

# Munster Jnr & Snr Indoors 2011

## Nenagh Indoor Arena, Jan 9th 2011

JW - Junior Women, SW - Senior Women  
 queries to [pkelly@munsterathletics.com](mailto:pkelly@munsterathletics.com)



### Womens 60m Hurdles

| <i>place</i> | <i>name</i>   | <i>club</i>     | <i>category</i> | <i>time</i> |
|--------------|---------------|-----------------|-----------------|-------------|
| 1            | Megan Kiely   | Ferrybank       | JW              | 9.63        |
| 2            | Lisa Houlihan | West Waterford  | JW              | 9.76        |
| 3            | Hannah Trehy  | Carrick on Suir | JW              | 10.76       |
| 1            | Roisin Howard | Bandon          | SW              | 11.07       |

### Womens 60 m

| <i>place</i> | <i>name</i>       | <i>club</i>     | <i>category</i> | <i>distance</i> |              |
|--------------|-------------------|-----------------|-----------------|-----------------|--------------|
| 1            | Lilly Ann O'Hora  | Dooneen         | JW              | 8.10            | <i>Heat</i>  |
| 2            | Ann O'Shea        | Ferrybank       | JW              | 8.15            | <i>Heat</i>  |
| 3            | Laura Nevin       | Dooneen         | JW              | 8.16            | <i>Heat</i>  |
| 4            | Louise Woods      | Marian          | JW              | 8.40            | <i>Heat</i>  |
| 5            | Emma O'Gorman     | Menapians       | JW              | 8.60            | <i>Heat</i>  |
| 1            | Stephanie Carroll | Dooneen         | JW              | 8.28            | <i>Heat</i>  |
| 2            | Louise O'Connor   | Tralee Harriers | JW              | 8.34            | <i>Heat</i>  |
| 3            | Elaine Courtney   | Spa Muckross    | JW              | 8.47            | <i>Heat</i>  |
| 4            | Darragh McDonnell | Estuary         | JW              | 8.56            | <i>Heat</i>  |
| 5            | Anna Rogers       | Ferrybank       | JW              | 8.78            | <i>Heat</i>  |
| 1            | Ann O'Shea        | Ferrybank       | JW              | 8.07            | <i>Final</i> |
| 2            | Stephanie Carroll | Dooneen         | JW              | 8.07            | <i>Final</i> |
| 3            | Lilly Ann O'Hora  | Dooneen         | JW              | 8.12            | <i>Final</i> |
| 4            | Laura Nevin       | Dooneen         | JW              | 8.14            | <i>Final</i> |
| 5            | Louise O'Connor   | Tralee Harriers | JW              | 8.35            | <i>Final</i> |
| 6            | Louise Woods      | Marian          | JW              | 8.62            | <i>Final</i> |
| 1            | Phil Healy        | Bandon          | SW              | 8.19            | <i>Final</i> |
| 2            | Aoife O Malley    | Bilboa          | SW              | 9.52            | <i>Final</i> |

**Womens 200 m**

| <i>place</i> | <i>name</i>         | <i>club</i>        | <i>category</i> | <i>time</i> | <i>race</i> |
|--------------|---------------------|--------------------|-----------------|-------------|-------------|
| 1            | Stephanie Carroll   | Dooneen            | JW              | 26.72       | 1           |
| 2            | Chrstitine Neville  | Leevale            | JW              | 26.96       | 1           |
| 3            | Laura Nevin         | Dooneen            | JW              | 27.00       | 4           |
| 4            | Jessica Sheehan     | Riverstick Kinsale | JW              | 27.02       | 4           |
| 5            | Jessica Neville     | Leevale            | JW              | 27.20       | 3           |
| 6            | Louise O'Connor     | Tralee Harriers    | JW              | 27.49       | 2           |
| 7            | Eimear Lynch        | Newport            | JW              | 27.61       | 2           |
| 8            | Elaine Courtney     | Spa Muckcross      | JW              | 27.94       | 2           |
| 9            | Louise Woods        | Marian             | JW              | 28.21       | 4           |
| 10           | Melina Van Der Valk | Ferrybank          | JW              | 28.33       | 3           |
| 11           | Emma O'Gorman       | Menapians          | JW              | 28.95       | 2           |
| 12           | Brid Brosnan        | Ferrybank          | JW              | 29.29       | 1           |
| 13           | Margaret Mary Grace | Nenagh Olympic     | JW              | 29.79       | 3           |
| 14           | Darragh McDonnell   | Estuary            | JW              | 29.91       | 3           |
| 15           | Lydia O'Connor      | Leevale            | JW              | 29.97       | 1           |
| 1            | Phil Healy          | Bandon             | SW              | 26.96       | 4           |

**Womens 400 m**

| <i>place</i> | <i>name</i>         | <i>club</i>     | <i>category</i> | <i>time</i> | <i>race</i> |
|--------------|---------------------|-----------------|-----------------|-------------|-------------|
| 1            | Megan Kiely         | Ferrybank       | JW              | 60.77       | 1           |
| 2            | Ailbhe Courtney     | St Brendans     | JW              | 62.82       | 2           |
| 3            | Eimear Lynch        | Newport         | JW              | 62.96       | 1           |
| 4            | April Flynn         | Ferrybank       | JW              | 63.74       | 2           |
| 5            | John Power          | Ferrybank       | JM              | 65.55       | 2           |
| 6            | Margaret Mary Grace | Nenagh Olympic  | JW              | 67.62       | 1           |
| 7            | Hanna ryan          | Tralee Harriers | JW              | 71.83       | 1           |
| 8            | Hannah Trehy        | Carrick on Suir | JW              | 72.16       | 2           |

**Womens 800 m**

| <i>place</i> | <i>name</i>    | <i>club</i>      | <i>category</i> | <i>time</i> |
|--------------|----------------|------------------|-----------------|-------------|
| 1            | Harriet Flynn  | Shannon          | JW              | 2.23.24     |
| 2            | Lydia O'Connor | Leevale          | JW              | 2.58.66     |
| 1            | Eilis Kelly    | Raheny Shamrocks | SW              | 2.36.01     |

**Womens 1500 m**

| <i>place</i> | <i>name</i>    | <i>club</i>    | <i>category</i> | <i>time</i> |
|--------------|----------------|----------------|-----------------|-------------|
| 1            | Harriet Flynn  | Shannon        | JW              | 4.53.23     |
| 2            | Cliona Doyle   | Clonmel        | JW              | 5.10.50     |
| 1            | Laura Crowe    | Riocht         | SW              | 4.39.60     |
| 2            | Michelle Finn  | Leevale        | SW              | 4.47.02     |
| 3            | Sally McCarthy | UCC            | SW              | 5.07.32     |
| 4            | Alvy Carragher | Nenagh Olympic | SW              | 5.07.35     |

**Womens 3000m**

| <i>place</i> | <i>name</i>        | <i>club</i>     | <i>category</i> | <i>time</i> |
|--------------|--------------------|-----------------|-----------------|-------------|
| 1            | Michelle Finn      | Leevale         |                 | 10.22.52    |
| 2            | Alvy Carragher     | Nenagh Olympic  | SW              | 10.45.15    |
| 3            | Martina O'Dwyer    | Carrick on Suir | SW              | 10.49.38    |
| 4            | Jessica Von Hatten | Leevale         | SW              | 10.27.64    |
| 5            | Maire Heffernan    | Liscarroll      | SW              | 11.58.92    |

**Womens 3K Walk**

| <i>place</i> | <i>name</i>     | <i>club</i>    | <i>category</i> | <i>time</i> |
|--------------|-----------------|----------------|-----------------|-------------|
| 1            | Kate Veale      | West Waterford | JW              | 13.10.86    |
| 2            | Marie Costello  | Borrisokane    | JW              | 18.00.13    |
| 1            | Miriam Hamilton | KIBK N.Cl.     | SW              | 17.37.76    |

**Womens 4 x 200m Relay****Junior**

|   |           |        |   |
|---|-----------|--------|---|
| 1 | Dooneen   | 1.49.2 | H |
| 2 | Ferrybank | 1.51.4 | H |
| 3 | Leevale   | 1.52.6 | H |

**Senior**

|   |                 |        |   |
|---|-----------------|--------|---|
| 1 | Tralee Harriers | 1.55.3 | H |
| 2 | St Brendans     | 2.00.0 | H |

**Womens Shot**

| <i>place</i> | <i>name</i>       | <i>club</i> | <i>category</i> | <i>distance</i> |
|--------------|-------------------|-------------|-----------------|-----------------|
| 1            | Niamh Murphy      | BIAC        | JW              | 11.08m          |
| 2            | Laura McSweeney   | Bandon      | JW              | 10.76m          |
| 1            | Roisin Howard     | Bandon      | SW              | 9.89m           |
| 2            | Aoife O'Malley    | Bilboa      | SW              | 8.94m           |
| 3            | Siobhan Heffernan | Liscarroll  | SW              | 7.41m           |

**Womens Long Jump**

| <i>place</i> | <i>name</i>       | <i>club</i>     | <i>category</i> | <i>distance</i> |
|--------------|-------------------|-----------------|-----------------|-----------------|
| 1            | Aoife Bartley     | Carrick on Suir | JW              | 5.04m           |
| 2            | Darragh McDonnell | Estuary         | JW              | 4.62m           |
| 3            | Suzanne Kelly     | Kilnaboy        | JW              | 4.59m           |
| 4            | Laura Lynch       | Tralee Harriers | JW              | 4.59m           |
| 1            | Sinead O'Connor   | Tralee Harriers | SW              | 5.34m           |
| 2            | Phil Healy        | Bandon          | SW              | 4.67m           |
| 3            | Roisin Howard     | Bandon          | SW              | 4.27m           |
| 4            | Siobhan Heffernan | Liscarroll      | SW              | 4.14m           |

**Womens Triple Jump**

| <i>place</i> | <i>name</i>     | <i>club</i>        | <i>category</i> | <i>distance</i> |
|--------------|-----------------|--------------------|-----------------|-----------------|
| 1            | Jessica Sheehan | Riverstick Kinsale | JW              | 10.68m          |
| 2            | Aoife Bartley   | Carrick on Suir    | JW              | 10.63m          |
| 3            | Laura Lynch     | Tralee Harriers    | JW              | 9.51m           |
| 1            | Sinead O'Connor | Tralee Harriers    | SW              | 10.80m          |
| 2            | Nicola Power    | Ferrybank          | SW              | 10.51m          |
| 3            | Amy Phelan      | St Brendans        | SW              | 9.61m           |
| 4            | Aoife O Malley  | Bilboa             | SW              | 8.73m           |

**Womens High Jump**

| <i>place</i> | <i>name</i>       | <i>club</i>    | <i>category</i> | <i>Height</i> |
|--------------|-------------------|----------------|-----------------|---------------|
| 1            | Aisling Croke     | Dooneen        | JW              | 1.73m         |
| 2            | Claire Collins    | West Waterford | JW              | 1.67m         |
| 3            | Sorcha Murphy     | Ferrybank      | JW              | 1.50m         |
| 1            | Amy Phelan        | St Brendans    | SW              | 1.45m         |
| 2            | Siobhan Heffernan | Liscarroll     | SW              | 1.30m         |

**Womens Pole Vault**

| <i>place</i> | <i>name</i>     | <i>club</i>    | <i>category</i> | <i>Height</i> |      |
|--------------|-----------------|----------------|-----------------|---------------|------|
| 1            | Nikita Savage   | Youghal        | JW              | 3.20m         | =CBP |
| 2            | Lisa Houlihan   | West Waterford | JW              | 2.60m         |      |
| 3            | Una Marley      | St Brendans    | JW              | 2.40m         |      |
| 4            | Leanne Herlihy  | West Waterford | JW              | 2.40m         |      |
| 5            | Katie O Riordan | St Brendans    | JW              | 2.20m         |      |
| 6            | Helena Murphy   | Bandon         | JW              | 2.00m         |      |
| 1            | Amy Phelan      | St Brendans    | SW              | 2.40m         |      |

# Munster Jnr & Snr Indoors 2011

## Nenagh Indoor Arena, Jan 9th 2011

JM - Junior Men, SM - Senior Men



### Mens 60m Hurdles

| <i>place</i> | <i>name</i>       | <i>club</i> | <i>category</i> | <i>time</i> |
|--------------|-------------------|-------------|-----------------|-------------|
| 1            | Edmond O'Halloran | Leevale     | JM              | 8.73        |
| 2            | Ben Dennesen      | St Brendans | JM              | 9.92        |
| 1            | Emmanuel Sabayo   | Dooneen     | SM              | 9.24        |
| 2            | Ger Cremin        | Riocht      | SM              | 9.26        |

### Mens 60m

| <i>place</i> | <i>name</i>       | <i>club</i>     | <i>category</i> | <i>time</i> |             |
|--------------|-------------------|-----------------|-----------------|-------------|-------------|
| 60m          |                   |                 |                 |             |             |
| 1            | Dylan Roche       | St Brendans     | JM              | 7.42        | <i>Heat</i> |
| 2            | John Halley       | Ferrybank       | JM              | 7.40        | <i>Heat</i> |
| 3            | Jaco Oosthuyzen   | Clonmel         | JM              | 7.59        | <i>Heat</i> |
| 4            | Kieran Downes     | Limerick        | JM              | 7.99        | <i>Heat</i> |
| 5            | John O'Brien      | Leevale         | JM              | 8.04        | <i>Heat</i> |
| 6            | Ryan Casey        | Leevale         | JM              | 8.08        | <i>Heat</i> |
| 1            | David Killeen     | Leevale         | JM              | 7.47        | <i>Heat</i> |
| 2            | Eoghan Courtney   | St Brendans     | JM              | 7.68        | <i>Heat</i> |
| 3            | Patrick Lynch     | Newport         | JM              | 7.70        | <i>Heat</i> |
| 4            | Rafa Zipagan      | Limerick        | JM              | 7.80        | <i>Heat</i> |
| 5            | Michael Deady     | Ferrybank       | JM              | 7.84        | <i>Heat</i> |
| 6            | Robert Nagle      | Leevale         | JM              | 8.10        | <i>Heat</i> |
| 7            | James Kelly       | Liscarroll      | JM              | 8.53        | <i>Heat</i> |
| 1            | Eoin O'Carroll    | Tralee Harriers | JM              | 7.36        | <i>Heat</i> |
| 2            | Greg O Shea       | Dooneen         | JM              | 7.37        | <i>Heat</i> |
| 3            | Edmond O'Halloran | Leevale         | JM              | 7.54        | <i>Heat</i> |
| 4            | Dennis O'Sullivan | Leevale         | JM              | 7.58        | <i>Heat</i> |
| 5            | Mark Boland       | Marian          | JM              | 7.69        | <i>Heat</i> |
| 6            | Stephen Power     | Limerick        | JM              | 7.79        | <i>Heat</i> |
| 1            | Patrick Maher     | Leevale         | JM              | 7.35        | <i>Heat</i> |
| 2            | Edward O Carroll  | St Brendans     | JM              | 7.67        | <i>Heat</i> |
| 3            | Roland Pika       | Limerick        | JM              | 7.69        | <i>Heat</i> |
| 4            | Michael Godley    | Tralee Harriers | JM              | 7.79        | <i>Heat</i> |
| 5            | Daniel Ahern      | Leevale         | JM              | 7.91        | <i>Heat</i> |
| 6            | Ludaigh O'Mahony  | West Waterford  | JM              | 8.02        | <i>Heat</i> |

|   |                   |                  |    |      |                |
|---|-------------------|------------------|----|------|----------------|
| 1 | Patrick Maher     | Leevale          | JM | 7.21 | <b>Final</b>   |
| 2 | Eoin O'Carroll    | Tralee Harriers  | JM | 7.32 | <b>Final</b>   |
| 3 | Dylan Roche       | St Brendans      | JM | 7.35 | <b>Final</b>   |
| 4 | Greg O Shea       | Dooneen          | JM | 7.38 | <b>Final</b>   |
| 5 | John Halley       | Ferrybank        | JM | 7.41 | <b>Final</b>   |
| 6 | David Killeen     | Leevale          | JM | 7.49 | <b>Final</b>   |
|   |                   |                  |    |      |                |
| 1 | Edmond O'Halloran | Leevale          | JM | 7.49 | <b>B Final</b> |
| 2 | Jaco Oosthyusen   | Clonmel          | JM | 7.63 | <b>B Final</b> |
| 3 | Edward O Carroll  | St Brendans      | JM | 7.64 | <b>B Final</b> |
| 4 | Mark Boland       | Marian           | JM | 7.64 | <b>B Final</b> |
| 5 | Eoghan Courtney   | St Brendans      | JM | 7.66 | <b>B Final</b> |
| 6 | Dennis O'Sullivan | Leevale          | JM | 7.73 | <b>B Final</b> |
| 7 | Roland Pika       | Limerick         | JM | 7.87 | <b>B Final</b> |
|   |                   |                  |    |      |                |
| 1 | Darren O'Donovan  | Leevale          | SM | 7.39 | <b>Heat</b>    |
| 2 | Zoltan Gyomber    | Dooneen          | SM | 7.48 | <b>Heat</b>    |
| 3 | Colm Lynch        | Iveragh          | SM | 7.54 | <b>Heat</b>    |
| 4 | Ger Cremin        | Riocht           | SM | 7.60 | <b>Heat</b>    |
|   |                   |                  |    |      |                |
| 1 | David Quilligan   | Leevale          | SM | 7.34 | <b>Heat</b>    |
| 2 | Timmy Harrington  | Bandon           | SM | 7.45 | <b>Heat</b>    |
| 3 | Emmanuel Sabayo   | Dooneen          | SM | 7.55 | <b>Heat</b>    |
| 4 | Michael Hynes     | Raheny Shamrocks | SM | 7.63 | <b>Heat</b>    |
| 5 | Derek Zulu        | Fethard          | SM | 7.90 | <b>Heat</b>    |
| 6 | Robert Cunningham | Limerick         | SM | 8.24 | <b>Heat</b>    |
|   |                   |                  |    |      |                |
| 1 | Breadan Leahy     | Waterford        | SM | 7.53 | <b>Heat</b>    |
| 2 | Keith Smith       | Carrick On Suir  | SM | 7.57 | <b>Heat</b>    |
| 3 | Ciaran McCabe     | Riocht           | SM | 7.64 | <b>Heat</b>    |
| 4 | Jason Lynch       | Riocht           | SM | 7.81 | <b>Heat</b>    |
| 5 | Mike O'Brien      | Limerick         | SM | 8.06 | <b>Heat</b>    |
| 6 | Brendan Dennehy   | Rising Sun       | SM | 8.71 | <b>Heat</b>    |
|   |                   |                  |    |      |                |
| 1 | David Quilligan   | Leevale          | SM | 7.20 | <b>Final</b>   |
| 2 | Darren O'Donovan  | Leevale          | SM | 7.33 | <b>Final</b>   |
| 3 | Breadan Leahy     | Waterford        | SM | 7.44 | <b>Final</b>   |
| 4 | Timmy Harrington  | Bandon           | SM | 7.48 | <b>Final</b>   |
| 5 | Zoltan Gyomber    | Dooneen          | SM | 7.52 | <b>Final</b>   |
| 6 | Colm Lynch        | Iveragh          | SM | 7.53 | <b>Final</b>   |

#### **Mens 400m**

| <b>place</b> | <b>name</b>      | <b>club</b>    | <b>category</b> | <b>time</b> | <b>race</b> |
|--------------|------------------|----------------|-----------------|-------------|-------------|
| 1            | James Greene     | Ferrybank      | JM              | 52.56       | 2           |
| 2            | Ben Kiely        | Ferrybank      | JM              | 52.76       | 1           |
| 3            | Luke O Keeffe    | St Brendans    | JM              | 52.88       | 1           |
| 4            | Shane Fitzgerald | Emerald        | JM              | 54.70       | 2           |
| 5            | John Power       | Ferrybank      | JM              | 56.26       | 1           |
| 6            | Daire Walsh      | Bandon         | JM              | 56.69       | 3           |
| 7            | Isaac Lineen     | Ferrybank      | JM              | 57.26       | 2           |
| 8            | Roland Pika      | Limerick       | JM              | 60.84       | 1           |
| 9            | Damien Murphy    | West Waterford | JM              | 62.86       | 2           |
|              |                  |                |                 |             |             |
| 1            | Ciaran Collins   | UCC            | SM              | 51.39       |             |
| 2            | Kevin Finn       | Nenagh Olympic | SM              | 60.21       |             |

**Mens 800m**

| <i>place</i> | <i>name</i>       | <i>club</i>     | <i>category</i> | <i>time</i> |
|--------------|-------------------|-----------------|-----------------|-------------|
| 1            | Dean Cronin       | BIAC            | JM              | 2.00.99     |
| 2            | Darragh Lynch     | Ennis Track     | JM              | 2.04.59     |
| 3            | David Hogan       | St Brendans     | JM              | 2.11.99     |
| 4            | David Kavangh     | Tralee Harriers | JM              | 2.14.21     |
| 5            | Cian O'Brien      | Marian          | JM              | 2.15.25     |
| 6            | Diarmuid Brennan  | Ferrybank       | JM              | 2.17.45     |
| 7            | James Kelly       | Liscarroll      | JM              | 2.25.27     |
| 8            | Tola Alade Adare  | Limerick        | JM              | 2.26.01     |
|              |                   |                 |                 |             |
| 1            | Aiden Mullins     | Bantry          | SM              | 2.04.65     |
| 2            | Tim O Connor      | Riocht          | SM              | 2.12.63     |
| 3            | Arthur Fitzgerald | FMV             | SM              | 2.16.10     |

**Mens 200m**

| <i>place</i> | <i>name</i>       | <i>club</i>    | <i>category</i> | <i>time</i> | <i>race</i> |
|--------------|-------------------|----------------|-----------------|-------------|-------------|
| 1            | John Halley       | Ferrybank      | JM              | 23.72       | 2           |
| 2            | Dylan Roche       | St Brendans    | JM              | 24.01       | 1           |
| 3            | Eoghan Courtney   | St Brendans    | JM              | 24.34       | 3           |
| 4            | Mark Boland       | Marian         | JM              | 24.39       | 3           |
| 5            | Patrick Lynch     | Newport        | JM              | 24.48       | 4           |
| 6            | Dennis O'Sullivan | Leevale        | JM              | 25.09       | 3           |
| 7            | Isaac Lineen      | Ferrybank      | JM              | 25.11       | 4           |
| 8            | Jaco Oosthyusen   | Clonmel        | JM              | 25.15       | 1           |
| 9            | John Power        | Ferrybank      | JM              | 25.21       | 1           |
| 10           | Daniel Ahern      | Leevale        | JM              | 25.35       | 1           |
| 11           | Michael Deady     | Ferrybank      | JM              | 25.98       | 3           |
| 12           | Ludaigh O'Mahoney | West Waterford | JM              | 26.09       | 4           |
| 13           | Mark O Connell    | Bandon         | JM              | 26.48       | 2           |
| 14           | James Kelly       | Liscarroll     | JM              | 27.40       | 2           |
| 15           | Joseph Wainaina   | Ferrybank      | JM              | 29.35       | 4           |
|              |                   |                |                 |             |             |
| 1            | Zoltan Gyomber    | Dooneen        | SM              | 23.61       | 1           |
| 2            | Breadan Leahy     | Waterford      | SM              | 24.64       | 2           |
| 3            | Jason Lynch       | Riocht         | SM              | 26.28       | 2           |
| 4            | Ronan Foley       | Togher         | SM              | 26.96       | 2           |
| 5            | Jonathan Goggin   | Liscarroll     | SM              | 27.07       | 1           |
| 6            | Robert Cunningham | Limerick       | SM              | 27.38       | 1           |

**Mens 1500m**

| <i>place</i> | <i>name</i>        | <i>club</i>     | <i>category</i> | <i>time</i> |
|--------------|--------------------|-----------------|-----------------|-------------|
| 1            | Michael O`Sullivan | West Muskerry   | JM              | 4.21.64     |
| 2            | Jack O'Sullivan    | FMV             | JM              | 4.30.11     |
| 3            | Conor McCarthy     | Ferrybank       | JM              | 4.40.82     |
| 4            | Damien Murphy      | West Waterford  | JM              | 4.46.99     |
| 5            | Stephen Walsh      | St Brendans     | JM              | 4.48.09     |
| 6            | Solomon Adabesi    | BIAC            | JM              | 4.50.62     |
| 7            | David Kavangh      | Tralee Harriers | JM              | 4.50.90     |
| 8            | Dylan Carey        | St Brendans     | JM              | 5.28.00     |
|              |                    |                 |                 |             |
| 1            | Mark Hanrahan      | Leevale         | SM              | 3.58.90     |
| 2            | Ronan Duggan       | Bandon          | SM              | 4.08.83     |
| 3            | Keith Maher        | Templemore      | SM              | 4.45.01     |

**Mens 3000m**

| <i>place</i> | <i>name</i>         | <i>club</i>      | <i>category</i> | <i>time</i> |     |
|--------------|---------------------|------------------|-----------------|-------------|-----|
| 1            | Patrick McCartan    | West Limerick    | SM              | 8.23.46     | CBP |
| 2            | Mareks Floroseks    | Guest            | SM              | 8.23.63     |     |
| 3            | Jason Fahy          | Olympic Harriers | SM              | 8.34.74     |     |
| 4            | Liam Markham        | Ennis Track      | SM              | 8.35.33     |     |
| 5            | James McCarthy      | East Cork        | SM              | 8.38.90     |     |
| 6            | Sean McGrath        | East Cork        | SM              | 8.38.77     |     |
| 7            | Brian McGinley      | Ennis Track      | SM              | 8.51.72     |     |
| 8            | Michael Herlihy     | North Cork       | SM              | 9.03.4      | H   |
| 9            | Brian Murphy        | Ennis Track      | SM              | 9.16.9      | H   |
| 10           | James Grufferty     | Leevale          | SM              | 9.21.2      | H   |
| 11           | Brian Swaby         | Waterford        | SM              | 9.28.6      | H   |
| 12           | Arthur Fitzgerald   | FMV              | SM              | 9.47.8      | H   |
| 13           | William Hughes      | CIT              | SM              | 9.51.4      | H   |
| 14           | Tony Fogarty        | Thurles Crokes   | SM              | 9.57.4      | H   |
| 15           | Shane Mullaney      | Thurles Crokes   | SM              | 10.06.8     | H   |
| 16           | Diarmuid O Sullivan | North Cork       | SM              | 10.53.3     | H   |
| 17           | Declan Doherty      | Thurles Crokes   | SM              | 10.53.8     | H   |

**Mens 5K Walk**

| <i>place</i> | <i>name</i>    | <i>club</i>        | <i>category</i> | <i>time</i> |  |
|--------------|----------------|--------------------|-----------------|-------------|--|
| 1            | P Murphy       | Castleisland       | SM              | 24.29       |  |
| 2            | Bobby King     | St Cocas           | SM              | 25.43       |  |
| 3            | Sean McMullins | Mullingar Harriers | SM              | 28.17       |  |
| 1            | Evan Lynch     | Clonmel            | JM              | 24.37.48    |  |

**Mens 4 x 200m Relay****Junior**

|   |             |        |     |
|---|-------------|--------|-----|
| 1 | St Brendans | 1.37.2 | CBP |
| 2 | Ferrybank   | 1.37.4 |     |
| 3 | Dooneen     | 1.43.2 |     |
| 4 | Limerick    | 1.43.4 |     |
| 5 | Ferrybank   | 1.46.4 |     |

**Senior**

|   |             |        |
|---|-------------|--------|
| 1 | St Brendans | 1.46.4 |
| 2 | St Brendans | 1.59.5 |

**Mens Shot**

| <i>place</i> | <i>name</i>       | <i>club</i>        | <i>category</i> | <i>distance</i> |
|--------------|-------------------|--------------------|-----------------|-----------------|
| 1            | Diarmuid Hickey   | Riverstick Kinsale | JM              | 13.71m          |
| 2            | Patrick McSweeney | Bandon             | JM              | 12.60m          |
| 3            | Peter O Brien     | St Brendans        | JM              | 10.52m          |
| 4            | Jaco Oosthyusen   | Clonmel            | JM              | 10.50m          |
| 5            | Erik Feitshans    | St Brendans        | JM              | 8.54m           |
| 6            | Stephen Power     | Limerick           | JM              | 8.31m           |
| 7            | Gussi Mangidi     | Limerick           | JM              | 7.15m           |
| 1            | Kieron Stout      | Celbridge          | SM              | 13.38m          |
| 2            | Daniel Clifford   | FMV                | SM              | 13.04m          |
| 3            | Patsy O'Connor    | Tralee Harriers    | SM              | 12.78m          |
| 4            | James Nagle       | FMV                | SM              | 11.98m          |
| 5            | Tom Boucher       | Ferrybank          | SM              | 10.67m          |
| 6            | Dave Fratorolli   | Limerick           | SM              | 10.06m          |



### Mens Weight for Distance

| <i>place</i> | <i>name</i>       | <i>club</i>     | <i>category</i> | <i>distance</i> |
|--------------|-------------------|-----------------|-----------------|-----------------|
| 1            | Peter O'Brien     | St Brendans     | JM              | 7.59m           |
| 2            | Patrick McSweeney | Bandon          | JM              | 7.35m           |
| 3            | Erik Feitshans    | St Brendans     | JM              | 5.61m           |
| 1            | James Nagle       | FMV             | SM              | 7.02m           |
| 2            | Patsy O'Connor    | Tralee Harriers | SM              | 6.75m           |
| 3            | Tom Boucher       | Ferrybank       | SM              | 6.18m           |
| 4            | Micheál Dennehy   | Rising Sun      | SM              | 5.32m           |

### Mens Long Jump

| <i>place</i> | <i>name</i>      | <i>club</i>     | <i>category</i> | <i>distance</i> |
|--------------|------------------|-----------------|-----------------|-----------------|
| 1            | Eoin O'Carroll   | Tralee Harriers | JM              | 6.67m           |
| 2            | SHANE ODWYER     | Carrick on Suir | JM              | 6.66m           |
| 3            | Stephen Murphy   | Ferrybank       | JM              | 6.02m           |
| 4            | Michael Godley   | Tralee Harriers | JM              | 5.93m           |
| 5            | Roland Pika      | Limerick        | JM              | 5.90m           |
| 6            | SHANE PROUT      | Carrick on Suir | JM              | 5.87m           |
| 7            | Robert Nagle     | Leevale         | JM              | 5.56m           |
| 8            | James Kelly      | Liscarroll      | JM              | 4.36m           |
| 1            | David Quilligan  | Leevale         | SM              | 7.18m           |
| 2            | Timmy Harrington | Bandon          | SM              | 6.82m           |
| 3            | Keith Smith      | Carrick on Suir | SM              | 6.35m           |
| 4            | Breandán Dennehy | Rising Sun      | SM              | 5.91m           |
| 5            | Keith King       | KIBK N.CI.      | SM              | 5.65m           |
| 6            | Brendan Dennehy  | Rising Sun      | SM              | 4.69m           |

### Mens Triple Jump

| <i>place</i> | <i>name</i>      | <i>club</i>        | <i>category</i> | <i>distance</i> |
|--------------|------------------|--------------------|-----------------|-----------------|
| 1            | Shane Prout      | Carrick on Suir    | JM              | 12.86m          |
| 2            | Sean Archer      | Ferrybank          | JM              | 12.67m          |
| 3            | Michael Godley   | Tralee Harriers    | JM              | 12.56m          |
| 4            | Ryan Casey       | Leevale            | JM              | 12.29m          |
| 5            | Diarmuid Hickey  | Riverstick Kinsale | JM              | 12.03m          |
| 1            | Denis Finnegan   | Leevale            | SM              | 14.40m          |
| 2            | Keith King       | KIBK N.CI.         | SM              | 11.17m          |
| 3            | Michael Grimes   | St Brendans        | SM              | 10.80m          |
| 4            | Steven O'Riordan | Templemore         | SM              | 9.74m           |

### Mens High Jump

| <i>place</i> | <i>name</i>     | <i>club</i>     | <i>category</i> | <i>height</i> |
|--------------|-----------------|-----------------|-----------------|---------------|
| 1            | PJ Galvin       | St Brendans     | JM              | 1.85m         |
| 2            | Shane O'Dwyer   | Carrick on Suir | JM              | 1.75m         |
| 3            | James Kelly     | Liscarroll      | JM              | 1.40m         |
| 1            | Keith King      | KIBK N.CI.      | SM              | 1.75m         |
| 2            | Emmanuel Sabayo | Dooneen         | SM              | 1.70m         |
| 3            | Brendan Dennehy | Rising Sun      | SM              | 1.45m         |

**Mens Pole Vault**

| <i>place</i> | <i>name</i>      | <i>club</i>        | <i>category</i> | <i>height</i> |
|--------------|------------------|--------------------|-----------------|---------------|
| 1            | Thomas Houlihan  | West Waterford     | JM              | 4.40m         |
| 2            | Jonathon Foley   | FMV                | JM              | 3.80m         |
| 3            | Lee Curley       | Youghal            | JM              | 2.80m         |
| 4            | David Hogan      | St Brendans        | JM              | 2.60m         |
|              |                  |                    |                 |               |
| 1            | Ian Rogers       | Clonliffe Harriers | SM              | 4.40m         |
| 2            | David Courtney   | Ennis Track        | SM              | 2.40m         |
| 3            | Michael Grimes   | St Brendans        | SM              | 2.20m         |
| 4            | Eogan O'Sullivan | St Brendans        | SM              | 2.20m         |