

Munster Juvenile PRO Report

SIAB Schools International Combined Events

Saturday 13th December 2014, Emirates Arena, Glasgow

Gold & Silver Individual Medals for Munster Athletes



A very strong Irish team of 16 athletes travelled to the Emirates Arena, Glasgow to represent their schools & country at the SIAB Schools International Combined Events Championships on Saturday 13th December. It was an historic day for the Schools International athletes who brought home the largest medal haul ever in this event, 2 gold, 2 silver & 1 bronze in the individual competition, 1 gold & 3 silver in the team competition & a new record of 4,045 points in the Intermediate Girls set by Elizabeth Morland.

Best Individual performance from our 4 Munster athletes came from **Daniel Ryan, Thurles CBS** who took the gold medal in the Intermediate Boys competition a year out of his age with just 5 points to spare posting a new pb of 3645 points, an improvement of 145 points from the All Ireland Schools Championships in November. Daniel led the competition from the second event & managed to hold off the tremendous pressure from the leading English athletes setting 3 new pbs on the day in the 60mH (8.28), Shot Putt (14.12m) & 200m (23.00). His brother **David** continued the charge of the Irish when he finished an excellent 2nd place in the Junior Boys competition which was a very close affair with just 55 points separating the top 4 in the competition. Lying in 3rd place after 4 events, just 1 point away from the silver medal & 57 points from gold, David gave it his all in the 800m running a new pb of 2.12.67 which moved him up to 2nd, 27 points away from gold. He posted

a new pb of 3234 points setting 4 new pbs on the day in the 60mH (9.01), Long Jump (6.14m), Shot Putt (12.72m) & 800m & improved his overall score by a massive 394 points from the All Ireland Schools Championships in November.

Sophie Meredith, SMI Newcastle West also won a brilliant silver medal in the Junior Girls competition a year out of her age. She finished the competition on 3437 points behind Scotland's Holly McArthur & set a new pb in the 800m of 2.31.18 & was just 1cm off her pb in the High Jump at 1.62m. **Vicki Cusack, Davis College, Mallow** finished in 8th place overall in the Junior Girls competition having given good solid performances in all her events & posting an overall total of 3238 points. Best team performance on the day for the Irish team was the gold medal win by the Irish Junior Girls team of **Sophie Meredith, Vicki Cusack, Kate O'Connor & Bronagh Walsh**. This was another historic win as Ireland have never taken gold before in this competition, final score was 10062 points for Ireland & 9322 points for England. The Irish Junior Boys team of **David Ryan, Aaron Sexton, David Murphy & Thomas Mullen** won silver behind the English with the Irish Intermediate Boys team of **Daniel Ryan, Shane Joyce, Keith Marks & Ryan Murray** also winning silver behind England.

A big congratulations to our four Munster athletes & to all the Irish team on such fantastic results.

See Full results at this link:-

http://www.ssaa.co.uk/SSAA/documents/results/2014/Schools%20International%20Pent%202014_results.pdf

AAI Website Report from Schools International Combined Events

Irish Schools Compete International Pentathlon Glasgow

POSTED: December 15 2014

“Irish Schools enjoyed their best day ever at the annual Schools Pentathlon at the Emirates Arena in Glasgow on Saturday . All four teams pushed the usually dominant English all the way for the top of the podium and when all the points were toted the Junior Girls

prevailed to take a historic team gold at this age for the first time in the history of this competition with all the others teams taking silver.



History was also created individually with Elizabeth Morland, from Dunshaughlin Community School winning the Inter Girls and in doing so crashed through the 4000 point barrier. This surpassed her record from the previous year by more than 300 points. The points were gathered by an opening p.b. of 12.33m shot, 8.92s 60m hurdles which by her own high standards she was not happy with. She followed this by long jumping 5.68m and going very close 1.77m in the high jump before settling for 1.74m and draining every last ounce of energy she could to run 1.23.35 in the 800m to get over the magical 4000 point mark. The Inter team had to give way to England who produced an all- time best team total of 10,885 for three athletes.

A second individual gold followed in the Inter boys with Daniel Ryan Thurles CBS just holding off two English athletes to take gold by a narrow five points. Daniel can compete at this age group again next year where he will have his eye on the record points for this competition. Daniel's younger brother David took silver in the Junior

Boys. The two boys brilliantly led their teams pushing the English all the way before taking team silvers.

The other Irish athletes to take individual medals were Sophie Meredith Scoil Mhuire Newcastlewest and Kate O'Connor St. Vincent's Dundalk, silver and bronze in the Junior Girls with the team gold secured by Bronagh Walsh St Leo's Carlow who was fifth. Sophie and Kate are young enough to try and retain this title next year.”





Joy for all, the best Irish Performance ever!



Gold for Daniel Ryan, Intermediate Boys & Silver for Sophie Meredith, Junior Girls



Silver for David Ryan, Junior Boys



Gold & Silver Individual Medals for brothers, Daniel & David Ryan



Gold for Irish Junior Girls Team



Team Silver for Irish Intermediate Boys



Irish Junior Boys Team who won silver



Irish Junior Boys Team



Irish Junior Girls Team



Irish Intermediate Girls Team