

## 9 National Records for Munster Athletes

Munster athletes were in great form at Day 2 of the GloHealth National Juvenile Track & Field Championships in Tullamore on Sunday 13th July. With ideal conditions, Munster clinched 76 medals in total which included 32 gold & national titles, 26 silver & 18 bronze & 9 new National records ( 4 track & 5 field) set by the athletes below:-

1. **Megan Lenihan, North Cork A.C.** threw 11.39m in the Girls U/12 Shot Putt to smash Vickie Cusack's (Liscarroll A.C.) 2011 record of 9.62m.
2. **Robert Dillon, Midleton A.C.** leaped to a height of 1.55m in the Boys U/13 High Jump to better the existing record of 1.54m set by Diarmuid O'Connell, St. Ita's A.C. in 2005.
3. **Miriam Daly, Carrick-On-Suir A.C.** ran 11.30 in the Girls U/14 75mH to better the 2010 record of 11.32 set by Kate McGowan, Tir Conaill A.C.
4. **Jack Hallahan, Midleton A.C.** threw 44.28m in the Boys U/15 Discus to break the existing record of 43.13m set by Dale Kennedy, Ferrybank A.C. in 2004.
5. **Orlaith O'Brien, Ferrybank A.C.** threw 41.56 in the Girls U/16 Javelin to smash by over 5 metres the 2013 record of 36.42m set by Michaela Walsh, Swinford A.C.
6. **Daniel Ryan, Moycarkey Coolcree A.C.** ran 13.30 in his heat & 13.45 in the final of the Boys U/16 100mH to twice break the 2006 record of 13.66 held by Irish International 400m hurdler, Jason Harvey, Crusaders A.C.
7. **Jack Murphy, Leevale A.C.** ran 13.65 in the Boys U/17 100mH to take a second record from Jason Harvey breaking his 2007 time of 13.74.
8. **Laura Cussen, Old Abbey A.C.** vaulted to a new height of 2.86m in the Girls U/17 Pole Vault to better the 2009 record of 2.85m set by Lisa Houlihan, West Waterford A.C.
9. **Ciara Cummins, Nenagh Olympic A.C.** set a new record in the Girls U/18 2km Steeplechase running 7.20.70 to exceed the 2013 record of 7.24.75 set by Cliona Carthy, Celtic DCH A.C.





*Some of our Munster Record Breakers pictured above. Picture credit to Sportsfile.*

In the Track Events, there was a 1 & 2 for Munster athletes in the Girls U/13 60mH, a 2 & 3 in Boys U/13 60mH, 2<sup>nd</sup> & 3<sup>rd</sup> in the Boys U/13 80m & Girls U/14 80m, 1<sup>st</sup> & 3<sup>rd</sup> in Boys U/14 80m, 1<sup>st</sup> & 3<sup>rd</sup> in Boys U/18 100mH, 2<sup>nd</sup> & 3<sup>rd</sup> in Girls U/19 100mH & a clean sweep in the Girls U/18 100mH.

In the Field Events, Munster athletes recorded a 1 & 2 & 3 in the Boys U/13 Long Jump, a 1 & 2 in the Boys U/14 Hammer, a clean sweep in the Girls U/15 Hammer winning gold, silver & bronze, National titles in the Girls U/14 & Boys U/14 & U/15 Long Jumps, silver & bronze in the Boys U/12 Long Jump, gold & bronze in the Boys U/13 High Jump, 1<sup>st</sup> & 2<sup>nd</sup> in the Boys U/15 Long Jump, 1<sup>st</sup> & 2<sup>nd</sup> in the Boys U/15 Discus, 1<sup>st</sup> & 2<sup>nd</sup> in Girls U/17 Pole Vault, gold & silver in the Girls U/18 Triple Jump, silver & bronze in the Girls U/19 Shot Putt, 1<sup>st</sup> & 3<sup>rd</sup> in Boys U/19 Javelin & Girls & Boys U/18 Triple Jump titles.

Some athletes won more than one medal on the day:- **Niamh Foley, St. Mary's A.C. Limerick** (double gold in U/13 60mH & 80m); **Tom Deasy, Belgooly A.C.** (double gold in Boys U/17 Long Jump & High Jump); **Lauren O'Leary, Emerald A.C.** (gold in U/14 Long Jump & silver in 80m); **Robert Dillon, Middleton A.C.** (gold & CBP in U/13 High Jump & silver in 80m); **Megan Lenihan, North Cork A.C.** (gold in Shot Putt & CBP & silver in Turbo Javelin); **Darren Prout, Carrick-On-Suir A.C.,** (gold in U/18 Triple Jump & bronze in 110mH); **Darragh Minter, St. Mary's A.C. Clare** (1<sup>st</sup> U/14 Long Jump & 3<sup>rd</sup> 80m), **Daniel Hurley, Old Abbey A.C.** (2<sup>nd</sup> U/13 60mH & bronze in Long Jump) & **Wymin Sivakumar, Leevale A.C.** (2<sup>nd</sup> U/13 Long Jump & 3<sup>rd</sup> in 60mH). A lot of our medal winners from Day 2 also have events on Day 3 & Day 4 of the National Juvenile Championships & we look forward to enjoying more high level athletics from them.





*Some of the Munster medal winners from the weekend pictured above. Picture credit to Sportsfile.*

See Munster medal winners from Day 2 of the Championships below:-

#### Gold Medals

1. Katelyn Reid, An Ríocht A.C, Girls U/12 High Jump (1.33m)
2. Megan Lenihan, North Cork A.C., Girls U/12 Shot Putt (11.39m) **CBP**
3. Victory Eddy-Atu, Waterford A.C., Boys U/12 60m (8.53)
4. Niamh Foley, St. Mary's A.C. Limerick, Girls U/13 60mH (9.92)
5. Niamh Foley, St. Mary's A.C. Limerick, Girls U/13 80m (10.69)
6. Diarmuid O'Connor, Old Abbey A.C., Boys U/13 Long Jump (4.79m)
7. Robert Dillon, Midleton A.C., Boys U/13 High Jump (1.55m) **CBP**
8. Miriam Daly, Carrick-On-Suir A.C., Girls U/14 75mH (11.30) **CBP**
9. Brian Naughton, Nenagh Olympic A.C., Boys U/14 Hammer (34.67m)
10. Lauren O'Leary, Emerald A.C., Girls U/14 Long Jump (5.10m)
11. Conor Morey, Leevale A.C., Boys U/14 80m (9.93)
12. Darragh Minitier, St. Mary's A.C. Clare, Boys U/14 Long Jump (5.37m)
13. Tony Odubote, Ennis Track A.C., Boys U/15 100m (11.54)
14. James Murphy, Waterford A.C., Boys U/15 Long Jump (5.78m)
15. Sinead Warren, Gneeveguilla A.C., Girls U/15 Hammer (35.84m)
16. Jack Hallahan, Midleton A.C., Boys U/15 Discus (44.28m) **CBP**
17. Orlaith O'Brien, Ferrybank A.C., Girls U/16 Javelin (41.56m) **CBP**
18. Daniel Ryan, Moycarkey Coolcree A.C., Boys U/16 100mH (13.30) **CBP**
19. Laura Cussen, Old Abbey A.C., Girls U/17 Pole Vault (2.86m) **CBP**
20. Aoife Doyle, Star of the Laune A.C., Girls U/17 Discus (36.29m)
21. Jack Murphy, Leevale A.C., Boys U/17 100mH (13.65) **CBP**
22. Tom Deasy, Belgooly A.C., Boys U/17 Long Jump (5.86m)
23. Tom Deasy, Belgooly A.C., Boys U/17 High Jump (1.81m)
24. Niamh McNichol, Ferrybank A.C., Girls U/18 100m (12.12)
25. Clodagh O'Mahony, Dooneen A.C., Girls U/18 100mH (14.42)
26. Ciara Cummins, Nenagh Olympic A.C., Girls U/18 2km Steeplechase (7.20.70) **CBP**
27. Fiona O'Shea, Dooneen A.C., Girls U/18 Triple Jump (11.19m)
28. Jason Foley, Lios Tuathail A.C., Boys U/18 100mH (14.78)
29. Darren Prout, Carrick-On-Suir A.C., Boys U/18 Triple Jump (13.12m)
30. Sean Collins, Ennis Track A.C., Boys U/18 3km Steeplechase (9.53.65)
31. Michael Dineen, Carrick-On-Suir A.C, Boys U/18 Javelin (47.71m)
32. Bobby Smith, Bandon A.C., Boys U/19 Javelin (52.19m)

## Silver medals

1. Megan Lenihan, North Cork A.C., Girls U/12 Turbo Javelin (29.85m)
2. Timmy Adebayo, Midleton A.C., Boys U/12 Shot Putt (9.26m)
3. Evan Hayes, Waterford A.C., Boys U/12 Long Jump (4.42m)
4. Ellen Lynch, Dooneen A.C., Girls U/13 60mH (9.98)
5. Daniel Hurley, Old Abbey A.C., Boys U/13 60mH (9.97)
6. Robert Dillon, Midleton A.C., Boys U/13 80m (10.78)
7. Wymin Sivakumar, Leevale A.C., Boys U/13 Long Jump (4.71m)
8. Sean Carolan, Nenagh Olympic A.C., Boys U/14 Hammer (33.19m)
9. Lauren O'Leary, Emerald A.C., Girls U/14 80m (10.31)
10. Ciara Brannigan, Borrisokane A.C., Girls U/15 Hammer (34.33m)
11. David Ryan, Moycarkey Coolcree A.C., Boys U/15 Long Jump (5.71m)
12. Sean Mockler, Moycarkey Coolcree A.C., Boys U/15 Discus (38.97m)
13. Aoife Hamilton, West Waterford A.C., Girls U/17 2km Steeplechase (7.45.50)
14. Ellen Larkin, Emerald A.C., Girls U/17 Pole Vault (2.65m)
15. Maria Carey, Newport A.C., Girls U/17 Long Jump (5.40m)
16. Andrew Kennedy, Emerald A.C., Boys U/17 2km Steeplechase (7.00.82)
17. Leanne Prout, Carrick-On-Suir A.C., Girls U/18 100mH (14.58)
18. Semirat Saidi, Ennis Track A.C., Girls U/18 Triple Jump (10.24m)
19. Ciara Mockler, Moycarkey Coolcree A.C., Girls U/18 Shot Putt (11.89m)
20. Roisin Harrison, Emerald A.C., Girls U/19 100m (12.30)
21. Grace McKenzie, Belgooly A.C., Girls U/19 100mH (15.70)
22. Kaleigh Cronin, Farranfore Maine Valley A.C., Girls U/19 Discus (42.32m)
23. Aideen Hallahan, Midleton A.C., Girls U/19 Shot Putt (10.35m)
24. Sam Healy, Leevale A.C., Boys U/19 110mH (15.33)
25. Jack Daly, Youghal A.C., Boys U/19 Javelin (36.40m)
26. Colin Kingston, Bandon A.C., Boys U/19 Discus (37.89m)

## Bronze Medals

1. Shane Fitzgerald, St. Mary's A.C. Limerick, Boys U/12 Long Jump (4.42m)
2. Wymin Sivakumar, Leevale A.C., Boys U/13 60mH (10.01)
3. Robert Twomey, Leevale A.C., Boys U/13 80m (10.80)
4. Daniel Hurley, Old Abbey A.C., Boys U/13 Long Jump (4.68m)
5. Conor Blake, St. John's A.C. Clare, Boys U/13 High Jump (1.40m)
6. Niamh Moriarty, Dooneen A.C., Girls U/14 80m (10.55)
7. Darragh Minitier, St. Mary's A.C. Clare, Boys U/14 80m (10.03)
8. Olivia Humphries, Dooneen A.C., Girls U/15 80mH (12.85)
9. Sophie Lynch, Lios Tuathail A.C., Girls U/15 100m (12.88)
10. Vickie Cusack, Lisscarroll A.C., Girls U/15 Long Jump (5.01m)
11. Aine Cotter, Fanahan McSweeney A.C., Girls U/15 Hammer (30.85m)
12. Ciara Neville, Emerald A.C., Girls U/16 100m (12.37)
13. Robert Campbell, Farranfore Maine Valley A.C., Boys U/16 Javelin (36.95m)
14. Sarah Hayes, Skibbereen A.C., Girls U/17 Shot Putt (10.88m)
15. Kelly Ann Doyle, Carrick-On-Suir A.C., Girls U/18 100mH (14.73)
16. Darren Prout, Carrick-On-Suir A.C., Boys U/18 110mH (15.17)
17. Jayne Pennefather, Leevale A.C., Girls U/19 100mH (16.86)
18. Alice Akers, Marian A.C., Girls U/19 Shot Putt (9.99m)

Full Results can be found at [www.munsterathletics.com](http://www.munsterathletics.com).

Extract from AAI Website dated Saturday 13<sup>th</sup> July 2014

## **Young Stars Shine In Tullamore**

Championship Best Performances and thrilling competition was the order of the day at the GloHealth Juvenile Track and Field Championships held in Tullamore on Sunday the 13th of July.

### **Field Events**

Robbie Marrs (City of Lisburn AC) set a stunning new Championships Best Performance (CBP) of 1.94m in the U16 boy's High Jump. The mark added 4cm to the old record set in 2011 by David Cussen. For good measure Ryan Carthy (Adamstown AC) was also over the old mark clearing 1.91m for second place.

Another CBP was set in the U13 boy's High Jump by Robert Dillon (Midleton AC) with a clearance of 1.55m. Ciara Deely (Kilkenny City Harriers AC) impressed with victory in the U15 High Jump with a clearance of 1.66m. Deely also won the 80m hurdles title in a time of 12.19.

James Kelly (Finn Valley AC) produced a huge throw in the U15 boy's Javelin to set a new CBP of 51.67m, this added over 6m to the old mark held by Philip Burns (Bandon AC)- 45.15m. Darren Prout (Carrick on Suir AC) was an impressive winner of the U18 boy's Triple Jump with a jump of 13.12m.

### **Hurdles**

Sam Healy (Leevale AC) was the clear winner of the U19 boy's 110m hurdles title in a time of 15.33 seconds. The expected battle with

Mathew Behan (Crusaders AC) never transpired as he was disqualified for a false start.

Daniel Ryan (Moycarkey Coolcree AC) won the U16 boy's 100m hurdles title in a time of 13.45 which surpassed the old mark (13.66) held by Irish International 400m Hurdler Jason Harvey (Crusaders AC) which had stood since 2006

## 100m

Molly Scott (St Laurence O'Toole AC) was another of those to impress in the hurdles winning the U16 title in a time of 11.67.

Elizabeth Morland (Cushinstown AC) was on the double in Tullamore as she won the U17 girls 100m hurdles in a time of 14.63 and the Long Jump with a leap of 5.78m.

Scott also competed in the sprint event finishing second behind a storming run by Gina Akpe Moses (Blackrock AC) who won the title in a time of 12.10. The time was a new CBP breaking the old mark held by Sarah Lavin (Emerald AC) which stood at 12.14.

Niamh McNicol (Ferrybank AC) had a comfortable victory in the U18 girl's 100m to win the title in a time of 12.12. Patience Gula Jumbo (St Gerard's AC) set a new CBP of 10.19 in the U14 girl's 80 event.

It was double joy for Connacht in the boy's sprint events with Christopher O'Donnell (North Sligo AC) winning the U17 title in a time of 11.17 and Conor Duggan (Craughwell AC) claiming the U18 title in a time of 11.27. Dean Power (Tullamore Harriers AC) was a class apart in the U19 100m as he won the national title in 11.03

Sean Collins (Ennis Track AC) and Damien O'Boyle (Craughwell AC) battled it out in the U18 boy's 3,000m steeplechase. Collins proved the stronger on the day winning the title in a time of 9.53.65 with Boyle close in second in a time of 9.56.10. Ciara Cummins won the girl's U18 2,000m steeplechase in a time of 7.20.70