National Titles for for Hayde, Nicholson & McElhinney





The Irish Life Health National Juvenile Even Age Cross Country Championships took place in the National Sports Campus, Abbotstown, Dublin on Sunday 26th November 2017. Munster athletes won 21 individual medals in total with fantastic races from our three athletes who won gold & National titles on the day – Aimee Hayde, Newport A.C. Girls U/16, Laura Nicholson, Bandon A.C. Girls U/18 & Darragh McElhinney, Bantry A.C. Boys U/18. Other athletes who produced great performances & scored a top 3 finish were Ava Fitzgerald, Carraig na BhFear A.C., 3rd Girls U/12, Ben Walsh, Nenagh Olympic A.C. 3rd Boys U/12 & Alex O'Neill, St. Cronan's A.C. 3rd Girls U/18



In the Inter-Club competition, there were National medals for **Carraig na BhFear A.C.** (2nd Girls U/12), **Youghal A.C.** (2nd Girls U/14), **Ennis Track A.C.** (2nd Boys U/16 & Boys U/18) & **West Waterford A.C.** (3rd Boys U/12), **Waterford A.C.** (2nd Girls U/18) & **Ferrybank A.C.** (3rd Girls U/18).

In the Inter-County competition, our top counties were **Cork** (1^{st} Girls U/12, 3^{rd} Boys U/12, 2^{nd} Girls U/14, 2^{nd} Girls U/16 & 2^{nd} Boys U/18), **Clare** (3^{rd} Girls U/12, Girls U/14, Girls U/16 & Girls U/18) & **Waterford** (2^{nd} Girls U/18).

In the Inter-Regional competition, **Munster** won 7 sets of medals in total - 2 gold (Girls U/14, Girls U/18), 3 silver (Girls U/12, Girls U/16 & Boys U/16) & 2 bronze (Boys U/12 & Boys U/14).

In the Girls U/12 race, Munster had 3 athletes in the top 10. **Ava Fitzgerald Carraig-Na-Bhfear A.C.** was 3rd with **Zoe Conway Belgooly A.C.** in 6th & **Amy McCarthy Bandon A.C.** in 8th place. **Carraig na BhFear A.C.** were 2nd in the Inter-Club competition with **Cork** winning the Inter-County title and **Clare** placing 3rd & **Munster** placing second. In the Boys U/12 competition, Tipperary athletes **Ben Walsh, Nenagh Olympic A.C.** & **Shane Buckley, Dundrum A.C.** led the province home in 3rd & 5th places with a 7th place finish for **Dara Sheedy, Bantry A.C.** with **West Waterford A.C.** winning bronze in the Inter-Club competition, **Cork** winning bronze in the Inter-Provincial competition.





2 Munster athletes made the top 12 in the Girls U/14 competition with 4th for **Neasa Ni Ainifein Ennis Track A.C.** & 5th for **Emma Landers Youghal A.C.** Youghal A.C. won silver in the Inter-Club

competition, **Cork** won silver and **Clare** bronze in the Inter-County competition with gold for **Munster** in the Inter-Provincial competition. Top 2 home for Munster in the Boys U/14 race were **Aidan Burke Waterford A.C.** in 4th place & **Eoin Quirke Midleton A.C.** in 6th with Munster winning bronze in the Inter-Provincial competition.





Aimee Hayde, Newport A.C. was the winner of the Girls U/16 race with a 5th place finish for **Lucy O'Keeffe Youghal A.C.** & 6th for **Laura Healy Ennis Track A.C.** with silver for **Cork** & bronze for **Clare** in the Inter-County competition and silver for **Munster**. In the Boys U/16 race, **Tommy Connolly Leevale A.C.** was 4th with an 8th place finish for **Paul Hartnett Midleton A.C.** & 10th place for **Mark Hanrahan Ennis Track A.C.** Ennis Track A.C. were 2nd in the Inter-Club competition with silver for **Munster** in the Inter-Provincial competition.





4 Munster athletes made it into the top 12 in the Girls U/18 race, first home was Laura Nicholson Bandon A.C. in 1st place with Alex O'Neill St. Cronans A.C. in 3rd, Laura Hayes St. Catherine's A.C. in 4th place & Orla O'Connor Waterford A.C. in 7th. Waterford A.C. and Ferrybank A.C. were 2nd and 3rd in the Inter-Club competitions, Waterford was 2nd and Clare 3rd in the Inter-County competition with Munster topping the Inter-Provincial competition. In the Boys U/18 race, there was a win for Darragh McElhinney Bantry A.C. Ennis Track A.C. were 2nd the Inter-Club competition with Cork 2nd in the Inter-County competition & Munster 4th in the Inter-Provincial competition.

Congratulations to all our athletes who took part & especially to the medal winners.