

Munster Senior & Masters Indoor T&F
Nenagh, January 17th 2016

60m Hurdles

860	1 PJ	O'Rourke	Limerick A.C.	M40	11.23
786	2 Ronan	Gately	Clonliffe Harriers A.C. GUEST	M45	11.26
318	3 Martin	Curley	Ennis Track A.C.	M35	12.05
892	1 Sarah	Lavin	UCD A.C.	FS	8.67
387	2 Rebecca	O'Connell	Liscarroll A.C.	FS	9.79
863	1 Mary	Barrett	Loughrea A.C. GUEST	F55	11.78

Senior Men 60m

377	1 Neil	Heffernan	Leevale A.C.	MS	7.45 H1	Q
625	2 John	Hogan	Abbey Striders A.C.	MS	7.52 H1	Q
858	3 Roland	Precieux	Limerick A.C.	MS	7.64 H1	Q
865	4 Declan	Owens	Mayo A.C. GUEST	MS	8.02 H1	q
897	1 Kaodi	Ogbene	Leevale A.C.	MS	7.29 H2	Q
352	2 Robert	Bennett	Templemore A.C.	MS	7.39 H2	Q
373	3 Micheal	Crehan	Kilmurray/Ibrick/N.Clare A.C.	MS	7.44 H2	Q
348	4 Patrick	Lynch	Newport A.C.	MS	7.60 H2	q
799	5 Ger	O'Shea	Dooneen A.C.	MS	7.81 H2	q
897	1 Kaodi	Ogbene	Leevale A.C.	MS	7.26 Final	
352	2 Robert	Bennett	Templemore A.C.	MS	7.33 Final	
348	3 Patrick	Lynch	Newport A.C.	MS	7.46 Final	
625	4 John	Hogan	Abbey Striders A.C.	MS	7.51 Final	
377	5 Neil	Heffernan	Leevale A.C.	MS	7.56 Final	
373	6 Micheal	Crehan	Kilmurray/Ibrick/N.Clare A.C.	MS	7.69 Final	
858	7 Roland	Precieux	Limerick A.C.	MS	7.82 Final	

60 m O35 Men

864	1	John	Walkin	Mayo A.C. GUEST	M35	7.81	H1
354	2	Danny	Meaney	Templemore A.C.	M35	7.85	H2
353	3	Adrian	McGinly	Templemore A.C.	M35	7.86	H1
866	4	Glen	Scullion	Mid Ulster AC GUEST	M35	7.97	H2
399	5	Martin	Brooks	Marian A.C.	M35	8.02	H2
805	6	Tom	Roche	West Limerick A.C.	M35	8.18	H1
834	7	David	O'Donovan	Eagle A.C.	M35	8.20	H2
856	8	Trevor	McGlynn	Lifford A.C. GUEST	M35	8.21	H1
359	9	Johnny	Doran	Templemore A.C.	M35	8.21	H2
870	10	Daryl	Fanagan	Rathfarnham W.S.A.F. A.C.	M35	8.64	H2
115	11	Kevin	Wilkinson	Dooneen A.C.	M35	9.35	H1

60m O40 Men

767	1	Anthony	Greaney	An Riocht A.C.	M40	7.69	
106	2	Stephen	Lappin	Dooneen A.C.	M40	8.09	
304	3	John	Caird	Crusaders A.C. GUEST	M40	8.17	
867	4	Mark	Burke	Moyglass A.C.	M40	8.35	
889	5	Patrick	Leyden	Derg A.C.	M40	8.68	
789	6	Ian	Condon	Clonmel A.C.	M40	9.25	

60m O45 Men

783	1	Damian	Kirwan	Celbridge A.C. GUEST	M45	7.95	H1
319	2	Alex	Conway	Ennis Track A.C.	M45	8.09	H2
121	3	Jeremiah	McCarthy	Kenmare A.C.	M45	8.16	H1
305	4	John	O'Loughlin	Crusaders A.C. GUEST	M45	8.23	H1
786	5	Ronan	Gately	Clonliffe Harriers A.C. GUEST	M45	8.39	H1
874	6	Trevor	White	St. Cronans A.C.	M45	8.41	H2
792	7	Niall	Ó Ceallaigh	Clonmel A.C.	M45	8.68	H2
393	8	Finbarr	Whelan	Liscarroll A.C.	M45	9.01	H1
831	9	Denis	Looney	Eagle A.C.	M45	10.77	H2

60m O50 Men

117	1	Richard	McArthur	St Cronans A.C.	M50	8.10
791	2	Joe	Whelan	Clonmel A.C.	M50	8.63
114	3	Timmy	Ryan	Dooneen A.C.	M50	8.89
311	4	John	Murphy	Ennis Track A.C.	M50	8.95
772	5	Richard	Butler	Ballynonty A.C.	M50	8.95
814	6	Noel	Galvin	West Muskerry A.C.	M50	9.00
357	7	Adrian	Young	Templemore A.C.	M50	9.28

60m O55 Men

392	1	John	Murphy	Liscarroll A.C.	M55	8.62
829	2	Peadar	McGing	Dundrum South Dublin A.C. GUEST	M55	8.73

60m O60 Men

857	1	James	O'Hare	Limerick A.C.	M60	8.90
360	2	Tom	McGrath	Templemore A.C.	M60	9.33
841	3	Seamus	Fox	Fanahan Mc Sweeney A.C.	M60	9.81

60m O65 Men

1311	1	Brendan	Dennehy	Rising Sun A.C.	M65	9.06
788	2	Bernard	O'Neill	Clonmel A.C.	M65	9.19

60m O70 Men

1317	1	Con	O'Donovan	Rising Sun A.C.	M70	9.52
844	2	Jim	O'Shea	Farranfore Maine Valley A.C.	M70	9.79
848	3	Jerry	O'Connell	Limerick Country Club A.C.	M70	11.92

60m O75 Men

120	1	Sean	O'Dwyer	Kenmare A.C.	M75	10.00
1315	2	Joe	Hogan	Rising Sun A.C.	M75	19.07

60m Senior Women

342	1	Ciara	Neville	Emerald A.C.	FS	7.81 H1	Q
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892	2 Sarah	Lavin	UCD A.C.	FS	7.88 H1	Q
387	3 Rebecca	O'Connell	Liscarroll A.C.	FS	8.28 H1	Q
350	4 Eimear	Lynch	Newport A.C.	FS	8.54 H1	q
779	1 Emily	Nolan	Carrick-on-Suir A.C.	FS	8.14 H2	Q
777	2 Aoife	Doyle	Carrick-on-Suir A.C.	FS	8.37 H2	Q
358	3 Genieve	Rowland	Templemore A.C.	FS	8.95 H2	Q
811	4 Aisling	Gavin	West Limerick A.C.	FS	9.35 H2	q
323	5 Lourda	Rosengrave	Ennis Track A.C.	FS	9.97 H2	q
342	1 Ciara	Neville	Emerald A.C.	FS	7.75 Final	
892	2 Sarah	Lavin	UCD A.C.	FS	7.79 Final	
779	3 Emily	Nolan	Carrick-on-Suir A.C.	FS	8.07 Final	
387	4 Rebecca	O'Connell	Liscarroll A.C.	FS	8.32 Final	
777	5 Aoife	Doyle	Carrick-on-Suir A.C.	FS	8.42 Final	
350	6 Eimear	Lynch	Newport A.C.	FS	8.56 Final	
358	7 Genieve	Rowland	Templemore A.C.	FS	9.05 Final	
811	8 Aisling	Gavin	West Limerick A.C.	FS	9.46 Final	
323	9 Lourda	Rosengrave	Ennis Track A.C.	FS	10.09 Final	

60m O35 Women

344	1 Catherine	Moynihan O'Sullivan	Gneeveguilla A.C.	F35	8.91	
873	2 Ursula	Barrett	St. Brendan's A.C. (Kerry)	F35	8.99	
108	3 Louise	Collins	Dooneen A.C.	F35	9.55	
888	4 Catherine	McKeogh	Derg A.C.	F35	9.84	
307	5 Mary	Cahill	Ennis Track A.C.	F35	9.97	
849	6 Michelle	Greaney	Tralee Harriers A.C.	F35	10.11	

60m O40 Women

1336	1 Nicola	Hayes	Waterford A.C.	F40	NT	
346	2 Anette	O'Brien	Gneeveguilla A.C.	F40	NT	
345	2 Brid	Stack	Gneeveguilla A.C.	F40	NT	
110	4 Martha	O'Sullivan	Dooneen A.C.	F40	NT	

60m O45 Women

782	1 Paula	Reilly	Celbridge A.C. GUEST	F45	9.21
1329	2 Jackie	McGee	Tramore A.C.	F45	9.56
324	3 Hilda	O'Connor	Ennis Track A.C.	F45	10.38
347	4 Norma	O'Connor	Gneeveguilla A.C.	F45	10.57
343	5 Eileen	O'Riordan	Gneeveguilla A.C.	F45	11.25

60m O55 women

787	1 Hazel	Galloway	Clonmel A.C.	F55	9.83
863	2 Mary	Barrett	Loughrea A.C. GUEST	F55	10.26
339	3 Marion	O'Loughlin	Ennis Track A.C.	F55	12.2

60m O60 women

303	1 Margaret	Higgins	Corofin A.C. GUEST	F60	12
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60m O70 women

818	1 Terri	Gough	West Waterford A.C.	F70	13.59
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Senior Men 200m

351	1 Simon	Archer	Templemore A.C.	MS	23.12 H2
352	2 Robert	Bennett	Templemore A.C.	MS	23.52 H1
896	3 Jamie	Mitchell	Emerald A.C.	MS	23.77 H3
897	4 Kaodi	Ogbene	Leevale A.C.	MS	23.99 H3
348	5 Patrick	Lynch	Newport A.C.	MS	24.31 H2
625	6 John	Hogan	Abbey Striders A.C.	MS	24.34 H2
858	7 Roland	Precieux	Limerick A.C.	MS	25.41 H3
373	8 Micheal	Crehan	Kilmurray/Ibrick/N.Clare A.C.	MS	25.48 H1
799	9 Ger	O'Shea	Dooneen A.C.	MS	25.49 H2
830	10 Christopher	Bristow	Eagle A.C.	MS	27.99 H1
806	11 John Paul	Baggott	West Limerick A.C.	MS	29.23 H1

O35 Men 200m

1334	1	Brendan Leahy	Waterford A.C.	M35	24.81
353	2	Adrian McGinly	Templemore A.C.	M35	25.75
866	3	Glen Scullion	Mid Ulster AC GUEST	M35	26.39
805	4	Tom Roche	West Limerick A.C.	M35	28.39

O40 Men 200m

767	1	Anthony Greaney	An Riocht A.C.	M40	24.81
304	2	John Caird	Crusaders A.C. GUEST	M40	26.94
1313	3	Michael Dennehy	Rising Sun A.C.	M40	27.73
889	4	Patrick Leyden	Derg A.C.	M40	29.59

Over 45 Men 200m

305	1	John O'Loughlin	Crusaders A.C. GUEST	M45	26.57 H3
819	2	Gregory Fitzgerald	West Waterford A.C.	M45	26.71 H1
784	3	Damian Kirwan	Celbridge A.C. GUEST	M45	27.01 H3
874	4	Trevor White	St. Cronans A.C.	M45	27.12 H2
851	5	Jeremiah McCarthy	Kenmare A.C.	M45	27.52 H1
393	6	Finbarr Whelan	Liscarroll A.C.	M45	27.84 H2
786	7	Ronan Gately	Clonliffe Harriers A.C. GUEST	M45	27.94 H2
390	8	Thomas O'Shea	Liscarroll A.C.	M45	28.70 H1
792	9	Niall Ó Ceallaigh	Clonmel A.C.	M45	29.23 H3

Over 50 Men 200m

117	1	Richard McArthur	St Cronans A.C.	M50	26.55 H1
791	2	Joe Whelan	Clonmel A.C.	M50	28.57 H2
311	3	John Murphy	Ennis Track A.C.	M50	28.97 H1
114	4	Timmy Ryan	Dooneen A.C.	M50	29.13 H2
357	5	Adrian Young	Templemore A.C.	M50	30.57 H1

Over 55 Men 200m

392	1	John Murphy	Liscarroll A.C.	M55	29.69
1316	2	Stephen Murphy	Rising Sun A.C.	M55	34.65

Over 60 Men 200m

821	1 Joe	Gough	West Waterford A.C.	M60	28.71
857	2 James	O'Hare	Limerick A.C.	M60	30.05
360	3 Tom	McGrath	Templemore A.C.	M60	31.43
841	4 Seamus	Fox	Fanahan Mc Sweeney A.C.	M60	34.09

Over 65 Men 200m

788	1 Bernard	O'Neill	Clonmel A.C.	M65	32.63
773	2 Patrick	Shelly	Ballynonty A.C.	M65	40.34

Over 70 Men 200m

1317	1 Con	O'Donovan	Rising Sun A.C.	M70	35.43
848	2 Jerry	O'Connell	Limerick Country Club A.C.	M70	41.97

Over 75 Men 200m

1315	1 Joe	Hogan	Rising Sun A.C.	M75	65.36
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Senior Women 200m

342	1 Ciara	Neville	Emerald A.C.	FS	25.89 H2
878	2 Shannen	Dawkins	St. Joseph's A.C. GUEST	FS	26.76 H2
779	3 Emily	Nolan	Carrick-on-Suir A.C.	FS	27.19 H1
350	4 Eimear	Lynch	Newport A.C.	FS	28.64 H2
388	5 Aoibhinn	O'Connor	Liscarroll A.C.	FS	28.77 H1
811	6 Aisling	Gavin	West Limerick A.C.	FS	32.47 H1
323	7 Lourda	Rosengrave	Ennis Track A.C.	FS	33.45 H1

O35 women 200m

873	1 Ursula	Barrett	St. Brendan's A.C. (Kerry)	F35	29.99 H1
112	2 Diane	Curran	Dooneen A.C.	F35	31.99 H2
108	3 Louise	Collins	Dooneen A.C.	F35	32.04 H2
307	4 Mary	Cahill	Ennis Track A.C.	F35	32.49 H2
888	5 Catherine	McKeogh	Derg A.C.	F35	33.74 H1
849	6 Michelle	Greaney	Tralee Harriers A.C.	F35	35.57 H1

810	7	Maeve	Kenrick	West Limerick A.C.	F35	37.6 H1
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Over 40 Women 200m

345	1	Brid	Stack	Gneeveguilla A.C.	F40	30.57
1336	2	Nicola	Hayes	Waterford A.C.	F40	30.88
346	3	Anette	O'Brien	Gneeveguilla A.C.	F40	30.91
110	4	Martha	O'Sullivan	Dooneen A.C.	F40	33.94

Over 45 Women 200m

1329	1	Jackie	McGee	Tramore A.C.	F45	31.19
782	2	Paula	Reilly	Celbridge A.C. GUEST	F45	31.28
1328	3	Elaine	Barry	Tramore A.C.	F45	34.44
1326	4	Shirley	Fennelly	Tramore A.C.	F45	35.13

Over 50 Women 200m

783	1	Finola	Moore	Celbridge A.C. GUEST	F50	34.74
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Over 55 Women 200m

787	1	Hazel	Galloway	Clonmel A.C.	F55	35.19
339	2	Marion	O'Loughlin	Ennis Track A.C.	F55	43.51

Over 70 Women 200m

818	1	Terri	Gough	West Waterford A.C.	F70	49.18
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Senior Women 200m

Senior Women 400m

878	1	Shannen	Dawkins	St. Joseph's A.C. GUEST	FS	61.87 H1
881	2	Kate	O'Halloran	Templeogue A.C. GUEST	FS	62.34 H1
780	3	Leanne	Prout	Carrick-on-Suir A.C.	FS	62.60 H1
350	4	Eimear	Lynch	Newport A.C.	FS	63.53 H2
388	5	Aoibhinn	O'Connor	Liscarroll A.C.	FS	65.64 H2
813	6	Norma	Brosnahan	West Limerick A.C.	FS	86.49 H1
812	7	Martina	Ahern	West Limerick A.C.	FS	87.59 H2

810	8 Maeve	Kenrick	West Limerick A.C.	FS	87.83 H2
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Senior Men 400m

896	1 Jamie	Mitchell	Emerald A.C.	MS	52.52 H2
769	2 William	O'Connor	An Riocht A.C.	MS	52.77 H1
1303	3 Michael	Quilligan	Nenagh Olympic A.C.	MS	53.10 H2
624	4 Diarmuid	Clancy	Abbey Striders A.C.	MS	54.77 H2
819	5 Gregory	Fitzgerald	West Waterford A.C.	MS	60.36 H1
830	6 Christopher	Bristow	Eagle A.C.	MS	60.66 H1
349	7 Conor	Lynch	Newport A.C.	MS	61.47 H1

Senior Men 800m

1302	1 Tom	Hennessy	Nenagh Olympic A.C.	MS	2.00.46
104	2 John	McCallion	Limerick A.C.	MS	2.02.05
790	3 William	Maunsell	Clonmel A.C.	MS	2.04.08
847	4 Lorcan	O'Connor	Emerald A.C.	MS	2.11.27
876	5 Paddy	Barry	St. Finbarrs A.C.	MS	2.26.06

O35 Men 800m

314	1 John	Maloney	Ennis Track A.C.	M35	2.15.90
895	2 Stephen	Flanagan	Moyne A.C.	M35	2.16.46
834	3 David	O'Donovan	Eagle A.C.	M35	2.34.06

O40 Men 800m

375	1 Finbarr	O'Dwyer	Leevale A.C.	M40	2.11.58
102	2 Dermot	Kearns	Dooneen A.C.	M40	2.14.50
113	3 Tony	Fitzgerald	Dooneen A.C.	M40	2.14.71
886	4 Gary	Madden	Derg A.C.	M40	2.23.88
835	5 Derek	O'Keefe	Eagle A.C.	M40	2.30.36
317	6 Feargal	McGrath	Ennis Track A.C.	M40	2.42.96

O45 Men 800m

1335	1 Paschall	Halley	Waterford A.C.	M45	2.20.27
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831	2	Denis	Looney	Eagle A.C.	M45	2.49.65
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O50 Men 800m

817	1	Harry	O'Brien	West Waterford A.C.	M50	2.20.11
887	2	Michael	Kelly	Derg A.C.	M50	2.20.97
311	3	John	Murphy	Ennis Track A.C.	M50	2.24.27
842	4	Jerome	Foley	Farranfore Maine Valley A.C.	M50	2.25.26
816	5	Ray	Haahesy	West Waterford A.C.	M50	2.28.34
313	6	Jimmy	Doyle	Ennis Track A.C.	M50	2.55.61

O55 Men 800m

883	1	Michael	Quinlivan	Tulla A.C.	M55	2.50.28
1316	2	Stephen	Murphy	Rising Sun A.C.	M55	3.01.40

O60 Men 800m

123	1	Joe	Gough	West Waterford A.C.	M60	2.21.99
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Over 65 Men 800m

773	1	Patrick	Shelly	Ballynonty A.C.	M65	
795	2	Eddie	Cahalan	Coolquill A.C.	M65	
309	3	Sean	Whelan	Ennis Track A.C.	M65	

Senior Women 800m

1307	1	Aoife	Delargey	Nenagh Olympic A.C.	FS	2.18.34
1309	2	Ciara	Cummins	Nenagh Olympic A.C.	FS	2.23.42
1306	3	Margaret Mary	Grace	Nenagh Olympic A.C.	FS	2.32.98
1305	4	Aoife	Deering	Nenagh Olympic A.C.	FS	2.39.14

O35 Women 800m

307	1	Mary	Cahill	Ennis Track A.C.	F35	2.42.67
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O40 Women 800m

300	1	Verena	Tarpey	Dooneen A.C.	F40	2.54.22
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O45 Women 800m

103	1 Anna	O'Neill	Dohenys A.C.	F45	2.45.75
109	2 Fiona	Treacy	Dooneen A.C.	F45	3.06.77
1328	3 Elaine	Barry	Tramore A.C.	F45	3.07.45
324	4 Hilda	O'Connor	Ennis Track A.C.	F45	3.16.42

Over 60 Women 800m

808	1 Carmel	MacDomhnaill	West Limerick A.C.	F60	3.13.41
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Over 70 Women 800m

818	1 Terri	Gough	West Waterford A.C.	F70	4.25.25
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Senior Men 1500m

104	1 John	McCallion	Limerick A.C.	MS	4.27.54
380	2 Philip	Crowley	Leevale A.C.	MS	4.29.46
882	3 Craig	Harrington	Togher A.C.	MS	4.32.64
855	4 Conor	Gallagher	Lifford A.C. GUEST	MS	4.41.02
875	5 David	Butler	St. Finbarrs A.C.	MS	4.45.85
830	6 Christopher	Bristow	Eagle A.C.	MS	5.07.27
876	7 Paddy	Barry	St. Finbarrs A.C.	MS	5.16.09

Over 35 Men 1500m

314	1 John	Maloney	Ennis Track A.C.	M35	4.34.34
800	2 Fiacra	MacDomhnaill	West Limerick A.C.	M35	4.35.17
315	3 David	Lyons	Ennis Track A.C.	M35	4.40.21
775	4 Patrick	Roche	Carrick-on-Suir A.C.	M35	4.52.39

Over 40 Men 1500m

884	1 Larry	Arthur	Derg A.C.	M40	4.22.64
375	2 Finbarr	O'Dwyer	Leevale A.C.	M40	4.27.27
820	3 Des	Feeney	West Waterford A.C.	M40	4.31.30
321	4 Martin	Glynn	Ennis Track A.C.	M40	4.36.97

835	5	Derek	O'Keeffe	Eagle A.C.	M40	5.03.44
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Over 45 Men 1500m

839	1	John	Hennessy	East Cork A.C.	M45	4.33.99
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363	2	Martin	Keenan	Sportsworld A.C. GUEST	M45	4.53.65
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874	3	Trevor	White	St. Cronans A.C.	M45	5.19.39
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Over 50 Men 1500m

887	1	Michael	Kelly	Derg A.C.	M50	NT
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311	2	John	Murphy	Ennis Track A.C.	M50	5.04.36
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310	3	Pat	Morrissey	Ennis Track A.C.	M50	5.04.81
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101	4	Michael	Clune	Ennis Track A.C.	M50	5.10.56
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Over 55 Men 1500m

883	1	Michael	Quinlivan	Tulla A.C.	M55	5.48.21
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1316	2	Stephen	Murphy	Rising Sun A.C.	M55	6.09.61
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Over 65 Men 1500m

773	1	Patrick	Shelly	Ballynonty A.C.	M65	6.48.70
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Senior Women 1500m

	1	Carol	Finn	Leevale	FS	5.08.81
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O40 Women 1500m

300	1	Verena	Tarpey	Dooneen A.C.	F40	6.01.32
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809	2	Dymphna	Lawlor	West Limerick A.C.	F40	6.27.31
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O45 Women 1500m

	1	Anna	O'Neill	Dohenys A.C.	F45	5.33.04
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308	2	Siobhan	Lennon	Ennis Track A.C.	F45	5.43.39
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116	3	Marie	Keane	Dooneen A.C.	F45	6.08..71
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109	4	Fiona	Treacy	Dooneen A.C.	F45	6.33.19
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O60 Women 1500m

1	Carmel	MacDomhnaill	West Limerick A.C.	F60	NT	
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Senior Men 3000m

790	1	William	Maunsell	Clonmel A.C.	MS	8.39.2	H
893	2	Stuart	Moloney	Mooreabbey Milers A.C.	MS	8.47.0	H
838	3	Sean	McGrath	East Cork A.C.	MS	8.53.9	H
376	4	James	Grufferty	Leevale A.C.	MS	9.02.4	H
379	5	Conor	McCauley	Leevale A.C.	MS	9.20.1	H
803	6	Ger	Guina	West Limerick A.C.	MS	9.30.9	H
372	7	Thomas	Garrahy	Kilmurray/Ibrick/N.Clare A.C.	MS	9.41.3	H
1333	8	Iain	Byrne	Waterford	MS	9.52.4	H
855	9	Conor	Gallagher	Lifford A.C. GUEST	MS	9.54.5	H
875	10	David	Butler	St. Finbarrs A.C.	MS	10.35.0	H

U23 Men 3000m

768	1	Conor	O'Mahony	An Riocht A.C.	M23	9.43.7	H
774	2	Ruairi	Myers	Carraig-Na-Bhfear A.C.	M23	9.55.6	H
1337	3	Richard	Lucas	Ferrybank A.C.	M23	10.57.0	H

Senior Women 3000m

385	1	Sinead	O'Connor	Leevale A.C.	FS	10.05.1	H
383	2	Niamh	Roe	Leevale A.C.	FS	10.15.2	H
653	3	Jean	Mulcahy	An Bru A.C	FS	11.57.2	H

Under 23 Women 3000m

796	1	Niamh	Moore	Cork Varsity A.C.	F23	10.48.9	H
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O35 Women 3000m

107	1	Mary	O'Neill	Dooneen A.C.	F35	11.59.5	H
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O40 women 3000m

809	1	Dymphna	Lawlor	West Limerick A.C.	F40	12.57.7	H
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O45 women 3000m

103	1	Anna	O'Neill	Dohenys A.C.	F45	11.23.1	H
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308	2	Siobhan	Lennon	Ennis Track A.C.	F45	11.55.4	H
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O60 Women 3000m

808	1	Carmel	MacDomhnaill	West Limerick A.C.	F60	13.01.2	H
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O35 Men 3000m

381	1	Tim	Twomey	Leevale A.C.	M35	9.19.8	H
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801	2	Niall	O'Riordan	West Limerick A.C.	M35	9.36.2	H
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368	3	Willie	Devitt	Kilmurray/Ibrick/N.Clare A.C.	M35	9.44.6	H
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775	4	Patrick	Roche	Carrick-on-Suir A.C.	M35	NT	
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315	5	David	Lyons	Ennis Track A.C.	M35	NT	
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O40 Men 3000m

793	1	Kenneth	Morley	Coolquill A.C.	M40	9.37.7	H
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667	2	Gary	Egan	An Bru A.C	M40	9.48.3	H
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794	3	John	Russell	Coolquill A.C.	M40	NT	
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1314	4	Aidan	Hogan	Rising Sun A.C.	M40	NT	
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802	5	Liam	Hurrell	West Limerick A.C.	M40	NT	
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O45 Men 3000m

840	1	Frank	Hayes	East Cork A.C.	M45	NT	
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822	2	Robert	Malseed	Westport A.C. GUEST	M45	NT	
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827	3	Dermot	Hayes	Dundrum A.C.	M45	NT	
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885	5	Brian	O'Brien	Derg A.C.	M45	NT	
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O50 Men 3000m

310	1	Pat	Morrissey	Ennis Track A.C.	M50	10.45.0	H
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312	2	Bill	Egan	Ennis Track A.C.	M50	10.46.0	H
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816	3	Ray	Haesy	West Waterford A.C.	M50	10.46.0	H
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832	4 James	Ryan	Eagle A.C.	M50	10.47.0	H
798	5 Joe	Chawke	Dooneen A.C.	M50	10.51.0	H
837	6 Denis	McCarthy	East Cork A.C.	M50	11.03.0	H
828	7 Michael	Moore	Dundrum A.C.	M50	11.07.0	H
101	8 Michael	Clune	Ennis Track A.C.	M50	11.08.0	H
833	9 Kevin	Sievewright	Eagle A.C.	M50	11.12.0	H
836	10 John	Desmond	Eagle A.C.	M50	11.20.0	H

O60 Men 3000m

371	1 Michael	Harvey	Kilmurray/Ibrick/N.Clare A.C.	M60	11.25.0	H
877	2 Eddie	Barry	St. Finbarrs A.C.	M60	13.44.0	H

O65 Men 3000m

773	1 Patrick	Shelly	Ballynonty A.C.	M65	13.27.0	H
309	2 Sean	Whelan	Ennis Track A.C.	M65	13.37.0	H

Senior Women 4 x 200m Relay

1	Nenagh Olympic A.C.	1.53.0
2	Liscarroll A.C.	1.53.1

Masters Women 4 x 200m Relay

1	Dooneen A.C. A	2.11.0
2	Tramore A.C.	2.15.5
3	Dooneen A.C. B	2.19.7
4	Ennis Track A.C.	2.28.0

Senior Men 4 x 200m Relay

1	Derg A.C.	1.53.7
2	Liscarroll A.C.	1.53.7
3	Rising Sun A.C.	1.59.0

Masters Men 4x200m Relay

1	Templemore A.C.	1.47.4
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2 Dooneen A.C.	1.54.5
3 Ennis Track A.C.	1.59.7

Masters Men Inter County O50 4x200m Relay

1 Tipperary	1.53.0
2 Cork	1.53.1

Senior Men Long Jump

1	Darren	Prout	Carrick-on-Suir A.C.	MS	6.14
2	Dion	Ryan	Waterford A.C.	MS	6.02

O35 Men Long Jump

1	John Paul	O'Brien	Marian A.C.	M35	5.89
2	Danny	Meaney	Templemore A.C.	M35	5.10
3	Breandán	Dennehy	Rising Sun A.C.	M35	5.05
4	Trevor	McGlynn	Lifford A.C. GUEST	M35	5.00
5	David	O'Donovan	Eagle A.C.	M35	4.71
6	Glen	Scullion	Mid Ulster AC GUEST	M35	4.70

O40 Men Long Jump

1	Stephen	Lappin	Dooneen A.C.	M40	5.13
2	Donnacha	Dennehy	Rising Sun A.C.	M40	4.91
3	PJ	O'Rourke	Limerick A.C.	M40	4.66
4	Mark	Burke	Moyglass A.C.	M40	4.49
5	Ian	Condon	Clonmel A.C.	M40	4.10

O45 Men Long Jump

1	Paschall	Halley	Waterford A.C.	M45	5.07
2	Artur	Nowak	St. Brendan's A.C. (Kerry)	M45	4.68
3	Ronan	Gately	Clonliffe Harriers A.C. GUEST	M45	4.60
4	Thomas	O'Shea	Liscarroll A.C.	M45	4.58
5	Brian	O'Brien	Derg A.C.	M45	3.54

Over 50 Men Long Jump

1	Adrian	Young	Templemore A.C.	M50	4.20
2	Sean	Daniere-Doyle	Celbridge A.C. GUEST	M50	3.96
3	Richard	Butler	Ballynonty A.C.	M50	3.90

4	Noel	Galvin	West Muskerry A.C.	M50	3.57
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Over 55 Men Long Jump

1	John	Murphy	Liscarroll A.C.	M55	4.35
2	Peadar	McGing	Dundrum South Dublin A.C. GUEST	M55	4.28
3	James G.	O'Keefe	Liscarroll A.C.	M55	2.96

Over 60 Men Long Jump

1	Tom	McGrath	Templemore A.C.	M60	3.88
2	Seamus	Fox	Fanahan Mc Sweeney A.C.	M60	3.87

Over 65 Men Long Jump

1	Brendan	Dennehy	Rising Sun A.C.	M65	3.97
2	Bernard	O'Neill	Clonmel A.C.	M65	3.52
3	John	Rice	Grange/Fermoy A.C.	M65	2.33

Over 65 Men Long Jump

1	Jim	O'Shea	Farranfore Maine Valley A.C.	M70	3.73
2	Con	O'Donovan	Rising Sun A.C.	M70	3.56
3	Jerry	O'Connell	Limerick Country Club A.C.	M70	2.00

Over 70 Men Long Jump

1	Sean	O'Dwyer	Kenmare A.C.	M75	3.72
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Senior Women Long Jump

1	Rachel	Bowler	Tralee Harriers A.C.	FS	5.40
2	Aoibheann	O'Brien	Tralee Harriers A.C.	FS	5.31
3	Vickie	Cusack	Liscarroll A.C.	FS	5.06
4	Grace	Furlong	Waterford A.C.	FS	4.99
5	Aoibhinn	O'Connor	Liscarroll A.C.	FS	4.95
6	Aoife	Doyle	Carrick-on-Suir A.C.	FS	4.68
7	Genieve	Rowland	Templemore A.C.	FS	4.44

O35 Women Long Jump

1	Ursula	Barrett	St. Brendan's A.C. (Kerry)	F35	4.62
2	Catherine	Moynihan O'Sullivan	Gneeveguilla A.C.	F35	4.26
3	Louise	Collins	Dooneen A.C.	F35	4.18
4	Mary	Cahill	Ennis Track A.C.	F35	3.87
5	Catherine	McKeogh	Derg A.C.	F35	3.32

O40 Women Long Jump

1	Anette	O'Brien	Gneeveguilla A.C.	F40	3.80
2	Kathleen	Marchelewska	Tramore A.C.	F40	3.06

O45 Women Long Jump

1	Shirley	Fennelly	Tramore A.C.	F45	3.87
2	Hilda	O'Connor	Ennis Track A.C.	F45	2.79

O50 Women Long Jump

1	Finola	Moore	Celbridge A.C. GUEST	F50	3.73
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O60 Women Long Jump

1	Margaret	Higgins	Corofin A.C. GUEST	F60	2.89
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Junior Women Triple Jump

1	Grace	Furlong	Waterford A.C.	FJ	10.69
2	Aoibheann	O'Brien	Tralee Harriers A.C.	FJ	10.58
3	Rachel	Bowler	Tralee Harriers A.C.	FJ	9.78

Senior Women Triple Jump

1	Rachel	Clancy	St Johns A.C.	FS	8.84
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Junior Men Triple Jump

1	James	Murphy	Waterford A.C.	MJ	11.16
2	Corey	Kissane	An Riocht A.C.	MJ	10.96

Senior Men Triple Jump

1	Niall	Counihan	Dooneen A.C.	MS	14.17
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Junior Men Pole Vault

1	shane	Power	St. Joseph's A.C. GUEST	MJ	3.40
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U23 Men Pole Vault

1	Raymond	Walsh	Abbey Striders A.C.	M23	3.40
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Junior Women Pole Vault

1	Ellen	Larkin	Emerald A.C.	FJ	2.85
2	Clodagh	Walsh	Abbey Striders A.C.	FJ	2.85
3	Molly	Healy	Leevale A.C.	FJ	2.70

Senior Women Pole Vault

1	Laura	Cussen	Old Abbey A.C.	FS	3.00
2	Dearbhail	Foley	Tralee Harriers A.C.	FS	2.25

Senior Men High Jump

1	Simon	Archer	Templemore A.C.	MS	2.00
2	Ben	Donovan	Abbey Striders A.C.	MS	1.95

O35 Men High Jump

1	Kevin	Shorthall	Templemore A.C.	M35	1.6
2	Stephen	Flanagan	Moyne A.C.	M35	1.55
3	Breandán	Dennehy	Rising Sun A.C.	M35	1.55
4	Trevor	McGlynn	Lifford A.C. GUEST	M35	1.55
5	David	O'Donovan	Eagle A.C.	M35	1.45
6	Martin	Curley	Ennis Track A.C.	M35	1.45

Over 40 High Jump

1	Donnacha	Dennehy	Rising Sun A.C.	M40	1.60
2	Stephen	Lappin	Dooneen A.C.	M40	1.60

3	Mark	Burke	Moyglass A.C.	M40	1.55
4	Aidan	Hogan	Rising Sun A.C.	M40	1.40
5	Michael	Dennehy	Rising Sun A.C.	M40	1.30

Over 45 High Jump

1	Artur	Nowak	St. Brendan's A.C. (Kerry)	M45	1.63
2	Paschall	Halley	Waterford A.C.	M45	1.60
3	Thomas	O'Shea	Liscarroll A.C.	M45	1.40

Over 50 High Jump

1	Richard	Butler	Ballynonty A.C.	M50	1.35
2	Adrian	Young	Templemore A.C.	M50	1.20

O55 Men High Jump

1	John	Murphy	Liscarroll A.C.	M55	1.53
2	Peadar	McGing	D.S.D. A.C. Guest	M55	1.50

O60 Men High Jump

1	Seamus	Fox	FMS A.C.	M60	1.20
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O65 Men High Jump

1	Brendan	Dennehy	Rising Sun A.C.	M65	1.30
2	John	Rice	Grange/Fermoy A.C.	M65	1.15

O70 Men High Jump

1	Jim	O'Shea	FMV A.C.	M70	1.30
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Senior Women High Jump

1	Laura	Cussen	Old Abbey A.C.	FS	1.60
2	Rachel	Clancy	St Johns A.C.	FS	1.55

Over 35 Women High Jump

1	Louise	Collins	Dooneen A.C.	F35	1.30
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Over 40 Women High Jump

1	Anette	O'Brien	Gneeveguilla A.C.	F40	1.40
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Over 45 Women High Jump

1	Norma	O'Connor	Gneeveguilla A.C.	F45	1.35
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Over 45 Women High Jump

1	Finola	Moore	Celbridge A.C. GUEST	F50	1.25
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Over 55 Women High Jump

1	Mary	Barrett	Loughrea A.C. GUEST	F55	1.25
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O60 Women High Jump

1	Margaret	Higgins	Corofin A.C. GUEST	F60	1.05
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Senior Men Shot 7.26 KG

1	Eamon	Cleary	Shannon A.C.	MS	10.73
2	Seamus	McMahon	Shannon A.C.	MS	10.69
3	Kasper	Puspurs	Leevale A.C.	MS	9.55

O35 Men Shot 7.26 KG

1	Trevor	McGlynn	Lifford A.C. GUEST	M35	10.20
2	Bob	Curling	Ballincollig A.C.	M35	9.05
3	Michael	Halpin	Kilfinane A.C.	M35	8.59
4	Éamonn	Ó Ceallaigh	Ballincollig A.C.	M35	8.05

O40 Men Shot 7.26 KG

1	John	Leahy	Kilmurray/Ibrick/N.Clare A.C.	M40	12.35
2	Anthony	Greaney	An Riocht A.C.	M40	9.98

3	Aidan	Hogan	Rising Sun A.C.	M40	8.59
4	Pat	Minogue	Derg A.C.	M40	8.15
5	John	Campbell	West Limerick A.C.	M40	8.15
6	Stephen	Lappin	Dooneen A.C.	M40	7.91
7	PJ	O'Rourke	Limerick A.C.	M40	7.61

O45 Men Shot 7.26 KG

1	Peter	Ryan	Nenagh Olympic A.C.	M45	11.14
2	Alex	Conway	Ennis Track A.C.	M45	10.26
3	Artur	Nowak	St. Brendan's A.C. (Kerry)	M45	8.80
4	Finbarr	Whelan	Liscarroll A.C.	M45	7.75
5	Denis	Looney	Eagle A.C.	M45	5.45

O50 Men Shot 6KG

1	Tom	Galvin	North Cork A.C.	M50	10.23
2	Sean	Doyle	Celbridge A.C. Guest	M50	8.40
3	Richard	Butler	Ballynonty A.C.	M50	7.35
4	John	Desmond	Eagle A.C.	M50	6.39

O55 Men Shot 6KG

1	Patsy	O'Connor	Tralee Harriers A.C.	M55	11.84
2	John	O'Dea	Dundrum A.C.	M55	9.98
3	Martin	Fitzpatrick	St. Marys (Clare) A.C.	M55	9.78
4	Peadar	McGing	Dundrum South Dublin A.C. GUEST	M55	7.73
5	James G.	O'Keeffe	Liscarroll A.C.	M55	7.49

O60 Men Shot 5KG

1	Pat	Kennedy	FERRYBANK A.C.	M60	10.34
2	James	O'Hare	Limerick A.C.	M60	9.90

O65 Men Shot 5KG

1	Bernard	O'Neill	Clonmel A.C.	M65	7.74
2	John	Rice	Grange/Fermoy A.C.	M65	7.70

O70 Men Shot 4KG

1	Noel	Monteith	Borrisokane A.C.	M70	9.20
2	Con	O'Donovan	Rising Sun A.C.	M70	7.90
3	Tim	Fitzpatrick	Liscarroll A.C.	M70	7.63
4	Jerry	O'Connell	Limerick Country Club A.C.	M70	6.36

O70 Men Shot 4KG

1	Joe	Hogan	Rising Sun A.C.	M75	6.21
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O75 Men Shot 3KG

1	Micheal	O'Beirne	Dundrum A.C.	M80	3.55
4	Noel	Monteith	Borrisokane A.C.	M70	9.20

Senior Women Shot 4 KG

1	Deirbhile	Ryan	Nenagh Olympic A.C.	FS	10.48
2	Genieve	Rowland	Templemore A.C.	FS	9.27
3	Rachel	Clancy	St Johns A.C.	FS	7.52

O35 Women Shot 4 KG

1	Norma	Brosnahan	West Limerick A.C.	F35	5.33
2	Martina	Ahern	West Limerick A.C.	F35	4.46

O40 Women Shot 4KG

1	Nicola	Hayes	Waterford A.C.	F40	7.09
2	Rosie	Foley	Derg A.C.	F40	7.08
3	Martha	O'Sullivan	Dooneen A.C.	F40	6.76
4	Kathleen	Marchelewska	Tramore A.C.	F40	4.84

O45 Women Shot 4 KG

1	Eileen	O'Riordan	Gneeveguilla A.C.	F45	8.55
2	Shirley	Fennelly	Tramore A.C.	F45	6.44
3	Hilda	O'Connor	Ennis Track A.C.	F45	5.90

O55 Women Shot 4 KG

1	Mary	Barrett	Loughrea A.C. GUEST	F55	9.74
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O60 Women Shot 4 KG

1	Margaret	Higgins	Corofin A.C. GUEST	F60	5.82
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O70 Women Shot 4 KG

1	Terri	Gough	West Waterford A.C.	F70	5.58
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Senior Men WD 56 lb

1	Seamus	McMahon	Shannon A.C.	MS	5.49
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Over 35 Men WD 56lb

1	Breandán	Dennehy	Rising Sun A.C.	M35	5.57
2	Paul	Kavanagh	Fr. Murphy's A.C. GUEST	M35	5.21
3	Bob	Curling	Ballincollig A.C.	M35	4.23
4	Éamonn	Ó Ceallaigh	Ballincollig A.C.	M35	3.72

Over 40 Men WD 56lb

1	John	Leahy	Kilmurray/Ibrick/N.Clare A.C.	M40	5.88
2	Anthony	Greaney	An Riocht A.C.	M40	5.67
3	Michael	Dennehy	Rising Sun A.C.	M40	4.76
4	Aidan	Hogan	Rising Sun A.C.	M40	4.25
5	John	Campbell	West Limerick A.C.	M40	3.88

Over 45 Men WD 56lb

1	Peter	Ryan	Nenagh Olympic A.C.	M45	7.21
2	Artur	Nowak	St. Brendan's A.C. (Kerry)	M45	4.51

Over 50 Men WD 35lb

1	Noel	Galvin	West Muskerry A.C.	M50	4.24
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Over 55 Men WD 35lb

1	Patsy	O'Connor	Tralee Harriers A.C.	M55	8.43
2	Martin	Fitzpatrick	St. Marys (Clare) A.C.	M55	7.70
3	John	O'Dea	Dundrum A.C.	M55	7.29
4	James G.	O'Keefe	Liscarroll A.C.	M55	5.52

Over 60 Men WD 35lb

1	Patrick	Hanily	Fr. Murphy's A.C. GUEST	M60	8.29
2	Pat	Kennedy	FERRYBANK A.C.	M60	6.67
3	Gerard	Grehan	Fr. Murphy's A.C. GUEST	M60	5.85
4	James	O'Hare	Limerick A.C.	M60	5.54

Over 65 Men WD 35lb

1	John	Rice	Grange/Fermoy A.C.	M65	6.65
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Over 65 Men WD 35lb

1	Gerry	O'Connell	Marian A.C.	M70	7.62
2	Noel	Monteith	Borrisokane A.C.	M70	6.62

Over 75 Men WD 35lb

1	Joe	Hogan	Rising Sun A.C.	M75	5.44
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Over 80 Men WD 28lb

1	Micheal	O'Beirne	Dundrum A.C.	M80	2.76
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