

Munster Masters Indoor Championships 2009
Nenagh Indoor Arena, February 8th

60m

F35 60m

1 Hilda O'Connor Ennis Track F35 9.64

F40 60m

1 Liz Coomey Bandon F40 9.00
2 Sheila O'Donoghue Gneeveguilla F40 9.20
3 Aisling Power Ennis Track F40 10.08
4 Geraldine Lovell Bandon F40 10.37

F45 60m

1 Kathleen Hayes Carbery Harriers F45 11.43

F55 60m

1 Esther Fitzpatrick Liscarroll F55 13.37

F60 60m

1 Mary Barry Grange Fermoy F60 11.99

M35 60m

1 Anthony Walsh Kilmallock M35 8.17
2 Donnacha Dennehy Rising Sun M35 8.49

M40 60m

1 Richard McArthur St Cronans M40 7.90
2 Pat Mulcahy Bandon M40 8.23
3 Cathal Lowe Waterford M40 8.39
4 John Reidy Kilmurry Ibk/N.C. M40 9.65

M45 60m

1 Noel Galvin West Muskerry M45 8.30
2 Neilus Daly Tralee Harriers M45 8.36
3 John Dalton Kilmihil M45 8.47
4 John Murphy Liscarroll M45 8.52
5 John Foley Tralee Harriers M45 8.75
6 Michael Lyne Gneeveguilla M45 9.08

M50 60m

1	Pat Canty	Tralee Harriers	M50 8.27
2	Seamus Fox	FMS	M50 9.27
3	Mick Shea	Carrick on Suir	M50 9.37

M55 60m

1	Harry Gijbels	West Muskerry	M55 8.98
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M60 60m

1	Brendan Dennehy	Rising Sun	M60 8.39
2	Bernie O'Neill	Carrick on Suir	M60 8.77
3	Kevin Griffin	Iveragh	M60 9.78
4	Donal Crowley	Tralee Harriers	M60 9.84

M65 60m

1	Con O'Donovan	Rising Sun	M65 9.02
2	Jim O'Shea	FMV	M65 9.67

M75 60m

1	Micheal O' Beirne	Dundrum	M75 16.89
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200m

F35 200m

1	Hilda O'Connor	Ennis Track	F35 33.5
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F40 200m

1	Aisling Power	Ennis Track	F40 32.1
2	Geraldine Lovell	Bandon	F40 36.9

F45 200m

1	Regina Burton	St Finbarrs	F45 36.7
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F50 200m

1	Cushla Murphy Hehir	Marian	F50 34.01
2	Carmel MacDomhnaill	West Limerick	F50 38.02
3	Marion Lyons	St Finbarrs	F50 43.45

F60 200m

1	Terry Gough	West Waterford	F60 46.25
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2	Mary Barry	Grange Fermoy	F60	48.17
M35 200m				
1	Anthony Walsh	Kilmallock	M35	26.87
M40 200m				
1	Kevin Finn	Nenagh	M40	25.52
2	Tommy Greene	St Johns	M40	26.65
3	Cathal Lowe	Waterford	M40	27.03
4	Pat Mulcahy	Bandon	M40	27.15
5	Donal Vaughan	Rising Sun	M40	27.23
6	Brendan Moynihan	Tralee Harriers	M40	28.71
7	John McCarthy	Skibbereen	M40	29.01
8	Ronan O'Brien	Waterford	M40	30.25
M45 200m				
1	Neilus Daly	Tralee Harriers	M45	26.96
2	John Murphy	Liscarroll	M45	27.41
3	Noel Galvin	West Muskerry	M45	27.71
4	John Dalton	Kilmihil	M45	28.58
5	Sean Finn	Nenagh	M45	28.7
6	John Foley	Tralee Harriers	M45	29.75
7	Michael Lyne	Gneevguilla	M45	30.28
8	Stephen Murphy	Rising Sun	M45	32.63
M50 200m				
1	Seamus Fox	FMS	M50	30.66
2	Dermot Moran	St Marys Cl.	M50	32.89
3	James O'Keeffe	Liscarroll	M50	34.3
M55 200m				
1	Harry Gijbels	West Muskerry	M55	30.58
2	Dan Kennedy	St Finbarrs	M55	32.45
M60 200m				
1	Brendan Dennehy	Rising Sun	M60	27.83
2	Kevin Griffin	Iveragh	M60	39.09
M65 200m				
1	Con O'Donovan	Rising Sun	M65	29.41

2	Mike Browne	Gneevguilla	M65	32.13
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800m

F35 800m

1	Deirdre Daly	Ennis Track	F35	2.38.10
2	Maggie O'Leary	Gneevguilla	F35	3.20.21

F40 800m

1	Aisling Power	Ennis Track	F40	2.47.08
2	Ita Hanrahan	Ennis Track	F40	2.50.78
3	Caroline Murphy	Gneevguilla	F40	2.52.01

F45 800m

1	Regina Burton	St Finbarrs	F45	3.00.74
2	Marion O'Loughlin	Ennis Track	F45	3.08.46

F50 800m

1	Cushla Murphy Hehir	Marian	F50	2.45.54
2	Carmel MacDomhnail	West Limerick	F50	3.11.79
3	Marion Lyons	St Finbarrs	F50	3.37.87

F60 800m

1	Terry Gough	West Waterford	F60	4.01.64
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M35 800m

1	Dermot Kerins	West Limerick	M35	2.11.60
2	Diarmuid O'Donovan	Skibbereen	M35	2.18.01
3	Yevgeniy Chizhikov	West Waterford	M35	2.20.68
4	PJ Guinan	West Waterford	M35	2.21.31

M40 800m

1	Pat Ryan	Dundrum	M40	2.12.98
2	Kevin Finn	Nenagh	M40	2.14.06
3	Billy O'Flaherty	Skibbereen	M40	2.16.07
4	Donal Vaughan	Rising Sun	M40	2.16.52
5	Tom O'Brien	Waterford	M40	2.23.66
6	Cathal Lowe	Waterford	M40	2.28.16
7	Conor McMahon	West Muskerry	M40	2.31.65
8	Ronan O'Brien	Waterford	M40	2.33.98
9	Brendan Moynihan	Tralee Harriers	M40	2.38.15

10	John McCarthy	Skibbereen	M40	2.39.99
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M45 800m

1	Harry O'Brien	West Waterford	M45	2.15.53
2	Stephen O'Mahony	Skibbereen	M45	2.26.43
3	Stephen Murphy	Rising Sun	M45	2.47.74

M50 800m

1	James Sexton	Kilmurry Ibk/N.C.	M50	2.41.77
2	Dermot Moran	St Marys Cl.	M50	2.47.40
3	Mick Shea	Carrick on Suir	M50	2.53.00

M55 800m

1	Dan Kennedy	St Finbarrs	M55	2.44.31
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M60 800m

1	Donal Crowley	Tralee Harriers	M60	3.06.93
2	Jerry O'Connell	Limerick Country Club	M60	3.29.86

M65 800m

1	Mike Browne	Gneevguilla	M65	3.10.72
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1500m

F35 1500m

1	Deirdre Daly	Ennis Track	F35	5.14.57
2	Marian Burke	St Marys Cl.	F35	5.38.67
3	Maggie O'Leary	Gneevguilla	F35	06.35.35

F40 1500m

1	Ita Hanrahan	Ennis Track	F40	5.46.54
2	Caroline Murphy	Gneevguilla	F40	5.55.68

F45 1500m

1	Regina Burton	St Finbarrs	F45	06.14.10
2	Marion O'Loughlin	Ennis Track	F45	06.20.88

F50 1500m

1	Cushla Murphy Hehir	Marian	F50	5.36.99
2	Carmel MacDomhnail	West Limerick	F50	06.21.69

3 Marion Lyons St Finbarrs F50 7.12.31

F60 1500m

1 Terry Gough West Waterford F60 8.03.75

M35 1500m

1 Dave Drohan Waterford M35 4.49.10

2 Diarmuid O'Donovan Skibbereen M35 4.51.63

M40 1500m

1 Tom Laffan Bandon M40 4.37.19

2 Pat Ryan Dundrum M40 4.37.74

3 Billy O'Flaherty Skibbereen M40 4.48.85

4 Ronan O'Brien Waterford M40 5.24.16

M45 1500m

1 Harry O'Brien West Waterford M45 4.39.36

2 Michael Moore Dundrum M45 4.51.63

3 Stephen O'Mahony Skibbereen M45 5.10.84

4 Stephen Murphy Rising Sun M45 5.44.78

M50 1500m

1 Eugene Moynihan Marian M50 4.49.02

2 Mike Quinlivan Tulla M50 5.20.25

M55 1500m

1 Dan Kennedy St Finbarrs M55 5.36.0

M60 1500m

1 Jerry O'Connell Limerick Country Club M60 7.11.9

M65 1500m

1 Mike Browne Gneevguilla M65 06.48.7

4 x 200m Relay

Masters Men

1 Nenagh 1.48.01

2 Rising Sun 1.50.04

3 Waterford 1.50.46

4 Skibbereen 1.52.11

5	Tralee Harriers	1.52.33
6	West Muskerry	1.55.87

3000m

F35 3000m

1	Marian Burke	St Marys Cl.	F35
2	Maggie O'Leary	Gneevguilla	F35

F40 3000m

1	Caroline Murphy	Gneevguilla	F40
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F45 3000m

1	Marion O'Loughlin	Ennis Track	F45
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F60 3000m

1	Terry Gough	West Waterford	F60
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M35 3000m

1	Kenny Curran	Ballynonty	M35 9.57.7
2	David O'Dwyer	East Cork	M35 10.56.3

M40 3000m

1	Eric Meade	East Cork	M40 9.54.9
2	Tom Laffan	Bandon	M40 10.01.7
3	Pat Ryan	Dundrum	M40 10.14.3

M45 3000m

1	Harry O'Brien	West Waterford	M45 10.02.7
2	Denis McCarthy	East Cork	M45 10.04.7
3	Michael Moore	Dundrum	M45 10.38.7
4	Tony O'Brien	St Finbarrs	M45

M50 3000m

1	Eugene Moynihan	Marian	M50
2	Mike Quinlivan	Tulla	M50
3	James Sexton	Kilmurry Ibk/N.C.	M50

M55 3000m

1	Dan Kennedy	St Finbarrs	M55
2	Michael O'Connor	FMV	M55

M60 3000m

1 Jerry O'Connell Limerick Country Club M60

M65 3000m

1 Mike Browne Gneevguilla M65

Long Jump

M35 Long Jump

1 Ciaran Scully Nenagh M35 4.77m
2 Donnacha Dennehy Rising Sun M35 4.69m
3 Joe Nagle Leevale M35 3.46m

M40 Long Jump

1 Brendan Meagher Nenagh M40 5.55m
2 Tom O'Brien Waterford M40 5.24m
3 Tommy Greene St Johns M40 5.09m
4 Cathal Lowe Waterford M40 4.28m

M45 Long Jump

1 John Murphy Liscarroll M45 4.67m
2 Frank Mangan FMV M45 4.21m
3 John Foley Tralee Harriers M45 4.09m
4 Noel Galvin West Muskerry M45 3.98m
5 Michael Lyne Gneevguilla M45 3.75m

M50 Long Jump

1 Pat Canty Tralee Harriers M50 4.58m
2 Seamus Fox FMS M50 4.46m
3 Mick Shea Carrick on Suir M50 3.87m

M55 Long Jump

1 Albert Doyle Clonmel M55 2.87m

M60 Long Jump

1 Brendan Dennehy Rising Sun M60 4.74m
2 Donal Crowley Tralee Harriers M60 3.57m
3 John Rice Grange Fermoy M60 2.77m

M65 Long Jump

1	Con O'Donovan	Rising Sun	M65	4.29m
2	Jim O'Shea	FMV	M65	3.72m

M75 Long Jump

1	Micheal O' Beirne	Dundrum	M75	2.07m
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F35 Long Jump

1	Maggie O'Leary	Tralee Harriers	F35	2.93m
2	Hilda O'Connor	Ennis Track	F35	2.69m

F40 Long Jump

1	Liz Coomey	Bandon	F40	4.39m
2	Sheila O'Donoghue	Gneevguilla	F40	3.11m

F45 Long Jump

1	Kathleen Hayes	Carbery Harriers	F45	3.04m
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F55 Long Jump

1	Esther Fitzpatrick	Liscarroll	F55	1.75m
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F60 Long Jump

1	Mary Barry	Grange Fermoy	F60	2.10m
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Shot

F40 Shot

1	Sheila O'Donoghue	Gneevguilla	F40	10.06m
2	Priscilla O'Sullivan	Bandon	F40	9.37m
3	Liz Coomey	Bandon	F40	9.28m
4	Maureen Glanton	Skibbereen	F40	8.25m

F45 Shot

1	Kathleen Hayes	Carbery Harriers	F45	06.32m
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F55 Shot

1	Esther Fitzpatrick	Liscarroll	F55	4.77m
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M35 Shot

1	Joe Nagle	Leevale	M35	10.28m
2	Ciaran Scully	Nenagh	M35	10.03m

3	Peter Keating	Liscarroll	M35	8.48m
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M40 Shot

1	Tommy Greene	St Johns	M40	10.60m
2	Donal Vaughan	Rising Sun	M40	8.40m
3	Paul Kingston	Bandon	M40	8.71m
4	Martin O'Grady	Nenagh	M40	8.17m
5	Brendan Meagher	Nenagh	M40	7.86m

M45 Shot

1	Mike Lyne	Gnnevguilla	M45	7.62m
2	Tony O'Brien	St Finbarrs	M45	7.14m

M50 Shot

1	Patsy O Connor	Tralee Harriers	M50	11.85m
2	Martin Fitzpatrick	St Marys Cl.	M50	10.40m
3	Frank Stam	Bandon	M50	9.90m
4	Paddy Mogan	Nenagh	M50	9.20m
5	Pat Canty	Tralee Harriers	M50	8.72m
6	James O'Keeffe	Liscarroll	M50	7.26m

M55 Shot

1	Joe Maloney	Moycarkey	M55	7.95m
2	Albert Doyle	Clonmel	M55	7.60m

M60

1	Michael Kelly	Nenagh	M60	10.57m
2	Paul Ryan	Templemore	M60	8.32m
3	John Rice	Grange Fermoy	M60	7.98m
4	Batt McHugh	East Cork	M60	7.70m

M65 Shot

1	Con O'Donovan	Rising Sun	M65	7.41m
2	Tim Fitzpatrick	Liscarroll	M65	7.30m

M70 Shot

1	Ed Mulcahy	FMV	M75	8.45m
2	Micheal O' Beirne	Dundrum	M75	06.85m

M80 Shot

1	Denis Howard	Rising Sun	M80	06.16m
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High Jump

F40 High Jump

1	Liz Coomey	Bandon	F40	1.37m
2	Sheila O'Donoghue	Gneevguilla	F40	1.28m

F45 High Jump

1	Kathleen Hayes	Carbery Harriers	F45	
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M35 High Jump

1	Ciaran Scully	Nenagh	M35	1.60m
2	Donnacha Dennehy	Rising Sun	M35	1.50m

1	Brendan Meagher	Nenagh	M40	1.60m
2	Martin O'Grady	Nenagh	M40	1.55m
3	Tommy Greene	St Johns	M40	1.50m
4	Vincent McCarthy	Kilnaboy	M40	

M45 High Jump

1	John Murphy	Liscarroll	M45	1.45m
2	Frank Mangan	FMV	M45	1.35m
3	Michael Lyne	Gneevguilla	M45	1.20m

M50 High Jump

1	Patsy O Connor	Tralee Harriers	M50	1.35m
2	Paddy Morgan	Nenagh	M50	1.30m
3	Seamus Fox	FMS	M50	1.30m

M55 High Jump

1	Harry Gijbels	West Muskerry	M55	1.35m
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M60 High Jump

1	Brendan Dennehy	Rising Sun	M60	1.40m
2	Donal Crowley	Tralee Harriers	M60	1.10m
3	John Rice	Grange Fermoy	M60	

M65 High Jump

1	Jim O'Shea	FMV	M65	1.25m
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M75 High Jump

1	Micheal O' Beirne	Dundrum	M75
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Weight for Distance

M35 Weight for Distance

1	Joe Nagle	Leevale	M35	4.86m
2	Peter Keating	Liscarroll	M35	4.48m
3	Martin Lovell	Bandon	M35	4.31m

M40 Weight for Distance

1	Tommy Greene	St Johns	M40	5.62m
2	Donal Vaughan	Rising Sun	M40	4.88m

M45 Weight for Distance

1	Donal Howard	Rising Sun	M45	4.94m
2	Michael Lyne	Gneevguilla	M45	3.97m

M50 Weight for Distance

1	Patsy O Connor	Tralee Harriers	M50	7.57m
2	Martin Fitzpatrick	St Marys Cl.	M50	7.40m
3	James O'Keeffe	Liscarroll	M50	5.10m

M55 Weight for Distance

1	Albert Doyle	Clonmel	M55	5.43m
2	Joe Moloney	Moycarkey Coolcree	M55	4.18m

M60 Weight for Distance

1	Batt McHugh	East Cork	M60	7.10m
2	John Rice	Grange Fermoy	M60	06.91m
3	Michael Kelly	Nenagh	M60	06.46m
4	Paul Ryan	Templemore	M60	5.77m

M65 Weight for Distance

1	Tim Fitzpatrick	Liscarroll	M65	06.48m
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M75 Weight for Distance

1	Ed Mulcahy	FMV	M75	7.85m
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M80 Weight for Distance

1 Denis Howard

Rising Sun

M80 5.84m