

**Munster Athletics - 15/06/2014**  
**Senior Men's Track & Field Championships 2014**  
**CIT, Cork**  
**Results**

**Men 100 Meter Dash Senior**

Name	Age	Team	Finals	H#
Finals				
1	233	Cormac Lynch	Marian A C	10.88 2
2	217	Tony Stafford	Menapians	11.01 2
3	284	Kaodi Ogbene	Leevale A C	11.26 1
4	238	Patrick Lynch	Newport A C	11.28 1
4	387	Eoin Muldowney	Guest	11.28 1
6	304	Mark Varley	Dooneen A C	11.31 2
7	397	\michael Deady	Menapians	11.49 2
8	291	Liam Mulcahy	Leevale A C	11.52 2
9	350	David O'Shea	Dooneen A C	11.56 1
10	299	Aaron Meyler	Menapians	11.57 1
11	332	Shane Howard	Bandon A C	11.62 1
12	293	Neil Heffernan	Leevale A C	11.63 2
13	255	Roland Pika	Limerick A C	11.92 2
14	318	Raymond Walsh	Abbey Striders A C	12.29 1
15	400	Robert Cunningham	Limerick A C	12.64 2

**Men 200 Meter Dash Senior**

Name	Age	Team	Finals	H#
1	233	Cormac Lynch	Marian A C	22.17 2
1	387	Eoin Muldowney	Guest	22.17 2
3	217	Tony Stafford	Menapians	22.41 1
4	252	Conor Wilson	Menapians	22.70 2
5	284	Kaodi Ogbene	Leevale A C	22.83 1
5	238	Patrick Lynch	Newport A C	22.83 1
7	304	Mark Varley	Dooneen A C	23.05 1
8	393	Robert Bennett	Cit Cork	23.23 2
9	330	Danny Allen	Bandon A C	23.52 2
10	402	Jack Murphy	Leevale A C	23.55 2
11	291	Liam Mulcahy	Leevale A C	23.91 1
12	400	Robert Cunningham	Limerick A C	26.07 1

**Men 400 Meter Dash Senior**

Name	Age	Team	Finals	H#
1	389	Paul White	Nenagh Olympic A C	49.91 1
2	335	Evan Crotty	Emerald A C	51.23 1
3	260	Lorcan O'Connor	Emerald A C	51.29 1
4	264	Liam O'Brien	Togher A C	52.09 2
5	330	Danny Allen	Bandon A C	52.22 2
6	230	Mikey Cullen	Menapians	53.16 2
7	252	Conor Wilson	Menapians	56.50 1
8	334	Paul Costelloe	Emerald A C	57.67 2

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**Men 800 Meter Run Senior**

Name	Age	Team	Finals	
1	286	Conor Walter	Leevale A C	1:55.15
2	392	Damien Landers	St Johns A C	1:55.60
3	322	Denis Coughlan	St Finbarrs A C	1:56.28
4	268	Ian Tivy	Togher A C	1:57.21
5	283	Luke Horgan	Leevale A C	1:57.45
6	338	John Collins	Skibbereen A C	1:58.54
7	265	Tony Kelleher	Togher A C	2:00.03
8	391	Kieran James	UCC	2:00.55
9	213	Michael Keane	Ennis Track A C	2:04.29
10	349	Kevin Coleman	Limerick A C	2:05.60
11	245	Shane Connick	St Pauls	2:10.19
12	312	David Butler	St Finbarrs A C	2:27.92

**Men 1500 Meter Run Senior**

Name	Age	Team	Finals	
1	333	Mark O'Sullivan	Bandon A C	4:06.36
2	392	Damien Landers	St Johns A C	4:09.36
3	241	Rory O'Connor	North Cork A C	4:09.51
4	204	Rory Moloney	West Waterford A C	4:14.16
5	382	Michael Carey	Clonmel A C	4:15.43
6	213	Michael Keane	Ennis Track A C	4:19.21
7	312	David Butler	St Finbarrs A C	4:56.65

**Men 5000 Meter Run Senior**

Name	Age	Team	Finals	
1	207	James McCarthy	East Cork A C	14:55.29
2	257	Michael Carmody	Limerick A C	14:56.88
3	208	Tim O'Donoghue	East Cork A C	14:57.58
4	396	Colm Sheahan	Leevale A C	15:05.72
5	288	Eric Curran	Leevale A C	15:26.09
6	394	Tim Twoomey	Leevale A C	15:30.25
7	269	Gavin Sweeney	Togher A C	15:43.47
8	267	Elton Heffernan	Togher A C	15:49.05
9	212	Kevin O'Brien	East Cork A C	16:10.42
10	302	Tony Fogarty	Templemore A C	16:46.13
11	263	John Durcan	Togher A C	16:48.15

**Men 110 Meter Hurdles 3'6" Senior**

Name	Age	Team	Finals	
1	395	Ger Cremin	An Riocht A C	17.99
2	214	Aidan Hogan	Rising Sun A C	27.36

**Men 400 Meter Hurdles 3'0" Senior**

Name	Age	Team	Finals	
1	398	Barry Upton	Menapians	53.42
2	215	Daniel Colbert	Midleton A C	55.80
3	298	Damian Walsh	Menapians	1:00.49
4	218	Conor Gaffney	Menapians	1:01.45
5	253	Jack Broderick	Limerick A C	1:02.61

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**Men 3000 Meter Steeplechase Senior**

Name	Age	Team	Finals
1 214 Aidan Hogan		Rising Sun A C	11:51.51
2 247 Ailbe Ryan		Moyglass	13:01.99
3 310 Michael Halpin		Kilfinane A C	17:26.25

**Men High Jump Senior**

Name	Age	Team	Finals
1 222 Jaime Murtagh		St Andrews AC	2.00m
2 309 P J Galvin		St Brendans A C	1.90m
3 221 Tom Deasy		Belgooly A C	1.75m

**Men Pole Vault Senior**

Name	Age	Team	Finals
1 403 Ian Rodgers		Crusaders A C	4.80m
2 275 Thomas Houlihan		West Waterford A C	4.60m
3 375 Juri Kanas		West Waterford A C	4.00m

**Men Long Jump Senior**

Name	Age	Team	Finals
1 273 Eoin O'Carroll		Tralee Harriers A C	6.87m
2 332 Shane Howard		Bandon A C	6.74m
3 292 Sam Healy		Leevale A C	6.69m
4 230 Mikey Cullen		Menapians	6.34m
5 255 Roland Pika		Limerick A C	6.27m

**Men Triple Jump Senior**

Name	Age	Team	Finals
1 256 Niall Counihan		Limerick A C	13.86m
2 251 Darren Prout		Carrick on Suir A C	13.74m
3 221 Tom Deasy		Belgooly A C	11.96m

**Men Shot Put Senior**

Name	Age	Team	Finals
1 229 Daniel Clifford		Farranfore	13.03m
2 272 Alan O'Connor		Tralee Harriers A C	12.49m
3 246 Kevin Fitzgerald		Waterford A C	12.26m
4 331 Patrick McSweeney		Bandon A C	11.67m
5 326 Shane Kennedy		Ferrybank A C	11.40m
6 271 Sean Purcell		Tralee Harriers A C	10.30m
7 346 Andrew McCarthy		Gneeveguilla A C	9.16m
8 345 Michael O'Neill		Gneeveguilla A C	9.00m
9 310 Michael Halpin		Kilfinane A C	7.47m

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**Men Discus Throw Senior**

Name	Age	Team	Finals
1 229 Daniel Clifford		Farranfore	43.49m
2 227 Barry Healy		Youghal A C	40.39m
3 272 Alan O'Connor		Tralee Harriers A C	39.43m
4 246 Kevin Fitzgerald		Waterford A C	32.52m
5 346 Andrew McCarthy		Gneeveguilla A C	31.61m
6 345 Michael O'Neill		Gneeveguilla A C	26.82m
7 271 Sean Purcell		Tralee Harriers A C	18.82m

**Men Hammer Throw Senior**

Name	Age	Team	Finals
1 323 Patrick Ryan		Ferrybank A C	50.51m
2 301 John O'Dwyer		Templemore A C	48.49m
3 331 Patrick McSweeney		Bandon A C	42.76m
4 345 Michael O'Neill		Gneeveguilla A C	38.61m
5 346 Andrew McCarthy		Gneeveguilla A C	25.07m

**Men Javelin Throw Senior**

Name	Age	Team	Finals
1 246 Kevin Fitzgerald		Waterford A C	44.46m
2 319 Shane O'Neill		Abbey Striders A C	44.09m
3 326 Shane Kennedy		Ferrybank A C	39.09m

**Men Weight Throw Senior**

Name	Age	Team	Finals
1 227 Barry Healy		Youghal A C	7.58m
2 301 John O'Dwyer		Templemore A C	6.50m
3 331 Patrick McSweeney		Bandon A C	5.71m
4 271 Sean Purcell		Tralee Harriers A C	5.25m
5 246 Kevin Fitzgerald		Waterford A C	5.22m

**Men Weight Over the Bar Senior**

Name	Age	Team	Finals
1 227 Barry Healy		Youghal A C	4.00m
2 331 Patrick McSweeney		Bandon A C	3.40m
3 271 Sean Purcell		Tralee Harriers A C	2.70m

**Men 5000 Meter Race Walk Senior**

Name	Age	Team	Finals
1 290 Alex Wright		Leevale A C	19:40.71
2 289 Luke Hickey		Leevale A C	20:05.42
3 348 Brendan Boyce		Guest	21:16.33