

Records Tumble Amid High Performances

The Munster U/14 to U/19 Indoor Championships took place on Saturday 23rd & Sunday 24th February in Nenagh Indoor Stadium. An excellent sign of the talent amongst Munster athletes manifested itself in the amount of new Championship Best Performances that were set - 11 records tumbled & 2 were equalled in a showcase of exciting finishes & tremendous performances. The oldest record of the Championships to fall was M. O' Connor, Leevale A.C. record of 4.98m set in 1988 in the Girls U/14 Long Jump which was broken by **Orla O'Reilly, Tralee Harriers A.C.** when she jumped 5.00m. The next oldest was Jamie Costin's (Ring Old Parish) 1995 record of 6.06.00 in the Boys U/19 1500m Walk which was broken by just over 7 seconds by **Evan Lynch, Clonmel A.C.** when he clocked 5.58.98. Next oldest record to fall was Kevin Burke's (Dooneen A.C) 1999 record of 6.87m in the Boys U/19 Long Jump which was broken by **Eoin O'Carroll, Tralee Harriers A.C.** with his jump of 6.92m & the 2000 record of 9.8secs in the Girls U/14 60m Hurdles which was held by Suzanne O'Donovan, Belgooly A.C. & which was broken by **Vickie Cusack, Liscarroll A.C.** with her time of 9.69secs (Vickie also equalled the High Jump record of 1.52m). Other impressive records were set by **Daniel Ryan, Moycarkey Coolcree A.C.** who smashed the existing record of 5.64m in the Boys U/15 Long Jump when he jumped 6.35m. Daniel also set 2 new records in the 60m (7.49) & the 60m Hurdles (8.85); **Robert Cregan, Leevale A.C.** in the Boys U/14 60m with his time of 7.88sec to break Daniel Ryan's (Moycarkey Coolcree A.C.) record of 7.99sec; **David Cussen, Old Abbey A.C.** who broke the existing record of 1.96m set by Christopher Crowley, Belgooly A.C. in 2004 with his jump of 2.00m; **Louise Shanahan, Leevale A.C.** in the Girls U/17 800m in a time of 2.18.20 to break the existing record of 2.18.98 set by Amy O'Donoghue, Emerald A.C. in 2010. She also won the Munster title in the 1500m; **Gearoid McMahon, Shannon A.C.** who broke the existing record of 5.22.82sec by Anthony Tobin, Clonmel A.C. in the Boys U/14 1000m Walk with his time of 5.17.00 & **Aisling Croke, Dooneen A.C.** who equalled the existing record of 1.65m currently held by Sorcha Murphy, Ferrybank A.C. in the Girls U/19 High Jump.

Some of Munster's finest athletes who shone over the weekend were **Daniel Ryan, Moycarkey Coolcree A.C.** who won 5 Munster titles in the Boys U/15 60m, 60m Hurdles, Long Jump, High Jump & Shot Putt & set 3 new records; **Vickie Cusack, Liscarroll A.C.** who won 4 Munster titles in the Girls U/14 60m, 60m Hurdles, High Jump & Shot Putt & silver in the Long Jump setting 1 new record in the Shot Putt & equalling the High Jump record; **Darren Prout, Carrick-On-Suir A.C.** who won 4 gold in the Boys U/17 60m, 60m Hurdles, 200m & Long Jump; **Eoin O'Carroll, Tralee Harriers A.C.** who won 3 gold in the Boys U/19 60m, 200m & Long Jump & silver in the Triple Jump & set a new record in the Long Jump; **David Cussen, Old Abbey A.C.** who won Munster titles in the Boys U/18 60m Hurdles, Long Jump & High Jump & set a new record in the High Jump; **Jack Murphy, Leevale A.C.** who won 3 Munster titles in the Boys U/16 60m Hurdles, Long Jump & High Jump; **Phoebe Murphy, Clonmel A.C.** who took the Munster double in the Girls U/16 60m & 200m; **Laura Cussen, Old Abbey A.C.** who won double Munster titles in the Girls U/16 60m Hurdles & Long Jump; **Deirbhile Ryan, Nenagh Olympic A.C.** double Munster titles in the Girls U/16 Shot Putt & High Jump & bronze in the Long Jump; **Niamh Markham, Ennis Track A.C.** who won double Munster titles in the Girls U/19 400m & 800m & silver in the 1500m & **Tony Odubote, Ennis Track A.C.** who won silver in the Boys U/14 60m, 60m Hurdles & Long Jump.

Congratulations & well done to them all. Full results can be found at www.munsterathletics.com.