

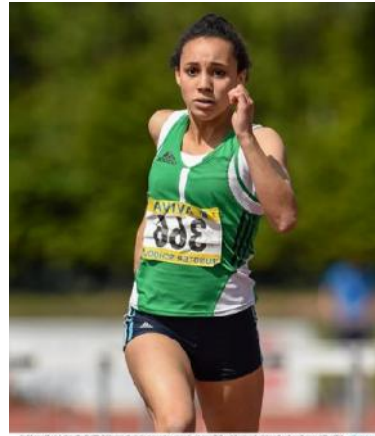
## Record Performances from Munster Athletes at Schools T & F

The AVIVA Irish Schools Track & Field Championships took place in Tullamore Stadium on Saturday 31<sup>st</sup> May 2014 in brilliant sunshine. Munster athletes took home 76 medals (29 gold, 25 silver & 22 bronze) in total, 29 National titles & 4 new Championship Best Performances. There were also gold medal wins in the Relays for **Castletroy College** (Junior Girls), **Bandon Grammer School** (Inter Boys) & **Davis College, Mallow** (Senior Boys). In the School Rankings, **Castletroy College** finished 3<sup>rd</sup> overall in the Junior Girls, **St. Mary's Newport** were 2<sup>nd</sup> in the Inter Girls, **Stella Maris, Tramore** were 2<sup>nd</sup> in the Senior Girls, **St. Flannan's Ennis** were 2<sup>nd</sup> in the Inter Boys & **Davis College, Mallow** finished 2<sup>nd</sup> in the Senior Boys. Among the Munster athletes who impressed on the day were **Sam Healy, Carrigaline CS & Daniel Ryan, CBS Thurles** who both won Long Jump & Hurdles titles in the Senior & Inter Boys competitions & **Kevin Mulcaire, St. Flannan's College, Ennis** who won double gold in the Inter Boys 1500m & 3000m. Record breaking Munster athletes over the weekend were:-

- **Maria Carey, St. Mary's Newport** set a record in the Inter Girls Triple Jump with her leap of 11.93m to better the existing Meet Record of 11.73m set in 2008 by Caoimhe King, Bower Athlone.
- **Kevin Mulcaire, St. Flannan's College, Ennis** ran 8.33.92 in the Inter Boys 3000m to better the Meet Record of 8.36.3h set in 1978 by Brian O'Keeffe, Clogher Rd V.S.
- **Aaron Egan, High School, Clonmel** set a new record of 7.54.60 in the Inter Boys 2000 Meter Race Walk to beat the Meet Record of 8:00.5h set in 1990 by David Cullinane, Ferbane VS.
- **Bandon Grammer School** ran 43.69 in the Inter Boys 4 x 100m to break the Meet Record of 44.13 set in 2006 by RBAI.

Multiple Medal winners – **Kevin Mulcaire, St. Flannan's Ennis** (1<sup>st</sup> in Inter Boys 1500m & 3000m); **Daniel Ryan, Thurles CBS** (1<sup>st</sup> Inter Boys 100mH & Long Jump); **Sam Healy, Carrigaline CS** (1<sup>st</sup> Senior Boys 110mH & Long Jump); **Lauren Ryan, Crescent College Comp, Limerick** (1<sup>st</sup> Junior Girls 200m & 2<sup>nd</sup> in 100m); **Eoin O'Carroll, Mercy Mount Hawk Tralee** (1<sup>st</sup> Senior Boys Triple Jump & 2<sup>nd</sup> in Long Jump); **Ciara Neville, Castletroy College** (1<sup>st</sup> Junior Girls 100m & 3<sup>rd</sup> in 75mH); **Aoife Doyle, Intermediate School, Killorglin** (2<sup>nd</sup> Inter Girls Discus & 3<sup>rd</sup> in Hammer); **Kaleigh Cronin, St. Brigid's Killarney** (1<sup>st</sup> in Senior Girls Discus & 2<sup>nd</sup> in Shot Putt) & **Tony Odubote, Rice College, Ennis** (2<sup>nd</sup> in Junior Boys 200m & 3<sup>rd</sup> in 100m).





Some Munster Schools Medal Winners

Munster medal winners are below:-

### **Gold medals**

1. Ciara Neville, Castletroy College – Junior Girls 100m (12.19)
2. Lauren Ryan, Crescent College Comp, Limerick – Junior Girls 200m (25.21)
3. Sophie Meredith, SMI, Newcastle West – Junior Girls Long Jump (5.48m)
4. Kate Taylor, Colaiste Mhuire, Ennis – Junior Girls Triple Jump (9.86m)
5. Kelly Ann Doyle, Scoil Mhuire Carrick-On-Suir – Inter Girls 300mH (43.27)
6. Megan Dunford, St. Augustine's College, Dungarvan – Inter Girls Pole Vault (2.75m)
7. Maria Carey, St. Mary's Newport – Inter Girls Triple Jump (11.93m) **CBP**
8. Orlaith O'Brien, Ursuline Waterford – Inter Girls Javelin (41.52m)
9. Jenna Bromell, Castletroy College – Senior Girls 400m (56.57)
10. Jessica Coyne (Crescent Comp College, Limerick) – Senior Girls 1500m S/C (5.02.62)
11. Neasa Murphy, Stella Maris, Tramore – Senior Girls High Jump (1.68m)
12. Megan O'Connor, St. Augustine's College, Dungarvan – Senior Girls Pole Vault (2.75m)
13. Kaleigh Cronin, St. Brigid's Killarney – Senior Girls Discus (42.60m)
14. Alice Akers, Scariff CC – Senior Girls Hammer (51.31m)
15. Jack Hallahan, St. Colman's CC, Midleton – Junior Boys Discus (44.77m)
16. Kevin Mulcaire, St Flannan's Ennis – Inter Boys 1500m (4:10.91)
17. Kevin Mulcaire St Flannan's Ennis – Inter Boys 3000m (8:33.92) **CBP**
18. Daniel Ryan, Thurles CBS – Inter Boys 100mH (13.55)
19. Daniel Ryan, Thurles CBS – Inter Boys Long Jump (6.58m)
20. Seán Collins, St Flannan's Ennis – Inter Boys 1500m S/C (4:29.40)
21. Yuri Kanash, St Augustine's College, Dungarvan Inter Boys Pole Vault (4.20m)
22. Tomas O'Neill, Scoil Mhuire Kanturk – Inter Boys Hammer (51.15m)
23. Aaron Egan, High School Clonmel – Inter Boys 2000m Walk (7:54.60) **CBP**
24. Sam Healy Carrigaline Community School - Senior Boys 110mH (14.26)
25. Brandon Arrey, Davis College Mallow – Senior Boys 400m (54.83)
26. Kyle Larkin, Ardscoil Rís Limerick – Senior Boys 2000m S/C (6:08.44)
27. Sam Healy, Carrigaline Community School – Senior Boys Long Jump (7.20m)
28. Eoin O'Carroll, Mercy Mount Hawk Tralee – Senior Boys Triple Jump (13.49m)
29. Evan Lynch, Colaiste Cluain Meala – Senior Boys 3000m Walk (12:37.92)

### **Silver medals**

1. Lauren Ryan, Crescent College Comp, Limerick – Junior Girls 100m (12.30)
2. Aisling O'Connor, St. Augustine's College, Dungarvan – Junior Girls Pole Vault (2.40m)
3. Aoife Hurley, Loreto Fermoy – Junior Girls Javelin (35.28m)
4. Clodagh O'Mahony, Laurel Hill Colaiste Limerick – Inter Girls 80mH (11.75)
5. Ellen Larkin, Villiers, Limerick – Inter Girls Pole Vault (2.75m)
6. Erin Kingston, Bandon Grammer School – Inter Girls Shot Putt (11.41m)
7. Aoife Doyle, Intermediate School, Killorgin – Inter Girls Discus (33.09m)
8. Ashling Vaughan Witts, Borrisokane CC – Inter Girls Hammer (47.39m)
9. Niamh McNicol, Stella Maris, Tramore – Senior Girls 200m (24.4H)
10. Leanne Prout, Presentation Ballingarry – Senior Girls 400mH (62.94)
11. Ciara Cummins, Ursuline Thurles – Senior Girls 1500m S/C (5.12.37)
12. Kaleigh Cronin, St. Brigid's Killarney – Senior Girls Shot Putt (9.81m)

13. Hannah O'Sullivan, St. Marys Mallow – Senior Girls Discus (42.32m)
14. Lauren O'Mahoney, St. Mary's Midleton – Senior Girls Javelin (32.58m)
15. Tony Odubote, Rice College, Ennis – Junior Boys 200m (23.36)
16. Lucas O'Horgain, Colaiste Chriost Ri Corcaigh – Inter Boys 1500m (4:11.90)
17. Fearghal Curtin, Midleton CBS – Inter Boys 3000m (8:50.28)
18. Jack Murphy, CBC Cork – Inter Boys 100mH (13.76)
19. Tom Deasy, Carrigaline Community School – Inter Boys High Jump (1.75m)
20. Anthony Tobin High School Clonmel – Inter Boys 2000m Walk (8:50.22)
21. David Cussen, Colaiste an Spioraid Naoimh Co - Senior Boys High Jump (2.05m)
22. Eoin O'Carroll, Mercy Mount Hawk Tralee – Senior Boys Long Jump (6.94m)
23. Darren Prout, Presentation Ballingarry – Senior Boys Triple Jump (13.33m)
24. Colin Kingston, Bandon Grammar School – Senior Boys Discus (37.97m)
25. Bobby Smith, Bandon Grammar School – Senior Boys Javelin (49.03m)

### **Bronze medals**

1. Ciara Neville, Castletroy College – Junior Girls 75mH (11.82)
2. Rachel Bowler, Mercy Mount Hawk, Tralee – Junior Girls Long Jump (5.22m)
3. Jade O'Farrell Bond, Borriskane CC – Junior Girls Shot Putt (9.99m)
4. Orla O'Connor, Waterpark, Waterford – Junior Girls 1200m Walk (6.13.37)
5. Sharlene Mawdsley, St. Mary's Newport – Inter Girls 200m (25.36)
6. Aoife Mahony, Presentation SS, Listowel – Inter Girls 800m (2.20.51)
7. Chloe Tobin, Castletroy College – Inter Girls 80mH (12.08)
8. Laura Cussen, Colaiste Choilm, Ballincollig – Inter Girls Pole Vault (2.65m)
9. Sally Smith, Bandon Grammer School – Inter Girls Discus (30.38m)
10. Aoife Doyle, Intermediate School, Killorglin – Inter Girls Hammer (43.75m)
11. Laura Tobin, Loreto Clonmel – Senior Girls 3000m (10.34.32)
12. Grace McKenzie, Colaiste Mhuire, Crosshaven – Senior Girls High Jump (1.60m)
13. Fiona O'Shea, Laurel Hill Colaiste Limerick – Senior Girls Long Jump (5.36m)
14. Rita Casey, St. Brigid's Killarney – Senior Girls Javelin (30.14m)
15. Tony Odubote, Rice College Ennis – Junior Boys 100m (11.57)
16. Cathal O Donnabhain, Colaiste Chriost Ri, Corcaigh – Junior Boys 1500m (4.20.81)
17. Ben Donovan, Midleton College – Junior Boys High Jump (1.70m)
18. Michael Szarkowicz, Colaiste Chriost Ri Corcaigh – Junior Boys 1200m Walk (6:25.87)
19. James French, Bandon Grammar School – Inter Boys Shot Putt (14.22m)
20. Paul White Nenagh C.B.S. – Senior Boys 400m (49.18)
21. Patrick Crowther, St Augustines Dungarvan – Senior Boys Shot Putt (12.73m)
22. Eoin Hanrahan, St Flannan's College, Ennis – Senior Boys Discus (36.20m)

### **Relay Results**

- Castletroy College – 1<sup>st</sup> Junior Girls 4 x 100m (51.47)
- Bandon Grammar School – 1<sup>st</sup> Inter Boys 4 x 100m (43.69) **CBP**
- Davis College Mallow – 1<sup>st</sup> Senior Boys 4 x 100m (43.47)

### **Rankings**

1. Junior Girls – 3<sup>rd</sup> Castletroy College
2. Inter Girls – 2<sup>nd</sup> St. Mary's Newport
3. Senior Girls – 2<sup>nd</sup> Stella Maris Tramore
4. Inter Boys – 2<sup>nd</sup> St. Flannan's Ennis
5. Senior Boys – 2<sup>nd</sup> Davis College Mallow

Full Results at [www.munsterathletics.com](http://www.munsterathletics.com).

### **Extract dated 2<sup>nd</sup> June 2014 from Athletics Ireland Website**

“Harry Purcell (Castleknock College) was awarded the Lar Byrne Memorial Trophy for Athlete of the Championships after completing a unique 800m/400m double at the Aviva All Ireland Schools in Tullamore today.

Purcell won the Boy's 800m in 1.49.42 from Rob Tully of Gormanston in 1.49.95 with Danny Lawlor (Pres Carlow) third in 1.52.25 Both Purcell and Tully were inside the Irish Schools Record set by Sean Tobin last year of 1.50.65 and the B standard for the World Junior Track and Field Championships in Eugene, USA in July. Purcell went onto later to take the 400m title in 47.83. It was a close battle with Andrew Mellow of Bangor Academy who was second in 47.93. Paul White (Nenagh CBS) was third in 49.18.

Purcell said “I am over the moon I can't sum up my feelings. My big thanks to Eamonn Coghlan and John Shields (coaches) who always believed me. It wasn't easy, I didn't have it my own way in either the 400 or 800.”

In the Senior Girls 800m race favourite Aislinn Crossey (Scared Heart Newry) finished second behind Alannah Lally, after the student from Presentation Athenry put in a sprint finish with 100m to go. Lally's time of 2:08.28 was also inside the B standard for World Juniors.

Zak Irwin (Sligo Grammar) won the 100m in 10.73 and went on to do the double winning the 200m in 21.38 into a headwind of -1.3. Kieran Elliot was second in (Ballinrobe) 21.50, both athletes were inside the B World Junior standard. Keith Doherty (Drimnagh Castle) was third in 22.15.

Irwin said: “I went out as hard as I could to build up a stagger in the 200 meters. The head wind hit me, but I managed to work through it. It hasn't sunk in that I have done the double, I gave it everything I haven't ever been as nervous going to an All-Ireland schools.”

Niamh McNichol also did the sprint double winning the 100m in 12.24 and 200m in 24.4 (H). While Gina Akpe Mossies (SV Dundalk) completed the Intermediate sprint double winning the 100m in 12.01 and the 200m in 25.08.

Kevin Mulcaire (St. Flannan's Ennis) won the 3000m in 8.33.92 breaking the 36 year old record held by Darren Haddock. Mulcaire went onto to do the double winning the 1500m in 4.10.91. Siofra Cleirigh Buttner (Colaiste Iosagain) took her 15th schools title to win the Senior's 1500m in 4.25.23 inside the World Junior B standard for the second time in a week. The Senior Men's 1500m was won by Andrew Coscoran in 4:10.59.

Sam Healy (Carrigalin CS) won the long jump in 7.20m and went on to complete the double taking the 110m Hurdles title in 14.26.

Kate O'Connor (SV Dundalk) set a new schools record in the Junior Girl's Javelin with a throw of 40.77 improving on the throw of 36.94m set in 1985. She then went on to produce the most interesting doubles of the day winning the 800m in 2:21.08.

In the Intermediate girls hammer Katelyn Furlong threw 47.61 to set a new Irish Schools record. Maria Carey (St.Mary's Newport) won the Intermediate Girls Triple Jump in 11.93 to break Caomhie King's record of 11.73m.

In one of the first events on the track Aaron Egan (High Schools Clonmel) broke the 8 minute record held since 2004 to win the 2k Walk in 7:54.60.

To finish off a day of records Loreto Kilkenny won the Senior Girls 4×100m in 47.61 to improve on St.McDara's time of 48.16 set in 1996."