

**Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016**

O35 Men 60m Hurdles

1 Martin Curley Ennis Track A.C. 12.05 CBP

O40 Men 60m Hurdles

1 PJ O'Rourke Limerick A.C. 11.23 CBP

O45 Men 60m Hurdles

1 Ronan Gately Clonliffe Harriers A.C. GUEST 11.26 CBP

Senior Women 60m Hurdles

1 Sarah Lavin UCD A.C. Guest 8.67

2 Rebecca O'Connell Liscarroll A.C. 9.79

O55 Women 60m Hurdles

1 Mary Barrett Loughrea A.C. GUEST 11.78 CBP

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

Senior Men 60m

1 Neil	Heffernan	Leevale A.C.	7.45 H1	Q
2 John	Hogan	Abbey Striders A.C.	7.52 H1	Q
3 Roland	Precieux	Limerick A.C.	7.64 H1	Q
4 Declan	Owens	Mayo A.C. GUEST	8.02 H1	q

1 Kaodi	Ogbene	Leevale A.C.	7.29 H2	Q
2 Robert	Bennett	Templemore A.C.	7.39 H2	Q
3 Micheal	Crehan	Kilmurray/Ibrick/N.Clare A.C.	7.44 H2	Q
4 Patrick	Lynch	Newport A.C.	7.60 H2	q
5 Ger	O'Shea	Dooneen A.C.	7.81 H2	q

1 Kaodi	Ogbene	Leevale A.C.	7.26 Final	
2 Robert	Bennett	Templemore A.C.	7.33 Final	
3 Patrick	Lynch	Newport A.C.	7.46 Final	
4 John	Hogan	Abbey Striders A.C.	7.51 Final	
5 Neil	Heffernan	Leevale A.C.	7.56 Final	
6 Micheal	Crehan	Kilmurray/Ibrick/N.Clare A.C.	7.69 Final	
7 Roland	Precieux	Limerick A.C.	7.82 Final	

60 m O35 Men

1 John	Walkin	Mayo A.C. GUEST	7.81 H1	
2 Danny	Meaney	Templemore A.C.	7.85 H2	
3 Adrian	McGinly	Templemore A.C.	7.86 H1	
4 Glen	Scullion	Mid Ulster AC GUEST	7.97 H2	
5 Martin	Brooks	Marian A.C.	8.02 H2	
6 Tom	Roche	West Limerick A.C.	8.18 H1	
7 David	O'Donovan	Eagle A.C.	8.20 H2	
8 Trevor	McGlynn	Lifford A.C. GUEST	8.21 H1	
9 Johnny	Doran	Templemore A.C.	8.21 H2	
10 Daryl	Fanagan	Rathfarnham W.S.A.F. A.C.	8.64 H2	
11 Kevin	Wilkinson	Dooneen A.C.	9.35 H1	

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

60m O40 Men

1 Anthony	Greaney	An Ríocht A.C.	7.69
2 Stephen	Lappin	Dooneen A.C.	8.09
3 John	Caird	Crusaders A.C. GUEST	8.17
4 Mark	Burke	Moyglass A.C.	8.35
5 Patrick	Leyden	Derg A.C.	8.68
6 Ian	Condon	Clonmel A.C.	9.25

60m O45 Men

1 Damian	Kirwan	Celbridge A.C. GUEST	7.95 H1
2 Alex	Conway	Ennis Track A.C.	8.09 H2
3 Jeremiah	McCarthy	Kenmare A.C.	8.16 H1
4 John	O'Loughlin	Crusaders A.C. GUEST	8.23 H1
5 Ronan	Gately	Clonliffe Harriers A.C. GUEST	8.39 H1
6 Trevor	White	St. Cronans A.C.	8.41 H2
7 Niall	Ó Ceallaigh	Clonmel A.C.	8.68 H2
8 Finbarr	Whelan	Liscarroll A.C.	9.01 H1
9 Denis	Looney	Eagle A.C.	10.77 H2

60m O50 Men

1 Richard	McArthur	St Cronans A.C.	8.10
2 Joe	Whelan	Clonmel A.C.	8.63
3 Timmy	Ryan	Dooneen A.C.	8.89
4 John	Murphy	Ennis Track A.C.	8.95
5 Richard	Butler	Ballynonty A.C.	8.95
6 Noel	Galvin	West Muskerry A.C.	9.00
7 Adrian	Young	Templemore A.C.	9.28

60m O55 Men

1 John	Murphy	Liscarroll A.C.	8.62
2 Peadar	McGing	Dundrum South Dublin A.C. GUEST	8.73

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

60m O60 Men

1 James	O'Hare	Limerick A.C.	8.90
2 Tom	McGrath	Templemore A.C.	9.33
3 Seamus	Fox	Fanahan Mc Sweeney A.C.	9.81

60m O65 Men

1 Brendan	Dennehy	Rising Sun A.C.	9.06
2 Bernard	O'Neill	Clonmel A.C.	9.19

60m O70 Men

1 Con	O'Donovan	Rising Sun A.C.	9.52
2 Jim	O'Shea	Farranfore Maine Valley A.C.	9.79
3 Jerry	O'Connell	Limerick Country Club A.C.	11.92

60m O75 Men

1 Sean	O'Dwyer	Kenmare A.C.	10.00 CBP
2 Joe	Hogan	Rising Sun A.C.	19.07

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

60m Senior Women

1	Ciara	Neville	Emerald A.C.	7.81 H1	Q
2	Sarah	Lavin	UCD A.C. Guest	7.88 H1	Q
3	Rebecca	O'Connell	Liscarroll A.C.	8.28 H1	Q
4	Eimear	Lynch	Newport A.C.	8.54 H1	q

1	Emily	Nolan	Carrick-on-Suir A.C.	8.14 H2	Q
2	Aoife	Doyle	Carrick-on-Suir A.C.	8.37 H2	Q
3	Genieve	Rowland	Templemore A.C.	8.95 H2	Q
4	Aisling	Gavin	West Limerick A.C.	9.35 H2	q
5	Lourda	Rosengrave	Ennis Track A.C.	9.97 H2	q

1	Ciara	Neville	Emerald A.C.	7.75 Final	
2	Sarah	Lavin	UCD A.C. Guest	7.79 Final	
3	Emily	Nolan	Carrick-on-Suir A.C.	8.07 Final	
4	Rebecca	O'Connell	Liscarroll A.C.	8.32 Final	
5	Aoife	Doyle	Carrick-on-Suir A.C.	8.42 Final	
6	Eimear	Lynch	Newport A.C.	8.56 Final	
7	Genieve	Rowland	Templemore A.C.	9.05 Final	
8	Aisling	Gavin	West Limerick A.C.	9.46 Final	
9	Lourda	Rosengrave	Ennis Track A.C.	10.09 Final	

60m O35 Women

1	Catherine	Moynihan O'Sullivan	Gneeveguilla A.C.	8.91	
2	Ursula	Barrett	St. Brendan's A.C. (Kerry)	8.99	
3	Louise	Collins	Dooneen A.C.	9.55	
4	Catherine	McKeogh	Derg A.C.	9.84	
5	Mary	Cahill	Ennis Track A.C.	9.97	
6	Michelle	Greaney	Tralee Harriers A.C.	10.11	

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

60m O40 Women

1 Nicola	Hayes	Waterford A.C.	NT
2 Anette	O'Brien	Gneeveguilla A.C.	NT
2 Brid	Stack	Gneeveguilla A.C.	NT
4 Martha	O'Sullivan	Dooneen A.C.	NT

60m O45 Women

1 Paula	Reilly	Celbridge A.C. GUEST	9.21	CBP
2 Jackie	McGee	Tramore A.C.	9.56	
3 Hilda	O'Connor	Ennis Track A.C.	10.38	
4 Norma	O'Connor	Gneeveguilla A.C.	10.57	
5 Eileen	O'Riordan	Gneeveguilla A.C.	11.25	

60m O55 women

1 Hazel	Galloway	Clonmel A.C.	9.83	CBP
2 Mary	Barrett	Loughrea A.C. GUEST	10.26	
3 Marion	O'Loughlin	Ennis Track A.C.	12.20	

60m O60 women

1 Margaret	Higgins	Corofin A.C. GUEST	12.00	
------------	---------	--------------------	-------	--

60m O70 women

1 Terri	Gough	West Waterford A.C.	13.59	CBP
---------	-------	---------------------	-------	-----

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

Senior Men 200m

1	Simon	Archer	Templemore A.C.	23.12	H2
2	Robert	Bennett	Templemore A.C.	23.52	H1
3	Jamie	Mitchell	Emerald A.C.	23.77	H3
4	Kaodi	Ogbene	Leevale A.C.	23.99	H3
5	Patrick	Lynch	Newport A.C.	24.31	H2
6	John	Hogan	Abbey Striders A.C.	24.34	H2
7	Roland	Precieux	Limerick A.C.	25.41	H3
8	Micheal	Crehan	Kilmurray/Ibrick/N.Clare A.C.	25.48	H1
9	Ger	O'Shea	Dooneen A.C.	25.49	H2
10	Christopher	Bristow	Eagle A.C.	27.99	H1
11	John Paul	Baggott	West Limerick A.C.	29.23	H1

O35 Men 200m

1	Brendan	Leahy	Waterford A.C.	24.81	
2	Adrian	McGinly	Templemore A.C.	25.75	
3	Glen	Scullion	Mid Ulster AC GUEST	26.39	
4	Tom	Roche	West Limerick A.C.	28.39	

O40 Men 200m

1	Anthony	Greaney	An Ríocht A.C.	24.81	CBP
2	John	Caird	Crusaders A.C. GUEST	26.94	
3	Michael	Dennehy	Rising Sun A.C.	27.73	
4	Patrick	Leyden	Derg A.C.	29.59	

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

O45 Men 200m

1 John	O'Loughlin	Crusaders A.C. GUEST	26.57 H3
2 Gregory	Fitzgerald	West Waterford A.C.	26.71 H1
3 Damian	Kirwan	Celbridge A.C. GUEST	27.01 H3
4 Trevor	White	St. Cronans A.C.	27.12 H2
5 Jeremiah	McCarthy	Kenmare A.C.	27.52 H1
6 Finbarr	Whelan	Liscarroll A.C.	27.84 H2
7 Ronan	Gately	Clonliffe Harriers A.C. GUEST	27.94 H2
8 Thomas	O'Shea	Liscarroll A.C.	28.70 H1
9 Niall	Ó Ceallaigh	Clonmel A.C.	29.23 H3

O50 Men 200m

1 Richard	McArthur	St Cronans A.C.	26.55 H1	CBP
2 Joe	Whelan	Clonmel A.C.	28.57 H2	
3 John	Murphy	Ennis Track A.C.	28.97 H1	
4 Timmy	Ryan	Dooneen A.C.	29.13 H2	
5 Adrian	Young	Templemore A.C.	30.57 H1	

O55 Men 200m

1 John	Murphy	Liscarroll A.C.	29.69
2 Stephen	Murphy	Rising Sun A.C.	34.65

O60 Men 200m

1 Joe	Gough	West Waterford A.C.	28.71
2 James	O'Hare	Limerick A.C.	30.05
3 Tom	McGrath	Templemore A.C.	31.43
4 Seamus	Fox	Fanahan Mc Sweeney A.C.	34.09

O65 Men 200m

1 Bernard	O'Neill	Clonmel A.C.	32.63
2 Patrick	Shelly	Ballynonty A.C.	40.34

**Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016**

O70 Men 200m

1 Con	O'Donovan	Rising Sun A.C.	35.43
2 Jerry	O'Connell	Limerick Country Club A.C.	41.97

O75 Men 200m

1 Joe	Hogan	Rising Sun A.C.	65.36 CBP
-------	-------	-----------------	-----------

Senior Women 200m

1 Ciara	Neville	Emerald A.C.	25.89 H2
2 Shannen	Dawkins	St. Joseph's A.C. GUEST	26.76 H2
3 Emily	Nolan	Carrick-on-Suir A.C.	27.19 H1
4 Eimear	Lynch	Newport A.C.	28.64 H2
5 Aoibhinn	O'Connor	Liscarroll A.C.	28.77 H1
6 Aisling	Gavin	West Limerick A.C.	32.47 H1
7 Lourda	Rosengrave	Ennis Track A.C.	33.45 H1

O35 women 200m

1 Ursula	Barrett	St. Brendan's A.C. (Kerry)	29.99 H1
2 Diane	Curran	Dooneen A.C.	31.99 H2
3 Louise	Collins	Dooneen A.C.	32.04 H2
4 Mary	Cahill	Ennis Track A.C.	32.49 H2
5 Catherine	McKeogh	Derg A.C.	33.74 H1
6 Michelle	Greaney	Tralee Harriers A.C.	35.57 H1
7 Maeve	Kenrick	West Limerick A.C.	37.6 H1

O40 Women 200m

1 Brid	Stack	Gneeveguilla A.C.	30.57 CBP
2 Nicola	Hayes	Waterford A.C.	30.88
3 Anette	O'Brien	Gneeveguilla A.C.	30.91
4 Martha	O'Sullivan	Dooneen A.C.	33.94

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

O45 Women 200m

1 Jackie	McGee	Tramore A.C.	31.19	CBP
2 Paula	Reilly	Celbridge A.C. GUEST	31.28	
3 Elaine	Barry	Tramore A.C.	34.44	
4 Shirley	Fennelly	Tramore A.C.	35.13	

O50 Women 200m

1 Finola	Moore	Celbridge A.C. GUEST	34.74	
----------	-------	----------------------	-------	--

O55 Women 200m

1 Hazel	Galloway	Clonmel A.C.	35.19	
2 Marion	O'Loughlin	Ennis Track A.C.	43.51	

O70 Women 200m

1 Terri	Gough	West Waterford A.C.	49.18	CBP
---------	-------	---------------------	-------	-----

Senior Women 400m

1 Shannen	Dawkins	St. Joseph's A.C. GUEST	61.87	H1
2 Kate	O'Halloran	Templeogue A.C. GUEST	62.34	H1
3 Leanne	Prout	Carrick-on-Suir A.C.	62.60	H1
4 Eimear	Lynch	Newport A.C.	63.53	H2
5 Aoibhinn	O'Connor	Liscarroll A.C.	65.64	H2
6 Norma	Brosnahan	West Limerick A.C.	86.49	H1
7 Martina	Ahern	West Limerick A.C.	87.59	H2
8 Maeve	Kenrick	West Limerick A.C.	87.83	H2

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

Senior Men 400m

1	Jamie	Mitchell	Emerald A.C.	52.52	H2
2	William	O'Connor	An Ríocht A.C.	52.77	H1
3	Michael	Quilligan	Nenagh Olympic A.C.	53.10	H2
4	Diarmuid	Clancy	Abbey Striders A.C.	54.77	H2
5	Gregory	Fitzgerald	West Waterford A.C.	60.36	H1
6	Christopher	Bristow	Eagle A.C.	60.66	H1
7	Conor	Lynch	Newport A.C.	61.47	H1

Senior Men 800m

1	Tom	Hennessy	Nenagh Olympic A.C.	2.00.46
2	John	McCallion	Limerick A.C.	2.02.05
3	William	Maunsell	Clonmel A.C.	2.04.08
4	Lorcan	O'Connor	Emerald A.C.	2.11.27
5	Paddy	Barry	St. Finbarrs A.C.	2.26.06

O35 Men 800m

1	John	Maloney	Ennis Track A.C.	2.15.90
2	Stephen	Flanagan	Moyne A.C.	2.16.46
3	David	O'Donovan	Eagle A.C.	2.34.06

O40 Men 800m

1	Finbarr	O'Dwyer	Leevale A.C.	2.11.58
2	Dermot	Kearns	Dooneen A.C.	2.14.50
3	Tony	Fitzgerald	Dooneen A.C.	2.14.71
4	Gary	Madden	Derg A.C.	2.23.88
5	Derek	O'Keefe	Eagle A.C.	2.30.36
6	Feargal	McGrath	Ennis Track A.C.	2.42.96

O45 Men 800m

1	Paschall	Halley	Waterford A.C.	2.20.27
2	Denis	Looney	Eagle A.C.	2.49.65

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

O50 Men 800m

1 Harry	O'Brien	West Waterford A.C.	2.20.11
2 Michael	Kelly	Derg A.C.	2.20.97
3 John	Murphy	Ennis Track A.C.	2.24.27
4 Jerome	Foley	Farranfore Maine Valley A.C.	2.25.26
5 Ray	Haheisy	West Waterford A.C.	2.28.34
6 Jimmy	Doyle	Ennis Track A.C.	2.55.61

O55 Men 800m

1 Michael	Quinlivan	Tulla A.C.	2.50.28
2 Stephen	Murphy	Rising Sun A.C.	3.01.40

O60 Men 800m

1 Joe	Gough	West Waterford A.C.	2.21.99
-------	-------	---------------------	---------

O65 Men 800m

1 Patrick	Shelly	Ballynonty A.C.	NT
2 Eddie	Cahalan	Coolquill A.C.	NT
3 Sean	Whelan	Ennis Track A.C.	NT

Senior Women 800m

1 Aoife	Delargey	Nenagh Olympic A.C.	2.18.34
2 Ciara	Cummins	Nenagh Olympic A.C.	2.23.42
3 Margaret Mary	Grace	Nenagh Olympic A.C.	2.32.98
4 Aoife	Deering	Nenagh Olympic A.C.	2.39.14

O35 Women 800m

1 Mary	Cahill	Ennis Track A.C.	2.42.67
--------	--------	------------------	---------

O40 Women 800m

1 Verena	Tarpey	Dooneen A.C.	2.54.22
----------	--------	--------------	---------

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

O45 Women 800m

1 Anna	O'Neill	Dohenys A.C.	2.45.75
2 Fiona	Treacy	Dooneen A.C.	3.06.77
3 Elaine	Barry	Tramore A.C.	3.07.45
4 Hilda	O'Connor	Ennis Track A.C.	3.16.42

O60 Women 800m

1 Carmel	MacDomhnaill	West Limerick A.C.	3.13.41
----------	--------------	--------------------	---------

O70 Women 800m

1 Terri	Gough	West Waterford A.C.	4.25.25	CBP
---------	-------	---------------------	---------	-----

Senior Men 1500m

1 John	McCallion	Limerick A.C.	4.27.54
2 Philip	Crowley	Leevale A.C.	4.29.46
3 Craig	Harrington	Togher A.C.	4.32.64
4 Conor	Gallagher	Lifford A.C. GUEST	4.41.02
5 David	Butler	St. Finbarrs A.C.	4.45.85
6 Christopher	Bristow	Eagle A.C.	5.07.27
7 Paddy	Barry	St. Finbarrs A.C.	5.16.09

O35 Men 1500m

1 John	Maloney	Ennis Track A.C.	4.34.34
2 Fiacra	MacDomhnaill	West Limerick A.C.	4.35.17
3 David	Lyons	Ennis Track A.C.	4.40.21
4 Patrick	Roche	Carrick-on-Suir A.C.	4.52.39

O40 Men 1500m

1 Larry	Arthur	Derg A.C.	4.22.64
2 Finbarr	O'Dwyer	Leevale A.C.	4.27.27
3 Des	Feeney	West Waterford A.C.	4.31.30
4 Martin	Glynn	Ennis Track A.C.	4.36.97
5 Derek	O'Keefe	Eagle A.C.	5.03.44

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

O45 Men 1500m

1 John	Hennessy	East Cork A.C.	4.33.99
2 Martin	Keenan	Sportsworld A.C. GUEST	4.53.65
3 Trevor	White	St. Cronans A.C.	5.19.39

O50 Men 1500m

1 Michael	Kelly	Derg A.C.	NT
2 John	Murphy	Ennis Track A.C.	5.04.36
3 Pat	Morrissey	Ennis Track A.C.	5.04.81
4 Michael	Clune	Ennis Track A.C.	5.10.56

O55 Men 1500m

1 Michael	Quinlivan	Tulla A.C.	5.48.21
2 Stephen	Murphy	Rising Sun A.C.	6.09.61

O65 Men 1500m

1 Patrick	Shelly	Ballynonty A.C.	6.48.70
-----------	--------	-----------------	---------

Senior Women 1500m

1 Carol	Finn	Leevale	5.08.81
---------	------	---------	---------

O40 Women 1500m

1 Verena	Tarpey	Dooneen A.C.	6.01.32
2 Dymphna	Lawlor	West Limerick A.C.	6.27.31

O45 Women 1500m

1 Anna	O'Neill	Dohenys A.C.	5.33.04
2 Siobhan	Lennon	Ennis Track A.C.	5.43.39
3 Marie	Keane	Dooneen A.C.	6.08..71
4 Fiona	Treacy	Dooneen A.C.	6.33.19

O60 Women 1500m

1 Carmel	MacDomhnaill	West Limerick A.C.	NT
----------	--------------	--------------------	----

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

Senior Men 3000m

1	William	Maunsell	Clonmel A.C.	8.39.2	H
2	Stuart	Moloney	Mooreabbey Milers A.C.	8.47.0	H
3	Sean	McGrath	East Cork A.C.	8.53.9	H
4	James	Grufferty	Leevale A.C.	9.02.4	H
5	Conor	McCauley	Leevale A.C.	9.20.1	H
6	Ger	Guina	West Limerick A.C.	9.30.9	H
7	Thomas	Garrahy	Kilmurray/Ibrick/N.Clare A.C.	9.41.3	H
8	Iain	Byrne	Waterford	9.52.4	H
9	Conor	Gallagher	Lifford A.C. GUEST	9.54.5	H
10	David	Butler	St. Finbarrs A.C.	10.35.0	H

U23 Men 3000m

1	Conor	O'Mahony	An Riocht A.C.	9.43.7	H
2	Ruairi	Myers	Carraig-Na-Bhfear A.C.	9.55.6	H
3	Richard	Lucas	Ferrybank A.C.	10.57.0	H

O35 Men 3000m

1	Tim	Twomey	Leevale A.C.	9.19.8	H
2	Niall	O'Riordan	West Limerick A.C.	9.36.2	H
3	Willie	Devitt	Kilmurray/Ibrick/N.Clare A.C.	9.44.6	H
4	Patrick	Roche	Carrick-on-Suir A.C.	NT	
5	David	Lyons	Ennis Track A.C.	NT	

O40 Men 3000m

1	Kenneth	Morley	Coolquill A.C.	9.37.7	H
2	Gary	Egan	An Bru A.C.	9.48.3	H
3	John	Russell	Coolquill A.C.	NT	
4	Aidan	Hogan	Rising Sun A.C.	NT	
5	Liam	Hurrell	West Limerick A.C.	NT	

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

O45 Men 3000m

1 Frank	Hayes	East Cork A.C.	NT
2 Robert	Malseed	Westport A.C. GUEST	NT
3 Dermot	Hayes	Dundrum A.C.	NT
5 Brian	O'Brien	Derg A.C.	NT

O50 Men 3000m

1 Pat	Morrissey	Ennis Track A.C.	10.45.0	H
2 Bill	Egan	Ennis Track A.C.	10.46.0	H
3 Ray	Hahey	West Waterford A.C.	10.46.0	H
4 James	Ryan	Eagle A.C.	10.47.0	H
5 Joe	Chawke	Dooneen A.C.	10.51.0	H
6 Denis	McCarthy	East Cork A.C.	11.03.0	H
7 Michael	Moore	Dundrum A.C.	11.07.0	H
8 Michael	Clune	Ennis Track A.C.	11.08.0	H
9 Kevin	Siewewright	Eagle A.C.	11.12.0	H
10 John	Desmond	Eagle A.C.	11.20.0	H

O60 Men 3000m

1 Michael	Harvey	Kilmurray/Ibrick/N.Clare A.C.	11.25.0	H	CBP
2 Eddie	Barry	St. Finbarrs A.C.	13.44.0	H	

O65 Men 3000m

1 Patrick	Shelly	Ballynonty A.C.	13.27.0	H
2 Sean	Whelan	Ennis Track A.C.	13.37.0	H

Senior Women 3000m

1 Sinead	O'Connor	Leevale A.C.	10.05.1	H	CBP
2 Niamh	Roe	Leevale A.C.	10.15.2	H	
3 Jean	Mulcahy	An Bru A.C	11.57.2	H	

Under 23 Women 3000m

1 Niamh	Moore	Cork Varsity A.C.	10.48.9	H	CBP
---------	-------	-------------------	---------	---	-----

**Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016**

O35 Women 3000m

1 Mary	O'Neill	Dooneen A.C.	11.59.5	H	
--------	---------	--------------	---------	---	--

O40 women 3000m

1 Dymphna	Lawlor	West Limerick A.C.	12.57.7	H	
-----------	--------	--------------------	---------	---	--

O45 women 3000m

1 Anna	O'Neill	Dohenys A.C.	11.23.1	H	CBP
2 Siobhan	Lennon	Ennis Track A.C.	11.55.4	H	

O60 Women 3000m

1 Carmel	MacDomhnaill	West Limerick A.C.	13.01.2	H	CBP
----------	--------------	--------------------	---------	---	-----

Senior Women 4 x 200m Relay

1 Nenagh Olympic A.C.	1.53.0
2 Liscarroll A.C.	1.53.1

Masters Women 4 x 200m Relay

1 Dooneen A.C. A	2.11.0
2 Tramore A.C.	2.15.5
3 Dooneen A.C. B	2.19.7
4 Ennis Track A.C.	2.28.0

Senior Men 4 x 200m Relay

1 Derg A.C.	1.53.7
2 Liscarroll A.C.	1.53.7
3 Rising Sun A.C.	1.59.0

Masters Men 4x200m Relay

1 Templemore A.C.	1.47.4
2 Dooneen A.C.	1.54.5
3 Ennis Track A.C.	1.59.7

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

Masters Men Inter County O50 4x200m Relay

1	Tipperary	1.53.0
2	Cork	1.53.1

Senior Men Long Jump

1	Darren	Prout	Carrick-on-Suir A.C.	6.14
2	Dion	Ryan	Waterford A.C.	6.02

O35 Men Long Jump

1	John Paul	O'Brien	Marian A.C.	5.89
2	Danny	Meaney	Templemore A.C.	5.10
3	Breandán	Dennehy	Rising Sun A.C.	5.05
4	Trevor	McGlynn	Lifford A.C. GUEST	5.00
5	David	O'Donovan	Eagle A.C.	4.71
6	Glen	Scullion	Mid Ulster AC GUEST	4.70

O40 Men Long Jump

1	Stephen	Lappin	Dooneen A.C.	5.13
2	Donnacha	Dennehy	Rising Sun A.C.	4.91
3	PJ	O'Rourke	Limerick A.C.	4.66
4	Mark	Burke	Moyglass A.C.	4.49
5	Ian	Condon	Clonmel A.C.	4.10

O45 Men Long Jump

1	Paschall	Halley	Waterford A.C.	5.07
2	Artur	Nowak	St. Brendan's A.C. (Kerry)	4.68
3	Ronan	Gately	Clonliffe Harriers A.C. GUEST	4.60
4	Thomas	O'Shea	Liscarroll A.C.	4.58
5	Brian	O'Brien	Derg A.C.	3.54

**Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016**

O50 Men Long Jump

1	Adrian	Young	Templemore A.C.	4.20
2	Sean	Daniere-Doyle	Celbridge A.C. GUEST	3.96
3	Richard	Butler	Ballynonty A.C.	3.90
4	Noel	Galvin	West Muskerry A.C.	3.57

O55 Men Long Jump

1	John	Murphy	Liscarroll A.C.	4.35
2	Peadar	McGing	Dundrum South Dublin A.C. GUEST	4.28
3	James G.	O'Keefe	Liscarroll A.C.	2.96

O60 Men Long Jump

1	Tom	McGrath	Templemore A.C.	3.88
2	Seamus	Fox	Fanahan Mc Sweeney A.C.	3.87

O65 Men Long Jump

1	Brendan	Dennehy	Rising Sun A.C.	3.97
2	Bernard	O'Neill	Clonmel A.C.	3.52
3	John	Rice	Grange/Fermoy A.C.	2.33

O70 Men Long Jump

1	Jim	O'Shea	Farranfore Maine Valley A.C.	3.73
2	Con	O'Donovan	Rising Sun A.C.	3.56
3	Jerry	O'Connell	Limerick Country Club A.C.	2.00

O75 Men Long Jump

1	Sean	O'Dwyer	Kenmare A.C.	3.72
---	------	---------	--------------	------

CBP

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

Senior Women Long Jump

1	Rachel	Bowler	Tralee Harriers A.C.	5.40	
2	Aoibheann	O'Brien	Tralee Harriers A.C.	5.31	
3	Vickie	Cusack	Liscarroll A.C.	5.06	
4	Grace	Furlong	Waterford A.C.	4.99	
5	Aoibhinn	O'Connor	Liscarroll A.C.	4.95	
6	Aoife	Doyle	Carrick-on-Suir A.C.	4.68	
7	Genieve	Rowland	Templemore A.C.	4.44	

O35 Women Long Jump

1	Ursula	Barrett	St. Brendan's A.C. (Kerry)	4.62	CBP
2	Catherine	Moynihan O'Sullivan	Gneeveguilla A.C.	4.26	
3	Louise	Collins	Dooneen A.C.	4.18	
4	Mary	Cahill	Ennis Track A.C.	3.87	
5	Catherine	McKeogh	Derg A.C.	3.32	

O40 Women Long Jump

1	Anette	O'Brien	Gneeveguilla A.C.	3.80	
2	Kathleen	Marchelewska	Tramore A.C.	3.06	

O45 Women Long Jump

1	Shirley	Fennelly	Tramore A.C.	3.87	CBP
2	Hilda	O'Connor	Ennis Track A.C.	2.79	

O50 Women Long Jump

1	Finola	Moore	Celbridge A.C. GUEST	3.73	CBP
---	--------	-------	----------------------	------	-----

O60 Women Long Jump

1	Margaret	Higgins	Corofin A.C. GUEST	2.89	CBP
---	----------	---------	--------------------	------	-----

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

Junior Women Triple Jump

1	Grace	Furlong	Waterford A.C.	10.69
2	Aoibheann	O'Brien	Tralee Harriers A.C.	10.58
3	Rachel	Bowler	Tralee Harriers A.C.	9.78

Senior Women Triple Jump

1	Rachel	Clancy	St Johns A.C.	8.84
---	--------	--------	---------------	------

Junior Men Triple Jump

1	James	Murphy	Waterford A.C.	11.16
2	Corey	Kissane	An Riocht A.C.	10.96

Senior Men Triple Jump

1	Niall	Counihan	Dooneen A.C.	14.17
---	-------	----------	--------------	-------

Junior Men Pole Vault

1	Shane	Power	St. Joseph's A.C. GUEST	3.40
---	-------	-------	-------------------------	------

U23 Men Pole Vault

1	Raymond	Walsh	Abbey Striders A.C.	3.40	CBP
---	---------	-------	---------------------	------	-----

Junior Women Pole Vault

1	Ellen	Larkin	Emerald A.C.	2.85
2	Clodagh	Walsh	Abbey Striders A.C.	2.85
3	Molly	Healy	Leevale A.C.	2.70

Senior Women Pole Vault

1	Laura	Cussen	Old Abbey A.C.	3.00	CBP
2	Dearbhail	Foley	Tralee Harriers A.C.	2.25	

Senior Men High Jump

1	Simon	Archer	Templemore A.C.	2.00	CBP
2	Ben	Donovan	Abbey Striders A.C.	1.95	

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

O35 Men High Jump

1 Kevin	Shorthall	Templemore A.C.	1.60	=CBP
2 Stephen	Flanagan	Moyne A.C.	1.55	
3 Breandán	Dennehy	Rising Sun A.C.	1.55	
4 Trevor	McGlynn	Lifford A.C. GUEST	1.55	
5 David	O'Donovan	Eagle A.C.	1.45	
6 Martin	Curley	Ennis Track A.C.	1.45	

O40 High Jump

1 Donnacha	Dennehy	Rising Sun A.C.	1.60	=CBP
2 Stephen	Lappin	Dooneen A.C.	1.60	
3 Mark	Burke	Moyglass A.C.	1.55	
4 Aidan	Hogan	Rising Sun A.C.	1.40	
5 Michael	Dennehy	Rising Sun A.C.	1.30	

O45 High Jump

1 Artur	Nowak	St. Brendan's A.C. (Kerry)	1.63	CBP
2 Paschall	Halley	Waterford A.C.	1.60	
3 Thomas	O'Shea	Liscarroll A.C.	1.40	

O50 High Jump

1 Richard	Butler	Ballynonty A.C.	1.35	
2 Adrian	Young	Templemore A.C.	1.20	

O55 Men High Jump

1 John	Murphy	Liscarroll A.C.	1.53	
2 Peadar	McGing	D.S.D. A.C. Guest	1.50	

O60 Men High Jump

1 Seamus	Fox	FMS A.C.	1.20	
----------	-----	----------	------	--

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

O65 Men High Jump

1	Brendan	Dennehy	Rising Sun A.C.	1.30	
2	John	Rice	Grange/Fermoy A.C.	1.15	

O70 Men High Jump

1	Jim	O'Shea	FMV A.C.	1.30	=CBP
---	-----	--------	----------	------	------

Senior Women High Jump

1	Laura	Cussen	Old Abbey A.C.	1.60	
2	Rachel	Clancy	St Johns A.C.	1.55	

O35 Women High Jump

1	Louise	Collins	Dooneen A.C.	1.30	
---	--------	---------	--------------	------	--

O40 Women High Jump

1	Anette	O'Brien	Gneeveguilla A.C.	1.40	
---	--------	---------	-------------------	------	--

O45 Women High Jump

1	Norma	O'Connor	Gneeveguilla A.C.	1.35	CBP
---	-------	----------	-------------------	------	-----

O50 Women High Jump

1	Finola	Moore	Celbridge A.C. GUEST	1.25	CBP
---	--------	-------	----------------------	------	-----

O55 Women High Jump

1	Mary	Barrett	Loughrea A.C. GUEST	1.25	CBP
---	------	---------	---------------------	------	-----

O60 Women High Jump

1	Margaret	Higgins	Corofin A.C. GUEST	1.05	CBP
---	----------	---------	--------------------	------	-----

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

Senior Men Shot 7.26 KG

1	Eamon	Cleary	Shannon A.C.	10.73
2	Seamus	McMahon	Shannon A.C.	10.69
3	Kasper	Puspurs	Leevale A.C.	9.55

O35 Men Shot 7.26 KG

1	Trevor	McGlynn	Lifford A.C. GUEST	10.20
2	Bob	Curling	Ballincollig A.C.	9.05
3	Michael	Halpin	Kilfinane A.C.	8.59
4	Éamonn	Ó Ceallaigh	Ballincollig A.C.	8.05

O40 Men Shot 7.26 KG

1	John	Leahy	Kilmurray/Ibrick/N.Clare A.C.	12.35
2	Anthony	Greaney	An Riocht A.C.	9.98
3	Aidan	Hogan	Rising Sun A.C.	8.59
4	Pat	Minogue	Derg A.C.	8.15
5	John	Campbell	West Limerick A.C.	8.15
6	Stephen	Lappin	Dooneen A.C.	7.91
7	PJ	O'Rourke	Limerick A.C.	7.61

O45 Men Shot 7.26 KG

1	Peter	Ryan	Nenagh Olympic A.C.	11.14
2	Alex	Conway	Ennis Track A.C.	10.26
3	Artur	Nowak	St. Brendan's A.C. (Kerry)	8.80
4	Finbarr	Whelan	Liscarroll A.C.	7.75
5	Denis	Looney	Eagle A.C.	5.45

O50 Men Shot 6KG

1	Tom	Galvin	North Cork A.C.	10.23
2	Sean	Doyle	Celbridge A.C. Guest	8.40
3	Richard	Butler	Ballynonty A.C.	7.35
4	John	Desmond	Eagle A.C.	6.39

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

O55 Men Shot 6KG

1	Patsy	O'Connor	Tralee Harriers A.C.	11.84
2	John	O'Dea	Dundrum A.C.	9.98
3	Martin	Fitzpatrick	St. Marys (Clare) A.C.	9.78
4	Peadar	McGing	Dundrum South Dublin A.C. GUEST	7.73
5	James G.	O'Keefe	Liscarroll A.C.	7.49

O60 Men Shot 5KG

1	Pat	Kennedy	FERRYBANK A.C.	10.34
2	James	O'Hare	Limerick A.C.	9.90

O65 Men Shot 5KG

1	Bernard	O'Neill	Clonmel A.C.	7.74
2	John	Rice	Grange/Fermoy A.C.	7.70

O70 Men Shot 4KG

1	Noel	Monteith	Borrisokane A.C.	9.20
2	Con	O'Donovan	Rising Sun A.C.	7.90
3	Tim	Fitzpatrick	Liscarroll A.C.	7.63
4	Jerry	O'Connell	Limerick Country Club A.C.	6.36

CBP

O75 Men Shot 4KG

1	Joe	Hogan	Rising Sun A.C.	6.21
---	-----	-------	-----------------	------

O80 Men Shot 3KG

1	Micheal	O'Beirne	Dundrum A.C.	3.55
---	---------	----------	--------------	------

Senior Women Shot 4 KG

1	Deirbhile	Ryan	Nenagh Olympic A.C.	10.48
2	Genieve	Rowland	Templemore A.C.	9.27
3	Rachel	Clancy	St Johns A.C.	7.52

O35 Women Shot 4 KG

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

1	Norma	Brosnahan	West Limerick A.C.	5.33	
2	Martina	Ahern	West Limerick A.C.	4.46	

O40 Women Shot 4KG

1	Nicola	Hayes	Waterford A.C.	7.09	
2	Rosie	Foley	Derg A.C.	7.08	
3	Martha	O'Sullivan	Dooneen A.C.	6.76	
4	Kathleen	Marchelewska	Tramore A.C.	4.84	

O45 Women Shot 4 KG

1	Eileen	O'Riordan	Gneeveguilla A.C.	8.55	
2	Shirley	Fennelly	Tramore A.C.	6.44	
3	Hilda	O'Connor	Ennis Track A.C.	5.90	

O55 Women Shot 4 KG

1	Mary	Barrett	Loughrea A.C. GUEST	9.74	CBP
---	------	---------	---------------------	------	-----

O60 Women Shot 4 KG

1	Margaret	Higgins	Corofin A.C. GUEST	5.82	CBP
---	----------	---------	--------------------	------	-----

O70 Women Shot 4 KG

1	Terri	Gough	West Waterford A.C.	5.58	
---	-------	-------	---------------------	------	--

Senior Men WD 56 lb

1	Seamus	McMahon	Shannon A.C.	5.49	
---	--------	---------	--------------	------	--

O35 Men WD 56lb

1	Breandán	Dennehy	Rising Sun A.C.	5.57	
2	Paul	Kavanagh	Fr. Murphy's A.C. GUEST	5.21	
3	Bob	Curling	Ballincollig A.C.	4.23	
4	Éamonn	Ó Ceallaigh	Ballincollig A.C.	3.72	

O40 Men WD 56lb

Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016

1	John	Leahy	Kilmurray/Ibrick/N.Clare A.C.	5.88
2	Anthony	Greaney	An Riocht A.C.	5.67
3	Michael	Dennehy	Rising Sun A.C.	4.76
4	Aidan	Hogan	Rising Sun A.C.	4.25
5	John	Campbell	West Limerick A.C.	3.88

O45 Men WD 56lb

1	Peter	Ryan	Nenagh Olympic A.C.	7.21
2	Artur	Nowak	St. Brendan's A.C. (Kerry)	4.51

O50 Men WD 35lb

1	Noel	Galvin	West Muskerry A.C.	4.24
---	------	--------	--------------------	------

O55 Men WD 35lb

1	Patsy	O'Connor	Tralee Harriers A.C.	8.43
2	Martin	Fitzpatrick	St. Marys (Clare) A.C.	7.70
3	John	O'Dea	Dundrum A.C.	7.29
4	James G.	O'Keefe	Liscarroll A.C.	5.52

CBP

O60 Men WD 35lb

1	Patrick	Hanily	Fr. Murphy's A.C. GUEST	8.29
2	Pat	Kennedy	FERRYBANK A.C.	6.67
3	Gerard	Grehan	Fr. Murphy's A.C. GUEST	5.85
4	James	O'Hare	Limerick A.C.	5.54

O65 Men WD 35lb

1	John	Rice	Grange/Fermoy A.C.	6.65
---	------	------	--------------------	------

O65 Men WD 35lb

1	Gerry	O'Connell	Marian A.C.	7.62
2	Noel	Monteith	Borrisokane A.C.	6.62

**Munster Senior and Masters Indoor Track and Field
Nenagh, 17th January 2016**

O75 Men WD 35lb

1	Joe	Hogan	Rising Sun A.C.	5.44
---	-----	-------	-----------------	------

O80 Men WD 28lb

1	Micheal	O'Beirne	Dundrum A.C.	2.76
---	---------	----------	--------------	------