

## National B” Records for Munster

The GloHealth National Juvenile “B” Track & Field Championships were held in Tullamore Harriers Stadium on Saturday 18<sup>th</sup> July. Munster athletes were in fine form winning 38 individual medals in total (16 gold, 10 silver & 12 bronze) with **Emma Moore Kelly, Clonmel A.C.** setting a new Championship Best Performance of 12.86 in the Girls U/16 100m & **Martin Kehoe, Carrick-On-Suir A.C.** jumping out to 5.42m in the Boys U/16 Long Jump to set a new National record.



### **U/12**

**Neassa Towey, Templemore A.C.** took silver in the Girls 60m in 8.98 with silver for **Jack Callanan, Bandon A.C.** in the Boys 60m in 8.69 & bronze for **James Sage, Nenagh Olympic A.C.** in 8.71. In the Girls 600m, there was gold for **Maria Campbell, Dooneen A.C.** in 1.53.04 with silver for **Callum McCourt, Bandon A.C.** in the Boys 600m in a time of 1.48.63. There was gold for **Ross Corkery, Belgooly A.C.** in the Boys High Jump (1.20m) & **Henry Obiabor, Bandon A.C.** in the Shot Putt (8.39m) with a second bronze medal for **James Sage** in the Long Jump (3.83m). **Leah Parker, Midleton A.C. & Niamh O'Donovan, Bandon A.C.** won gold & silver in the Girls Shot Putt with throws of 6.92m & 6.21m.

### **U/13**

**Blessing Alamu, Midleton A.C.** won gold in the Girls Shot Putt with a throw of 9.94m & silver in the Long Jump (4.17m). Munster also won gold & bronze in the same event with **Amy O'Donoghue & Julie Sheehy, Bandon A.C.** taking home medals with jumps of 4.23m & 4.02m. In the 600m, there was bronze for **Jane Buckley, Bandon A.C.** in 1.49.42. **Eoghan Nash, Belgooly A.C.** won gold in the Boys High Jump with a jump of 1.35m & silver in the Long Jump with a leap of 3.92m.

### **U/14**

**Orla Coffey, Carrig na BhFear A.C.** won bronze in the Girls 800m (2.39.40) with gold for **Adam Ryan, Newport A.C.** (2.20.58) & silver for **Niall Desmond, Bandon A.C.** (2.24.30). There was gold for **Natasha O’Keeffee, Liscarroll A.C.** in the Girls Shot Putt with a throw of 9.89m with bronze for **Kerry Barrett, Youghal A.C.** in the High Jump (1.30m). **Donal Daly, Gneeveguilla A.C.** won bronze in the Boys Shot Putt with a throw of 7.13m with silver for **Tadhg O’Shaughnessy, Nenagh Olympic A.C.** in the Long Jump (4.35m).



### **U/15**

**Francis Cronin, Gneeveguilla A.C.** took double gold in the 100m in a time of 12.68 & the 800m in a time of 2.19.76. **Elma Casey, Clonmel A.C.** won bronze in the Girls 800m in a time of 2.42.04. **Emmanuel Alamu, Midleton A.C.** won bronze in the Boys Long Jump (3.65m).

### **U/16**

Munster scored a clean sweep in both the Girls & Boys 100m. There was gold for **Emma Moore Kelly, Clonmel A.C.** in a new Championship Best Performance of 12.86 with silver for **Niamh Linehan, Liscarroll A.C.** in 13.33 & bronze for **Roisin O’Callaghan, Midleton A.C.** in 13.53. Roisin also picked up silver in the Long Jump with a jump of 4.26m. **Daire McInerney, Bandon A.C.** ran a very swift 11.68 to take gold in the Boys 100m with silver for **Oscar Ottman, Newport A.C.** in 12.25 & bronze for **Farouk Sobayo, Ennis Track A.C.** in 12.49. **Alannah Neff, Leevale A.C.** won gold in the Girls 800m in a time of 2.26.24. **Martin Kehoe, Carrick-On-Suir A.C.** won double gold in the Long Jump & High Jump (1.60m) setting a new Championship Best Performance in the Long Jump of 5.42m.

The GloHealth National Juvenile Inter-Club Relay Championships also took place on Saturday 18<sup>th</sup> July in Tullamore Harriers Stadium with Munster Clubs taking home 7 gold, 7 silver & 7 bronze. Top scorers for the province were **Leevale A.C.** with 2 gold, 3 silver & 1 bronze with **Dooneen A.C.** in 2<sup>nd</sup> with 1 gold & 2 silver. **St. Mary’s A.C. Limerick & Nenagh Olympic A.C.**

won 1 gold & 1 bronze each, **Belgooly A.C. & Ennis Track A.C.** won 1 gold each, **Carrick-On-Suir A.C. & Templemore A.C.** had 1 silver & 1 bronze each with Midleton A.C. winning 2 bronze.



In the Girls U/12 4 x 100m there was a win for **Leevale A.C.** in 57.07 with **Belgooly A.C.** taking the title in the Boys U/12 4 x 100m in a time of 55.01 & **Nenagh Olympic A.C.** in 3<sup>rd</sup> place on 56.49.

Munster scored a clean sweep in the Boys U/13 competition with **St. Mary's A.C. Limerick** winning gold in 53.30 with **Templemore A.C.** in 2<sup>nd</sup> on 53.74 & **Midleton A.C.** taking bronze with 54.27. **Carrick-On-Suir A.C.** won bronze in the Girls U/13 4 x 100m with a time of 54.71.

In the Boys U/14 4 x 100m, there was gold for **Leevale A.C.** in 50.62 with silver for **Dooneen A.C.** in the Girls competition on 52.03 & bronze for **St. Mary's A.C. Limerick** in 52.17.

In the Girls U/15 4 x 100m, there was gold for **Dooneen A.C.** in 50.41 with silver for **Carrick-On-Suir A.C.** in 50.49. Ennis Track A.C. took the National title in the Boys U/16 4 x 100m in a time of 46.34 with Templemore A.C. taking bronze in 47.10. **Dooneen A.C.** took silver in the Girls competition running 50.85.

**Midleton A.C.** took bronze in the Girls U/17 4 x 400m in a time of 4.38.12. In the Boys U/18 4 x 100m there was bronze for **Leevale A.C.** & silver in the 4 x 400m in a time of 3.33.68.

In the Girls U/19 competition, **Leevale A.C.** won silver running 58.59 with **Nenagh Olympic A.C.** taking gold in the 4 x 400m Relay in 4.17.74 & silver for **Leevale A.C.** in 4.46.16.

**Extract from AAI Report dated 18<sup>th</sup> July 2015 on Athletics Ireland Website**

**Exciting Finish to GloHealth Juvenile Champs**

Tullamore Harriers Stadium hosted the National Juvenile Relay and B Championships on Saturday the 18th of July. The exciting day of track and field action kicked off at 10am while the relay action started at 11:30. The day had many fantastic performances from clubs in the relay championships as well as many championship bests set in the B Championships.

### **Rapid Relay Success**

Galway City Harriers were in top form at the national relays today claiming both the U18 and U19 boy's 4x100m relay titles. There was an exciting race in the U19 boy's 4x400m as Tallaght AC won the title in a time of 3:30.41. Raheny Shamrock AC were also on the double as they won the girl's U18 4x100m and 4x400m national titles.

Dundrum South Dublin took first place in the U19 girls 4X100m and silver in the U18 girls 4x400m setting a fast time of 4:08.58. Later in the day, the club (3:33.34) claimed gold in a hard fought boys u18 4x400 where they were pushed to the limit by Leevale A.C.(3:33.68).

Ballymena & Antrim AC (47.87) won the U15 boys 4x100, finishing just ahead of Greystones AC (48.6). In the U17 boys 4x100m, a close battle between Menapians A.C and Newbridge took place, Menapians finished first in 44.77 which was .14s ahead of Newbridge. Ennis Track stormed to victory in the U16 boy's contest to win the title in a time of 46.34 seconds as Galway City Harriers dominated the girl's U16 contest winning the title in emphatic fashion in a time of 50.29.

### **National B Championships**

Emma Moore Kelly (Clonmel AC) won a quick 100m race in the girls U16 category. Moore-Kelly stormed to victory in 12.86s to beat the previous championship best of 13.45. Another U16 championship record was broken in the men's U16 100m race as Dave McNerney topped quick competition to finish in 11.68s, beating the previous record of 12.02s. There was a record breaking run by Danika Gilshinan (Menapians AC) in the U13 girl's 600m event. Gilshinan ran a time of 1.42.04 surpassing the old record of 1.44.00 which had stood since 2006.

In the younger age groups, U12 sprinter Cian Smith produced a stand out performance to finish in 8.6 seconds and set a new championship record. In the U13 girls, Sophie Mullally set a new 80m record of 11.13s.

Eoin O'Connor (Kildare AC) held a commanding lead throughout the Boys U16 800m race and won in an impressive time of 2:08.49. In the field events, Martin Kehoe (Carrick on Suir) produced an exceptional final jump of 5m42 to ensure top spot on the podium as well as a new championship best