

Munster Juvenile PRO Report

Old Records Fall in Cork

The Munster U/14 to U/19 Track & Field Championships were held in Cork I.T. on Saturday 28th & Sunday 29th June. Our thanks to all the Clubs who provided help over the two days, a vital part for the effective running of these Championships. The level of competition was very high with 20 new Championship Best Performances ("CBP") set, divided equally between the girls & boys at 10 each. The majority of the records broken dated back to the 1980's & 1990's, a measure of the fabulous new emerging talent that we currently have in Munster.

The oldest record of the Championships to fall was the 1975 Boys U/18 Pole Vault of 4.08m held by L. Hennessy, Tipperary Town. **Yuri Kanash, West Waterford A.C.** bettered the 39 year old record by 12cm when he vaulted to a new PB of 4.20m. Next up was the Girls U/18 High Jump record of 1.70m set by Brid Golden, Ferrybank A.C. in 1986 & equalled by Patricia Naughton, Nenagh Olympic A.C. in 1990 which was broken by **Nessa Murphy, Ferrybank A.C.** who set a new record of 1.71m. **Scott Gibson, Bandon A.C.** set a new CBP of 49.72 in the Boys U/18 400m to sweep aside both the hand-timed record of 49.8H set by Danny O'Brien, Newport A.C. in 1988 & the electronic timed 51.34 set by Finbarr Horgan, Clonmel A.C. in 2007. In the Boys U/15 200m, **Tony Odubote, Ennis Track A.C.** set a new CBP of 23.78 to better the hand-timed record of 23.8H set by Diarmuid McCarthy in 1994 & the electronic time of 23.84 set by Gerard Minihane, Skibbereen A.C. in 2005. **Adam King, Iveragh A.C.** absolutely smashed the Boys U/18 1996 Hammer record of 58.66m held by Michael Grace, Tipperary Town A.C. when he threw 69.98m. In the Boys U/19 100mH, **Sam Healy, Leevale A.C.** ran 14.26 to smash both the hand-timed 1998 record of 14.4H held by Brendan Bourke, Kilmallock A.C. & the time of 15.93 held by Eoin Synnot, Emerald A.C. set in 2011.

Grace McKenzie, Belgooly A.C. won the Girls U/19 High Jump with a new CBP of 1.70m to better the existing 1998 record of 1.65m held by Orna Donoghue, Carrick-On-Suir A.C. **Kelly Ann Doyle, Carrick-On-Suir A.C.** set a new record of 1.02.33 in the Girls U/18 400mH to better the hand-timed record of 66.00H by Olive Burke, Limerick Emerald set in 1988. In the Girls U/19 Discus, **Kaleigh Cronin, Farranfore Maine Valley A.C.** set a new CBP of 41.23m to break the existing 2001 record of 39.66m held by Gillian Austin, Borrisokane A.C. In the Boys U/15 250mH, **Tony Odubote, Ennis Track A.C.** set his second record of the Championships with his 33.44 run to better both the hand-timed record of 34.2H set by Gerard Tobin, Clounalour in 2001 & Michael Quilligan's (Nenagh Olympic A.C.) electronic timed run of 34.50 set in 2011. **David Cussen, Old Abbey A.C.** was in form jumping 2.07m in the Boys U/19 High Jump to smash the existing record of 1.96m held by Christopher Crowley, Belgooly A.C. since 2005. In another Jumps event, **Darren Prout, Carrick-On-Suir A.C.** set a new record in the Boys U/18 Triple Jump when he leaped out to 13.58m to better the existing 2006 record of 13.47m held by Niall Counihan, Dooneen A.C. **Orlaith O'Brien, Ferrybank A.C.** won the Girls U/16 Javelin with a new CBP of 43.03m to smash the existing record of 34.70m set by Claire Fitzgerald, Tralee Harriers A.C. in 2006. **Clodagh O'Mahony, Dooneen A.C.** won the Girls U/18 100m Hurdles in a time of 14.41m to set a new record, improving on the 2006 record of 14.43 held by Mairead Murphy. **Maria Carey, Newport A.C.** leaped out to 12.06m in the Girls U/17 Triple Jump adding a massive 1m & 21cm onto the existing record of 10.85m set by Aoife Bartley, Carrick-On-Suir A.C. in 2008. **Miriam Daly, Carrick-On-Suir A.C.** set a new record of 11.73 in the heat of her Girls U/14 75mH race to better the existing record of 11.76 set by Ciara Giles Doran, Ferrybank A.C. in

2008. In the Boys U/17 100mH, **Jack Murphy, Leevale A.C.** ran 13.83 to improve on the electronic timed record of 14.12 held by fellow Club member, Edmond O'Halloran set in 2008. In the Girls U/19 Pole Vault, **Megan O'Connor, West Waterford A.C.** vaulted her way to victory with a new CBP of 2.91cm adding 1cm onto the existing record of 2.90m held by Nikita Savage, Youghal A.C. set in 2010. **Gearoid McMahon, Shannon A.C.** set a new CBP in the Boys U/15 2000m Race Walk with his time of 9.49.09. This improved on the existing 2011 record of 10.25.08 held by Aaron Egan, Clonmel A.C. In the Girls U/17 Steeplechase, **Aoife Hamilton, West Waterford A.C.** set a new record of 7.49.99 to break the 2013 record of 7.56.27 set by Ciara Cummins, Nenagh Olympic A.C. in 2013.

Over the weekend, there were numerous multi-talented athletes who won multiple medals in their events. Topping the list of medal winners was **Daniel Ryan, Moycarkey Coolcree A.C.** who won 6 gold medals in all 6 of his events, 100m, 100mH, Long Jump, High Jump, Shot Putt & Discus. **Grace McKenzie, Belgooly A.C.** was next with 5 gold medals (100mH, Long Jump, High Jump, Shot Putt & Javelin) & a new CPB in the High Jump in the Girls U/19 competition. **Joseph McEvoy, Nenagh Olympic A.C.** won 4 gold medals & 2 bronze medals in his Boys U/14 events (gold in 75mH, HJ, Discus, Javelin & bronze in the Long Jump & Shot Putt). Some of the other Munster multiple medal winners over the weekend are mentioned below:-

In the Girls U/14 competition, **Shauna Linehan, North Cork A.C.** won gold in the Hammer, Shot Putt & Javelin & silver in the Discus, **Fiona Doyle, Star of the Laune A.C.** won gold in the 200m & 800m & silver in the High Jump with **Lauren O'Leary, Emerald A.C.** winning gold in the 80m & Long Jump & silver in the 200m & **Ursula Bluett, North Cork A.C.** winning gold & silver in the 1500m & 800m.

In the Girls U/15 competition, **Vickie Cusack, Liscarroll A.C.** won 2 gold medals in the 80m Hurdles & Long Jump, silver in the High Jump & bronze in the 250mH, **Sophie Lynch, Lios Tuathail A.C.** won double gold in the 100m & 200m, **Sinead Warren, Gneeveguilla A.C.** won the Shot Putt & Hammer & **Alex O'Neill, St. Cronan's A.C.** took double gold in the 800m & 1500m. In the Girls U/16 competition, **Chloe Tobin, Emerald A.C.** took the double in the 80mH & 250mH with Club-mate, **Ciara Neville** winning double gold in the 100m & 200m & silver in the 80mH; **Anne Corcoran, Ferrybank A.C.** took double gold in the High Jump & Shot Putt with **Angharad Loughnane, Marian A.C.** taking two gold in the Discus & 2km Walk. **Orlaith O'Brien, Ferrybank A.C.** won gold in the Javelin, double silver in the Discus & Shot Putt & bronze in the Hammer.

In the Girls U/17 competition, **Maria Carey, Newport A.C.** won double gold in the Long Jump & Triple Jump & silver in the 100m while **Aoife Doyle, Star of the Laune A.C.** won gold in the Discus & Hammer & silver in the Shot Putt. **Aoife Hamilton, West Waterford A.C.** did the double in the 800m & 1500m with **Aoife O'Carroll, Tralee Harriers A.C.** winning gold in the 100m & double silver in the 200m & Long Jump. **Niamh McNicol, Ferrybank A.C.** won double gold in the Girls U/18 100m & 200m with **Louise Shanahan, Leevale A.C.** taking treble gold in the 400m, 800m & 1500m. **Fiona O'Shea, Dooneen A.C.** took gold in both the Triple Jump & Long Jump & **Ciara Mockler, Moycarkey Coolcree A.C.** won double gold in the Shot Putt & Discus & bronze in the Javelin. In the Girls U/19 competition, **Laura Power, Ennis Track A.C.** won treble gold in the 800m, 1500m & 3000m with **Roisin Harrison, Emerald A.C.** winning double gold in the 100m & 200m.

In the Boys U/14 competition, **Darragh Minter, St. Mary's A.C.** won gold in the 80m & Shot Putt, silver in the Discus & bronze in the 200m while **Jake Bagge, Ferrybank A.C.** did the double in the 800m & 1500m. **Sean Carolan, Nenagh Olympic A.C.** won gold in the Hammer, silver in the Long

Jump & bronze in the Javelin & Discus, **Brian Lynch, Old Abbey A.C.** won gold in the Long Jump & silver in the 75mH & **Conor Morey, Leevale A.C.** won gold in the 200m & silver in the 80m with **Jack O'Shea, Midleton A.C.** winning double silver in the 800m & 1500m.

Alan O'Donovan, Riverstick/Kinsale A.C. won double gold in the Boys U/15 800m & Javelin & silver in the 1500m with **Jack Hallahan, Midleton A.C.** winning double gold in the Shot Putt & Discus & bronze in the Hammer. **Sean Mockler, Moycarkey Coolcree A.C.** won 3 silver in the Discus, Javelin & Hammer & bronze in the Shot Putt, **David Ryan, Moycarkey Coolcree A.C.** won gold in the Long Jump, silver in the Shot Putt & bronze in the Discus. **James Murphy, Waterford A.C.** won gold in the Triple Jump & silver in the Long Jump & **Ben Donovan, Abbey Striders A.C.** won gold in the High Jump & silver in the Triple Jump with **Robert Creegan, Leevale A.C.** winning silver in the 100m & bronze in the 200m. In the Boys U/16 competition, **Stanley Ikeh, Limerick A.C.** won gold in the 200m & Triple Jump, silver in the 250mH & 100m with **Travis Coomey, Bandon A.C.** winning gold in the Hammer & silver in the Discus. **Jamie Roche, Ennis Track A.C.** was 1st in the 3000m & 2nd in the 1500m while **Robert Campbell, Farranfore Maine Valley A.C.** was 1st in the Javelin & 2nd in the Hammer.

Jack Murphy, Leevale A.C. took treble gold in the Boys U/17 200m, Long Jump & 100mH with double gold for **Fearghal Curtin, Youghal A.C.** in the 800m & 1500m. **Tom Deasy, Belgooly A.C.** won double gold in the Triple Jump & High Jump, silver in the Long Jump & bronze in the 100mH. In the Boys U/18 competition, **Kevin Mulcaire, Ennis Track A.C.** won treble gold in the 800m, 1500m & 3000m with team-mate, Sean Collins taking treble silver in the 1500m, 3000m & 3000m Steeplechase. **Benny Healy, Fanahan McSweeney A.C.** won double gold in the Shot Putt & Discus with **Darren Prout, Carrick-On-Suir A.C.** winning double gold in the Long Jump & Triple Jump, double silver in the 110mH & 400mH & bronze in the 200m. **Seamus McMahon, Shannon A.C.** won treble gold in the Boys U/19 Hammer, Shot Putt & Discus with **Sam Healy, Leevale A.C.** winning double gold in the 110mH & Long Jump & silver in the 100m. **Promise Okafar, Bandon A.C.** took gold in the 200m, silver in the Long Jump & Triple Jump & bronze in the 100m with **Jemil Saidi, Ennis Track A.C.** winning gold in the 400m & Triple Jump, silver in the 200m & bronze in the Long Jump.

Congratulations & well done to all the athletes who competed over the weekend. We look forward to some notable performances from our athletes at the forthcoming National Juvenile Track & Field Championships in Tullamore this month & the National Combined Events Championships in August & we wish them all the very best of luck.

Full results can be found at www.munsterathletics.com.