

Strong Showing at Combined Events & Relay Championships

The Munster Juvenile Combined Events Championships & Juvenile Indoor Relays were held in Nenagh Indoor Stadium on Saturday 9th March. There was strong support for both competitions from all 6 Munster counties with entries up 50% on last year. It was great to see a big turnout for the Combined Events from a variety of clubs & counties, testament to the super Munster Multi- Events Squad sessions which have been running in Nenagh Indoor Stadium since last year.

2 new Championship Best Performances were set on the day, both in the Boys High Jumps. **Conor Blake, St. John's A.C.** set a new CBP of 1.33m in the Boys U/12 High Jump to better Midleton A.C. athlete, John Forde's record of 1.31 set in 2012 which he held jointly with Sam Healy, Belgooly A.C. (2007). **Joseph McEvoy, Nenagh Olympic A.C.** jumped 1.47m in the Boys U/13 High Jump to better the previous record of 1.45m which he held jointly with Sam Healy, Belgooly A.C. (2008) & Tommy Downes, Abbey Striders A.C. (2012).

There was a 1, 2 & 3 for St. Mary's A.C. & Limerick when **Holly Meredith, Niamh Foley & Allanah Keays** won gold, silver & bronze in the Girls U/12 competition with Tipperary recording a 1,2 & 3 in the Boys U/14 competition which saw **David Ryan, Moycarkey Coolcree A.C.** win gold, his team-mate **Jack Fallon** win silver & **Martin Kehoe, Carrick-On-Suir A.C.** bronze.

Victory on the day was very much a family affair in some cases with the **Meredith sisters, Holly & Sophie** from St. Mary's A.C. winning gold in the Girls U/12 & U/13 competitions, **the Cusack sisters, Vickie & Jodie** from Liscarroll A.C. both winning gold in the Girls U/14 & U/17 competitions, the **Ryan brothers, David & Daniel** from Moycarkey Coolcree A.C. who both won gold in the Boys U/14 & U/15 competitions with their sister, Anna placing 7th in the Girls U/12 competition & brother & sister duo **Conor & Clodhna Blake, St. John's A.C.** who were 3rd in the Boys U/12 & 2nd in the Girls U/16 competitions. Other families who competed were **Kevwe & Ejiro Ojoh, Ferrybank A.C., Erica, Leah & Tom Deasy, Belgooly A.C.** who finished 7th in Girls U/13, 8th in Girls U/15 & 1st in the Boys U/16, **Aisling & Aoibh Cassidy, Bandon A.C.** who were 3rd in Girls U/13 & 8th in Girls U/15, **Grace & Lauren Kervick, Ferrybank A.C.** who were both 9th in the Girls U/12 & U/14 competitions & **Ella & Eva Stack, Bandon A.C.**

National Combined Events gold medal winners in the AIT Arena, Athlone in January were **Vickie Cusack, Liscarroll A.C., Daniel Ryan, Moycarkey Coolcree A.C. & David Ryan** & they added a Munster title to their repertoire on the day. **Sam Healy, Belgooly A.C.** won National Silver & he also added a Munster title to his name with **Jack Fallon, Moycarkey Coolcree A.C.** winning a Munster silver medal to add to his bronze National medal. **Jayne Pennefather, Belgooly A.C.** who finished 4th in the Youth Girls National competition won her Munster title in the Girls U/18 competition with **Laura Cussen, Old Abbey A.C.** back in form again (having to retire early from the National competition earlier this year) winning her Munster gold in the Girls U/16 competition & newcomer, **Kelly Devine, St. Mary's A.C.** making a terrific recovery having suffered a heavy fall in the Hurdles to take Munster bronze.

At the Munster Juvenile Indoor Relays on the same day, 7 Championship Best Performances were recorded, 4 for the girls & 3 for the boys. Super fast times were posted by the following Clubs:-

- Girls U/9 - Templemore A.C. 1.10.67
- Girls U/10 – Leevale A.C. 1.03.27
- Girls U/12 – St. Mary’s A.C. 57.95
- Girls U/13 – Leevale A.C. 55.59
- Boys U/10 – Nenagh Olympic A.C. 1.02.13
- Boys U/11 – Waterford A.C. 59.90
- Boys U/13 – Leevale A.C. 54.46

Out of the 11 titles up for grabs in the Girls competitions, **Leevale A.C.** came out on top with 4 Munster titles, followed by **Dooneen A.C. & St. Mary’s A.C.** with 2 titles each. Tipperary Clubs, **Nenagh Olympic A.C., Carrick-On-Suir A.C. & Templemore A.C.** won 1 title each. Top Club in the Boys competition was **Nenagh Olympic A.C.** with 5 titles followed by **Leevale A.C.** with 3 & **Waterford A.C., Ennis Track A.C. & Limerick A.C.** with 1 title each.

Congratulations & well done to them all. Full results can be found at www.munsterathletics.com.