

## **Munster Athletics Juvenile PRO Report - Track & Field Season 2014**

### **Munster Championships**

The Munster U/9 to U/11 Team Games & the U/12 & U/13 Track & Field Championships were held in Lee's Road, Ennis, Co. Clare on Saturday 7<sup>th</sup> & Sunday 8<sup>th</sup> June 2014. There were **8 new Championship Best Performances** ("CBP") being set & 1 equalled in the U/12 & U/13 age groups. Details of the CBP's are as follows:-

1. **Megan Lenihan, North Cork A.C.** threw 11.38m in the Girls U/12 Shot Putt to smash the existing record of 9.81m set by Ciara Sheehy, Liscarroll A.C. in 2013.
2. **Megan Lenihan, North Cork A.C.** threw 31.66m in the Girls U/12 Turbo Javelin to set a new record in this event improving on team-mate, Emily Linehan's 2013 record of 23.24m
3. **Niamh Foley, St. Mary's A.C., Limerick** set a new CBP in the Girls U/13 60mH when she won gold in a time of 9.60 to break her team-mate, Sophie Meredith's 2013 record of 10.01.
4. **Niamh Foley, St. Mary's A. C., Limerick** set another record in the Girls U/13 80m when she ran 10.40 to equal the hand-timed record of 10.40H held by A. Collins, Glenbower set in 1994 & bettered the existing electronic timed record of Sarah Lavin, Emerald A.C. of 10.48 set in 2006.
5. **Ciara Sheehy, Liscarroll A.C.** threw 12.39m in the Girls U/13 Shot Putt to break Sophie Meredith's record of 11.37m set in 2013.
6. **Reece Ademola, Leevale A.C.** ran 8.00H in the Boys U/12 60m to better the electronic time of 8.47 set by Colin Doyle, Leevale A.C. in 2012.
7. **Jack O'Connor, Dooneen A.C.** ran 1.44.00 in the Boys U/12 600m to better the existing record of Cian Daniels, Ferrybank A.C. of 1.44.71 set in 2005.
8. **Max Hallahan, Bandon A.C.** threw 27.30m in the Boys U/12 Turbo Javelin to break the existing 2013 record of 22.98m set by Michael Mulligan, Ferrybank A.C.
9. **Holly Meredith, St. Mary's A.C. Limerick** jumped 1.52m in the Girls U/13 High Jump to equal her sister Sophie's 2013 record.

There was a good turnout for the Juvenile U/9 to U/11 Team Games Competition & for the second year in a row, there was an individual dimension to these Championships in that medals were awarded for the first 3 teams & the first 3 individuals in each event. In the Team Games, Bandon A.C. was the top Club with 6 Munster titles, followed by Dooneen A.C. with 4 & Nenagh Olympic A.C. with 3 titles. There were also some very good individual performances on the day from our young athletes with **13 new CBP's** being set

### **Old Records Fall in Cork**

The Munster U/14 to U/19 Track & Field Championships were held in Cork I.T. on Saturday 28<sup>th</sup> & Sunday 29<sup>th</sup> June. The level of competition was very high with **20 new Championship**

**Best Performances (“CBP”)** set, divided equally between the girls & boys at 10 each. The majority of the records broken dated back to the 1980’s & 1990’s, a measure of the fabulous new emerging talent that we currently have in Munster.

The oldest record of the Championships to fall was the 1975 Boys U/18 Pole Vault of 4.08m held by L. Hennessy, Tipperary Town. **Yuri Kanash, West Waterford A.C.** bettered the 39 year old record by 12cm when he vaulted to a new PB of 4.20m. Next up was the Girls U/18 High Jump record of 1.70m set by Brid Golden, Ferrybank A.C. in 1986 & equalled by Patricia Naughton, Nenagh Olympic A.C. in 1990 which was broken by **Nessa Murphy, Ferrybank A.C.** who set a new record of 1.71m. **Scott Gibson, Bandon A.C.** set a new CBP of 49.72 in the Boys U/18 400m to sweep aside both the hand-timed record of 49.8H set by Danny O’Brien, Newport A.C. in 1988 & the electronic timed 51.34 set by Finbarr Horgan, Clonmel A.C. in 2007. In the Boys U/15 200m, **Tony Odubote, Ennis Track A.C.** set a new CBP of 23.78 to better the hand-timed record of 23.8H set by Diarmuid McCarthy in 1994 & the electronic time of 23.84 set by Gerard Minihane, Skibbereen A.C. in 2005. **Adam King, Iveragh A.C.** absolutely smashed the Boys U/18 1996 Hammer record of 58.66m held by Michael Grace, Tipperary Town A.C. when he threw 69.98m. In the Boys U/19 100mH, **Sam Healy, Leevale A.C.** ran 14.26 to smash both the hand-timed 1998 record of 14.4H held by Brendan Bourke, Kilmallock A.C. & the time of 15.93 held by Eoin Synnot, Emerald A.C. set in 2011.

**Grace McKenzie, Belgooly A.C.** won the Girls U/19 High Jump with a new CBP of 1.70m to better the existing 1998 record of 1.65m held by Orna Donoghue, Carrick-On-Suir A.C. **Kelly Ann Doyle, Carrick-On-Suir A.C.** set a new record of 1.02.33 in the Girls U/18 400mH to better the hand-timed record of 66.00H by Olive Burke, Limerick Emerald set in 1988. In the Girls U/19 Discus, **Kaleigh Cronin, Farranfore Maine Valley A.C.** set a new CBP of 41.23m to break the existing 2001 record of 39.66m held by Gillian Austin, Borrisokane A.C. In the Boys U/15 250mH, **Tony Odubote, Ennis Track A.C.** set his second record of the Championships with his 33.44 run to better both the hand-timed record of 34.2H set by Gerard Tobin, Clounalour in 2001 & Michael Quilligan’s (Nenagh Olympic A.C.) electronic timed run of 34.50 set in 2011. **David Cussen, Old Abbey A.C.** was in form jumping 2.07m in the Boys U/19 High Jump to smash the existing record of 1.96m held by Christopher Crowley, Belgooly A.C. since 2005. In another Jumps event, **Darren Prout, Carrick-On-Suir A.C.** set a new record in the Boys U/18 Triple Jump when he leaped out to 13.58m to better the existing 2006 record of 13.47m held by Niall Counihan, Dooneen A.C. **Orlaith O’Brien, Ferrybank A.C.** won the Girls U/16 Javelin with a new CBP of 43.03m to smash the existing record of 34.70m set by Claire Fitzgerald, Tralee Harriers A.C. in 2006. **Clodagh O’Mahony, Dooneen A.C.** won the Girls U/18 100m Hurdles in a time of 14.41m to set a new record, improving on the 2006 record of 14.43 held by Mairead Murphy. **Maria Carey, Newport A.C.** leaped out to 12.06m in the Girls U/17 Triple Jump adding a massive 1m & 21cm onto the existing record of 10.85m set by Aoife Bartley, Carrick-On-Suir A.C. in 2008. **Miriam Daly, Carrick-On-Suir A.C.** set a new record of 11.73 in the heat of her Girls U/14 75mH race to

better the existing record of 11.76 set by Ciara Giles Doran, Ferrybank A.C. in 2008. In the Boys U/17 100mH, **Jack Murphy, Leevale A.C.** ran 13.83 to improve on the electronic timed record of 14.12 held by fellow Club member, Edmond O'Halloran set in 2008. In the Girls U/19 Pole Vault, **Megan O'Connor, West Waterford A.C.** vaulted her way to victory with a new CBP of 2.91cm adding 1cm onto the existing record of 2.90m held by Nikita Savage, Youghal A.C. set in 2010. **Gearoid McMahon, Shannon A.C.** set a new CBP in the Boys U/15 2000m Race Walk with his time of 9.49.09. This improved on the existing 2011 record of 10.25.08 held by Aaron Egan, Clonmel A.C. In the Girls U/17 Steeplechase, **Aoife Hamilton, West Waterford A.C.** set a new record of 7.49.99 to break the 2013 record of 7.56.27 set by Ciara Cummins, Nenagh Olympic A.C. in 2013.

## AAI Championships

### Clean Sweep for Emerald Girls

The Woodie's DIY AAI Juvenile Inter-Club Relays were held on Saturday 5<sup>th</sup> July in Tullamore Harriers Stadium. **Emerald A.C.** had great performances in the Girls competition winning National titles in Girls U/15 4 x 100m, Girls U/16 4 x 100m & Girls U/17 4 x 100m. **Leevale A.C.** Boys U/14 had an outstanding run in their 4 x 100m race setting a new Championship Best Performances ("CBP") with their time of 50.18. The strongest Munster Clubs on the day were **Leevale A.C.** (4 gold & 4 silver), **Emerald A.C.** (3 gold) & **Dooneen A.C.** (1 silver & 1 bronze), **St. Mary's A.C. Limerick** (1 gold), **Midleton A.C.** (1 silver), **Ennis Track A.C.** (1 silver) & **Waterford A.C.** (2 bronze).

### AAI Juvenile "B" Track & Field Championships – 45 medals for Munster

The GloHealth National Juvenile "B" Track & Field Championships took place in Tullamore Harriers Stadium on Saturday 12<sup>th</sup> July 2014. A tally of 45 medals was won, 21 Gold, 13 Silver & 11 Bronze. Confined to 2 events on the day, many of Munster's athletes excelled winning medals in both their events. There were **four new Championship Best Performances** set on the day, 3 in the sprints & 1 in the 600m. The honours went to **Rachel Walsh, Carrick-On-Suir A.C.** in the Girls U/14 100m when she ran 13.32 to better the 2012 record of 13.68 set by Rachael Moriarty, Lios Tuathail A.C. The second record was set by **Roisin O'Callaghan, Midleton A.C.** in the Girls U/15 100m when she ran 13.43 to improve on the 2011 time of 13.48 set by Lisa Cooke, Mullingar Harriers AC. Our third record was set by **Aimee Hayde, Newport A.C.** in the Girls U/12 600m when she ran 1.48.23 to shave almost 5 seconds off the 2012 record of 1.53.20 set by Lara Gillespie, Enniskerry A.C. **Tracy Olugbue, Midleton A.C.** also ran a Championship Best Performance of 11.30 in the heats of the Girls U/13 80m which bettered the 2011 record of 11.31 set by Maeve Power, St. Mary's A.C. Limerick.

### 9 National Records for Munster Athletes (Day 2)

Munster athletes were in great form at Day 2 of the GloHealth National Juvenile Track & Field Championships in Tullamore on Sunday 13<sup>th</sup> July. With ideal conditions, Munster clinched **76 medals in total which included 32 gold & national titles, 26 silver & 18 bronze & 9 new National records** ( 4 track & 5 field) set by the athletes below:-

1. **Megan Lenihan, North Cork A.C.** threw 11.39m in the Girls U/12 Shot Putt to smash Vickie Cusack's (Liscarroll A.C.) 2011 record of 9.62m.
2. **Robert Dillon, Midleton A.C.** leaped to a height of 1.55m in the Boys U/13 High Jump to better the existing record of 1.54m set by Diarmuid O'Connell, St. Ita's A.C. in 2005.
3. **Miriam Daly, Carrick-On-Suir A.C.** ran 11.30 in the Girls U/14 75mH to better the 2010 record of 11.32 set by Kate McGowan, Tir Conaill A.C.
4. **Jack Hallahan, Midleton A.C.** threw 44.28m in the Boys U/15 Discus to break the existing record of 43.13m set by Dale Kennedy, Ferrybank A.C. in 2004.
5. **Orlaith O'Brien, Ferrybank A.C.** threw 41.56 in the Girls U/16 Javelin to smash by over 5 metres the 2013 record of 36.42m set by Michaela Walsh, Swinford A.C.
6. **Daniel Ryan, Moycarkey Coolcree A.C.** ran 13.30 in his heat & 13.45 in the final of the Boys U/16 100mH to twice break the 2006 record of 13.66 held by Irish International 400m hurdler, Jason Harvey, Crusaders A.C.
7. **Jack Murphy, Leevale A.C.** ran 13.65 in the Boys U/17 100mH to take a second record from Jason Harvey breaking his 2007 time of 13.74.
8. **Laura Cussen, Old Abbey A.C.** vaulted to a new height of 2.86m in the Girls U/17 Pole Vault to better the 2009 record of 2.85m set by Lisa Houlihan, West Waterford A.C.
9. **Ciara Cummins, Nenagh Olympic A.C.** set a new record in the Girls U/18 2km Steeplechase running 7.20.70 to exceed the 2013 record of 7.24.75 set by Cliona Carthy, Celtic DCH A.C.

### **7 National Records for Munster Athletes On Day 3**

Munster athletes were in sparkling form at Day 3 of the GloHealth National Juvenile Track & Field Championships in Tullamore on Saturday 26th July. Munster took home **64 medals in total which included 24 gold & national titles, 19 silver & 21 bronze**. There were also 11 new Championship Best Performances set on the day of which 7 ( 2 track & 5 field) were claimed by the Munster athletes.

10. **Kelly Ann Doyle, Carrick-On-Suir A.C.** ran 61.22 in the Girls U/18 400mH to smash the 2012 record of 64.97 set by Kelly McGrory, Tir Chonaill A.C.
11. **Jenna Bromell, Emerald A.C.** ran 56.45 in the Girls U/18 400m to break the existing record of 56.58 set by Clodhna Manning, Kilkenny City Harriers A.C. in 2012.
12. **Daniel Ryan, Moycarkey Coolcree A.C.** jumped 6.49m in the Boys U/16 Long Jump to better the 2006 record of 6.36m set by Timmy Harrington, Courcies A.C.
13. **Aoife Vaughan Witts, Borrisokane A.C.** threw 56.19m in the Girls U/18 Hammer to smash Rachel Aker's 2002 record of 51.07m by over 5 metres.

14. **Adam King, Iveragh A.C.** launched the hammer out to 71.90m in the Boys U/18 Hammer to better the 2010 record of 68.99m set by Dempsey McGuigan, Finn Valley A.C.
15. **Ciara Sheehy, Liscarroll A.C.** threw 12.23m in the Girls U/13 Shot Putt to better the 2007 record of 11.78m set by Laura McSweeney, Bandon A.C.
16. **Ben Donovan, Abbey Striders A.C.** jumped 1.81m in the Boys U/15 High Jump to better the 2013 record of 1.80m set by Ryan Carthy-Walsh, Adamstown A.C.

### **3 National Records for Munster Athletes On Day 4**

There was another great day of action & success for Munster athletes at Day 4 of the GloHealth National Juvenile Track & Field Championships in Tullamore on Sunday 27th July. Munster took home **51 medals in total which included 16 gold & national titles, 15 silver & 20 bronze. There were also 3 new Championship Best Performances** set by the athletes below:-

1. **Liam McDonagh, Moycarkey Coolcree A.C.** clocked 10.27.90 to set a new record in the Boys U/14 2km Walk to better the 2010 record of 10.28.35 set by Dylan Mimna, Ballinamore A.C.
2. **Tony Odubote, Ennis Track A.C.** ran a very swift 23.27 in the Boys U/15 200m to better the 2009 record of 23.38 set by Marcus Lawlor, St. Laurence O'Toole A.C.
3. **Maria Carey, Newport A.C.** set a new record in Girls U/17 Triple Jump with her leap of 11.79m to better the 2010 record of 11.40m set by Anna Barr, City of Derry A.C.

### **4 National Combined Events Titles for Munster**

The GloHealth National Juvenile Combined Events Championships took place in Tullamore Harriers Stadium on Saturday 2<sup>nd</sup> August 2014. In very wet & difficult conditions, Munster athletes won 4 gold medals & National titles, 2 silver medals & 2 bronze. Three Munster athletes, **Sophie Meredith, St. Mary's A.C. Limerick, Vickie Cusack, Liscarroll A.C. & Daniel Ryan, Moycarkey Coolcree A.C.** all added National Outdoor titles to the National Indoor golds they won earlier this year in AIT Arena. They are also Indoor & Outdoor Munster Combined Events Championships in their age groups so it has been a very successful year for all three.

**Sophie Meredith, St. Mary's A.C. Limerick** took gold in the Girls U/14 Pentathlon winning on 2806 points with **Fiona Doyle, Star of the Laune A.C.** in 3<sup>rd</sup> place with 2603 points. **Joseph McEvoy, Nenagh Olympic A.C.** took gold in the Boys U/14 Pentathlon finishing on 2456 points with **Brian Lynch, Old Abbey A.C.** in 2<sup>nd</sup> place on 2439 points. There was also a gold medal win for **Vickie Cusack, Liscarroll A.C.** in the Girls U/15 Pentathlon which she won with

2893 points. In the Boys U/16 competition, Munster athletes scored a clean sweep of the medals with gold for **Daniel Ryan, Moycarkey Coolcra A.C.** (3791 points), silver for **Diarmuid Clancy, Abbey Striders A.C.** (2809 points) & bronze for **Sean Broderick, Youghal A.C.** (2790 points).

## Schools Championships

### Record Performances from Munster Athletes at Schools T & F

The AVIVA Irish Schools Track & Field Championships took place in Tullamore Stadium on Saturday 31<sup>st</sup> June in brilliant sunshine. Among the Munster athletes who impressed on the day were **Sam Healy, Carrigaline CS & Daniel Ryan, CBS Thurles** who both won Long Jump & Hurdles titles in the Senior & Inter Boys competitions & **Kevin Mulcaire, St. Flannan's College, Ennis** who won double gold in the Inter Boys 1500m & 3000m. Record breaking Munster athletes over the weekend were:-

- **Maria Carey, St. Mary's Newport** set a record in the Inter Girls Triple Jump with her leap of 11.93m to better the existing Meet Record of 11.73m set in 2008 by Caoimhe King, Bower Athlone.
- **Kevin Mulcaire, St. Flannan's College, Ennis** ran 8.33.92 in the Inter Boys 3000m to better the Meet Record of 8.36.3h set in 1978 by Brian O'Keeffe, Clogher Rd V.S.
- **Aaron Egan, High School, Clonmel** set a new record of 7.54.60 in the Inter Boys 2000 Meter Race Walk to beat the Meet Record of 8:00.5h set in 1990 by David Cullinane, Ferbane VS.
- **Bandon Grammer School** ran 43.69 in the Inter Boys 4 x 100m to break the Meet Record of 44.13 set in 2006 by RBAI.

Multiple Medal winners – **Kevin Mulcaire, St. Flannan's Ennis** (1<sup>st</sup> in Inter Boys 1500m & 3000m); **Daniel Ryan, Thurles CBS** (1<sup>st</sup> Inter Boys 100mH & Long Jump); **Sam Healy, Carrigaline CS** (1<sup>st</sup> Senior Boys 110mH & Long Jump); **Lauren Ryan, Crescent College Comp, Limerick** (1<sup>st</sup> Junior Girls 200m & 2<sup>nd</sup> in 100m); **Eoin O'Carroll, Mercy Mount Hawk Tralee** (1<sup>st</sup> Senior Boys Triple Jump & 2<sup>nd</sup> in Long Jump); **Ciara Neville, Castletroy College** (1<sup>st</sup> Junior Girls 100m & 3<sup>rd</sup> in 75mH); **Aoife Doyle, Intermediate School, Killorglin** (2<sup>nd</sup> Inter Girls Discus & 3<sup>rd</sup> in Hammer); **Kaleigh Cronin, St. Brigid's Killarney** (1<sup>st</sup> in Senior Girls Discus & 2<sup>nd</sup> in Shot Putt) & **Tony Odubote, Rice College, Ennis** (2<sup>nd</sup> in Junior Boys 200m & 3<sup>rd</sup> in 100m).

### Tailteann Records for Munster Athletes

The AVIVA Tailteann Schools' Interprovincial Track & Field Championships took place in Morton Stadium on Saturday 21<sup>st</sup> June. Munster athletes took home **20 medals in total (10 gold, 5 silver & 5 bronze)** & placed 3<sup>rd</sup> in both the Boys 4 x 100m & 400m Relays. There were **also two new Championship Best Performances** set by the athletes below:-

1. **Maria Carey, St. Mary's Newport** leaped out to 11.65 in the Girls Triple Jump to better the existing 2010 record of 11.20m set by Rachel Healy, Alexandra College.
2. **Orlaith O'Brien, Ursuline Waterford** launched the Javelin out to 43.12m to better the 1986 record of 42.16m set by Alison Moffit, Glenlola College.

## International Competitions

### 7 Medals for Munster at SIAB Schools International

The SIAB Schools U/17 Track & Field International took place in the Cardiff International Sports Stadium, Wales on Saturday 19<sup>th</sup> July 2014 with Munster athletes winning **7 individual medals in total (3 gold, 3 silver & 1 bronze)**. There were gold medal wins for **Kevin Mulcaire, St. Flannan's College/Ennis Track A.C.** in the Boys 3000m (8.36.76), **Jack Murphy, Christian Brothers Cork/Leevale A.C.** in the Boys 100mH (13.55) & **Aaron Egan, Clonmel High School/Clonmel A.C.** in the Boys 3000m Walk (12.59.52).

Silver medal were won by **Maria Carey, St. Mary's Newport/Newport A.C.** in the Girls Triple Jump (12.10m), **Orlaith O'Brien, Ursuline Waterford/Ferrybank A.C.** in the Girls Javelin (45.10m) & **Yuri Kanash, St. Augustine's College, Dungarvan/West Waterford A.C.** in the Boys Pole Vault (4.03m). **Daniel Ryan, Thurles CBS/Moycarkey Coolcree A.C.** won bronze in the Boys Long Jump (6.77m).

In the Relay competitions, **Sharlene Mawdsley, St. Mary's Newport/Newport A.C.** won silver with the Irish Girls 4 x 100m Relay team.

### Historic Win for Irish Celtic Team

The 2014 Celtic Games were held in Morton Stadium, Santry on Saturday 9<sup>th</sup> August. Hosted by Athletics Ireland, it proved to be a historic occasion for Ireland whose athletes performed a clean sweep of the seven Celtic trophies emerging as best overall country on the day. Ireland had a tremendous competition finishing 1<sup>st</sup> overall on 184 points with Wales in 2<sup>nd</sup> place on 150 points & Scotland in 3<sup>rd</sup> place with 136 points. An integral part of the Irish team was our 16 Munster athletes that lined out for their country & our 10 athletes that formed part of the Irish Development Team. **19 individual medals in total (7 gold, 8 silver & 4 bronze)** were won by Munster. **3 Munster athletes also set new Celtic records** on the day, namely **Orlaith O'Brien** in the Girls U/16 Javelin, **Kelly Ann Doyle** in the Girls U/18 400mH & **Daniel Ryan** in the Boys U/16 100mH & the Mixed U/16 4 x 100m Relay.

There were gold medal wins for **Orlaith O'Brien, Ferrybank A.C.** in the Girls U/16 Javelin (45.03m) CPB; **Daniel Ryan, Moycarkey Coolcree A.C.** in the Boys U/16 100mH CBP 13.58; **Kelly Ann Doyle, Carrick-On-Suir A.C.** in the U/18 Girls 400mH CBP 62.85; **Maria Carey,**

**Newport A.C.** in the U/18 Girls Triple Jump who equalled the Celtic Record of 11.98m; **Clodagh O'Mahony, Dooneen A.C.** in the U/18 Girls 100mH (15.43); **Scott Gibson**, Bandon A.C. in the U/18 Boys 400m (48.44); **Juri Kanash, West Waterford A.C.** in the U/18 Boys Pole Vault (4.15m); the Irish Mixed U/16 4 x 100m Relay Team (**Daniel Ryan**) 45.42 CBP & the Irish U/18 Boys 4 x 400m Relay Team (**Michael Quilligan**) 3.18.79.

There were silver place finishes for **Aoife Vaughan Witts, Borrisokane A.C.** in the U/18 Women's Hammer with a throw of 51.70m; **Jenna Bromell, Emerald A.C.** in the U/18 Women's 400m (56.79); **Neasa Murphy, Ferrybank A.C.** in the U/18 Women's High Jump (1.55m); **Jason Foley, Lios Tuathail A.C.** in the U/18 Men's 110mH with a time of 14.76; **Michael Quilligan, Nenagh Olympic A.C.** in the U/18 Boys 400mH (55.05); the Irish U/18 Girls 4 x 400m Relay Team (**Jenna Bromell, Kelly Ann Doyle & Aoife Delargy**) 3.51.30 & the Irish U/18 Boys 4 x 100m Relay Team (**Jason Foley**) 42.89. **Laura Cussen, Old Abbey A.C.** had a 3<sup>rd</sup> place finish in the U/18 Women's Pole Vault (2.60m) with **Sean Collins, Ennis Track A.C.** placing 4<sup>th</sup> in the U/18 Men's 2km Steeplechase.

In the Relay competitions, **Daniel Ryan** was part of the Irish Mixed U/16 4 x 100m Relay team who won gold in a new Celtic Record time of 45.42, **Jenna Bromell, Kelly Ann Doyle & Aoife Delargy, Templemore A.C.** won silver with the Irish U/18 Girls 4 x 400m Relay, **Michael Quilligan** was on the winning U/18 Boys 4 x 400m Relay team.

Our athletes on the Irish Development Team also performed strongly with silver medals for **Sharlene Mawdsley, Newport A.C.** in the Girls U/18 200m, **Fiona O'Shea, Dooneen A.C.** in the Girls U/18 Triple Jump & **Tony Odubote, Ennis Track A.C.** who was on the Mixed U/16 4 x 100m Relay team. There were 3<sup>rd</sup> place finishes for **Tony Odubote** in the Boys U/16 200m, **Ciara Mockler, Moycarkey Coolcree A.C.** in the Girls U/18 Shot Putt, **Killian Cullagh, Nenagh Olympic A.C.** in the Boys U/18 2km Steeplechase & **Stephen Walsh, Ferrybank A.C.** as part of the Boys U/18 4 x 100m Relay team. **Ellen Larkin, Emerald A.C.** (U/18 Pole Vault), **Aoife Doyle, Star of the Laune A.C.** (U/18 Discus) & **Maeve Aherne, Leevale A.C.** (U/18 1500m) all recorded 4<sup>th</sup> place finishes in their events along with Sharlene Mawdsley who was on the U/18 Girls 4 x 100m Relay team.