

6 National Combined Events Medals for Munster Athletes

Munster athletes were in fine form at the Woodie's DIY AAI Juvenile Combined Events Championships in the AIT Arena, Athlone on Saturday 11th January taking home 6 medals (4 gold, 1 silver & 1 bronze).

4 Munster athletes had an exceptional day winning gold & National titles. Sophie Meredith, St. Mary's A.C., Limerick stormed home to victory & a national title as clear winner in the Girls U/14 competition finishing on 3201 points, 814 points in front of Rachel Kelly, Kilkenny City Harriers A.C. in 2nd place. Vickie Cusack, Liscarroll A.C. was also a national winner in the Girls U/15 competition finishing on 3,051 points & going over the 3,000 points barrier for the first time. The most emphatic win of the day came from Daniel Ryan, Moycarkey Coolcree A.C. who amassed 3,687 points, 1,032 points ahead of silver medallist Alex Clarkin, Donore Harriers A.C. His brother David also clinched the national title in the Boys U/15 competition winning gold on 2909 points, 389 points clear of Cian Kelly, St. Abbans A.C. Sean Carolan, Nenagh Olympic A.C. finished 2nd in the closely contested Boys U/14 competition with 2033 points while Aisling Cassidy, Bandon A.C. won national bronze in the Girls U/14 competition on 2,373 points.

Other Munster athletes who competed well on the day but who were outside the medals were:- Ella Stack, Bandon A.C. & Erica Deasy, Belgooly A.C. (16th & 18th Girls U/14), Tom Gallagher, Ferrybank A.C., Brian Lynch, Old Abbey A.C., Sean Burke, Moyne A.C. & Jack Ryan, Moycarkey Coolcree A.C. (4th, 9th, 11th & 12th Boys U/14), Ciara McKeown & Laura Nicholson, Bandon A.C. & Hannah Murphy & Gabriella Chisholm, Leevale A.C. (8th, 9th, 10th & 13th Girls U/15), Jack Fallon, Moycarkey Coolcree A.C., James Murphy, Waterford A.C. Ben O'Donovan, Abbey Striders A.C. & Pdraig Nash, Belgooly A.C. (4th, 8th, 11th & 14th Boys U/15), Sinead O'Regan, Ferrybank A.C. (4th Girls U/16), Grace Furlong, Waterford A.C. & Alison Healy, St. Marys A.C., Limerick (8th & 9th Youth Women) & Tom Deasy, Belgooly A.C. & Kevin O'Leary, Liscarroll A.C. (6th & 9th Youth Men). Congratulations & well done to them all. Full results can be found at www.munsterathletics.com.



Some Munster athletes who took part in the National Juvenile Combined Events Championships in AIT Arena on Saturday 11th January.

See extract from AAI Report dated 11th January 2014 below:-

“Juvenile Round Up

Arlene Crossan (Finn Valley AC) produced a fantastic set of results to win the girl’s U16 title with a score of 3,413 points. It was a great day for the Ryan family with eldest brother Daniel Ryan winning the boy’s U16 title with a score of 3, 687 points with brother David winning the U15 title with a score of 2,909 points, both athlete represent **Moycarkey Coolcroo AC**.

Vicki Cusack (Liscarroll AC) won the U15 girl’s title with a score of 3,051 after a consistent set of performance’s over the five events. The U14 boy’s title was won by **Tariq Adegoke (St Laurence O’Toole AC)** with a score of 2,220 and **Sophie Meredith (St Marys Limerick AC)** won the U14 girl’s title with a score of 3,201 points.”