

### **Wins for National Champions, Meredith, Cusack & Ryan**

The Munster Juvenile Combined Events Championships were held in a wet & windy Waterford RSC on Monday 5<sup>th</sup> May with competition for U/11 to Youth (U/17 & U/18) age groups. All 6 Munster counties were represented with 55 boys & 50 girls taking part with the biggest entries in the U/11 & U/12 age categories. With 14 Munster titles up for decision on the day, **St. Mary's A.C. Limerick** topped the Girls's list with 3 gold medal wins followed by **Liscarroll A.C.**, **Ferrybank A.C.**, **Carrig na Bhfear A.C.** & **St. John's A.C. Clare** with one each. Competition was more evenly divided for the Boys with one gold medal win each for **Waterford A.C.**, **Moycarkey Coolcree A.C.**, **Liscarroll A.C.**, **Bandon A.C.**, **Nenagh Olympic A.C.**, **Old Abbey A.C.** & **Riverstick/Kinsale A.C.**

Reigning National & Munster Combined Events Indoor Champions, **Sophie Meredith, St. Mary's A.C. Limerick** (Girls U/14), **Vickie Cusack, Liscarroll A.C.** (Girls U/15) & **Daniel Ryan, Moycarkey Coolcree A.C.** (Boys U/16) all continued great form adding Munster Outdoor titles to their list of winnings for 2014. **Aisling Cassidy, Bandon A.C.** who was a bronze medal winner at the National Indoor Championships & silver winner in the Munster Indoor Championships also added another bronze medal to her collection in the Girls U/14 competition.

2 Championship Best Performances were also recorded on the day by the following athletes:-

- **Sophie Meredith, St. Mary's A.C.** jumped 1.56m in the Girls U/14 High Jump to break the existing record of 1.55m set by Rachel Clancy, St. John's A.C. Clare in 2010.
- **Daniel Ryan, Moycarkey Coolcree A.C.** set a new record in the Boys U/16 Long Jump when he leaped out to 6.82m to smash the existing record of 6.26m set by Eoin O'Carroll, Tralee Harriers A.C. in 2010.

**Laura Frawley, St. Mary's Limerick** won the Girls U/11 competition (772 points) with **Nicole Lapiy, Carrick-On-Suir A.C.** in 2<sup>nd</sup> place (752) & **Nessa Towey, Templemore A.C.** in 3<sup>rd</sup> place (722). **Praise Oweye, Ferrybank A.C.** took the title in the Girls U/12 (1453) with **Susan Nestor, St. Mary's A.C. Clare** in 2<sup>nd</sup> place (1428) & **Rachel Walsh, Ferrybank A.C.** in 3<sup>rd</sup> place (1178). **St. Mary's A.C., Limerick** took their 2<sup>nd</sup> Munster title in the Girls U/13 with **Niamh Foley** winning gold (1449), her team-mate **Holly Meredith** winning silver (1423) & **Anna Ryan, Moycarkey Coolcree A.C.** winning bronze (1259). There was a third title for **St. Mary's A.C. Limerick** in the Girls U/14 competition with gold for **Sophie Meredith** (2964), silver for **Fiona Doyle, Star of the Laune A.C.** (2687) & bronze for **Aisling Cassidy, Bandon A.C.** (2315).

**Vickie Cusack, Liscarroll A.C.** won the Girls U/15 title (2925), **Laura Nicholson, Bandon A.C.** was in 2<sup>nd</sup> place (2275) with team-mate **Maira Barrett** in 3<sup>rd</sup> place (2196). In the Girls U/16 competition, there was gold for **Avril Braham, Carrig na Bhfear A.C.** (2188), silver for **Sinead O'Regan, Ferrybank A.C.** (2100) & bronze for **Tara Bradley, St. John's A.C.** (1994). **Clodha Blake, St. John's A.C.** won the Youth Girls competition (2166) with **Rachel Clancy, St. John's A.C. Clare** in 2<sup>nd</sup> place (1944) & **Grace Furlong, Waterford A.C.** in 3<sup>rd</sup> place (1801).

In the Boys U/11 competition, there was gold for **Callum McCourt, Bandon A.C.** (926), silver for **Alex Reynolds, Nenagh Olympic A.C.** (908) & bronze for **Diarmuid Healy, Middleton A.C.** (866). **Jack Deegan, Waterford A.C.** won the Boys U/12 (1409) with **Dillon Ryan, Moycarkey Coolcree A.C.** in 2<sup>nd</sup>

(1375) & **Conor Hogan, Carrick-On-Suir A.C.** in 3<sup>rd</sup> place (1363). **Daniel Hurley, Old Abbey A.C.** took the title in the Boys U/13 competition (1675) with **Joshua Egan, Nenagh Olympic A.C.** in 2<sup>nd</sup> place (1660) & **Diarmuid O'Connor, Old Abbey A.C.** in 3<sup>rd</sup> place (1475). There was gold for **Joseph McEvoy, Nenagh Olympic A.C.** in the Boys U/14 competition (2005), silver for **Brian Lynch, Old Abbey A.C.** (1898) & bronze for **Tom Gallagher, Ferrybank A.C.** (1873). **Alan O'Donovan, Riverstick Kinsale A.C.** won the Boys U/15 competition (2138) with **Padraig Nash, Belgooly A.C.** in 2<sup>nd</sup> place (2116) & **James Murphy, Waterford A.C.** in 3<sup>rd</sup> place (2033). **Daniel Ryan, Moycarkey Coolcree A.C.** was the clear winner of the Boys U/16 competition (3400) with **Padraig Moynihan, West Muskerry A.C.** in 2<sup>nd</sup> place (2340) & **Cian Cotter, Liscarroll A.C.** in 3<sup>rd</sup> place (1961). In the Youth Boys (U/17 & U/18) competition, **Kevin O'Leary, Liscarroll A.C.** took the title (2054) with brothers **Eoin & Eamon Troy, Moyne A.C.** in 2<sup>nd</sup> & 3<sup>rd</sup> place (1598) & (1034). The National Combined Events Championships will take place on Saturday 2<sup>nd</sup> & Sunday 3<sup>rd</sup> August 2014 in Tullamore.

Full results can be found at [www.munsterathletics.com](http://www.munsterathletics.com).