

Munster Juvenile PRO Report

All 6 Counties Well Represented at the “B” Championships

The Munster Juvenile Track & Field Season finished on a high with the Juvenile “B” Track & Field Championships in Templemore, Co. Tipperary on Saturday 29th July. Many thanks to Templemore A.C. and the Tipperary County Board for organising the great facilities & to all the Clubs who provided help on the day for without your assistance it would not be possible to run these Championships. These Championships were very well supported by Munster Clubs with all 6 counties represented. It was great to see some of our smaller & less featured Clubs coming to the fore with strong participation from Courceys A.C., BMOH A.C., West Limerick A.C., Kilmihi A.C., Ballincollig A.C., Finisk Valley A.C., Grange Fermoy A.C., Blarney Inniscarra A.C., Farranfore Maine Valley A.C., Skibbereen A.C., Tulla A.C., Iveragh, K.C.K. A.C., Fergus A.C. & Moyne A.C. With 72 individual titles up for grabs, the medals were spread over a wide range of Clubs from all Munster counties.

In the U/9 60m, Munster titles were won by **Ashlyn Falvey, St. Brendan’s A.C.** (10.30) and Michael **Leamy, Grange Fermoy A.C.** (9.92) with **Zoe Quinn, Tulla A.C.** taking gold in the Girls U/9 300m (57.82) and **Colm Ryan, Newport A.C.** winning the Boys U/9 300m (53.72). **Holly Kirby, Carrick-On-Suir A.C.** was the winner of the Girls U/9 Long Jump with a leap of 3.16m with **Oisin Kennedy, Newport A.C.** taking the Boys title with 3.25m. In the U/9 Turbo Javelin, there was Munster titles for **Lorraine Coakley, Skibbereen A.C.** (8.98m) & **Thomas Cahill, Lios Tuathail A.C.** (14.68m).

Ava Flavin, Finisk Valley A.C. won the Girls U/10 60m (9.57) with **Anthony Goggin, Leevale A.C.** taking the Boys title (9.44). **Sarah Gaffney, West Waterford A.C.** won the Girls U/10 500m (1.38.83) with **Fionn Phelan, Ferrybank A.C.** taking the Boys title (1.34.92). In the Long Jump competitions, **Ellis McHugh, Ferrybank A.C.** jumped 3.51m to win gold with **Harry McCourt, Bandon A.C.** taking the Boys title with 3.54m. The U/10 Turbo Javelin competitions were won by **Daniela Puspurs, Leevale A.C.** (17.32m) and **Ronan O’Hora, K.C.K. A.C.** (19.12m).

In the U/11 competition, there was gold for Tipperary duo, **Maeve Healion, Templemore A.C.** (3.44m) & **Killian Whelan, Clonmel A.C.** in the Long Jump (3.77m) and Kerry duo, **Stephanie Reid, An Ríocht A.C.** (20.07m) and **Conor Crean, Tralee Harriers A.C.** (17.21m) in the Turbo Javelin. **Sophie Coughlan, Moycarkey Coolcree A.C.** won the 600m (1.59.00) as did **Zak O’Sullivan, Tramore A.C.** (1.59.22) with **Maeve Healion, Templemore A.C.** taking her second gold in the 60m (9.32) and **Daire O’Donnell, Moycarkey Coolcree A.C.** also taking gold in the Boys race (9.33).

In the Girls U/12 80m, there was gold for **Zoe Conway, Belgooly A.C.** (11.85) with **Finn Barrett, Iveragh A.C.** also taking gold in the Boys U/12 80m in 11.75. **Kathryn Ryan, Killarney Valley A.C.** took gold in the Girls U/12 600m (1.56.86) with gold also for **Gavin Sweetnam, Skibbereen A.C.** in the Boys race (1.48.01). **Belgooly A.C.** athletes **Abbey Dorney** and **Aaron Gui** took double gold in the Long Jumps with 4m and 3.93m with **Danielle O’Riordain, Gneeveguilla A.C.** and **Timmy Colbert, West Limerick A.C.** winning the Shot Putt competitions with 8.50m and 6.80m. **Eireann Barrett, Youghal A.C.** took gold in the Girl’s High Jump with 1.15m while **Cathal Ryan, Templemore A.C.** won the Boys competition with 1.33m.

Emma Lehane, Liscarroll A.C. won the Girls U/13 80m in 11.02 with **Brendan O'Leary, Lios Tuathail A.C.** taking the Boy's title in 11.38. **Kathryn O'Mahony, Carraig na BhFear A.C.** won the 600m in 1.48.60 with gold also for **Darragh Cunnane, Tralee Harriers A.C.** in 1.50.40. Shot Putt winners were **Alex Cashman, Youghal A.C.** (7.43m) and **Dylan Scannell-Fleming, Gneeveguilla A.C.** (8.96m) with Long Jump golds for **Roisin Rahilly, An Ríocht A.C.** (4.32m) and **Graham Dooley, Templemore A.C.** (4.26m). There were gold medals in the High Jump for **Caoimhe Cahill, St. Cronan's A.C.** (1.40m) and **Killian Bergin, Templemore A.C.** (1.43m).

In the Girls U/14 80m, **Muireann McElligott, Lios Tuathail A.C.** won gold in 11.41 with **Dara O'Neill, Tramore A.C.** winning the Boy's race in 10.62. **Saoirse Tomkins, Gneeveguilla A.C.** won the Girls U/14 800m in 2.32.57 with **Callum Mc Court, Bandon A.C.** winning the Boys event in 2.33.22. **Emma Mulcahy, Nenagh Olympic A.C.** won gold in the Girl's Long Jump (4.13m) with **Callum McCourt** adding another gold to his list with a win in the Boy's Long Jump (4.21m). Shot Putt winners were **Grace O'Connor, Tralee Harriers A.C.** (9.08m) and **Ted Evans, Templemore A.C.** (9.76m) while High Jump winners were **Grace O'Connor**, another gold for her (1.35m) and her Tralee Harriers team-mate **Tony White** (1.38m).

Emma Grant, Templemore A.C. won the Girls U/15 100m (13.58) with gold also for another Tipperary athlete, **Lewis Doyle, Nenagh Olympic A.C.** (12.93). **Emma Murray, Coolquill A.C.** won the 800m in 2.42.67 with gold also for **Kyle Walsh, K.C.K. A.C.** in 2.30.90. **Emma Grant** took her second gold in the Girl's Long Jump with 4.54m with **Sean Mahony, Lios Tuathail A.C.** winning the Boy's competition (4.74m). **Lynn Vermeer, Carrick-On-Suir A.C.** won the High Jump (1.40m), **Aisling O'Regan, West Waterford A.C.** won gold in the Girl's Shot Putt (4.93m) with **Mark O'Mahony, BMOH A.C.** taking gold in the Boys' competition with 6.89m.

In the U/16 competitions, the gold medal winners were **Niamh Conlon, Kilmihil A.C.** (100m 13.11 and Shot Putt 9.05m), **Jordan Collins, Templemore A.C.** (100m 12.10 and Long Jump 4.58m), **Aine Garry, Fergus A.C.** (800m 2.26.58), **Dylan McLaughlin, Moyne A.C.** (800m 2.16.01), **Daisy McCarthy, Middleton A.C.** (Long Jump 3.61m), **Favour Wenegieme, Belgooly A.C.** (Shot Putt 8.59m) and **Jimmy Mullins, Templemore A.C.** (High Jump 1.60m).

Congratulations to all our young participants who took part & to all the medal winners.