Men	Discus	Standard		
1	Eoin Leen	Tralee Harriers	40.22		
Place	Under 23 Men	Javelin	Standard		
1	Sean O'Sullivan	Ballincollig	38.20.		
2	Shane Delaney	Tralee Harriers	34.81		
3	Thomas McKenna	Ballincollig	34.25		
Place	Under 23 Men	35Lb (28) Distance	Standard		
1	John O'Neill	Star of the Laune	10.67		
2	Eoin Leen	Tralee Harriers	10.22		
3	Brendan Breen	Star of the Laune	9.51		
Place	Under 23 Men	35 (28)Lb Height	Standard		
1	John O'Neill	Star of the Laune	4.50.		
Place	Under 23 Men	4 x 100 Metres Relay	Standard		
1		<i>Dooneen</i>	47.34		
Place	Under 23 Women	400 Metres Hurdles	Standard		
1	Dawn Kelly	Belgooly	64.5		
Place	Under 23 Women	100 Metres	Standard		
1	Marian Andrews	Togher	12.78		
Place	Under 23 Women	200 Metres	Standard		

Place	Under 23 Men	110 Metres Hurdles	Standard		
1	Brendan Doyle	Carrick on Suir	16.07		
1	Marian Andrews	Togher	27.02		
Place	Under 23 Women	800 Metres	Standard		
1	Dawn Kelly	Belgooly	2.29.63		
Place	Under 23 Women	1500 Metres	Standard		
1	Siobhan O'Doherty	Borrisokane	4.53.5		
2	Jennifer Goggin	U.C.C.	4.57.2		
3	Tracey Roche	Dooneen	4.57.8		
Place	Under 23 Women	3000 Metres	Standard		
1	Siobhan O'Doherty	Borrisokane	10.37.54		
2	Tracey Roche	Dooneen	10.58.18		
Place	Under 23 Women	Pole Vault	Standard		
1	Edel O'Meara	Borrisokane	2.75		
Place	Under 23 Women	Shot Putt	Standard		
1	Deirdre Murphy	Leevale	11.08		
2	Noreen O'Dwyer	Gneeveguilla	8.49		
3	Claire O'Sullivan	An Ríocht	5.50.		
Place	Under 23 Women	Discus	Standard		
1	Deirdre Murphy	Leevale	40.41CBP		
2	Noreen O'Dwyer	Gneeveguilla	27.66		
Place	Under 23 Women	Javelin	Standard		
1	Noreen O'Dwyer	Gneeveguilla	29.25		
Place	Under 23 Women	Hammer	Standard		
1	Noreen O'Dwyer	Gneeveguilla	18.43		