

## Sun Shines on Munster Schools Athletes

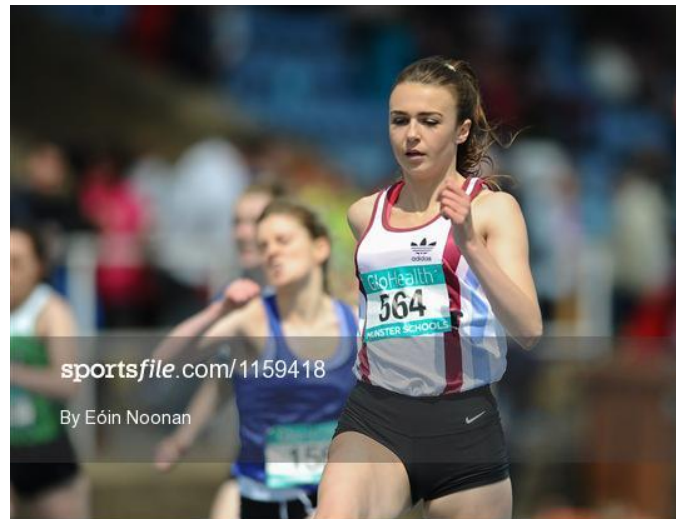
The GloHealth Munster Schools Track & Field Championships took place on Saturday 21<sup>st</sup> May in Waterford Regional Sports Centre. Amid sunshine & swirling winds, the spectators were treated to an array of exciting finishes & personal bests in lots of events. Having won both the Junior & Intermediate Boys Cups, **Thurles CBS** had the honour of winning the Overall Cup taking over the mantle from Bandon Grammer School who were the winners last year. Among the athletes who shone on the day were our **9 record breakers** with the oldest records to fall dating back to 1983 & 1980:-

- **Ciara Kennelly, St. Brigid's Killarney** jumped 1.65m in the Junior Girls High Jump to break the existing record of 1.64m set by Sophie Meredith, SMI Newcastlewest in 2015.
- **Ciara Sheehy, St. Mary's Charleville** threw the Junior Girl's Shot out to 13.04m to exceed the 2006 record of 12.97m set by Claire Fitzgerald, Presentation Tralee.
- **Megan Lenihan, Hazelwood College** had a massive throw of 42.97m in the Junior Girls Discus to smash the record of 37.87m set in 2011 by Kayleigh Cronin, St. Brigid's, Killarney.
- **Laura Nicholson, Bandon Grammer School** set a new record of 5.19.11 in the Intermediate Girls 1500 Meter Steeplechase to break the record of 5:25.42 set by Ciara Cummins, Ursuline Thurles in 2013.
- **Emma Coffey, St. Angela's Cork** vaulted a huge 3.20m in the Intermediate Girls Pole Vault to well exceed the mark of 2.70m & held jointly by Megan Dunford, St Augustines, 2014, Lisa Houlihan, St. Augustines, 2009 & Siobhan Brackett, St. Augustines, 2005.
- **Darragh McElhinney, Colaiste Pobail Bantry** ran 4.26.08 to cross the line almost 4 seconds clear of the time of 4.29.96 posted by Charlie O'Donovan, Colaiste Christ Rí in 2015.
- **Orlaith O'Brien, Yeats College** threw 43.19m in the Senior Girls Javelin to break the 1983 record of 41.16m held by Brenda Walsh FCJ, Laurel Hill.
- **Yuri Kanash, St. Augustine's Dungarvan** showed great form in the Senior Boys Pole Vault to finish on 4.25m a new Munster Schools record previously held at 4.21 by his school mate Seamie Fennell & set last year.
- **Mercy Mount Hawk Tralee Junior Boys 4x100 Meter Relay** ran 47.14 to break the record of 47.4h set by Tralee CBS in 1980.



*Winners of Senior Boys Pole Vault in which Yuri Kanash (centre) set a new Munster Schools record of 4.25m.*

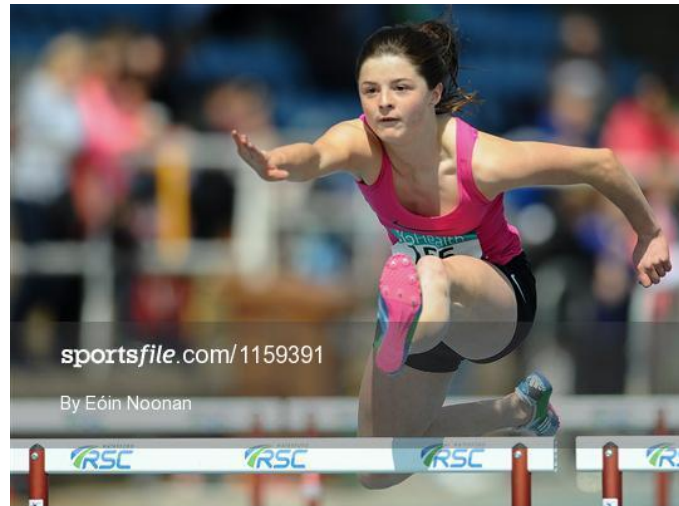
Having recently posted a World Junior “A” 200m standard on the same track, **Sharlene Mawdsley, St. Mary’s Newport** continued her great form powering her way home to double Munster Schools titles in the Senior Girls 100m & 200m.



There were lots of double medal winners on the day with great performances from double gold medal winners as follows:- **Lauren O’Leary, Nagle Rice Doneraile** took double gold in the Junior Girls 100m & Long Jump; **Ciara Neville, Castletroy College** took the double in the Intermediate Girls 100m & 200m; **Sophie Meredith, SMI Newcastlewest** won double gold in the Intermediate Girls Long Jump & High Jump; **Kate Taylor, Colaiste Mhuire Ennis** scored double gold in the Intermediate Girls 80mH & Triple Jump; **Noelle Lenihan, Hazelwood College** won both the Intermediate Girls Shot Putt & Discus; **Avril Deegan, Presentation Thurles** won both the Senior Girls 1500m & 3000m; **Ricky Carroll, St. Colman’s Fermoy** won the Minor Boys Shot Putt & the Junior Boys Hammer; **Jack Ryan, Thurles CBS** took double gold in the Junior Boys 100m & Triple Jump; **Tony Odubote, Rice College Ennis** took Munster titles in both the Intermediate Boys 100m & 400m; **Sean Mockler, Thurles CBS** won both the Intermediate Boys Discus & Hammer; **Joseph Minter, Ennistymon CBS** won the Intermediate Boys Triple Jump & Long Jump & **Eoghan Flynn, Dungarvan CBS** won both the Senior Boys Discus & Javelin.



*Lauren O’Leary, Rice Nagle Doneraile & Sophie Meredith, SMI Newcastlewest, both double gold medal winners*



*Kate Taylor, Colaiste Muire Ennis on her way to her second gold medal of the day*

Interestingly enough, there were lots of wins for siblings on the day with twin sisters, **Orla & Anna O'Connor, Waterpark College** winning gold & silver in the Intermediate Girls 2km Walk & twin brothers, **Conor & Donal Devane, St. Flannan's Ennis** winning gold in the Intermediate 1500m Steeplechase & silver in the Intermediate Boys 3000m. Sisters **Emma & Orla Coffey, St. Angela's Cork** won two Pole Vault medals between them with elder sister Emma leading the way with a gold medal win in the Intermediate Girls competition & a new record of 3.20 & younger sibling, Orla winning silver in the Junior Girls. Sisters **Laura & Ella Nicholson, Bandon Grammer School** took home 3 medals between them with younger sister Laura winning gold in the Intermediate Girls 1500m S/C setting a new record & silver in the 1500m & Ella winning bronze in the Senior Girls Long Jump. Brother & sister, **Jack Murphy (Christian Brothers College Cork) & Hannah (Regina Mundi Cork)** were also medal winners with Jack winning gold in the Senior Boys 110mH & Hannah bronze in the Intermediate Girls High Jump. Another brother & sister duo were **Diarmuid & Aoibhinn O'Connor, Coláiste Choilm Ballincollig** with Diarmuid winning silver in the Junior Boys High Jump & Aoibhinn placing 3<sup>rd</sup> in the Intermediate Girls Long Jump. Sisters **Megan & Noelle Lenihan, Hazelwood College** were in top form on the day with older sister Noelle winning double gold in the Intermediate Girls Shot Putt & Discus & younger sister Megan winning gold with a new record in the Junior Girls Discus & silver in the Javelin. **Natasha & Sarah O'Keefe, Davis College** were also winners on the day with Natasha winning bronze in the Junior Girls Shot Putt & Sarah winning bronze in the 300mH while brothers, **Evan & Barry Keane, St. Declan's Kilmacthomas** won silver in the Intermediate Boys 1500m & Senior Boys 5000m. Brothers, **Joseph & Jack McEvoy, St. Anne's Killaloe** took home four medals between them with older brother Joseph winning gold in the Intermediate Boys High Jump & placing 2<sup>nd</sup> in the Javelin & Jack winning silver in the Minor Boys 75mH & bronze in the Shot Putt. Brothers, **Darragh & Joseph Minitier, Kilrush CC & Ennistymon CBS** also took home four medals with gold for Darragh in the Intermediate Boys Shot Putt & silver in the 100mH & double gold for Joseph in the Intermediate Boys Long Jump & Triple Jump. Brothers, **Sean & Pdraig O'Callaghan, Coláiste Christí Rí Cork** took home 2 medals with Sean winning bronze in the Senior Boys 400m & Pdraig taking silver in the Intermediate Boys Hammer. Perhaps the most impressive sibling tally of the day went to the **Ryan family** who took home 7 medals in total with gold & silver for **Daniel** in the Senior Boys Long Jump & Pole Vault, gold for **David** in the Intermediate Relay, double gold for **Jack** in the Junior Boys 100m & Triple Jump (**all Thurles CBS**) & gold & silver for **Anna (Ursuline Thurles)** in the Junior Girls Pole Vault & the Minor Girls Long Jump. It was a fantastic day of athletics & well done to the Munster Schools Athletics Association & all their wonderful volunteers for running the competition so well. A big congratulations to all the athletes



who took part & we wish the very best of luck to all our qualifiers who will compete at the Irish Schools Track & Field Championships on Saturday 4<sup>th</sup> June. Good luck also to all our athletes who will be sitting State Exams in the next few weeks. We hope all goes well for them.



***Gold & silver for the Linehan sisters, Shauna & Emily, Colaiste Treasa in the Junior Girls Hammer***



***The Ryan siblings, Jack, Anna, Daniel & David who won 5 gold & 2 silver between them.***



*The Coffey Sisters, Emma & Orla, St. Angela's Cork who won gold in Inter Girls & silver in Junior Girls Pole Vault*

Cup Winners & School Rankings are listed below:-

***Women - Minor - Team Rankings - 6 Events Scored***

- 1) St Flannan's Ennis 9
- 2) Coláiste Muire Ennis 5
- 3) Kinsale Community School 4

***Women - Junior - Team Rankings - 15 Events Scored***

- 1) Loreto Clonmel 8
- 2) Colaiste Treasa Kanturk 7
- 3) PS Inbhear Sceine Kenmare 6
- 3) St Augustines Dungarvan 6
- 3) Nagle Rice Doneraile 6

***Women - Intermediate - Team Rankings - 19 Events Scored***

- 1) Scoil Mhuire Carrick on Suir 12
- 2) Castletroy College 10
- 3) Bandon Grammar School 8
- 3) Davis College Mallow 8

***Women - Senior - Team Rankings - 19 Events Scored***

- 1) Gaelcholáiste Luimnigh 11
- 2) Mercy Mount Hawk Tralee 10
- 3) St Mary's Newport 7

***Men - Minor - Team Rankings - 6 Events Scored***

- 1) Mercy Mount Hawk Tralee 8
- 2) Colaiste Christ Ri Cork 4

- 3) St Colmans Fermoy 3
- 3) Colaiste an Phiarsaigh Glanmire 3
- 3) Tralee CBS 3
- 3) St Anne's C C Killaloe 3
- 3) John The Baptist C S Hospital 3

***Men - Junior - Team Rankings - 15 Events Scored***

- 1) Thurles CBS 9
- 2) Mercy Mount Hawk Tralee 6
- 2) Tralee CBS 6

***Men - Intermediate - Team Rankings - 19 Events Scored***

- 1) Thurles CBS 16
- 2) St Flannan's Ennis 7
- 3) Ard Scoil na Mara Tramore 6
- 3) Rice College Ennis 6
- 3) CBS Ennistymon 6

**Men - Senior - Team Rankings - 19 Events Scored**

- 1) Bandon Grammar School 11
- 2) Colaiste Christ Ri Cork 7
- 3) Dungarvan CBS 7

Full results & photos can be found at [www.munsterschoolsathletics.org](http://www.munsterschoolsathletics.org).