

European Youth Olympic Festival

The European Youth Olympic Festival took place in Utrecht, Netherlands from Sunday 14th to Friday 19th July. **Louise Shanahan, Leevale A.C.** put in a brilliant performance to win gold in the Girls 800m. She qualified automatically for her final when she finished 3rd in her heat in a time of 2.10.88 & lined up for the final as the 5th fastest in the field. She won the title in a time of 2.08.75 ahead of Lotte Scheldeman from Belgium who was 2nd in 2.09.15.

The Irish Girls 4 x 100m Relay team which included Munster athletes **Phoebe Murphy, Clonmel A.C. & Niamh McNicol, Ferrybank A.C.** also won European gold in 46.55 ahead of Ukraine & Belgium. Both Phoebe & Niamh made history at the EYOF with team-mates Laura Ann Costello & Roseanna McGuckian by breaking the Irish Youth record in the Semi-Final. The Irish girls tore around the track in their semi-final, winning their race and qualifying automatically for the final. Not only were they the fastest team to progress by almost half a second, but, their 46.22 seconds recording was a new Irish Youth Record breaking the old mark of 46.36 seconds set in 2009.

Adam King, Iveragh A.C. finished an impressive 6th place in the Boys Hammer Final when he threw 66.23m in the 3rd round of competition & **Jenna Bromell (Emerald A.C.)** finished a very respectable 8th place in a highly competitive field in the Girls 400m. Jenna finished 3rd in her heat to book herself a fastest loser spot in the final with her time of 57.13. **Phoebe Murphy (Clonmel A.C.)** finished an admirable 8th place in the Girls 100m Final having made it through the semi-finals as a fastest loser. Previously, she had finished 2nd in her heat in 12.24 seconds going into the semi-final as the third fastest in her race. **Kevin Mulcaire (Ennis Track Club A.C.)** finished 12th in his 3000m Final in a time of 8.58.00 lying 7th in the field prior to the final. Well done to all athletes on their wonderful achievements at International level.



The Irish EYOF Team 2013





World Youth Championships 2013

The World Youth Championships were held in Donetsk, Ukraine from 10th to 14th July 2013. **David Cussen, Old Abbey A.C.** jumped 2.09m in the High Jump to qualify for the final where he finished 9th overall. He was the only Irish athlete to make an event final & it was an outstanding performance by the young athlete in his first major international competition.

Alice Akers, Marian A.C. took part in the Girls Hammer finishing 39th in the qualification round with a throw of 53.43m with **Kaleigh Cronin, Spa Muckross A.C.** throwing 37.86m in the qualification round of the Girls Discus to finish 26th overall. Although neither athlete progressed to the final, the experience of competing at their first major international competition will no doubt, stand to them in their future careers.



Irish Team who competed at the World Youth Championships 2013



European Athletics Federation Mountain Running Championships

Kyle Larkin, Emerald A.C. & Claire McCarthy, Leevale A.C. both competed for Ireland at the European Athletics Federation Mountain Running Championships in Bulgaria on 6th July, finishing 39th & 35th respectively.

Junior men (8.6 km with 1027m climb, 41 finishers):

1. Ramazan Karagoz (TUR) 48:51; 2. Sehmus Sarihan (TUR) 49:54; 3. Michele Vaia (ITA) 50:29; 25. Killian Mooney (DSD) 55:20; 37. Mitchell Byrne (Templeogue) 59:16; **39. Kyle Larkin (Emerald) 61:25; 40. Shane Maguire (Monaghan Town Runners) 62:47**

Junior men team (9 teams):

1. Turkey (1,2,18) 21; 2. Italy (3,8,11) 22; 3. Romania (4,15,17) 36; **9. Ireland (25,37,39) 101**



International Youth Cup

Orlaith Moynihan, Clonmel A.C. & Cillian O'Donovan, Iveragh A.C. were both selected for the Irish team to compete at the International Youth Cup in France on 7th July.

The girl's team comprises two Swinford AC athletes – Aoife Mulroy and Rosie Hynes – and Clonmel AC athlete Orlaith Moynihan. Hynes and Moynihan competed for Ireland in the 2012 event and all three represented Ireland in the 2012 British and Irish under 16 championship. Cillian O'Donovan (Iveragh) also competed in those 2012 events and he is joined by newcomers Chinnie Izuchukwu (Tullamore Harriers) and Joseph Lyons (Tallaght AC).

Girls: Rosie Hynes (Swinford); **Orlaith Moynihan (Clonmel)**; Aoife Mulroy (Swinford).

Boys: Chinnie Izuchukwu (Tullamore); Joseph Lyons (Tallaght); **Cillian O'Donovan (Iveragh)**.

International Race Walks

At the International Race Walks in St. Anne's Park, Raheny on Saturday 29th June, Gearoid McMahon, Shannon A.C. finished 3rd in Boys U/14 Walk & Chloe Lynch, Clonmel A.C. was 4th in Girls U/16 Walk.