Munster Juvenile PRO Report

The Munster U/9 to U/11 Team Games & the U/12 & U/13 Track & Field Championships were held in Lee's Road, Ennis, Co. Clare on Saturday 7th & Sunday 8th June 2014. Many thanks to Clare County Board for hosting these Championships & to all the Clubs who provided officials to run the various events. There were lots of exciting performances with **8 new Championship Best Performances** ("CBP") being set & 1 equalled in the U/12 & U/13 age groups. Details of the CBP's are as follows:-

- 1. **Megan Lenihan, North Cork A.C.** threw 11.38m in the Girls U/12 Shot Putt to smash the existing record of 9.81m set by Ciara Sheehy, Liscarroll A.C. in 2013.
- 2. **Megan Lenihan, North Cork A.**C. threw 31.66m in the Girls U/12 Turbo Javelin to set a new record in this event improving on team-mate, Emily Linehan's 2013 record of 23.24m
- 3. Niamh Foley, St. Mary's A.C., Limerick set a new CBP in the Girls U/13 60mH when she won gold in a time of 9.60 to break her team-mate, Sophie Meredith's 2013 record of 10.01.
- 4. Niamh Foley, St. Mary's A. C., Limerick set another record in the Girls U/13 80m when she ran 10.40 to equal the hand-timed record of 10.40H held by A. Collins, Glenbower set in 1994 & bettered the existing electronic timed record of Sarah Lavin, Emerald A.C. of 10.48 set in 2006.
- 5. **Ciara Sheehy, Liscarroll A.C.** threw 12.39m in the Girls U/13 Shot Putt to break Sophie Meredith's record of 11.37m set in 2013.
- 6. **Reece Ademola, Leevale A.**C. ran 8.00H in the Boys U/12 60m to better the electronic time of 8.47 set by Colin Doyle, Leevale A.C. in 2012.
- 7. Jack O'Connor, Dooneen A.C. ran 1.44.00 in the Boys U/12 600m to better the existing record of Cian Daniels, Ferrybank A.C. of 1.44.71 set in 2005.
- 8. **Max Hallahan, Bandon A.**C. threw 27.30m in the Boys U/12 Turbo Javelin to break the existing 2013 record of 22.98m set by Michael Mulligan, Ferrybank A.C.
- 9. Holly Meredith, St. Mary's A.C. Limerick jumped 1.52m in the Girls U/13 High Jump to equal her sister Sophie's 2013 record.

There were lots of great performances in every event with some athletes taking more than one medal in their age group. Details of some of the multiple medal winners are below:-

Megan Lenihan, North Cork A.C. (1st in Girls U/12 Shot Putt & Turbo Javelin), Susan Nestor, St. Mary's A.C. Clare (2nd in Girls U/12 60m & 600m), Praise Owoeye, Ferrybank A.C. (1st Girls U/12 Long Jump & 2nd in Shot Putt), Katelyn Reid, An Riocht A.C. (1st Girls U/12 High Jump & 2nd in Turbo Javelin), Holly Meredith, St. Mary's A.C. (1st Girls U/13 High Jump, Long Jump & Javelin & 2nd in Shot Putt), Niamh Foley, St. Mary's A.C. (1st Girls U/13 80m, 60mH & 2nd in LJ), Ellen Lynch, Dooneen A.C. (1st Girls U/13 600m & 2nd in 60mH), Ciara Sheehy, Liscarroll A.C. (1st Girls U/13 Shot Putt & 3rd in Javelin), Ava Fennessy, Clonmel A.C. (3rd in Girls U/13 Long Jump & 60mH), Reece Ademola, Leevale A.C. (1st Boys U/12 60m & Long Jump), Shane Fitzgerald, St. Mary's A.C. Limerick (2nd Boys U/12 Long Jump & 3rd in High Jump), Jack O'Connor, Dooneen A.C. (1st Boys U/12 600m & J3 in 60m), Robert Dillon, Midleton A.C. (1st in Boys U/13 High Jump & 80m), Wymin Sivakamur, Leevale A.C. (1st Boys U/13 Long Jump & 2nd in 60mH) & Daniel Hurley, Old Abbey A.C. (3rd in Boys U/13 60mH & 80m). There was a good turnout for the Juvenile U/9 to U/11 Team Games Competition & for the second year in a row, there was an individual dimension to these Championships in that medals were awarded for the first 3 teams & the first 3 individuals in each event. In the Team Games, Bandon A.C. was the top Club with 6 Munster titles, followed by Dooneen A.C. with 4 & Nenagh Olympic A.C. with 3 titles. The tally for team medal winners on the day are below:-

- Bandon A.C. 6 gold, 2 silver & 1 bronze
- Dooneen A.C. 4 gold, 1 silver & 1 bronze
- Nenagh Olympic A.C. 3 gold & 2 silver
- Ennis Track A.C. 2 gold, 1 silver & 3 bronze
- Leevale A.C. 2 gold, 1 silver & 2 bronze
- Midleton A.C. 1 gold, 6 silver & 1 bronze
- Templemore A.C. 1 gold, 2 silver & 1 bronze
- Riverstick/Kinsale A.C. 1 gold, 1 silver & 1 bronze
- Belgooly A.C. 1 gold & 1 silver
- Doheny A.C. 1 gold
- North Cork A.C. 1 gold
- Liscarroll A.C. 2 silver
- Limerick A.C. 1 silver & 2 bronze
- Waterford A.C. 1 silver & 2 bronze
- Lios Tuathail A.C 1 silver & 1 bronze
- Ferrybank A.C. 1 silver
- Thurles Crokes A.C. 1 silver
- Youghal A.C. 3 bronze
- Finisk Valley A.C. 1 bronze
- Marian A.C. 1 bronze
- Old Abbey A.C. 1 bronze
- Shannon A.C. 1 bronze
- St. Mary's A.C. Limerick 1 bronze

There were also some very good individual performances on the day from our young athletes. The athletes & teams below all recorded Championship Best Performances in their events.

Girls 9

Turbo Javelin	Grainne McMahon	Shannon	9.13	2014				
Girls U10								
Turbo Javelin	Kaley Cozens	Templemore	14.64	2014				
4 x 100m Relay		Riverstick Kinsale	1.03.68	2014				
Girls U11								
600m	Maeve O'Neill	Doheny	1.49.43	2014				
Turbo Javelin	Leah Parker	Midleton	20.63	2014				

Boys U9

300m	Johnny Murphy	Liscarroll 50.95		2014
Turbo Javelin	Andrew Scanlon	Waterford	16.55	2014
Boys U10				
500m	William Bello	Ennis track	1.31.53	2014
Turbo Javelin	Eoghan Cassidy	Bandon	21.61	2014
4 x 100m Relay		Nenagh Olympic	1.02.02	2014
Boys U 11				
60m	Kelvin O'Carroll	Dooneen	8.71	2014
Turbo Javelin	Diarmuid Healy	Bandon	24.44	2014
4 x 100m Relay		Bandon	58.69	2014

Congratulations & well done to all who took part over the two days. Full results can be found at <u>www.munsterathletics.com</u>.