

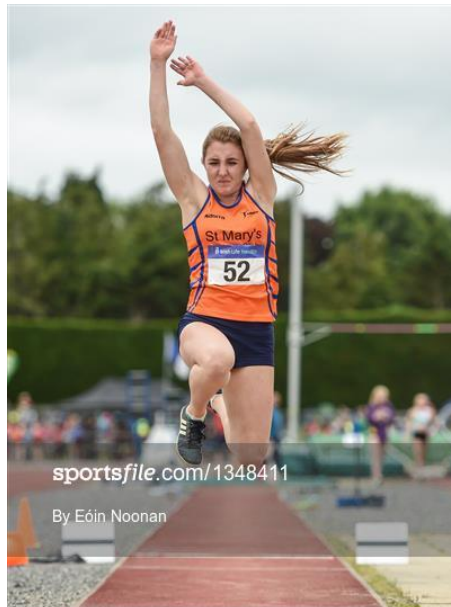
5 National Records for Munster Athletes



Munster athletes were in great form at Day 2 of the Irish Life Health National Juvenile Track & Field Championships in Tullamore on Sunday 9th July 2017. Munster clinched **88 medals in total which included 31 gold & national titles, 33 silver & 24 bronze & 5 new National records** set by the athletes below:-

- **Samuel Bailey, Doheny A.C.** set a new record of 34.01m in the Boys U/12 Turbo Javelin to better the 2013 record of 31.79m set by Jack McCullagh, St. Ronan's A.C.
- **Ava Rochford, Ennis Track A.C.** jumped 1.55m in the Girls U/13 High Jump to better the mark of 1.53m set by Catriona Farrell, Craughwell A.C. in 2004.
- **Harry Nevin, Leevale A.C.** jumped 5.81m in the Boys U/14 Long Jump to break the mark of 5.79m held jointly by Daniel Ryan, Moycarkey Coolcree A.C. (2012) and Daniel Hurley, Leevale A.C. (2015).
- **Megan Lenihan, North Cork A.C.** threw 42.52m in the Girls U/15 Discus to smash the 2019 record of 36.16 set by Kate Hickey, West Waterford A.C.
- **Emma Coffey, Carraig na BhFear A.C.** set a new record in the Girls U/17 Pole Vault when she vaulted 3.30m to break the existing record of 3.00m set by Clodagh Walsh, Abbey Striders A.C. in 2016.

Among Munster's stars on the day were **Harry Nevin, Leevale A.C.** who won gold and set a new CBP in the Boys U/14 Long Jump to add to his gold and CBP in the 75mH on Day 1; **Megan Lenihan, North Cork A.C.** who won the Girls U/15 Discus with a new CBP and then went on to win bronze in the Shot Putt; **Sophie Meredith, St. Mary's A.C. Limerick** added gold to her two medals on Day 1 in the Long Jump (gold) and Shot Putt (silver) when she won the Girls U/17 Triple Jump; **Sean Carolan, Nenagh Olympic A.C.** won double silver in the Boys U/17 Triple Jump and Javelin to add to his gold on Day 1 in the Discus and silver in the Long Jump; **Ceola Bergin, Templemore A.C.** added another gold to her winnings in the Girls U/12 Shot Putt having won the Turbo Javelin on Day 1; **Reece Ademola, Leevale A.C.** won the Boys U/15 Long Jump adding to his silver in the 80mH on Day 1; **Ciara Sheehy, Liscarroll A.C.** added another gold to her collection when she won the Girls U/16 Hammer adding to her win in the Discus on Day 1;



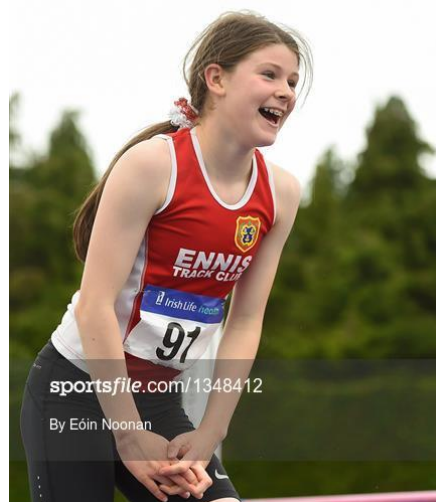
Wymin Sivakumar, Leevale A.C. added gold to his collection when he won the Boys U/16 Triple Jump having won double silver in the 100mH and Long Jump on Day 1. **Joel Joseph, Midleton A.C.** won gold in the Boys U/13 Long Jump and bronze in the 80m. **Ava Rochford, Ennis Track A.C.** added to her bronze medal win in the Girls U/13 Shot Putt by winning the High Jump in a new CBP of 1.55m; **Jo Keane, Ennis Track A.C.** added silver in the Girls U/18 400m to her gold in the 800m on Day 1; **Aisling Cassidy, Bandon A.C.** added silver in the Girls U/17 Triple Jump to her bronze in the 100mH on Day 1; **Conor O'Driscoll, Leevale A.C.** won silver in the Boys U/19 400m to add to his gold in the 800m on Day 1; **Daniel Hurley, Leevale A.C.** won bronze in the Boys U/16 100m to add to his gold medal win in the Long Jump on Day 1; **Hannah Falvey, Belgooly A.C.** went one better in the Girls U/12 60m when she won silver to add to her bronze in the Long Jump on Day 1; **Glory Wenegieme, Belgooly A.C.** added another silver to his collection when he placed 2nd in the Boys U/14 80m to add to his silver in the 800m on Day 1; **Katie Nolke, Ferrybank A.C.** won silver in the Girls U/14 Long Jump to add to her gold in the High Jump on Day 1; **Lucy May Sleeman, Leevale A.C.** added silver in the Girls U/14 80m to her gold in the 75mH on Day 1; **Leah Parker, Midleton A.C.** won silver in the Girls U/14 Discus to add to her bronze in the Hammer on Day 1; **Jessica Lyne, Leevale A.C.** won bronze in the Girls U/13 Turbo Javelin to add to her bronze in the 60mH on Day 1; Siblings, **Orla & Emma Coffey, Carraig na BhFear A.C.** both won gold medals in the Pole Vault in the Girls U/16 and U/17 Pole Vault with **Anna Ryan, Moycarkey Coolcree A.C.** adding to her family's medal haul of 3 gold by winning silver in the Girls U/16 Pole Vault. **Holly Meredith, St. Mary's A.C. Limerick** won bronze in the Girls U/17 Javelin with sister **Sophie** winning the Girls U/17 Triple Jump making it 4 medals for the sisters over these Championships.

Summary of Munster winnings on Day 2:-

Gold medals

1. Ceola Bergin, Templemore A.C. – Girls U/12 Shot Putt (9.11m)
2. John Cashman, Leevale A.C. – Boys U/12 60m (8.21)
3. Samuel Bailey, Doheny A.C. – Boys U/12 Turbo Javelin (34.01m) **CBP**

4. Grace Rooney, Youghal A.C. – Girls U/13 80m (10.48)
5. Ava Rochford, Ennis Track A.C. – Girls U/13 High Jump (1.55m) **CBP**
6. Selena O’Riordan, Midleton A.C. – Girls U/13 Turbo Javelin (30.89m)
7. Joel Joseph, Midleton A.C. – Boys U/13 Long Jump (4.81m)
8. Grainne O’Connor, Clonmel A.C. – Girls U/14 2km Walk (11.43.59)
9. Michelle Ugwah, Carraig na BhFear A.C. – Girls U/14 Long Jump (5.14m)
10. Noah Conway, St. Cronan’s A.C. – Boys U/14 2km Walk (11.46.58)
11. Harry Nevin, Leevale A.C. – Boys U/14 Long Jump (5.81m) **CBP**
12. Callum Keating, North Cork A.C. – Boys U/14 Shot Putt (13.29m)
13. Geoffrey Joy O’Regan, Sunhill Harriers A.C. – Boys U/14 High Jump (1.67m)
14. Megan Lenihan, North Cork A.C. – Girls U/15 Discus (42.53m) **CBP**
15. Reece Ademola, Leevale A.C. – Boys U/15 Long Jump (5.73m)
16. Shauna Ryan, Emerald A.C. – Girls U/16 Triple Jump (10.13m)
17. Ciara Sheehy, Liscarroll A.C. – Girls U/16 Hammer (45.41m)
18. Orla Coffey, Carraig na BhFear A.C. – Girls U/16 Pole Vault (3.00m)
19. Daire O’Sullivan, Carraig na BhFear A.C. – Boys U/16 3km (9.33.03)
20. Wymin Sivakumar, Leevale A.C. – Boys U/16 Triple Jump (12.74m)
21. Miriam Daly, Carrick-On-Suir A.C. – Girls U/17 400m (56.61)
22. Sophie Meredith, St. Mary’s A.C. Limerick – Girls U/17 Triple Jump (11.08m)
23. Emma Coffey, Carraig na BhFear A.C. – Girls U/17 Pole Vault (3.30m) **CBP**
24. Ryan O’Leary, Leevale A.C. – Boys U/17 100m (11.15)
25. Liam McDonagh, Moycarkey Coolcree A.C. – Boys U/17 3km Walk (15.03.88)
26. Orla O’Connor, Waterford A.C. – Girls U/18 3km Walk (14.03.21)
27. Clodagh Walsh, Abbey Striders A.C. – Girls U/18 Pole Vault (3.20m)
28. Tony Odubote, Ennis Track A.C. – Boys U/18 400m (49.63)
29. Gearoid McMahon, Shannon A.C. – Boys U/18 5km Walk (24.28.97)
30. Sean Mockler, Moycarkey Coolcree A.C. – Boys U/18 Hammer (62.36m)
31. Rebecca Kearney, Carraig na BhFear A.C. – Girls U/19 3km Walk (18.02.54)



Silver medals

1. Hannah Falvey, Belgooly A.C. – Girls U/12 60m (8.62)

2. Jayden Carmody, Dooneen A.C. – Boys U/12 60m (8.27)
3. Sophie Cannon, Youghal A.C. – Girls U/13 High Jump (1.45m)
4. Kate O'Regan, Riverstick/Kinsale A.C. – Girls U/13 Long Jump (4.47m)
5. Lucy-May Sleeman, Leevale A.C. – Girls U/14 80m (10.53)
6. Katie Nolke, Ferrybank A.C. – Girls U/14 Long Jump (4.96m)
7. Leah Parker, Midleton A.C. – Girls U/14 Discus (26.30m)
8. Glory Wenegieme, Belgooly A.C. – Boys U/14 80m (10.03)
9. James Sage, Nenagh Olympic A.C. – Boys U/14 Long Jump (5.52m)
10. Sean Kavanagh, Midleton A.C. – Boys U/14 High Jump (1.64m)
11. Claire Caulfield, Waterford A.C. – Girls U/15 2km Walk (10.25.51)
12. Kate Killigrew, West Waterford A.C. – Girls U/15 Pole Vault (2.30m)
13. Susan Nestor, Nenagh Olympic A.C. – Girls U/15 Long Jump (4.75m)
14. Conor Commane, Tralee Harriers A.C. – Boys U/15 100m (12.05)
15. Ciaran Hurley, Carraig na BhFear A.C. – Boys U/15 2km Walk (10.58.38)
16. Nikolka Stevankova, Dooneen A.C. – Girls U/16 100m (12.11)
17. Chisom Ugwuera, Ennis Track A.C. – Girls U/16 Triple Jump (10.07m)
18. Anna Ryan, Moycarkey Coolcree A.C. – Girls U/16 Pole Vault (2.80m)
19. Niamh Sugrue, Bandon A.C. – Girls U/16 Javelin (30.42m)
20. Mervyn Shalemba, Tralee Harriers A.C. – Boys U/16 100m (11.15)
21. Tirna Cahill, Youghal A.C. – Girls U/17 Hammer (47.82)
22. Aisling Cassidy, Bandon A.C. – Girls U/17 Triple Jump (10.73m)
23. Darragh Courtney, St. Brendan's A.C. Killarney – Boys U/17 HJ (1.85m)
24. Sean Carolan, Nenagh Olympic A.C. – Boys U/17 Triple Jump (12.53m)
25. Sean Carolan, Nenagh Olympic A.C. – Boys U/17 Javelin (49.50m)
26. Jo Keane Ennis Track A.C. – Girls U/18 400m (57.39)
27. Ciara Hickey, Blarney Inniscara A.C. – Girls U/18 Pole Vault (3.10m)
28. Dave McInerney, Bandon A.C. – Boys U/18 100m (11.17)
29. Pdraig O'Callaghan, Leevale A.C. – Boys U/18 Hammer (55.36m)
30. Angharad Loughnane, Marian A.C. – Girls U/19 Discus (37.98m)
31. Jamie Mitchell, Emerald A.C. – Boys U/19 100m (11.15)
32. Conor O'Driscoll, Leevale A.C. – Boys U/19 400m (49.88)
33. Patrick O'Rourke, Ennis Track A.C. – Boys U/19 3km (8.59.91)

Bronze medals

1. Sean Breen, St. Cronan's A.C. – Boys U/12 High Jump (1.40m)
2. Ella Jenks, North Cork A.C. – Girls U/13 80m (10.94)
3. Jessica Lyne, Leevale A.C. – Girls U/13 Turbo Javelin (27.94m)
4. Joel Joseph, Midleton A.C. – Boys U/13 80m (10.82)
5. Maeve O'Connor, Waterford A.C. – Girls U/14 2km Walk (11.56.04)
6. Sarah Heery, Waterford A.C. – Girls U/14 Discus (25.59m)
7. Blessing Alamu, Midleton A.C. – Girls U/15 Discus (29.93m)
8. Megan Lenihan, North Cork A.C. – Girls U/15 Shot Putt (12.09m)
9. Conor Commane, Tralee Harriers A.C. – Boys U/15 Long Jump (5.56m)
10. Niamh Foley, St. Mary's A.C. Limerick – Girls U/16 100m (12.21)
11. Siofra O'Dea, Kilmurray/Ibrickane A.C. – Girls U/16 2km (9.56.47)

12. Una O'Brien, Tramore A.C. – Girls U/16 3km (10.35.09)
13. Kerry Barrett, Youghal A.C. – Girls U/16 Triple Jump (10.04m)
14. Holly Meredith, St. Mary's A.C. Limerick – Girls U/16 Javelin (30.01m)
15. Daniel Hurley, Leevale A.C. – Boys U/16 100m (11.47)
16. Tristan Chambers, Bandon A.C. – Boys U/16 Triple Jump (12.13m)
17. Emily O'Mahony, Waterford A.C. – Girls U/17 Triple Jump (10.48m)
18. Ruth Heery, Waterford A.C. – Girls U/18 3km Walk (15.43.03)
19. Gabriel Kehinde, Ennis Track A.C. – Boys U/17 100m (11.34)
20. Michael Hand, Old Abbey A.C. – Boys U/18 Javelin (42.28m)
21. Lauren O'Grady, St. Brendan's A.C. Killarney – Girls U/18 Discus (34.23m)
22. Shawn Benson, Ennis Track A.C. – Boys U/18 100m (11.20)
23. Kathleen Heery, Waterford A.C. – Girls U/19 Discus (29.65m)
24. Niall Blackwell, West Waterford A.C. – Boys U/19 3km (9.02.99)



More thrills on day 2 of National Juveniles

POSTED: July 10 2017

More thrills in Tullamore

Day 2 of the Irish Life Health National Juvenile Championships in Tullamore saw more excellent performances from the future stars of the sport.

Shane Gevero (Cabinteely) sped to a championship best performance (CBP) in the U14 boys 80m in 9.57 seconds. Michael Farrelly (Portmarnock) was also in top form winning the U16 boys 100m in a CBP of 11.13.

In the distance ranks, the U16 girls 3000m saw Roisin Treacy (Ashford) set a CBP of 10:25.57.

In the U18 age group, Ciara Deely (Kilkenny City Harriers) ran a CBP of 55.51 in the 400m and Jade Williams (Shercock a.c.) set a new CBP of 57.38m in the hammer.

Ryan Carthy Walsh (Adamstown) was another standout performer winning the U19 boys high jump with a best of 2.10m. Ava Rochford (Ennis Track) also reached new heights in the U13 girls high jump with a new CBP of 1.55m

Harry Nevin (Leevale) was another to impress over the weekend setting an U14 boys long jump record of 5.81m. He also set a record in the 75m hurdles of 11.04 seconds.