

26 Records at Munster T&F Champs



The Munster U/14 to U/19 Track & Field Championships were held in Cork I.T. on Saturday 17th & Sunday 18th June. The level of competition was very high with **26** new Championship Best Performances set over the two days by the following athletes:-

- **Katie Nolke, Ferrybank A.C.** jumped 1.57m in the Girls U/14 High Jump to better the jump of 1.56m by Sophie Meredith, St. Mary's A.C. Limerick in 2014.
- **Leah Parker, Midleton A.C.** threw 41.55m in the Girls U/14 Hammer to better the 2009 record of 32.63m set by Alice Akers, Marian A.C.
- **Maeve O'Neill, Doheny A.C.** ran 2.17.66 in the Girls U/14 800m to better the time of 2.19.68 set by Ailbhe Doherty, Ennis Track A.C. in 2016.
- **Harry Nevin, Leevale A.C.** ran 11.21 in the Boys U/14 75mH to break the existing record of 11.73 set by Darren Prout, Carrick-On-Suir A.C. in 2010.
- **Glory Wenegieme, Belgooly A.C.** ran 24.49 in the Boys U/14 200m to break the record of 24.82 set by Conor Commene, Tralee Harriers A.C. in 2016.
- **Jack Cullen, Bandon A.C.** threw 40.55 in the Boys U/14 Javelin to better the 2016 record of 38.94m set by Joe Ivory, Liscarroll A.C. in 2016.
- **Belgooly A.C.** Boys U/14 4 x 100m Relay ran 51.69 to break the existing record of 52.00 set by Leevale A.C. in 2014.
- **Geoffrey Joy O'Regan, Sunhill Harriers A.C.** jumped 1.70m in the Boys U/14 High Jump to better the existing record of 1.66m set by Reece Ademola, Leevale A.C. in 2016.
- **Shane Aherne, Leevale A.C.** ran 32.93 in the Boys U/16 250mH to better the existing record of 32.97 set by David Ryan, Moycarkey Coolcree A.C. in 2015.
- **Wymin Sivakumar, Leevale A.C.** jumped 13.08m in the Boys U/16 Triple Jump to better the 12.59m record of John Naughton, Leevale A.C. set in 1984.
- **Tralee Harriers A.C.** ran 45.38 in the Boys U/16 4 x 100m to better the time of 47.33 set by Limerick A.C. in 2014.

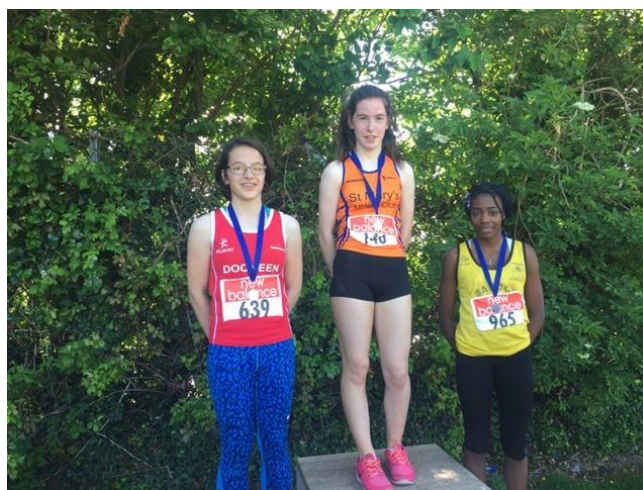
- **Frank O'Brien, Midleton A.C.** ran 6.34.09 in the Boys U/17 3km Steeplechase to break the existing record of 6.53.36 set by Jamie Roche, Ennis Track A.C. in 2015.
- **Leevale A.C.** ran 44.48 in the Boys U/17 4 x 100m to better the time of 45.67 set by Limerick A.C. in 2014.
- **Tony Odubote, Ennis Track A.C.** ran 22.35 in the Boys U/18 200m to better the existing record of 22.45 set by Cormac Lynch, Marian A.C. in 2011.
- **Jamie Mitchell, Emerald A.C.** ran 22.49m in the Boys U/19 200m to better the 2015 record of 22.70 set by Stephen Walsh, Ferrybank A.C.
- **Cathal Locke, Dooneen A.C.** ran 54.23 in the Boys U/19 400mH to better the 57.74 set by Eoghan Courtney, St. Brendan's A.C. in 2013.
- **Megan Lenihan, North Cork A.C.** threw 39.20m in the Girls U/15 Discus to smash the existing 2007 record of 34.52m set by Zoe Scanlon, West Waterford A.C.
- **Megan Lenihan, North Cork A.C.** threw 41.80m in the Girls U/15 Javelin to beat the record of 40.97m set by Orlaith O'Brien, Waterford A.C. in 2013.
- **Nicola Tuthill, Bandon A.C.** threw 43.42m in the Girls U/15 Hammer to break the 2012 record of 42.60m set by Aoife Doyle, Star of the Laune A.C.
- **Ciara Sheehy, Liscarroll A.C.** threw 14.69m in the Girls U/16 Shot Putt to beat the 1985 mark of 12.88m set by Ailish O'Brien, Dungarvan.
- **Miriam Daly, Carrick-On-Suir A.C.** ran 56.72 in the Girls U/17 400m to better the time of 58.32 set by N. Brennan, De La Salle in 1980.
- **Miriam Daly, Carrick-On-Suir A.C.** ran 44.75 in the Girls U/17 300mH to better the time of 45.34 set by Kelly Ann Doyle, Carrick-On-Suir A.C. in 2013.
- **Sophie Meredith, St. Mary's A.C. Limerick** jumped 5.88m in the Girls U/17 Long Jump to better the 1990 record of 5.75m set by Claire Ingerton, Leevalle A.C.
- **Emma Coffey, Carraig na BhFear A.C.** vaulted 3.22m in the Girls U/17 Pole Vault to better the 2016 record of 280m set by Clodagh Walsh, Abbey Striders A.C.
- **Laura Nicholson, Bandon A.C.** ran 17.17.76 in the Girls U/18 2km Steeplechase to better the time of 7.25.00 set by Ciara Cummins, Nenagh Olympic A.C. in 2014.
- **Ciara Neville, Emerald A.C.** ran 24.22 in the Girls U/19 200m to better the 2001 record of 24.4h held by Sharon Kelly, Leevalle A.C.

There were many multiple gold medal winners on the day. **Lucy May Sleeman, Leevalle A.C.** took triple gold in the Girls U/14 80m, 200m and 75mH, **Ailbhe Doherty, Ennis Track A.C.** won treble gold in the Girls U/15 100m, 200m & 800m; **Niamh Foley, St. Mary's A.C. Limerick** won double gold in the Girls U/16 80mH & 200m & silver in the 100m; **Katie Murphy, Ferrybank A.C.** did the double in the Girls U/18 100m and 200m; **Miriam Daly, Carrick-On-Suir A.C.** won treble gold in the Girls U/17 100mH, 300mH & 400m & **Emily Wall, Leevalle A.C.** took double gold in the Girls U/15 75mH & 250mH;

In the middle distance events, **Maeve O'Neill, Doheny A.C.** took double gold in the Girls U/14 800m and 1500m setting a new CBP of 2.17.66 in the 800m; **Isabelle Cummins, Ferrybank A.C.** won double gold in the Girls U/17 800m & 1500m as did **Shona O'Brien, Gneeveguilla A.C.** in the Girls U/18. **Una O'Brien, Tramore A.C.** won double titles in the Girls U/16 1500m and 3km with **Aisling Kelly, St. John's A.C. Clare** taking double gold in the Girls U/19 1500m & 3km.

In the Field events, **Amy Whelan, Liscarroll A.C.** won double gold in the Girls U/14 Shot Putt & Javelin; **Megan Lenihan, North Cork A.C.** won treble gold in the Girls U/15 Discus, Shot Putt & Javelin setting two new CBP's in the Discus and Javelin; **Katie Nolke, Ferrybank A.C.** won double gold in the Girls U/14 High Jump and Long Jump setting a new record of 1.57m in the High Jump; **Sophie Meredith, St. Mary's A.C. Limerick** won treble gold in the Girls U/17 Long Jump, Triple Jump and Shot Putt setting a new record of 5.88m in the Long Jump; **Vickie Cusack, Liscarroll A.C.** won treble gold in the Shot Putt, Long Jump and 400mH; **Leah Parker, Midleton A.C.** won double gold in the Discus and Hammer setting a new CBP and **Ciara Sheehy, Liscarroll A.C.** won 4 gold medals in the Girls U/16 Shot Putt, Discus, Hammer & Javelin setting a new CBP's in the Shot Putt.

In the Boys sprint events, **Glory Wenegieme, Belgooly A.C.** won double gold in the Boys U/14 100m & 200m setting a new record of 24.49 in the 200m; **Conor Commene, Tralee Harriers A.C.** won double gold in the Boys U/15 100m & 200m and also added gold in the Long Jump with team-mate **Mervyn Shalemba** winning double titles in the Boys U/16 100m & 200m. **Jamie Mitchell, Emerald A.C.** won double titles in the Boys U/19 100m & 200m setting a new record in the 200m of 22.49 with **Tony Odubote, Ennis Track A.C.** winning gold in the Boys U/18 200m & 400m with a new 200m CBP of 22.35. In the middle distance events, **Aidan Burke, Waterford A.C.** won double titles in the Boys U/14 800m & 1500m with **Conor Ryan, Templemore A.C.** winning double gold in the Boys U/18 800m & 1500m and **Niall Blackwell, West Waterford A.C.** winning titles in both the Boys U/19 1500m & 3km. **Joseph McEvoy, Nenagh Olympic A.C.** won double gold in the Boys U/17 High Jump & 100mH with team-mate **Sean Carolan** winning 4 gold in the Boys U/17 Long Jump, Triple Jump, Javelin & Hammer. **Ben Donovan, Abbey Striders A.C.** won two titles in the Boys U/18 Triple Jump & High Jump with **Reece Ademola, Leevale A.C.** winning double gold in the 80mH and High Jump. **Sean Mockler, Moycarkey Coolcree A.C.** won treble gold in the Boys U/18 Shot Putt, Discus and Hammer with his team-mate, **Daniel Ryan** winning 6 gold medals in the Boys U/19 110mH, Pole Vault, Long Jump, Shot Putt, Discus and Javelin. **Shane Cawley, Waterford A.C.** did the double in the Boys U/16 Shot Putt & Discus with **Callum Keating, North Cork A.C.** also winning on the double in the Boys U/14 Shot Putt & Discus. **Shane Monagle, Tramore A.C.** won double gold in the Boys U/18 Long Jump & 110mH with **Wymin Sivakumar, Leevale A.C.** taking treble gold in the Boys U/16 Long Jump, Triple Jump and 100mH.



Full results can be found at www.munsterathletics.com.