

Munster Indoor Championships 2018
Munster Senior and Masters, Nenagh 14th Jan 2018

Event 60m Hurdles

Place	Name	Club	Category	Time
1	Katie Walsh	Carraig na bhFear A.C.	FS	10.31
2	Sarah O'Keefe	Blarney/Inniscara A.C.	FS	10.60
1	Aidan Hogan	Rising Sun A.C.	M40	14.92
1	Paschall Halley	Waterford A.C.	M45	11.13

Event 60m

Place	Name	Club	Category	Time
1	Kaodichinma Ogbene	Leevale A.C.	MS	7.12
2	Darragh Minitier	St. Marys (Clare) A.C.	MS	7.31
3	Cillian Griffin	Tralee Harriers A.C.	MS	7.33
4	Cormac Lynch	Marian A.C.	MS	7.39
5	Jack Pender	Carrick-on-Suir A.C.	MS	7.66
6	Adrian Garvey	Limerick A.C.	MS	8.44
1	Gerald Henry	Tralee Harriers A.C.	M35	7.63
2	Colm Lynch	Iveragh A.C.	M35	7.71
3	Glen Scullion	Mid Ulster A.C. GUEST	M35	7.78
4	Richard Phelan	Carrick-on-Suir A.C.	M35	7.81
5	Daryl Fanagan	Rathfarnham W.S.A.F. A.C. GUEST	M35	8.01
6	Danny Meaney	Templemore A.C.	M35	8.03
7	John Walkin	Mayo A.C. GUEST	M35	8.08
1	David Rock	Fr Murphys A.C. GUEST	M40	7.70
2	John Caird	Crusaders A.C. GUEST	M40	8.22
3	Colin Brennan	Youghal A.C.	M40	8.25
4	Padraig Barron	West Waterford A.C.	M40	8.40
5	Noel Casey	Dundrum A.C.	M40	8.76

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Event 60m

Place	Name	Club	Category	Time	
1	Anthony Greaney	An Riocht Health Leisure A.C.	M45	7.69	
2	Finbarr Whelan	Liscarroll A.C.	M45	8.24	
3	Gregory Fitzgerald	West Waterford A.C.	M45	8.33	
4	Mark Burke	Moyglass A.C.	M45	8.47	
5	Sean O'Shea	Farranfore Maine Valley A.C.	M45	9.21	
1	Michael A Murphy	Killarney Valley A.C.	M50	8.15	
2	John O'Loughlin	Crusaders A.C. GUEST	M50	8.19	
3	Patrick O'Sullivan	Mallow A.C.	M50	8.44	
3	John Power	Ennis Track A.C.	M50	8.44	
5	Trevor White	St. Cronans A.C.	M50	8.46	
6	Senan Minter	St. Marys (Clare) A.C.	M50	9.53	
1	Tim Ryan	Dooneen A.C.	M55	8.68	
2	Noel Galvin	West Muskerry A.C.	M55	9.32	
3	Adrian Young	Templemore A.C.	M55	9.49	
4	Ray Power	Moyne A.C.	M55	10.07	
1	Seamus Fox	Fanahan McSweeney A.C.	M60	9.63	
1	Bernie O'Neill	Clonmel A.C.	M65	9.34	
2	Liam O'Dwyer	Dundrum A.C.	M65	13.22	
1	Brendan Dennehy	Rising Sun A.C.	M70	9.06	
2	Hugh McSweeney	Eagle A.C.	M70	10.01	
3	Noel Monteith	Borrisokane A.C.	M70	10.54	
4	Jerry O'Connell	Limerick Country Club A.C.	M70	12.46	
1	Con O'Donovan	Rising Sun A.C.	M75	9.57	CBP
2	Jim O'Shea	Farranfore Maine Valley A.C.	M75	9.95	
3	Joe Hogan	Rising Sun A.C.	M75	22.59	
1	Orla O'Reilly	Tralee Harriers A.C.	FS	8.22	
2	Shona Lowe	Leevale A.C.	FS	8.26	
3	Elinor Dennison	Tralee Harriers A.C.	FS	8.53	
4	Aisling Maher	Moyne A.C.	FS	8.64	
5	Breda Nolan	Waterford A.C.	FS	10.58	

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Event 60m

Place	Name	Club	Category	Time	
1	Sinead O'Regan	Riverstick/Kinsale A.C.	F35	8.60	
2	Genevieve Rowland	Templemore A.C.	F35	8.67	
3	Catherine Moynihan O'Sul	Gneeveguilla A.C.	F35	8.79	
4	Kate Harrison	Moyne A.C.	F35	9.50	
5	Ber Spillane	Moyne A.C.	F35	9.59	
6	Liz Colclough	Waterford A.C.	F35	9.78	
1	Ursula Barrett	St. Brendan's A.C. (Kerry)	F40	8.95	
2	Mary Cahill	Ennis Track A.C.	F40	9.72	
1	Shirley Fennelly	Tramore A.C.	F45	10.03	
2	Sinead Tynan	Moyne A.C.	F45	10.66	
3	Eileen O Riordan	Gneeveguilla A.C.	F45	11.16	
1	Paula Reilly	Celbridge A.C. GUEST	F50	9.16	CBP
2	Liz Power	Moyne A.C.	F50	11.40	
1	Hazel Galloway	Clonmel A.C.	F60	9.94	CBP
1	Terri Gough	West Waterford A.C.	F70	14.80	

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Event 3000M

Place	Name	Club	Category	Time	
1	Darren Dunne	Nenagh Olympic A.C.	M23	8.36.0	H CBP
2	Eric Curran	Leevale A.C.	MS	9.11.0	H
3	Colm Turner	Limerick A.C.	MS	9.13.0	H
4	Ruairi Myers	Carraig na bhFear A.C.	MS	9.33.0	H
5	Tony Fogarty	Templemore A.C.	MS	9.42.0	H
6	Liam Kelly	Moyne A.C.	MS	10.02.0	H
7	Mark Guerin	Limerick A.C.	MS	10.36.0	H
8	Ben McGuire	St. Finbarrs A.C.	MS	11.03.0	H
1	Paul Moloney	Mallow A.C.	M35	9.06.49	
2	Mark McKenna	Waterford A.C.	M35	9.42.57	
3	Niall Harris	Dooneen A.C.	M35	10.28.12	
1	Sean O'Sullivan	An Riocht Health Leisure A.C.	M40	9.44.08	
2	Patrick Roche	Carrick-on-Suir A.C.	M40	9.53.19	
3	Keith Daly	Limerick A.C.	M40	10.12.16	
4	Donal Murray	St. Finbarrs A.C.	M40	12.15.23	
1	Frank Hayes	East Cork A.C.	M45	9.51.0H	
2	John Sheehan	Eagle A.C.	M45	10.32.17	
3	Padraic Birmingham	Mallow A.C.	M45	10.44.91	
1	Dermot Hayes	Dundrum A.C.	M50	9.41.69	CBP
2	Robert Purcell	Gneeveguilla A.C.	M50	10.20.12	
3	John O'Gorman	KIBK A.C.	M50	10.38.65	
1	Wilie O Donoghue	Mooreabbey Milers A.C.	M55	10.50.16	
2	Ambrose Heagney	Kilnaboy A.C.	M55	10.56.96	
3	Pat Morrissey	Ennis Track A.C.	M55	10.57.01	
4	Michael Moore	Dundrum A.C.	M55	11.08.58	
5	Michael Clune	Ennis Track A.C.	M55	11.17.44	
6	Denis McCarthy	East Cork A.C.	M55	12.04.99	
1	Neilus Aherne	Midleton A.C.	M60	11.33.40	
2	James Kenny	KIBK A.C.	M60	11.46.39	
3	Michael Harvey	KIBK A.C.	M60	12.50.19	

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Event 3000M

Place	Name	Club	Category	Time	
1	Dan Kennedy	St. Finbarrs A.C.	M65	12.29.01	
2	Sean Whelan	Ennis Track A.C.	M65	13.43.54	
1	Billy Caball	Rising Sun A.C.	M75	18.31.72	
1	Sinead O'Connor	Leevale A.C.	FS	9.59.38	CBP
2	Sharon Rynne	KIBK A.C.	FS	11.06.53	
1	Angela Fogarty	Moyne A.C.	F35	12.06.50	
1	Susan Murnane	Limerick A.C.	F40	11.07.07	CBP
1	Anna O'Neill	Dohenys A.C.	F45	12.07.43	

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Event 400M

Place	Name	Club	Category	Time	Heat
1	Paul White	Nenagh Olympic A.C.	MS	49.81	1
2	Dion Marcus	An Ríocht Health Leisure A.C.	MS	53.21	1
3	Ciaran Nugent	Carraig na bhFear A.C.	MS	53.68	3
4	Dan Finnerty	Nenagh Olympic A.C.	MS	54.05	3
5	Jack Hickey	Moyne A.C.	MS	55.68	2
6	Justin Bloomer	Mid Ulster A.C. GUEST	MS	59.38	1
7	Ben O'Dwyer	Moycarkey Coolcree A.C.	MS	1.03.33	2
1	Colm Lynch	Iveragh A.C.	M35	56.64	CBP
2	Damian Kenneally	Eagle A.C.	M35	59.15	
3	John Dineen	Waterford A.C.	M35	59.32	
1	Paschall Halley	Waterford A.C.	M45	58.98	CBP
2	Micheál Dennehy	Rising Sun A.C.	M45	1.00.99	
3	Gregory Fitzgerald	West Waterford A.C.	M45	1.02.18	
4	David Kilgannon	Youghal A.C.	M45	1.03.18	
1	John O'Loughlin	Crusaders A.C. GUEST	M50	59.94	CBP
2	Jerome Foley	Farranfore Maine Valley A.C.	M50	1.02.19	
3	Denis Looney	Eagle A.C.	M50	1.17.77	
1	Tim Ryan	Dooneen A.C.	M55	1.04.17	CBP
2	John Laste	Clonmel A.C.	M55	1.09.88	
3	Stephen Murphy	Rising Sun A.C.	M55	1.18.12	
1	Eddie Barry	St. Finbarrs A.C.	M60	1.20.50	CBP
1	Joe Gough	West Waterford A.C.	M65	1.02.25	CBP
1	Jerry O'Connell	Limerick Country Club A.C.	M70	1.49.66	CBP

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Event 400M

Place	Name	Club	Category	Time	Heat
1	Shannen Dawkins	St. Joseph's A.C. GUEST	FS	1.02.20	1
2	Denise O'Connor	Tramore A.C.	FS	1.03.02	2
3	Rianne McHugh	Ennis Track A.C.	FS	1.03.09	2
4	Aisling Moyes	Limerick A.C.	FS	1.08.28	1
1	Edel Delaney	Moyne A.C.	F35	1.19.92	CBP
1	Esme Alexander	Coolquill A.C.	F55	1.36.52	CBP
1	Marion Lyons	St. Finbarrs A.C.	F60	2.02.90	CBP
1	Terri Gough	West Waterford A.C.	F70	1.40.56	CBP

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Event 800m

Place	Name	Club	Category	Time	Heat
1	Conor Ryan	Templemore A.C.	MS	2.03.09	1
2	Zach Harrington	Cork Varsity A.C.	MS	2.03.70	2
3	Aidan Mullins	Bantry A.C.	MS	2.03.97	2
4	Mark Carmody	An Brú A.C.	MS	2.04.08	2
5	Stephen Holland	Bantry A.C.	MS	2.04.47	1
6	John McCallion	Limerick A.C.	MS	2.06.26	1
7	Robert Kennedy	Templemore A.C.	MS	2.07.86	2
8	Jamie McCarthy	Waterford A.C.	MS	2.08.25	1
9	Cathal Fitzgibbon	Tralee Harriers A.C.	MS	2.08.33	2
10	Paddy Barry	St. Finbarrs A.C.	MS	2.17.32	2
11	Ben McGuire	St. Finbarrs A.C.	MS	2.37.17	1
1	Tony Quinlan	Waterford A.C.	M35	2.22.41	
1	Laurence Arthur	Derg A.C.	M40	2.07.65	
2	Dermot Dineen	Farranfore Maine Valley A.C.	M40	2.14.29	
3	Mossie Keogh	West Waterford A.C.	M40	2.18.92	
4	Gary Madden	Derg A.C.	M40	2.24.99	
5	Dermot Woods	St. Finbarrs A.C.	M40	2.39.77	
1	Stephen Geoghegan	St. Finbarrs A.C.	M45	2.25.28	
1	John O'Gorman	KIBK A.C.	M50	2.23.50	
2	Robert Purcell	Gneeveguilla A.C.	M50	2.24.15	
3	Neil Proven	Clonmel A.C.	M50	2.26.34	
4	Michael Kelly	Derg A.C.	M50	2.27.11	
5	Denis Looney	Eagle A.C.	M50	3.01.16	
1	Bernard Feery	Fethard A.C.	M55	2.38.25	
2	Michael Clune	Ennis Track A.C.	M55	2.39.22	
3	Ambrose Heagney	Kilnaboy A.C.	M55	2.43.74	
4	John Laste	Clonmel A.C.	M55	2.46.17	
5	Stephen Murphy	Rising Sun A.C.	M55	3.02.52	

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Event 800m

Place	Name	Club	Category	Time	
1	Michael Murphy	St. Finbarrs A.C.	M60	2.31.09	
2	Neilus Aherne	Midleton A.C.	M60	2.47.33	
3	Michael Quinlivan	Tulla A.C.	M60	2.52.25	
4	Matt Alexander	Coolquill A.C.	M60	2.53.48	
5	Eddie Barry	St. Finbarrs A.C.	M60	3.19.84	
1	Ken Higgs	Eagle A.C.	M65	2.50.09	CBP
2	Dan Kennedy	St. Finbarrs A.C.	M65	2.57.06	
3	Sean Whelan	Ennis Track A.C.	M65	3.28.28	
1	Eddie Cahalan	Coolquill A.C.	M70	3.22.08	
1	Billy Caball	Rising Sun A.C.	M75	4.12.19	
1	Sintayehu Vissa	West Muskerry A.C.	FS	2.20.36	
2	Hilkka Kontro	Limerick A.C.	FS	2.20.75	
3	Jessica Neville	Leevale A.C.	FS	2.26.15	
4	Rianne McHugh	Ennis Track A.C.	FS	2.28.23	
5	Rachael O'Shea	West Muskerry A.C.	FS	2.28.79	
6	Anna Kellegher	Liscarroll A.C.	FS	2.38.40	
1	Evelyn Maher	Templemore A.C.	F35	2.35.83	
2	Siobhan Daly	Gneeveguilla A.C.	F35	2.40.29	
1	Susan Murnane	Limerick A.C.	F40	2.38.37	
2	Mary Cahill	Ennis Track A.C.	F40	2.43.53	
1	Brigid Gleeson	Moyne A.C.	F45	2.54.77	
2	Anna O'Neill	Dohenys A.C.	F45	3.06.71	
1	Frances O'Connor	Tramore A.C.	F55	3.11.95	
2	Esme Alexander	Coolquill A.C.	F55	3.57.12	
1	Marion Lyons	St. Finbarrs A.C.	F60	3.38.89	

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Event 200m

Place	Name	Club	Category	Time	Heat
1	Kaodichinma Ogbene	Leevale A.C.	MS	23.65	1
2	Jake Vermeer	Carrick-on-Suir A.C.	MS	24.28	1
3	Cillian Griffin	Tralee Harriers A.C.	MS	24.30	2
4	Jack Hickey	Moyne A.C.	MS	24.72	1
5	Ben O'Dwyer	Moycarkey Coolcree A.C.	MS	27.93	2
1	Colm Lynch	Iveragh A.C.	M35	24.94	
2	Gerald Henry	Tralee Harriers A.C.	M35	25.25	
3	John Dineen	Waterford A.C.	M35	26.84	
4	Padraig Barron	West Waterford A.C.	M35	28.58	
1	Anthony Greaney	An Riocht Health Leisure A.C.	M45	25.16	1 CBP
2	Paschall Halley	Waterford A.C.	M45	26.73	1
3	David Kilgannon	Youghal A.C.	M45	27.04	1
4	Gregory Fitzgerald	West Waterford A.C.	M45	27.56	2
5	Micheál Dennehy	Rising Sun A.C.	M45	27.70	2
1	John O'Loughlin	Crusaders A.C. GUEST	M50	26.67	2
2	Michael A Murphy	Killarney Valley A.C.	M50	27.25	1
3	Trevor White	St. Cronans A.C.	M50	27.32	2
4	John Power	Ennis Track A.C.	M50	28.82	1
5	Neil Proven	Clonmel A.C.	M50	29.21	1
1	Tim Ryan	Dooneen A.C.	M55	28.42	1
2	Adrian Young	Templemore A.C.	M55	32.02	2
3	Ray Power	Moyne A.C.	M55	32.41	2
4	Larry O Grady	Mooreabbey Milers A.C.	M55	34.00	1
5	Stephen Murphy	Rising Sun A.C.	M55	34.67	1
1	Seamus Fox	Fanahan McSweeney A.C.	M60	33.92	
1	Joe Gough	West Waterford A.C.	M65	29.32	CBP
2	Bernie O'Neill	Clonmel A.C.	M65	31.92	

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Event 200m

Place	Name	Club	Category	Time	Heat
1	Brendan Dennehy	Rising Sun A.C.	M70	30.74	
2	Hugh McSweeney	Eagle A.C.	M70	34.69	
3	Jerry O'Connell	Limerick Country Club A.C.	M70	45.34	
1	Con O'Donovan	Rising Sun A.C.	M75	34.85	CBP
2	Joe Hogan	Rising Sun A.C.	M75	1.24.13	
1	Roseann Fitzgerald	Carrick-on-Suir A.C.	FS	26.37	1
2	Shannen Dawkins	St. Joseph's A.C. GUEST	FS	26.74	2
3	Denise O'Connor	Tramore A.C.	FS	27.45	2
4	Ciara Kennelly	Killarney Valley A.C.	FS	27.72	2
5	Aisling Maher	Moyne A.C.	FS	32.29	1
6	Breda Nolan	Waterford A.C.	FS	35.06	1
1	Sinead O'Regan	Riverstick/Kinsale A.C.	F35	28.99	1 CBP
2	Genevieve Rowland	Templemore A.C.	F35	29.96	2
3	Kate Harrison	Moyne A.C.	F35	32.13	1
4	Ber Spillane	Moyne A.C.	F35	33.26	2
1	Mary Cahill	Ennis Track A.C.	F40	33.06	
1	Brid Stack	Gneeveguilla A.C.	F45	31.43	
2	Sinead Tynan	Moyne A.C.	F45	35.26	
1	Paula Reilly	Celbridge A.C.	F50	31.76	CBP
2	Liz Power	Moyne A.C.	F50	40.45	
1	Frances O'Connor	Tramore A.C.	F55	40.44	
1	Hazel Galloway	Clonmel A.C.	F60	35.84	CBP
2	Marion Lyons	St. Finbarrs A.C.	F60	44.82	
1	Terri Gough	West Waterford A.C.	F70	52.70	

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Event 1500m

Place	Name	Club	Category	Time	
1	Aaron Quigley	Nenagh Olympic A.C.	MS	4.25.79	
2	Craig Harrington	Togher A.C.	MS	4.29.10	
3	Iain O'Byrne	Waterford A.C.	MS	4.32.54	
4	Andrew Hobbs	Leevale A.C.	MS	4.43.24	
5	Nathan Bowe	Moyne A.C.	MS	4.44.06	
1	Paul Moloney	Mallow A.C.	M35	4.20.86	
2	Shane O'Sullivan	Dooneen A.C.	M35	4.36.93	
3	Damian Kenneally	Eagle A.C.	M35	4.56.20	
1	Dermot Dineen	Farranfore Maine Valley A.C.	M40	4.36.76	
2	Gary Eagan	An Brú A.C.	M40	4.37.34	
3	Patrick Roche	Carrick-on-Suir A.C.	M40	4.41.06	
4	Keith Daly	Limerick A.C.	M40	4.44.01	
5	Mossie Keogh	West Waterford A.C.	M40	4.48.40	
6	Dermot Woods	St. Finbarrs A.C.	M40	5.36.17	
1	Stephen Geoghegan	St. Finbarrs A.C.	M45	4.55.65	
2	John Sheehan	Eagle A.C.	M45	4.58.94	
3	Nick Darmody	Mallow A.C.	M45	5.10.88	
1	Dermot Hayes	Dundrum A.C.	M50	4.40.23	CBP
2	Robert Purcell	Gneeveguilla A.C.	M50	4.51.41	
3	John O'Gorman	KIBK A.C.	M50	5.03.11	
4	John Carroll	Carrick-on-Suir A.C.	M50	5.27.88	
1	Pat Morrissey	Ennis Track A.C.	M55	5.12.21	
2	Ambrose Heagney	Kilnaboy A.C.	M55	5.15.43	
3	Bernard Feery	Fethard A.C.	M55	5.19.69	
4	Steve Chrysanthou	Eagle A.C.	M55	5.49.47	
5	Stephen Murphy	Rising Sun A.C.	M55	6.28.36	
1	Michael Murphy	St. Finbarrs A.C.	M60	5.23.60	CBP
2	Michael Quinlivan	Tulla A.C.	M60	5.55.81	
3	Matt Alexander	Coolquill A.C.	M60	5.56.20	

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Event 1500m

Place	Name	Club	Category	Time	
1	Ken Higgs	Eagle A.C.	M65	6.00.47	CBP
2	Dan Kennedy	St. Finbarrs A.C.	M65	6.12.36	
3	Sean Whelan	Ennis Track A.C.	M65	6.46.86	
1	Eddie Cahalan	Coolquill A.C.	M70	6.50.00	
1	Siobhan Daly	Gneeveguilla A.C.	F35	5.28.98	
1	Ann Marie Connellan	Ennis Track A.C.	F40	5.32.54	
1	Anna O'Neill	Dohenys A.C.	F45	6.11.55	
1	Marion Lyons	St. Finbarrs A.C.	F60	7.24.07	

Event Relay 4 x 200m

Place	Name	Club	Category	Time
1		Nenagh Olympic A.C.	MS	1.38.43
2		Moyne A.C.	MS	1.44.91
1		St Finbarrs A.C.	M35	2.07.85
1		Moyne A.C.	FS	2.19.94
1		Templemore A.C.	F35	2.07.48
2		Moyne A.C.	F35	2.14.60

Munster Indoor Championships 2018

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Event Shot Putt 7.26 KG

Place	Name	Club	Category	Distance
1	John Dwyer	Templemore A.C.	MS	13.43
2	Adrian Garvey	Limerick A.C.	MS	12.16
3	Rossa Foley	Farranfore Maine Valley A.C.	MS	10.78
1	Michael Halpin	Kilfinane A.C.	M35	9.69
2	Damian Kenneally	Eagle A.C.	M35	7.46
1	John Leahy	KIBK A.C.	M40	12.73
2	Aidan Hogan	Rising Sun A.C.	M40	8.35
3	Donal Murray	St. Finbarrs A.C.	M40	6.36
1	Sean O'Shea	Farranfore Maine Valley A.C.	M45	10.66
2	Anthony Greaney	An Riocht Health Leisure A.C.	M45	10.30
3	Mark Burke	Moyglass A.C.	M45	8.80

Event Shot Putt 6 KG

1	Neil Proven	Clonmel A.C.	M50	9.14
2	Bob Lyne	Crusaders A.C.	M50	8.89
3	Don MacKinnon	Templemore A.C.	M50	7.90
4	Denis Looney	Eagle A.C.	M50	6.56
5	Tom Doherty	Killarney Valley A.C.	M50	5.59
1	Martin Fitzpatrick	St. Marys (Clare) A.C.	M55	9.81
2	Frank Stam	Bandon A.C.	M55	9.36
3	Larry O'Grady	Mooreabbey Milers A.C.	M55	9.31

Event Shot Putt 5 KG

1	Patsy O'Connor	Tralee Harriers A.C.	M60	13.08
1	Michael Kelly	Nenagh Olympic A.C.	M65	9.21
2	Bernie O'Neill	Clonmel A.C.	M65	7.28
3	Liam O'Dwyer	Dundrum A.C.	M65	6.59

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Event Shot Putt 4 KG

1	Noel Monteith	Borrisokane A.C.	M70	10.05	CBP
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1 Con O'Donovan Rising Sun A.C. M75 7.29

2 Joe Hogan Rising Sun A.C. M75 6.19

Event Shot Putt 3 KG

1	Michael Hayes	St. Marys (Clare) A.C.	M85	5.65	CBP
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2 Micheal O'Beirne Dundrum A.C. M85 3.04

Event Shot Putt 4KG

1 Alanna Frattaroli Limerick A.C. FS 12.80

2 Deirbhile Ryan Nenagh Olympic A.C. FS 10.96

3 Vickie Cusack Liscarroll A.C. FS 9.71

4 Anna Ryan Moycarkey Coolcree A.C. FS 9.64

5 Fiona Hennessy Templemore A.C. FS 9.28

6 Sarah O'Keefe Blarney/Inniscara A.C. FS 8.00

7 Leanne Cronin Tralee Harriers A.C. FS 7.38

1 Genevieve Rowland Templemore A.C. F35 8.85

2 Sandra Hickson St. Finbarrs A.C. F35 6.81

1 Naomi Morrissey Moyne A.C. F40 7.17

2 Eithne Ní Mhurchadha Civil Service A.C. GUEST F40 5.58

3 Lorraine Hayes Ennis Track A.C. F40 4.88

1 Rosie Foley Derg A.C. F45 8.15

2 Eileen O Riordan Gneeveguilla A.C. F45 8.05

3 Shirley Fennelly Tramore A.C. F45 6.49

4 Kathleen Marchelewska Sheehan Tramore A.C. F45 5.38

Event Shot Putt 3 KG

1 Sheila Donoghue Gneeveguilla A.C. F50 10.86

1	Terri Gough	West Waterford A.C.	F70	5.92	CBP
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Event WFD 56lb

Place	Name	Club	Category	Distance
1	John Dwyer	Templemore A.C.	MS	7.32
2	Robert Hennessy	Marian A.C.	MS	5.70
3	Rossa Foley	FMV A.C.	MS	5.07
1	John Leahy	KIBK A.C.	M40	5.74
2	Breandán Dennehy	Rising Sun A.C.	M40	5.04
3	Aidan Hogan	Rising Sun A.C.	M40	4.32
1	Anthony Greaney	An Ríocht Health Leisure A.C.	M45	5.14
2	Micheál Dennehy	Rising Sun A.C.	M45	3.75
3	Sean O'Shea	Farranfore Maine Valley A.C.	M45	4.74

Event WFD 35lb

1	Bob Lyne	Crusaders A.C. GUEST	M50	6.21
2	Don MacKinnon	Templemore A.C.	M50	6.19
1	Martin Fitzpatrick	St. Marys (Clare) A.C.	M55	6.84
2	Frank Stam	Bandon A.C.	M55	5.93
1	Patsy O'Connor	Tralee Harriers A.C.	M60	7.66
1	Liam O'Dwyer	Dundrum A.C.	M65	4.30

Event WFD 28lb

1	Noel Monteith	Borrisokane A.C.	M70	6.14
1	Joe Hogan	Rising Sun A.C.	M75	4.55

Event WFD 4 KG

1	Micheal O'Beirne	Dundrum A.C.	M85	1.75	CBP
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Event Long Jump

Place	Name	Club	Category	Distance	
1	Joseph Minitier	St. Marys (Clare) A.C.	MS	6.67	
2	Darragh Minitier	St. Marys (Clare) A.C.	MS	6.29	
3	Cillian Griffin	Tralee Harriers A.C.	MS	6.28	
4	Rossa Foley	Farranfore Maine Valley A.C.	MS	5.70	
1	Danny Meaney	Templemore A.C.	M35	5.40	
2	Gerald Henry	Tralee Harriers A.C.	M35	5.29	
1	David Rock	Fr Murphys A.C. GUEST	M40	5.42	
2	Breandán Dennehy	Rising Sun A.C.	M40	5.01	
3	Donnacha Dennehy	Waterford A.C.	M40	5.00	
1	Paschall Halley	Waterford A.C.	M45	4.96	
2	Mark Burke	Moyglass A.C.	M45	4.71	
3	David Kilgannon	Youghal A.C.	M45	4.32	
1	Trevor White	St. Cronans A.C.	M50	4.46	
2	Patrick O'Sullivan	Mallow A.C.	M50	4.27	
3	Senan Minitier	St. Marys (Clare) A.C.	M50	4.09	
1	Adrian Young	Templemore A.C.	M55	3.94	
2	Larry O Grady	Mooreabbey Milers A.C	M55	3.85	
3	Noel Galvin	West Muskerry A.C.	M55	3.60	
4	Frank Stam	Bandon A.C.	M55	3.17	
1	Seamus Fox	Fanahan McSweeney A.C.	M60	4.04	
1	Bernie O'Neill	Clonmel A.C.	M65	3.51	
2	Dan Kennedy	St. Finbarrs A.C.	M65	2.89	
1	Brendan Dennehy	Rising Sun A.C.	M70	3.84	
2	Jerry O'Connell	Limerick Country Club A.C.	M70	2.01	
1	Jim O'Shea	Farranfore Maine Valley A.C.	M75	3.84	CBP
2	Con O'Donovan	Rising Sun A.C.	M75	3.28	

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Event Long Jump

Place	Name	Club	Category	Distance	
1	Sophie Meredith	St. Marys (Limerick) A.C.	FS	5.88	
2	Rachel Bowler	Tralee Harriers A.C.	FS	5.00	
3	Shona Lowe	Leevale A.C.	FS	4.86	
4	Elinor Dennison	Tralee Harriers A.C.	FS	4.82	
5	Sarah O'Keefe	Blarney/Inniscara A.C.	FS	4.52	
6	Katie Walsh	Carraig na bhFear A.C.	FS	4.42	
1	Catherine Moynihan O'Sullivan	Gneeveguilla A.C.	F35	4.38	
2	Liz Colclough	Waterford A.C.	F35	3.32	
1	Ursula Barrett	St. Brendan's A.C. (Kerry)	F40	4.66	CBP
2	Mary Cahill	Ennis Track A.C.	F40	3.82	
1	Shirley Fennelly	Tramore A.C.	F45	3.67	
2	Kathleen Marchelewska Sheehan	Tramore A.C.	F45	2.83	

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Event Triple Jump

Place	Name	Club	Category	Distance	
1	Joseph Minitier	St. Marys (Clare) A.C.	MJ	12.12	
2	Cillian Griffin	Tralee Harriers A.C.	MJ	11.48	
3	Ben Donovan	Abbey Striders A.C.	MJ	11.38	
1	Rossa Foley	Farranfore Maine Valley A.C.	M23	11.56	
1	Emily O'Mahony	Waterford A.C.	FJ	10.33	
2	Rachel Bowler	Tralee Harriers A.C.	FJ	10.11	
3	Lorna Monahan	Ferrybank A.C.	FJ	10.06	
1	Grace Furlong	Waterford A.C.	F23	10.83	CBP

Event Pole Vault

Place	Name	Club	Category	
1	Raymond Walsh	Abbey Striders A.C.	MS	3.90
2	Yuri Kanash	West Waterford A.C.	MS	3.90
3	Adam O'Dwyer	Moycarkey Coolcree A.C.	MS	3.30
1	Clodagh Walsh	Abbey Striders A.C.	FS	3.15
2	Emma Coffey	Carraig na bhFear A.C.	FS	3.15
3	Ciara Hickey	Blarney/Inniscara A.C.	FS	3.15

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Event High Jump

Place	Name	Club	Category	Height	
1	Joseph McEvoy	Nenagh Olympic A.C.	MS	1.85	
1	Donnacha Dennehy	Rising Sun A.C.	M40	1.60	=CBP
2	Aidan Hogan	Rising Sun A.C.	M40	1.35	
3	Breandán Dennehy	Rising Sun A.C.	M40	1.55	
1	Mark Burke	Moyglass A.C.	M45	1.40	
2	Micheál Dennehy	Rising Sun A.C.	M45	1.20	
1	Neil Proven	Clonmel A.C.	M50	1.45	
2	Bob Lyne	Crusaders A.C.	M50	1.35	
1	Larry O Grady	Mooreabbey Milers A.C	M55	1.35	
2	Michael Clune	Ennis Track A.C.	M55	1.25	
3	Frank Stam	Bandon A.C.	M55	1.25	
4	Adrian Young	Templemore A.C.	M55	1.20	
1	Patsy O'Connor	Tralee Harriers A.C.	M60	1.30	
2	Seamus Fox	Fanahan McSweeney A.C.	M60	1.25	
1	Liam O'Dwyer	Dundrum A.C.	M65	1.05	
1	Brendan Dennehy	Rising Sun A.C.	M70	1.30	
2	Noel Monteith	Borrisokane A.C.	M70	1.25	
1	Jim O'Shea	Farranfore Maine Valley A.C.	M75	1.25	
1	Ciara Kennelly	Killarney Valley A.C.	FS	1.74	CBP
2	Katie Walsh	Carraig na bhFear A.C.	FS	1.50	
3	Aisling Donohoe	Abbey Striders A.C.	FS	1.46	
1	Genevieve Rowland	Templemore A.C.	F35	1.30	