

Irish Schools Combined Events

Five in a Row for Ryan



#portsfile 12 November 2016, Prize winners in the Senior Boys event Daniel Ryan of Thurles CBS, first, John McKenna of Parklane college Newbridge, second, left, and Shane Traynor-Carson, third, right, at the Irish Life Health All Ireland Schools Combined Events in Adlan, Co. Westmeath. Photo by Oliver McVigh/Sportsfile

The Irish Life Health Irish Schools Combined Events Championships took place in AIT International Arena on Saturday 12th November 2016. A squad of 22 Munster athletes travelled to the venue for the competition as contestants from the four provinces battled it out for coveted Irish Schools titles & places on the Irish Junior & Intermediate International Schools Teams. A Minor competition was introduced for the very first time this year & it proved a very popular addition to the programme. Munster athletes won 8 medals in total (4 gold, 2 silver & 2 bronze) – Gold for **Daniel Ryan, Thurles CBS, Clodhna Blake, St. Michael's Kilmihil, Sean Carolan, St. Mary's Newport & Tony Odubote, Rice College Ennis**. Silver medals for **Shane Monagle, Ard Scoil na Mara & Diarmuid O'Connor, Colaiste Choilm, Ballincollig** & bronze for **Vickie Cusack, Davis College Mallow & Joseph Minter, Ennistymon CBS**.

6 Munster athletes also made the Irish Schools International teams - **Diarmuid O'Connor (Junior Boys), Tony Odubote, Shane Monagle, Joseph & Darragh Minter (Intermediate Boys) & Vickie Cusack, (Intermediate Girls)**.

Without doubt, **Daniel Ryan, Thurles CBS** was star of the show winning the Senior Boys competition with a record breaking 3725 points making it 5 in a row for the Tipperary athlete having been twice Junior, twice Intermediate & now Senior Boys Champion. He currently holds the Junior, Intermediate & Senior Boys Irish Schools Combined Events records & having won this competition every year from 1st year to 6th, it makes him the most decorated Irish Schools Combined Events athlete ever.

In the Minor Girls competition, **Ava Coyle, Kinsale Community School** was our top finisher in 5th place with 2684 points, close behind Ava in 6th place with 2671 points

was **Laura Frawley, St. Mary's Secondary School, Charleville** with **Orla Coffey, St. Angela's College Cork** in 9th place (2493 points).

Reece Ademola, Douglas Community School finished in 8th place in the Minor Boys competition scoring 2301 points, **Cailum Hedderman, St. John the Baptist Limerick** was 12th (2132 points) with **Hugh Collins, Rochestown College** unable to finish the competition having to pull out after the first event due to injury.

In the Junior Girls competition, **Emily O'Mahony, St. Augustine's College Dungarvan** finished in 6th place with a score of **2951 points** with **Holly Meredith, SMI Newcastle West** in 7th place on 2944 points. **Loreto Convent Clonmel** duo, **Ava Fennessy & Orla Winston** were 10th & 15th with 2838 points & 2116 points respectively.

In the Junior Boys category, **Sean Carolan, St. Mary's Newport** competed very well to win gold & the National Junior Boys title finishing with 3153 points. **Diarmuid O'Connor, Colaiste Choilm Ballincollig** put in a terrific performance to take silver with **2889 points** with **Cillian Griffin, Mercy Mount Hawk Tralee** in 14th place on 2212 points.



In the Intermediate Girls competition, our top finisher was **Vickie Cusack, Davis College Mallow** who finished 3rd with **3378 points** while **Aoibhinn O'Connor, Colaiste Choilm, Ballincollig** was 8th with 2903 points & **Diane Nagle, Mercy Mount Hawk, Tralee** 11th place on 1954 points.

The most competitive category on the day was the Intermediate Boys competition which saw Munster take a clean sweep with the top 4 places. Positions for the top of the podium changed several times on the day with **Tony Odubote, Rice College Ennis** finally taking the title with 3396 points. **Shane Monagle, Ard Scoil na Mara**

Tramore upgraded his 4th place finish at the Munster Schools Championships to a silver medal scoring 3279 points with brothers **Joseph & Darragh Miniter**, **Ennistymon CBS** taking 3rd & 4th spots with 3237 points & 3195 points.



Clíodhna Blake, **St. Michael's Community College, Kilmihil** was Munster's only representative in the Senior Girls competition & she had an excellent competition winning gold with a total score of **2929 points**.



Daniel Ryan, **Thurles CBS** was Munster's only representative in the Senior Boys competition & he put in a strong & confident performance to win gold & set a new

Irish Schools Record with a winning score of **3725 points**. Congratulations & well done to all our athletes who represented their schools so well on the day.

We wish our 6 athletes the very best of luck in AIT International Arena, Athlone on Saturday 10th December & hope they are successful in their endeavours on the day.

GloHealth All Ireland Schools Combined Events Report – Extract
taken from AAI Website dated 12th November 2016

Ryan rounds out in style

Daniel Ryan (CBS Thurles) rounded out his Irish Life Health Insurance combined events schools' career in style with victory in the senior boys with a total of 3725 points.

It made it five from five for Ryan: twice junior champion twice intermediate and now rounding out on top of the senior podium. To find full results of the day click [HERE](#)

Ryan clocked 8.36 seconds in the 60m hurdles, 14.47m in the shot put, 23.17 in the 200m, 6.49m in the long jump and 2:09.34 in the 800m. Jonathan McKenna (Patrician Newbridge) was second with 3124 points with Shane Traynor Canavan (St Marys Galway) third with 3106 points.

Tony Odubote (Rice College Ennis) caused a stir in the intermediate boys winning with 3396 points registering 8.60 seconds in the 60m hurdles, 10.26m in the shot put, a swift 22.73 seconds in the 200m, 6.04m in the long jump and 2:06.83 in the 800m. Shane Monagle (Ard Scoil na Mara Tramore) was second with 3279 points with Joseph Miniter (CBS Ennistymon) third with 3237 points.

It went down to the wire in the junior girls and intermediate girls age groups. The 800m made all the difference for Ella Duane (Cross&Passion Kilcullen) in the junior girls' running 2:32.98 to win the gold to usurp Niamh O'Neill (Ballyhaunis CS) in second on 3020 points and Erin Fisher (Methodist College) third with 3004 points.

McCauley edges Millet in thrilling contest

In the absence of Kate O'Connor (St Vincent's Dundalk) through injury, **Anna McCauley (Methodist College) won a pulsating battle with Ruby Millet (Kilkenny College) – McCauley edged it 3573 points to Millet's 3515.**

McCauley posted 5.11m in the long jump, 8.76 in the 60m hurdles, 1.67m in the high jump, 9.71m in the shot put and 2:29.81 in the 800m. Vickie Cusack (Davis College Mallow) had to settle for third with 3378 points.

In the minor age groups Jordan Cunningham (De la Salle) took the boys title with 2740 points ahead of Iarlaith Golding (St Colman's Claremorris) on 2595 points and Alan Miley (Dunlavin C.C.) with 2528 points.

Katie Monteith (Sullivan Upper School) edged the minor girls on 3059 points ahead of Jennifer Hanrahan (Our Lady's Templeogue) on 2999 points with Susan Nestor (Colaiste Iosagain) third on 2858 points.

Sean Carolan (St. Mary's Newport) was a convincing winner in the junior boys on 3153 points ahead of Diarmuid O'Connor (Colaiste Choilm Ballincollig) on 2889 points and Nelvin Appiah (Moyne CS) in third on 2887 points.

Clíodhna Blake (St. Michael's Community Col Kilmihil) won the senior girls with 2929 points ahead of Eva McPartland (Maynooth P.P.) on 2800 and Rachel Sawyer (Bagnelstown) with 2575.