

21 National Titles for Munster Athletes on Day 3



Munster athletes continued their winning ways on Day 3 of the Irish Life Health National Juvenile Track & Field Championships in Tullamore on Sunday 16th July 2017 winning 58 medals in total (21 gold, 21 silver & 16 bronze). 3 National records were also set by the athletes below:-

- **Maeve O'Neill, Doheny A.C.** ran 4.47.64 in the Girls U/14 1500m to break the existing record of 4.47.90 set by Ciara Cronin, Ferrybank A.C. in 2004.
- **Aimee Hayde, Newport A.C.** ran 4.35.65 in the Girls U/15 1500m to better the 2012 time of 4.42.62 set by Nadia Power, Templeogue A.C.
- **Ciara Sheehy, Liscarroll A.C.** threw the Girls U/16 Shot Putt out to 13.62m to better the existing record of 13.48m set by Michaela Walsh, Swinford A.C. set in 2013.

Ciara Sheehy, Liscarroll A.C. won another gold in the Girls U/16 Shot Putt setting a new CBP and adding to her two gold won in the Discus and Hammer; **Daniel Ryan, Moycarkey Coolcree A.C.** won silver in the Boys U/19 Pole Vault to add to his double gold in the 110mH & Shot Putt and a CBP in the 110mH; **Harry Nevin, Leevale A.C.** added another medal to his winnings with a silver in the Boys U/14 200m to bring his medal tally to 2 gold and 1 silver and 2 CPB's in the Long Jump and 75mH; **Reece Ademola, Leevale A.C.** won another gold in the Boys U/15 High Jump to add to his gold in the Long Jump and silver in the 80mH; **Vickie Cusack, Liscarroll A.C.** won gold in the Girls U/18 Javelin to add to her gold in the Long Jump and bronze in the Shot Putt; **Joshua Delaney, Nenagh Olympic A.C.** won double gold in the Boys U/15 Discus and Shot Putt to add to his bronze won in the Hammer; **Aimee Hayde, Newport A.C.** added another gold to her collection setting a new CBP in the Girls U/15 1500m to add to her gold won in the 800m in a CBP of 2.15.63; **Glory Wenegieme, Belgooly A.C.** took gold in the Boys U/14 200m to add to his double silver from weekend 1; **Laura Nicholson, Bandon A.C.** won gold in the Girls U/18 1500m to add to her gold in the Steeplechase in a CBP of 6.58.38; **Stephanie Cotter, West Muskerry A.C.** added the Girls U/19 1500m title to her 800m title won on Day 2; **Callum Keating, North Cork A.C.** added another gold to his U/14 Shot Putt gold when he won the Discus; **Sean Mockler, Moycarkey Coolcree A.C.** won silver in the Boys U/18 Discus to add to his gold in the Hammer; **Tony Odubote, Ennis Track A.C.** won silver in the Boys U/18 200m to add to his 400m gold on Day 2; **Shane Monagle, Tramore A.C.** won bronze in the Boys U/18 200m to add to his gold and CBP in the 110mH; **Jack Barnett, Templemore A.C.** won double silver in the Boys U/15 Shot Putt & Discus; **Katie Walsh, Carraig na BhFear A.C.** won double silver in the Girls U/19

High Jump & 400mH; **Darragh Courtney, St. Brendan's A.C.** won silver in the Boys U/17 300mH to add to his silver in the High Jump; **Angharad Loughnane, Marian A.C.** won silver in the Girls U/19 Shot Putt to add to her silver in the Discus; **Emily Wall, Leevale A.C.** won silver in the Girls U/15 250mH to add to her bronze in the 80mH and **Rachel Bowler, Tralee Harriers A.C.** won bronze in the Girls U/19 Triple Jump to add to her silver won in the Long Jump.

Sophie O'Sullivan, Ballymore Cobh A.C. won the Girls U/17 1500m to follow in her mother, Sonia footsteps who also won the same title in 1985. **Cathal Scanlon, Waterford A.C.** added another medal to the family treasure chest when he took bronze in the U/16 Javelin to add to his brother David's bronze in the U/13 High Jump & Andrew's U/12 Shot Putt. **Dillon and Daniel Ryan, Moycarkey Coolcree A.C.** also added to their family winnings taking silver and gold in the Boys U/19 and U/15 Pole Vault to take the family winnings up to 4 gold & 2 silver. Munster won a total of 216 medals (80 gold, 78 silver & 58 bronze) and set 14 new Championship Best Performances over the 3 days of Nationals. Congrats to all our athletes.

Gold Medals

1. Maeve O'Neill, Doheny A.C. – Girls U/14 1500m (4.47.64) **CBP**
2. Glory Wenegieme, Belgooly A.C. – Boys U/14 200m (24.49)
3. Callum Keating, North Cork A.C. – Boys U/14 Discus (36.19m)
4. Aimee Hayde, Newport A.C. – Girls U/15 1500m (4.35.65) **CBP**
5. Reece Ademola, Leevale A.C. – Boys U/15 High Jump (1.71m)
6. Dillon Ryan, Moycarkey Coolcree A.C. – Boys U/15 Pole Vault (2.60m)
7. Joshua Delaney, Nenagh Olympic A.C. – Boys U/15 Discus (33.98m)
8. Joshua Delaney, Nenagh Olympic A.C. – Boys U/15 Shot Putt (14.96m)
9. Nikolka Stevankova, Dooneen A.C. – Girls U/16 200m (25.61)
10. Ciara Sheehy, Lisscarroll A.C. – Girls U/16 Shot Putt (13.62m) **CBP**
11. Adam O'Dwyer, Moycarkey Coolcree A.C. – Boys U/16 Pole Vault (3.65m)
12. Sophie O'Sullivan, Ballymore Cobh A.C. – Girls U/17 1500m (4.41.80)
13. Brian Lynch, Old Abbey A.C. – Boys U/17 400mH (39.65)
14. Ryan O'Leary, Leevale A.C. – Boys U/17 200m (22.76)
15. Brian Naughton, Nenagh Olympic A.C. – Boys U/17 Hammer (43.90m)
16. Patrick Fitzgerald, West Waterford A.C. – Boys U/17 Pole Vault (3.40m)
17. Laura Nicholson, Bandon A.C. – Girls U/18 1500m (4.52.74)
18. Vickie Cusack, Lisscarroll A.C. – Girls U/18 Javelin (35.84m)
19. Stephanie Cotter, West Muskerry A.C. – Girls U/19 1500m (4.34.09)
20. Jade O'Farrell Bond, Borrisokane A.C. – Girls U/19 Hammer (38.38m)
21. Cathal Locke, Dooneen A.C. – Boys U/19 400mH (58.23)

Silver Medals

1. Sarah Butler, Dooneen A.C. – Girls U/14 1500m (4.50.18)
2. Harry Nevin, Leevale A.C. – Boys U/14 200m (24.84)
3. Emily Wall, Leevale A.C. – Girls U/15 250mH (36.73)
4. Katelyn Reid, An Riocht A.C. – Girls U/15 Javelin (37.89m)
5. Jordan Kissane, Tralee Harriers A.C. – Boys U/15 200m (24.92)
6. Jack Barnett, Templemore A.C. – Boys U/15 Discus (33.75m)

7. Jack Barnett, Templemore A.C. – Boys U/15 Shot Putt (14.71m)
8. Shane Aherne, Leevale A.C. – Boys U/16 250mH (32.03)
9. Katie Moynihan, Leevale A.C. – Girls U/17 Javelin (41.11m)
10. Darragh Courtney, St. Brendan's A.C. – Boys U/17 300mH (45.34)
11. Sam O'Neill, West Waterford A.C. – Boys U/17 Pole Vault (3.20m)
12. Maebh Daly, Carraig na BhFear A.C. – Girls U/18 Javelin (34.72m)
13. Lorna Monahan, Ferrybank A.C. – Girls U/18 Triple Jump (10.45m)
14. Conor Ryan, Templemore A.C. – Boys U/18 1500m (4.03.66)
15. Tony Odubote, Ennis Track A.C. – Boys U/18 200m (22.47)
16. Sean Mockler, Moycarkey Coolcree A.C. – Boys U/18 Discus (46.33m)
17. Katie Walsh, Carraig na BhFear A.C. – Girls U/19 400mH (1.04.85)
18. Katie Walsh, Carraig na BhFear A.C. – Girls U/19 High Jump (1.60m)
19. Angharad Loughnane, Marian A.C. – Girls U/19 Shot Putt (11.12m)
20. Sean McCarthy, Emerald A.C. – Boys U/19 200m (22.58)
21. Daniel Ryan, Moycarkey Coolcree A.C. – Boys U/19 Pole Vault (3.60m)



Bronze Medals

1. Oyimkansola Adedeji, Dooneen A.C. – Girls U/15 250mH (36.97)
2. Ailbhe O'Neill, Nenagh Olympic A.C. – Girls U/15 1500m (4.58.09)
3. Mark Hanrahan, Ennis Track A.C. – Boys U/15 1500m (4.24.37)
4. Diarmuid O'Connor, Bandon A.C. – Boys U/16 250mH (32.87)
5. Cillian Griffin, Tralee Harriers A.C. – Boys U/16 200m (23.78)
6. Shane Cawley, Waterford A.C. – Boys U/16 Shot Putt (13.34m)
7. Cathal Scanlon, Waterford A.C. – Boys U/16 Javelin (45.62m)
8. Fiona Doyle, Star of the Laune A.C. – Girls U/17 High Jump (1.60m)
9. Gabriel Kehinde, Ennis Track A.C. – Boys U/17 200m (23.14)
10. Luke Brennan, Waterford A.C. – Boys U/17 1500m (4.08.92)
11. Anna Leamy, Grange Fermoy A.C. – Girls U/18 Javelin (31.84m)
12. Sinead Warren, Gneeveguilla A.C. – Girls U/18 Hammer (43.52m)
13. Shane Monagle, Tramore A.C. – Boys U/18 200m (22.69)
14. Ben Donovan, Abbey Striders A.C. – Boys U/18 High Jump (1.85m)
15. Diarmuid Harty, West Waterford A.C. – Boys U/18 Pole Vault (3.50m)
16. Rachel Bowler, Tralee Harriers A.C. – Girls U/19 Triple Jump (10.88m)



O'Connor and O'Sullivan among the stars at Juveniles

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O'Connor and O'Sullivan among the stars at Juveniles

Kate O'Connor (Dundalk St Gerard's) and Sophie O'Sullivan (Ballymore Cobh) were among the stars on day 3 of the Irish Life Health National Juvenile Championships in Tullamore today (July 16).

O'Connor starred at the SIAB Schools International the previous day winning the javelin with an Irish Youth record of 49.26m. In Tullamore she continued her record ways with a championship best performance in the U18 high jump with a leap of 1.74m.

Sophie O'Sullivan was an impressive winner of the U17 1500m in 4:41.80 following in her mother's, **Sonia O'Sullivan**, footsteps who won this title in 1985. **Stephanie Cotter (West Muskerry)** was another good 1500m winner in the U19 girls' age group with 4:34.09.

Throwers were on form and **Ciara Sheehy (Liscarroll)** surpassed **Michaela Walsh's (Swinford) U16 shot put championship best with a 13.62m** throw. **Aoibhinn McMahon (Blackrock Louth)** continues to impress and she had a new CBP in the U15 girls javelin with 42.41m.

Conor Cusack (Lake District Athletics) won the boys U16 Javelin with a throw of 63.04m, a new championship best performance.

Daniel Forde Callanan (Loughrea) missed out on the record in the **U18 boys' triple jump due to an illegal tailwind but took gold with a fine** 13.47m. His club mate Brendan Lynch did get the championship best in the U19 boys triple with a best of 13.84m.

There were some good winners in the 200m races including Erin Taheny (Corran) in the U15 girls' in 16.10, Aoife Lynch (Donore Harriers) in the U19 girls' in 24.98 and Joseph Finnegan Murphy (Dublin Striders) in the U18 boys' in 22.38.

Niamh Malone (Monaghan Phoenix) was on top of the rostrum for a fine performance in the U19 girls 400m hurdles in 61.86 seconds.

That rounds out an excellent three days of competition at the Irish Life Health National Juvenile Track and Field Championships.