

EYOF 2017



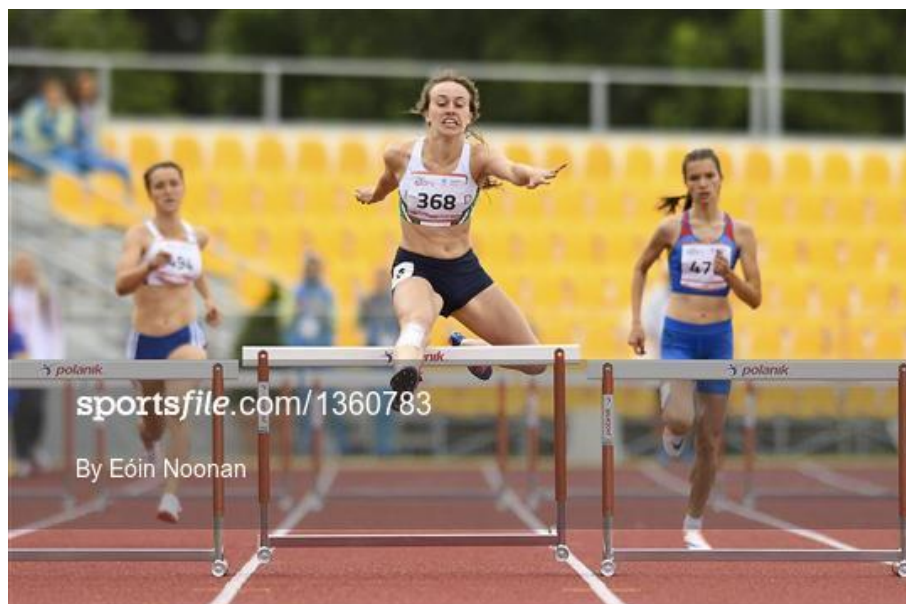
The European Youth Olympic Festival took place in Győr, Hungary from 17th to 23rd July 2017. 7 athletes were selected to represent Munster on the Irish team with both **Miriam Daly, Carrick-On-Suir A.C.** and **Niamh Foley, St. Mary's A.C. Limerick** winning bronze medals as part of the Irish Women's 4 x 100m Relay team. The Munster team selected was **Ciara Sheehy, Liscarroll A.C.** (Shot), **Miriam Daly, Carrick-On-Suir A.C.** (400mH & 4 x 100m), **Niamh Foley, St. Mary's A.C. Limerick** (4 x 100m), **Conor Morey, Leevale A.C.** (100m & 4 x 100m), **Colin Doyle, Leevale A.C.** (200m & 4 x 100m), **Joseph McEvoy, Nenagh Olympic A.C.** (High Jump & 4 x 100m) & **Sean Carolan, Nenagh Olympic A.C.** (Long Jump & 4 x 100m). Unfortunately, Joseph McEvoy had to withdraw from the team due to an injury sustained in the short hurdles at the National Juvenile Track & Field Championships earlier in July.

Conor Morey, Leevale A.C. qualified for the 100m semi-final in a time of 11.28 but his time wasn't fast enough to progress to the Final. His team-mate, **Colin Doyle** ran 22.31 in the heat of the 200m to make it to the semi-final as one of the fastest losers but he had to withdraw due to injury. **Sean Carolan, Nenagh Olympic A.C.** jumped 6.79m in qualifying rounds of Long Jump to qualify for the final where he finished 11th with a jump of 6.34m. **Miriam Daly, Carrick-On-Suir A.C.** progressed to the final of 400mH having run a pb of 61.47 in her semi-final and finished 6th in the final in a time of 61.94. **Ciara Sheehy, Liscarroll A.C.** finished 10th in final of Girls Shot Putt with a throw of 13.60m. The Irish Men's 4 x 100m

team which included Sean Carolan, Colin Doyle and Conor Morey had to withdraw from their semi-final. The Irish Women's 4 x 100m Relay team had better fortunes finishing 1st in their heat in a time of 46.31 and then went on to win bronze in the final in a time of 46.38. Athletes on the team were Patience Jumbo Gula, Rhashida Adeleke, Niamh Foley and Miriam Daly.



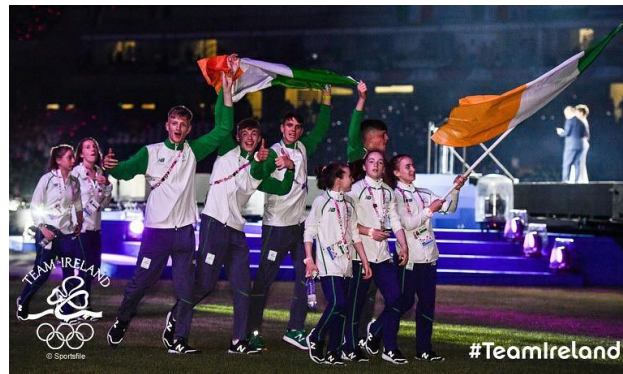
Ciara Sheehy, Liscarroll A.C. in action in the Girls Shot Putt Final.



Miriam Daly, Carrick-On-Suir A.C. on her way to 2nd place in her 400mH SF

Other Irish athletes who won EYOF medals were Sarah Healy, Blackrock A.C., gold in 1500m in a personal best of 4.19.85, Rhashida Adeleke, Tallaght A.C. who won silver in the 200m (21.81) with bronze medals for Patience Jumbo Gula, St. Gerard's A.C. in 100m (11.59) and

Jade Williams, Shercock A.C. in Hammer (58.62m). Congratulations to all our athletes who competed so well on the international stage, many of them for the first time in their athletic careers.



Sean Carolan, Nenagh Olympic A.C. in action in the Long Jump and Team Ireland at the Opening Ceremony



Conor Morey and Colin Doyle, both Leevale A.C. in action in the 100m and 200m heats



EYOF Medallists 2017

European Youth Olympic Festival Roundup



POSTED: July 31 2017

It was a successful week for the Irish **Team at the EYOF in Győr**, Hungary last week.

Athletics Ireland had a team of 16 athletes as part of the 40 athletes on Team Ireland. 11 of these qualified for finals and a further two for semi-finals. On the track, the sprinters were in excellent form with Patience Jumbo-Gula (Dundalk) winning bronze in the 100m final in a **time of 11.59 (+6.6 W) while Tallaght's Rhasidat Adekele placed** second in the 200m, running 23.81 (+2.5 W). These two athletes joined **both Niamh Foley and Miriam Daly to compete in the Women's** 4x100m relay team where they finished in an impressive third place with a time of 46.38, taking the bronze, a successful culmination to the Relay programme for Coach Daniel Kilgallon. In the field, **Cavan's** Jade Williams threw 58.62m to secure a bronze for Ireland in the Hammer.

On the last day of the championships, Sarah Healy, from Monkstown, **went on to secure Team Ireland's first gold medal at the 2017 European Youth Olympics Festival in Győr, Hungary** where she ran a personal best of 4.19.85 in the 1500m Final.

The OCI helped individual sports to hold their own Pre-Camp for EYOF and the benefits were evident with the team securing many PBs and finalists, and six medals overall, five of these coming from athletics, with one gold, one silver and three bronze being secured.

Well done to all athletes that took part in the EYOF and support staff to make it a memorable EYOF for all who attended.

See below a list of athletes who competed for Team Ireland at the Track and Field championships at the EYOF.

	Event	Name	Club
Men	100m & 4x100m Relay	Conor Morey	Leevale AC
	200m & 4x100m Relay	Colin Doyle	Leevale AC
	800m	Louis O'Loughlin	Donore Harriers AC
	1500m	Alex Boyd	Lagan Valley AC
	LJ & 4x100m Relay	Sean Carolan	Nenagh AC
	4x100m Relay	Michael Farrelly	Portmarnock AC

Women	100m & 4x100m Relay	Patience Jumbo-Gula	St. Gerard's AC
	200m & 4x100m Relay	Rhasidat Adeleke	Tallaght AC
	800m	Molly Brown	Metro St. Brigids AC
	1500m	Sarah Healy	Blackrock AC
	3,000m	Mia McCalmont	Tir Chonaill AC
	400mH & 4x100m Relay	Miriam Daly	Carrick-on-Suir AC
	Hammer	Jade Williams	Shercock AC
	Shot Putt	Ciara Sheehy	Liscarroll AC
	LJ	Ruby Millet	St. Abban's AC
	4 x 100m Relay	Niamh Foley	St. Mary's AC