

Senior Men Track & Field C.I.T Sunday 19th June

Senior Men 110m Hurdles

1	Philip Kearney	Tralee Harriers	15.50.W -0.5
2	Nigal O'Gorman	Slieveardagh	16.71
3	Sean Carey	Slieveardagh	19.49

Senior Men 400m Hurdles

1	Barry Upton	Ferrybank	55.09
2	Philip Kearney	Tralee Harriers	55.22
3	Ronan Foolkes	Togher	55.60.

Senior Men 100m

1	Derek Duff	Leevale	11.15W-1.3
2	Darran O'Donovan	Leevale	11.22
3	Greg O'Leary	Leevale	11.40.

Senior Men 200m

1	Derek Duff	Leevale	22.13W ?
2	Barry Upton	Ferrybank	22.46
3	Colm Lynch	Iveragh	23.01

Senior Men 400m

1	Paddy O'Gorman	Leevale	49.26
2	Danial Tobin	Clonliffe Harriers	49.547
3	Kevin Walsh	Togher	49.61

Senior Men 800m

1	Francis O'Mahoney	Carrick on Suir	1.56.05
2	David Doherty	Togher	1.56.79
3	John Shine	Leevale	1.57.27

Senior Men 1500m

1	Brian McMahon	Carraig na Bhfear	4.00.24
2	Eoin O'Sullivan	Donoughmore	4.01.81
3	Rory Chesser	Ennis Track	4.02.52

Senior Men 5000m

1	Sandis Bralitis	Ballynonty	15.17.97
2	Sean McGrath	East Cork	15.23.49
3	Alan O'Shea	Bantry	15.26.82

Senior Men 5000m Team

1		East Cork	48.28.74
2		Ballynonty	48.52.98

Senior Men 3Km S/Chase

1	Stephen Lynch	Togher	2Km only
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Senior Men 10Km Walk

1	John Egan	Wexford	54.07.2
2	Bob King	Dunboyne	56.50.0.
3	Sean Pender	Ky Ib N Clare	59.43.4

Senior Men High Jump

1	Christopher Crowley	Belgooly	1.90.
2	Kevin Burke	Crusaders	1.85
3	Ray Flanagan	Youghal	1.75

Senior Men Pole Vault

1	Liam Houlihan	West Waterford	4.00.
2	Mark Bannon	West Waterford	3.70.
3	James Flanagan	Youghal	3.40.

Senior Men Long Jump

1	Kevin Burke	Crusaders	6.54W 0.0
2	Christopher Crowley	Belgooly	6.51W 0.0
3	Sean Carey	Slieveardagh	6.27W 0.0

Senior Men Triple Jump

1	Denis Finnegan	Spa Muckcross	14.16W +0.3
2	Brendan Dennehy	Rising Sun	11.75

Senior Men Shot Putt

1	John Leahy	Limerick	16.44CBP
2	Kevin Burke	Crusaders	13.42
3	Patsy O'Connor	Tralee Harriers	13.04

Senior Men Discus

1	Eoin Leen	Tralee Harriers	47.76
2	Shane Scanlon	West Waterford	33.61
3	Patsy O'Connor	Tralee Harriers	32.07

Senior Men Javelin

1	Pat Moore	Leevale	48.20.
2	Fergus Geoghegan	Templemore	45.26
3	Tom Cross	Belgooly	44.56

Senior Men Hammer

1	Shane Scanlon	West Waterford	49.02
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Senior Men 56Lbs Distance

1	Jerry Lyons	An Riocht	6.95
2	Patsy O'Connor	Tralee Harriers	6.66
3	Andre Lazzlo	Old Abbey	6.26

Senior Men 56Lbs Height

1	Andre Lazzlo	Old Abbey	3.81
2	Patsy O'Connor	Tralee Harriers	3.65
3	Leo Sharkey	Tralee Harriers	3.65

Senior Men 4 x 100m Relay

1		Leevale	43.83
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Senior Men 4 x 400m Relay

1		Togher	3.55.84
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Senior Women Track & Field C.I.T Sunday 19th June

Senior Women 100m Hurdles

1	Jessie Barr	Ferrybank	15.05W-1.1
2	Mairead Murphy	Ferrybank	15.35
3	Dawn Kelly	Belgooly	16.77

Senior Women 400m Hurdles

2	Kalyn Sheehan	Ferrybank	64.09
3	Christine Brodrick	Belgooly	65.82

Senior Women 200m

1	Dawn Kelly	Belgooly	25.06
2	Christine Brodrick	Belgooly	25.18
3	Mary Coghlan	Crusaders	26.14

Senior Women 400m

1	Mairead Deevy	Ferrybank	58.21
2	Dawn Kelly	Belgooly	58.35
3	Aisling Maunsell	Leevale	58.97

Senior Women 800m

1	Orla Power	Carrick on Suir	2.24.50.
2	Aisling Maunsell	Leevale	2.24.57
3	Edel Murphy	Ballincollig	2.25.15

Senior Women 1500m

1	Catherine Keohane	Leevale	4.57.55
2	Jennifer Goggin	Leevale	4.59.12
3	Margaret McCarthy	Blarney Innis	5.02.56

Senior Women 5000m

1	Michelle Scott	Carraig na Bhfear	17.32.95
2	Aoife Cooke	Youghal	17.39.67
3	Breeda Barrett	Gneeveguilla	19.47.02

Senior Women 5000m Team

1		Gneeveguilla	1.01.54.19
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Senior Women High Jump

1	Jessie Barr	Ferrybank	1.65
2	Mairead Murphy	Ferrybank	1.60.
3	Christine Brodrick	Belgooly	1.50.

Senior Women Pole Vault

1	Edel O'Meara	Borrisokane	2.40.
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Senior Women Long Jump

1	Imelda Morrison	Youghal	5.47W-2.0
2	Mairead Murphy	Ferrybank	5.37W.0.0
3	Catriona De Paor	Youghal	4.77W -0.1

Senior Women Triple Jump

1	Catriona Hannafin	Tralee Harriers	11.30W 0.0
2	Christine Brodrick	Belgooly	10.84W+0.1
3	Jessie Barr	Ferrybank	10.65W 0.0

Senior Women Shot Putt

1	Mary Barrett	Ferrybank	10.41
2	Sonia Kennedy	Ferrybank	10.25
3	Caitriona Ryan	Slieveardagh	9.98

Senior Women Discus

1	Rachel Akers	Marian	34.65
2	Sonia Kennedy	Ferrybank	32.06
3	Rachel Roche	Bandon	28.35

Senior Women Javelin

1	Laura Eagers	W.A.S.F	34.89
2	Noreen O'Dwyer	Gneeveguilla	28.98
3	Rachel Roche	Bandon	26.85

Senior Women Hammer

1	Rachel Akers	Marian	46.80.
2	Ann Marie Cronin	Old Abbey	45.30.
3	Linda Cronin	Old Abbey	40.77

Senior Women 4 x 400m Relay

1		Leevale	4.32.35
2		Gneeveguilla	4.51.52

Junior Men Track & Field C.I.T Sunday 1st May

Junior Men 110m Hurdles W+ 2.4

1	Nigal O'Gorman	Slieveardagh	15.58
2	Peter Shallow	Tralee Harriers	15.72
3	Sean Carey	Slieveardagh	15.78

Junior Men Long Jump

1	Christopher Crowley	Belgooly	6.81W + 2.3
2	John Shanahan	St Mary's (Lk)	6.43W + 1.4
3	Denis Finnegan	Spa Muckcross	6.32W + 5.8

Junior Men 400m Hurdles

1	Barry Upton	Ferrybank	56.35
2	Kevin Harty	West Waterford	1.04.00
3	Latife Mohamid	Limerick	1.09.48

Junior Men Triple Jump

1	Denis Finnegan	Spa Muckcross	13.88W -0.5
2	Conor Sheehy	Togher	13.59W -1.0
3	Kevin Harty	West Waterford	12.04W -2.7

Junior Men 100m W + 5.5

1	Greg O'Leary	Leevale	10.93
2	Derek Duff	Leevale	10.93
3	Peter Shallow	Tralee Harriers	11.17

Junior Men Shot

1	James Nagle	Farranfore M.V.	12.52
2	Declan Murphy	Carraig na Bhfear	12.15
3	Alan O'Connor	Tralee Harriers	11.99

Junior Men 200m W + 3.5

1	Derek Duff	Leevale	22.07
2	Greg O'Leary	Leevale	22.25
3	Patrick Phelan	Tralee Harriers	23.18

Junior Men Discus

1	Alan O'Connor	Tralee Harriers	38.62
2	James Nagle	Farranfore M.V.	37.12
3	Declan Murphy	Carraig na Bhfear	34.43

Junior Men 400m

1	Kieran Weir	Togher	51.45
2	Barry Upton	Ferrybank	51.46
3	Michael Dillon	Lios Tuathail	52.46

Junior Men Javelin

1	Tom Cross	Belgooly	45.72
2	Philip Burns	Belgooly	39.07
3	David Shine	Blarney Innis	37.86

Junior Men 800m

1	Dave McCarthy	West Waterford	1.55.29
2	Brian Markham	Ennis Track	1.57.45
3	John Shine	Leevale	1.59.52

Junior Men Hammer

1	James Nagle	Farranfore M.V.	51.93
2	Declan Murphy	Carraig na Bhfear	44.83
3	Andrew Keneally	Old Abbey	42.22

Junior Men 1500m

1	Philip Conway	Ferrybank	4.13.18
2	Kevin Cooper	Ferrybank	4.18.60.
3	Gavin Downey	Ferrybank	4.20.33

Junior Men 28Lb Distance

1	James Nagle	Farranfore M.V.	8.30.
2	Alan O'Connor	Tralee Harriers	7.24
3	Michael Whelan	Lios Tuathail	5.93

Junior Men 3000m

1	Rory Chessser	Ennis Track	9.07.88
2	Paul Walsh	Ennis Track	9.42.01
3	Seosamh O'Loughlin	Ennis Track	9.47.53

Junior Men 28Lb Height

1	James Nagle	Farranfore M.V.	5.89
2	Alan O'Connor	Tralee Harriers	4.32

Junior Men 2000m S/Chase

1	Philip Conway	Ferrybank	6.15.1
2	Sean Stillwell	West Waterford	6.39.2
3	Cathal Dennehy	Emerald	6.52.4

Junior Men 4 x 100m Relay

1	Leevale	44.74
2	Tralee Harriers	45.70.
3	Togher	45.76

Junior Men 5000m Walk

1	Paul Murphy	Dooneen	25.27.2
2	Niall Prenderville	Farranfore M.V.	27.07.8

Junior Men 4 x 400m Relay

1	Leevale	3.42.24
2	Ferrybank	3.44.62

Junior Men High Jump

1	Christopher Crowley	Belgooly	1.92CBP
2	Keith King	Ky Ib N Clare	1.83
3	Sean Crowley	Belgooly	1.75

Junior Men Pole Vault

1	Mark Bannon	West Waterford	3.32CBP
2	Stephen Noonan	Carraig na Bhfear	3.32
3	James Flanagan	Youghal	3.10.

Junior Women Track & Field C.I.T Sunday 1st May

Junior Women 100m Hurdles W +5.1

1	Mairead Murphy	Ferrybank	14.84
2	Jessie Barr	Ferrybank	15.02
3	Kelly Proper	Ferrybank	15.14

Junior Women Triple Jump

1	Christina Brodrick	Belgooly	11.00.W -0.1
2	Jessie Barr	Ferrybank	10.53W -2.0
3	Caitriona De Paor	Youghal	10.11W -0.5

Junior Women 400m Hurdles

1	Christina Brodrick	Belgooly	1.06.11
2	Triona O'Neill	Ballincollig	1.13.32
3	Michelle Twohig	Duhallow	1.14.61

Junior Women Shot

1	Laura Cogan	Newbridge	11.55
2	Sonia Kennedy	Ferrybank	11.43
3	Caitriona Ryan	Slieveardagh	9.54

Junior Women 100m W + 5.5

1	Gemma Hynes	Galway City H.	12.02
2	Mairead Murphy	Ferrybank	12.13
3	Katie Lydon	Galway City H.	12.18

Junior Women Discus

1	Sonia Kennedy	Ferrybank	33.06
2	Sarah Bradfield	Bandon	30.57
3	Rachel Rocke	Bandon	28.45

Junior Women 200m W + 2.5

1	Gemma Hynes	Galway City H.	24.81
2	Mairead Murphy	Ferrybank	25.14
3	Christina Brodrick	Belgooly	25.17

Junior Women Javelin

1	Rachel Rocke	Bandon	30.24
2	Claire Flanagan	Youghal	26.42
3	Sarah Ryan	Youghal	26.28

Junior Women 400m

1	Claire McSweeney	Leevale	58.35
2	Laura Crowe	An Ríocht	59.38

Junior Women Hammer

1	Ann Marie Cronin	Old Abbey	43.91
2	Linda Cronin	Old Abbey	37.96
3	Sabrina Larkin	Borrisokane	37.60.

Junior Women 800m

1	Laura Crowe	An Ríocht	2.18.38
2	Mary O'Connor	Ferrybank	2.21.55
3	Emer O'Connell	Blarney Innis	2.21.84

Junior Women 4 x 100m Relay

1		Ferrybank	48.95
2		Youghal	54.27
3		Duhallow	57.29

Junior Women 1500m

1	Graine Quinn	Ferrybank	5.01.6H
2	Mary O'Connor	Ferrybank	5.08.9H
3	Sally McCarthy	Grange Fermoy	5.20.7H

Junior Women 4 x 400m Relay

1		Ferrybank	4.12.18
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Junior Women 3000m

1	D Duff	West Waterford	11.16.03
2	Joyce Curtin	Glenbower	11.28.34
3	Carol Finn	Duhallow	12.09.04

Junior Women 3000m Walk

1	Sorcha Prenderville	Lios Tuathail	15.57.4
2	Sinead Prenderville	Lios Tuathail	16.38.4

Junior Women High Jump

1	Mairead Murphy	Ferrybank	1.63
2	Jessie Barr	Ferrybank	1.60.
3	Christina Brodrick	Belgooly	1.60.

Junior Women Pole Vault

1	Emma Dunne	West Waterford	2.40.
2	Siobhan Brackett	West Waterford	2.20.
3	Joelene Keeffe	Tralee Harriers	1.90.

Junior Women Long Jump

1	Kelly Proper	Ferrybank	5.66W + 4.8
2	Imelda Morrison	Youghal	5.65W +1.1
3	Mairead Murphy	Ferrybank	5.19W +4.9

Under 23 Men & Women Track & Field C.I.T Sunday 1st May

Under 23 Men 110m Hurdles			W+3.1
1	Philip Kearney	Tralee Harriers	15.34
2	Liam Houlihan	West Waterford	18.73

Under 23 Men 400m Hurdles			
1	Ronan Foulkes	Togher	56.30.
2	Maurice Donoghue	Carrick on Suir	56.31
3	Philip Kearney	Tralee Harriers	56.38

Under 23 Men 100m			W +2.4
1	Tom Shanahan	St Mary's (Lk)	12.85

Under 23 Men 200m			W +2.5
1	Maurice Donoghue	Carrick on Suir	22.88
2	Kevin Walsh	Togher	22.96
3	Ronan Foulkes	Togher	23.49

Under 23 Men 400m			
1	Kevin Walsh	Togher	51.27

Under 23 Men 800m			
1	Brian Dunne	Carrick on Suir	2.02.08
2	Thomas Maunsell	Leevale	2.04.48
3	Thomas Scanlon	Ennis Track	2.08.12

Under 23 Men 1500m			
1	Thomas Maunsell	Leevale	4.12.11
2	Kieran Ryan	St Finbarr's	4.22.16
3	James McCarthy	East Cork	4.23.82

Under 23 Men 3000m			
1	Thomas Scanlon	Ennis Track	9.24.06
2	Arthur Fitzgerald	Farranfore M.V.	9.25.60.

Under 23 Men High Jump			
1	Liam Houlihan	West Waterford	1.80.

Under 23 Men Pole Vault			
1	Liam Houlihan	West Waterford	3.80.

Under 23 Men Long Jump			
1	Tom Shanahan	St Mary's (Lk)	3.43

Under 23 Men Triple Jump			
1	Liam Houlihan	West Waterford	10.44

Under 23 Men Shot			
1	Geoff Mullins	Limerick	13.00.
2	John Dilworth	Blarney Innis	9.93

Under 23 Men Javelin			
1	Liam Houlihan	West Waterford	11.60.

Under 23 Men Hammer			
1	John Dilworth	Blarney Innis	31.00.

Under 23 Men 35Lb (28) Distance			
1	Batt McHugh	East Cork	7.50.

Under 23 Women 400m Hurdles			
1	Dawn Kelly	Belgooly	1.05.44

Under 23 Women 200m			W + 3.5
1	Dawn Kelly	Belgooly	26.21

Under 23 Women 800m			
1	Orla Drumm	U.C.C.	2.21.62

Under 23 Women 1500m			
1	Orla Drumm	U.C.C.	5.00..2
2	Siobhan O'Doherty	Borrisokane	5.04.3
3	Edel Murphy	Ballincollig	5.27.3

Under 23 Women 3000m			
1	Siobhan O'Doherty	Borrisokane	10.49.90

Under 23 Women Triple Jump			
1	Maria Conroy	West Waterford	9.15W -3.4

Under 23 Women Discus			
1	Maria Conroy	West Waterford	23.55

Under 23 Women Hammer			
1	Maria Conroy	West Waterford	30.12

Masters Men Track & Field Castleisland Sunday 29th May

Men Over 40 100m

1	Richard McArthur	St Cronan's	11.9
2	Willie Dom O'Connor	An Riocht	12.8
3	Donal Vaughan	Rising Sun	13.3

Men Over 40 200m

1	Richard McArthur	St Cronan's	24.8
2	Kevin Finn	Nenagh Oly	26.1
3	Willie Dom O'Connor	An Riocht	26.6

Men Over 40 400m

1	Donal Vaughan	Rising Sun	57.3
2	Kevin Finn	Nenagh Oly	57.7
3	Shane Rogers	Tralee Harriers	58.1

Men Over 40 800m

1	John Barrett	Gneeveguilla	2.13.2
2	Patrick O'Brien	Skibbereen	2.34.6
3	Declan Coakley	Skibbereen	2.39.6

Men Over 40 3000m

1	Garrett Barry	North Cork	9.05.5
2	John Barrett	Gneeveguilla	9.12.6
3	Denis McCarthy	East Cork	9.26.0

Men Over 40 3000m Team

1		Gneeveguilla	30.11.6
2		West Waterford	32.35.4
3		Skibbereen	32.41.9

Men Over 40 High Jump

1	Richard McArthur	St Cronan's	1.46
2	Neillie Hall	Ballynonty	1.28

Men Over 40 Long Jump

1	Richard McArthur	St Cronan's	5.57
2	Willie Dom O'Connor	An Riocht	5.42
3	Shane Rogers	Tralee Harriers	4.78

Men Over 40 Shot

1	Gerry Horgan	Farranfore M.V.	9.99
2	Donal Vaughan	Rising Sun	7.87
3	John O'Donovan	Bandon	7.41

Men Over 40 Discus

1	Jerry Horgan	Farranfore M.V.	32.32
2	Declan Coakley	Skibbereen	19.79
3	Donal Vaughan	Rising Sun	19.77

Men Over 40 Javelin

1	James Veale	West Waterford	17.72
2	Declan Coakley	Skibbereen	17.34

Men Over 40 56Lb Distance

1	John O'Donovan	Bandon	4.74
2	Martin Hayes	West Waterford	3.39
3	James Veale	West Waterford	3.33

Men Over 40 4 x 100m Relay

1		Tralee Harriers	53.0
2		Rising Sun	55.5
3		West Waterford	56.0

Men Over 45 400m

1	Richie Power	West Waterford	64.4
2	Denis McSweeney	An Riocht	62.6

Men Over 45 800m

1	Colm Rothery	Gneeveguilla	2.11.7
2	Larry Kennedy	Waterford	2.15.8
3	Richie Power	West Waterford	2.25.5

Men Over 45 3000m

1	Eugene Moynihan	Marian	9.28.1
2	Larry Kennedy	Waterford	9.41.6
3	Colm Rothery	Gneeveguilla	9.51.3

Men Over 45 High Jump

1	Frank Stam	Leevale	1,50
2	Larry O'Grady	Bilboa	1.48
3	Patsy O'Connor	Tralee Harriers	1,36

Men Over 45 Long Jump

1	Larry O'Grady	Bilboa	4.85
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Men Over 45 Shot

1	Patsy O'Connor	Tralee Harriers	11.15
2	Frank Stam	Leevale	10.07
3	Martin Fitzpatrick	St Mary's (Cl)	9.17

Men Over 45 Discus

1	Patsy O'Connor	Tralee Harriers	33.1
2	Frank Stam	Leevale	32.51
3	Larry O'Grady	Bilboa	21.73

Men Over 45 Javelin

1	Patsy O'Connor	Tralee Harriers	34.77
2	Frank Stam	Leevale	32.27

Men Over 45 56Lb Distance

1	Martin Fitzpatrick	St Mary's (Cl)	5.55
2	Larry O'Grady	Bilboa	4.98

Masters Men Track & Field Castleisland Sunday 29th May (Cont)

Men Over 50 100m

1	Seamus Fox	Fanahan McSw	14,0
2	James O'Hare	Limerick	15,1

Men Over 50 200m

1	Joe Gough	West Waterford	26,9
2	Seamus Fox	Fanahan McSw	29,0
3	Con Kelleher	West Waterford	30,5

Men Over 50 400m

1	Joe Gough	West Waterford	58,3
2	John Butler	West Limerick	61,0
3	John O'Riordan	Rising Sun	61,6

Men Over 50 800m

1	Joe Gough	West Waterford	2.19.5
2	Martin O'Sullivan	Ballincollig	2.23.6
3	John Butler	West Limerick	2.25.0

Men Over 50 3000m

1	Eamon McEvoy	St Finbarr's	9.41.6
2	Tommy Murphy	Skibbereen	9.51.7
3	Con Kelleher	West Waterford	10.41.5

Men Over 50 3000m Team

1		Gneeveguilla	4038.6
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Men Over 50 High Jump

1	Seamus Fox	Fanahan McSw	1.48
2	Patrick O'Riordan	St Brendan's Ky	1,40
3	Liam O'Dwyer	Dundrum	1.28

Men Over 50 Long Jump

1	Joe Gough	West Waterford	5.05
2	Seamus Fox	Fanahan McSw	4.55
3	Martin O'Sullivan	Ballincollig	4,30

Men Over 50 Shot

1	Denis Brosnan	Gneeveguilla	9.38
2	James O'Hare	Limerick	8.08

Men Over 50 Discus

1	Denis Brosnan	Gneeveguilla	27.82
2	Jack Dunlea	Farranfore M.V.	27.45
3	James O'Hare	Limerick	22.76

Men Over 50 Javelin

1	Denis Brosnan	Gneeveguilla	30.14
2	James O'Hare	Limerick	26.33
3	Martin O'Sullivan	Ballincollig	25,30

Men Over 50 56Lb Distance

1	Jack Dunlea	Farranfore M.V.	9.14
2	Denis Brosnan	Gneeveguilla	5.93
3	Liam O'Dwyer	Dundrum	5.58

Men Over 50 4 x 100m Relay

1		Cork	54.9
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Men Over 55 100m

1	Brendan Dennehy	Rising Sun	12.6
2	Donal Crowley	Tralee Harriers	14.2
3	William O'Mahoney	Midleton	18.4

Men Over 55 200m

1	Brendan Dennehy	Rising Sun	25.9
2	William O'Mahoney	Midleton	32.4

Men Over 55 400m

1	Jimmy Murray	Rising Sun	66,0
2	Donal Crowley	Tralee Harriers	69,7
3	William O'Mahoney	Midleton	71,9

Men Over 55 800m

1	Jimmy Murray	Rising Sun	2.37.8
2	Don Desmond	Rising Sun	2.44.6
3	Eddie Cahalan	Coolquill	2.46.6

Men Over 55 3000m

1	Don Desmond	Rising Sun	11.17.6
2	Bernard Collins	Limerick	11.33.1
3	Eddie Cahalan	Coolquill	11.35.7

Men Over 55 High Jump

1	Brendan Dennehy	Rising Sun	1.36
2	George Maguire	Nenagh Oly	1.18
3	Donal Crowley	Tralee Harriers	1.18

Men Over 55 Long Jump

1	Brendan Dennehy	Rising Sun	4.98
2	Donal Crowley	Tralee Harriers	4.04
3	William O'Mahoney	Midleton	3.82

Men Over 55 Shot

1	Michael Kelly	Nenagh Oly	9.51
2	Joe Moloney	Moy.C.Croo	8.36
3	Batt McHugh	East Cork	7.31

Men Over 55 Discus

1	Padraig Fanning	Tralee Harriers	30.29
2	Michael Kelly	Nenagh Oly	23.06
3	Jimmy Murray	Rising Sun	22.27

Men Over 55 Javelin

1	Michael Kelly	Nenagh Oly	31.69
2	Joe Moloney	Moy.C.Croo	12.73

Men Over 55 56Lb Distance

1	Batt McHugh	East Cork	7.89
2	Gerry O'Connell	Marian	7.68
3	Michael Kelly	Nenagh Oly	6.74

Masters Men Track & Field Castleisland Sunday 29th May (Cont)

Men Over 60 100m

1	Con O'Donovan	Rising Sun	13.4
2	Jim O'Shea	Farranfore M.V.	14.3
3	Lorcan Murphy	Iveragh	14.8

Men Over 60 200m

1	Con O'Donovan	Rising Sun	29.7
2	Jim O'Shea	Farranfore M.V.	32.4
3	Mike Browne	Gneeveguilla	37.0

Men Over 60 400m

1	Joe McSweeney	Emerald	63.9
2	Mike Browne	Gneeveguilla	81.9

Men Over 60 800m

1	Mike Browne	Gneeveguilla	2.58.6
2	George Webb	Rising Sun	3.03.1

Men Over 60 3000m

1	Lorcan Murphy	Iveragh	12.31.9
2	Mike Browne	Gneeveguilla	12.57.2
3	George Webb	Rising Sun	13.01.5

Men Over 60 High Jump

1	Jim O'Shea	Farranfore M.V.	1.34
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Men Over 60 Long Jump

1	Joe McSweeney	Emerald	4.40
2	Con O'Donovan	Rising Sun	4.39
3	Jim O'Shea	Farranfore M.V.	3.99

Men Over 60 Shot

1	Con O'Donovan	Rising Sun	7.40
2	Michael O'Sullivan	An Riocht	7.12

Men Over 60 Discus

1	Joe McSweeney	Emerald	28.39
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Men Over 60 Javelin

1	Joe McSweeney	Emerald	29.03
2	Jim O'Shea	Farranfore M.V.	17.79

Men Over 60 28Lb Distance

1	Michael O'Sullivan	An Riocht	5.22
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Men Over 65 100m

1	Tony Buckley	Gneeveguilla	16.8
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Men Over 65 200m

1	Tony Buckley	Gneeveguilla	35.4
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Men Over 65 400m

1	Tony Buckley	Gneeveguilla	80.0
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Men Over 65 3000m

1	Tony Buckley	Gneeveguilla	12.46.3
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Men Over 65 High Jump

1	Michael O'Riordan	Dundrum	0.94
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Men Over 65 Long Jump

1	Michael O'Riordan	Dundrum	2.27
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Men Over 65 Shot

1	Martin McDonagh	Tralee Harriers	9.39
2	Michael O'Riordan	Dundrum	5.91

Men Over 65 Discus

1	Martin McDonagh	Tralee Harriers	25.51
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Men Over 65 Javelin

1	Martin McDonagh	Tralee Harriers	22.17
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Men Over 65 28Lb Distance

1	Martin McDonagh	Tralee Harriers	7.16
2	Michael O'Riordan	Dundrum	6.58

Masters Men Track & Field Castleisland Sunday 29th May (Cont)

Men Over 70 400m

1 Willie Neenan Millstreet 86,0

Men Over 70 800m

1 Willie Neenan Millstreet 3.11.2

Men Over 70 High Jump

1 Michael O'Beirne Dundrum 0.94

Men Over 70 Long Jump

1 Michael O'Beirne Dundrum 2.59

Men Over 70 Shot

1 Len Braham Ind.Ck 10.16

2 Ed Mulcahy Farranfore M.V. 9.22

3 Michael O'Beirne Dundrum 7.91

Men Over 70 Discus

1 Len Braham Ind.Ck 38,00

2 Ed Mulcahy Farranfore M.V. 26.07

Men Over 70 Javelin

1 Ed Mulcahy Farranfore M.V. 21.45

2 Len Braham Ind.Ck 13.09

Men Over 70 28Lb Distance

1 Len Braham Ind.Ck 9.7

2 Ed Mulcahy Farranfore M.V. 8.05

3 Michael O'Beirne Dundrum 6.54

Men Over 75 100m

1 Sean O'Sullivan Rising Sun 16.1

2 Michael Hayes St Mary's (Cl) 20.7

Men Over 75 200m

1 Sean O'Sullivan Rising Sun 36.0.

Men Over 75 400m

1 Sean O'Sullivan Rising Sun 94,3

Men Over 75 Long Jump

1 Sean O'Sullivan Rising Sun 3.33

Men Over 75 Shot

1 Michael Hayes St Mary's (Cl) 8,20

Men Over 75 Discus

1 Michael Hayes St Mary's (Cl) 20.13

Men Over 80 Shot

1 Denis Howard Rising Sun 6,42

Men Over 80 Discus

1 Denis Howard Rising Sun 18.46

Men Over 80 28Lb Distance

1 Denis Howard Rising Sun 6.45 N.R.

Masters Women Track & Field Castleisland Sunday 29th May

Women Over 35 100m

1	Liz McCarthy Coomey	Bandon	13.5
2	Sandra Brazil White	West Waterford	13.8
3	Mairead Flynn	West Waterford	15.4

Women Over 35 200m

1	Sandra Brazil White	West Waterford	30.7
2	Ann Dunford	West Waterford	33.7
3	Martina Ryan	West Waterford	34.2

Women Over 35 800m

1	Margo Dinan	St Finbarr's	2.31.2
2	Carmel McCarthy Crowley	Bandon	2.41.7
3	Sandra Lambe	Gneeveguilla	2.50.1

Women Over 35 3000m

1	Carmel McCarthy Crowley	Bandon	10.57.5
2	Sandra Lambe	Gneeveguilla	12.20.3
3	Mairead Flynn	West Waterford	12.59.9

Women Over 35 3000m Team

1		St Finbarr's	37:34:20
2		Gneeveguilla	38:32:50
3		West Waterford	40:50:00

Women Over 35 High Jump

1	Liz McCarthy Coomey	Bandon	1.36
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Women Over 35 Long Jump

1	Liz McCarthy Coomey	Bandon	4.51
2	Josephine Hickey	Gneeveguilla	4.35
3	Sandra Brazil White	West Waterford	3.81

Women Over 35 Shot

1	Shelia Fitzpatrick	Gneeveguilla	9,10
2	Josephine Hickey	Gneeveguilla	8.49

Women Over 35 Discus

1	Shelia Fitzpatrick	Gneeveguilla	23,70
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Women Over 35 Javelin

1	Shelia Fitzpatrick	Gneeveguilla	19.34
2	Martina Ryan	West Waterford	15.03

Women Over 35 Hammer

1	Shelia Fitzpatrick	Gneeveguilla	23.69
2	Liz McCarthy Coomey	Bandon	
3	Ann Dunford	West Waterford	9.11

Women Over 35 4 x 100m Relay

1		West Waterford A	1.02.8
2		Bandon	1.03.7
3		West Waterford B	1.17.8

Women Over 40 100m

1	Agnes Hurley	Grange Fermoy	14.4
2	Maura Flynn	Gneeveguilla	15.5
3	Priscilla O'Sullivan	Skibbereen	15.7

Women Over 40 200m

1	Agnes Hurley	Grange Fermoy	32.2
2	Eilis Ni Haodha	West Waterford	34.8

Women Over 40 800m

1	Caroline Murphy	Gneeveguilla	2.50.5
2	Regina Burton	St Finbarr's	2.54.2
3	Maura Flynn	Gneeveguilla	3.13.8

Women Over 40 3000m

1	Caroline Murphy	Gneeveguilla	12.14.2
2	Regina Burton	St Finbarr's	12.15.4
3	Josie O'Chuirinn	West Waterford	12.58.8

Women Over 40 Long Jump

1	Agnes Hurley	Grange Fermoy	3.69
2	Eilis Ni Haodha	West Waterford	3.42
3	Maureen Glanton	Skibbereen	3.34

Women Over 40 Shot

1	Priscilla O'Sullivan	Skibbereen	7.94
2	Marie O'Leary	An Riocht	7.44
3	Maureen Glanton	Skibbereen	7.18

Women Over 40 Discus

1	Priscilla O'Sullivan	Skibbereen	20.92
2	Maureen Glanton	Skibbereen	20.68
3	Marie O'Leary	An Riocht	20.34

Women Over 40 Javelin

1	Maureen Glanton	Skibbereen	16.78
2	Priscilla O'Sullivan	Skibbereen	16.42
3	Marie O'Leary	An Riocht	13.15

Women Over 40 Inter County 4X100

1		Cork B	1.12.7
2		Cork C	1.17.6
3		Cork A	1.19.4

Masters Women Track & Field Castleisland Sunday 29th May (Cont)

Women Over 45 100m

1	Ann Kelly Crowley	Bandon	15.4
2	Marie Walsh	An Ríocht	15.8
3	Ebhana Finnegan	Rising Sun	16.1

Women Over 45 200m

1	Cushla Murphy Hehir	Marian	32.7
2	Marie Walsh	An Ríocht	34.4
3	Ebhana Finnegan	Rising Sun	35.8

Women Over 45 800m

1	Cushla Murphy Hehir	Marian	2.43.7
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Women Over 45 3000m

1	Joan Hough	St Finbarr's	11.32.4
2	Jacinta Shields	West Waterford	16.41.3

Women Over 45 Long Jump

1	Ann Ladden	Farranfore M.V.	3.84
2	Ann Kelly Crowley	Bandon	3.38

Women Over 45 Shot

1	Margaret Ahern	Fanahan McSw	6,30
2	Ruth Murray	Rising Sun	5,98
3	Jacinta Shields	West Waterford	4,85

Women Over 45 Discus

1	Ruth Murray	Rising Sun	22.33
2	Margaret Ahern	Fanahan McSw	19.44
3	Ann Ladden	Farranfore M.V.	12.63

Women Over 45 Javelin

1	Ebhana Finnegan	Rising Sun	10,60
2	Jacinta Shields	West Waterford	7.25

Women Over 45 Hammer

1	Ebhana Finnegan	Rising Sun	18.26
2	Margaret Ahern	Fanahan McSw	16.96
3	Ruth Murray	Rising Sun	16.73

Women Over 50 200m

1	Carmel Mac Domhnaill	West Limerick	36.5
2	Joan O' Sullivan	Gneeveguilla	47.5

Women Over 50 800m

1	Carmel Mac Domhnaill	West Limerick	2.57.9
2	Marion Lyons	St Finbarr's	3.11.5
3	Joan O'Sullivan	Gneeveguilla	4.20.5

Women Over 50 3000m

1	Marion Lyons	St Finbarr's	13.40.4
2	Joan O'Sullivan	Gneeveguilla	17.57.7
3	Mary O'Donoghue	Gneeveguilla	19.01.3

Women Over 50 Long Jump

1	Marie Coughlan	Kilmihil	3.06
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Women Over 50 Shot

1	Marie Coughlan	Kilmihil	5,50
2	Hannah O'Sullivan	An Ríocht	4,31

Women Over 50 Discus

1	Marie Coughlan	Kilmihil	13.89
2	Joan O' Sullivan	Gneeveguilla	13.58

Women Over 50 Javelin

1	Hannah O' Sullivan	An Ríocht	7.07
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Women Over 50 Hammer

1	Marie Coughlan	Kilmihil	14.15
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Women Over 55 100m

1	Brid McCullough	Ennis Track	17.9
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Women Over 55 200m

1	Brid McCullough	Ennis Track	40.2
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Women Over 55 800m

1	Brid McCullough	Ennis Track	3.41.2
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Women Over 55 3000m

1	Brid McCullough	Ennis Track	15.55.2
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Women Over 60 100m

1	Mary Barry	Grange Fermoy	19.3
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Women Over 60 200m

1	Terri Gough	West Waterford	41.6
2	Mary Barry	Grange Fermoy	43.7
3	Maggie Dunne	Grange Fermoy	47.1

Women Over 60 800m

1	Maggie Dunne	Grange Fermoy	3.47.3
2	Mary Barry	Grange Fermoy	4.45.0

Women Over 60 3000m

1	Maggie Dunne	Grange Fermoy	14.33.4
2	Terri Gough	West Waterford	15.35.7

Women Over 60 Long Jump

1	Mary Barry	Grange Fermoy	2.48
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Women Over 60 Shot

1	Terri Gough	West Waterford	6.15
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Women Over 60 Hammer

1	Terri Gough	West Waterford	14.64
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Women Over 65 100m

1	Pam Buckley	St Finbarr's	22.9
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Senior Points Table

Place	Club	Gold	Silver	Bronze	Total	Points
1	Ferrybank	5	7	1	13	35
2	Leevale	7	3	3	13	32
3	Belgooly	3	4	4	11	24
4	Tralee Harriers	3	3	3	9	21
5	West Waterford	2	2	0	4	9
5	Crusaders	1	2	1	4	9
5	Youghal	1	1	3	5	9
8	Carrick on Suir	2	0	0	2	8
8	Marian	2	0	0	2	8
8	Carraig na Bhfear	2	0	0	2	8
8	Old Abbey	1	1	2	4	8
12	Togher	2	1	2	5	6
13	Ballynonty	1	1	0	2	5
13	Slieveardagh	0	1	3	4	5
13	Gneeveguilla	1	2	1	4	5
16	Wexford	1	0	0	1	4
16	W.A.S.F	1	0	0	1	4
16	Limerick	1	0	0	1	4
16	An Riocht	1	0	0	1	4
16	East Cork	1	1	0	2	4
21	Templemore	0	1	0	1	2
21	Dunboyne	0	1	0	1	2
21	Clonliffe Harriers	0	1	0	1	2
21	Spa Muckcross	1	0	0	1	2
21	Bandon	0	0	2	2	2
21	Donoughmore	0	1	0	1	2
27	Borrisokane	1	0	0	1	1
27	Iveragh	0	0	1	1	1
27	Ky Ib N Clare	0	0	1	1	1
27	Ennis Track	0	0	1	1	1
27	Rising Sun	0	1	0	1	1
27	Blarney Innis	0	0	1	1	1
27	Bantry	0	0	1	1	1
27	Ballincollig	0	0	1	1	1
1	Cork	17	13	19	49	99
2	Waterford	7	9	1	17	44
3	Kerry	6	5	5	16	33
4	Tipperary	4	3	3	10	21
5	Clare	2	0	2	4	10
6	Limerick	1	0	0	1	4

Junior Points Table

Place	Club	Gold	Silver	Bronze	Total	Points
1	Ferrybank	10	11	3	24	61
2	Belgooly	5	1	3	9	25
3	West Waterford	4	3	1	8	23
4	Leevale	5	2	1	8	21
5	Farranfore M.V.	4	2	0	6	17
6	Tralee Harriers	1	4	4	9	15
7	Galway City H.	2	0	1	3	9
7	Ennis Track	1	2	1	4	9
7	Youghal	0	3	3	6	9
10	Bandon	1	1	1	3	7
10	Old Abbey	1	1	1	3	7
10	Togher	1	1	1	3	7
10	Carraig na Bhfear	0	3	1	4	7
14	Slieveardagh	1	0	2	3	6
15	An Riocht	1	1	0	2	5
15	Lios Tuathail	1	1	2	4	5
15	Spa Muckcross	1	0	1	2	5
18	Newbridge	1	0	0	1	4
19	Duhallow	0	0	3	3	3
20	Dooneen	1	0	0	1	2
20	St Mary's (Lk)	0	1	0	1	2
20	Ky Ib N Clare	0	1	0	1	2
20	Ballincollig	0	1	0	1	2
20	Glenbower	0	1	0	1	2
20	Blarney Innis	0	0	2	2	2
26	Borrisokane	0	0	1	1	1
26	Emerald	0	0	1	1	1
26	Limerick	0	0	1	1	1
26	Grange Fermoy	0	0	1	1	1
<i>1</i>	<i>Cork</i>	<i>13</i>	<i>14</i>	<i>17</i>	<i>44</i>	<i>93</i>
<i>2</i>	<i>Waterford</i>	<i>14</i>	<i>14</i>	<i>4</i>	<i>32</i>	<i>84</i>
<i>3</i>	<i>Kerry</i>	<i>8</i>	<i>8</i>	<i>7</i>	<i>23</i>	<i>47</i>
<i>4</i>	<i>Clare</i>	<i>1</i>	<i>3</i>	<i>1</i>	<i>5</i>	<i>11</i>
<i>5</i>	<i>Tipperary</i>	<i>1</i>	<i>0</i>	<i>3</i>	<i>4</i>	<i>7</i>
<i>6</i>	<i>Limerick</i>	<i>1</i>	<i>1</i>	<i>2</i>	<i>4</i>	<i>6</i>

Under 23 Points Table

Place	Club	Gold	Silver	Bronze	Total	Points
1	Carrick on Suir	2	1	0	3	10
2	West Waterford	7	1	0	8	8
2	Togher	2	1	1	4	8
4	Leevale	1	1	0	2	6
5	U.C.C.	2	0	0	2	5
6	Borrisokane	1	1	0	2	3
6	Tralee Harriers	1	0	1	2	3
6	Ennis Track	1	0	1	2	3
9	St Mary's (Lk)	2	0	0	2	2
9	Belgooly	2	0	0	2	2
9	Blarney Innis	1	1	0	2	2
9	Limerick	1	0	0	1	2
9	East Cork	1	0	1	2	2
9	St Finbarr's	0	1	0	1	2
15	Farranfore M.V.	0	1	0	1	1
15	Ballincollig	0	0	1	1	1
<i>1</i>	<i>Cork</i>	<i>9</i>	<i>4</i>	<i>3</i>	<i>16</i>	<i>28</i>
<i>2</i>	<i>Tipperary</i>	<i>3</i>	<i>2</i>	<i>0</i>	<i>5</i>	<i>13</i>
<i>3</i>	<i>Waterford</i>	<i>7</i>	<i>1</i>	<i>0</i>	<i>8</i>	<i>11</i>
<i>4</i>	<i>Limerick</i>	<i>3</i>	<i>0</i>	<i>0</i>	<i>3</i>	<i>4</i>
<i>4</i>	<i>Kerry</i>	<i>1</i>	<i>1</i>	<i>1</i>	<i>3</i>	<i>4</i>
<i>6</i>	<i>Clare</i>	<i>1</i>	<i>0</i>	<i>1</i>	<i>2</i>	<i>3</i>

Masters Points Table

Place	Club	Gold	Silver	Bronze	Total	Points
36	Ballynonty	0	1	0	1	1
33	Millstreet	2	0	0	2	2
33	St Brendan's Ky	0	1	0	1	2
33	Coolquill	0	0	2	2	2
32	Moy.C.Croo	0	2	0	2	3
27	North Cork	1	0	0	1	4
27	Ballincollig	0	1	2	3	4
27	Midleton	0	1	3	4	4
27	Ennis Track	4	0	0	4	4
27	Waterford	0	2	0	2	4
25	Iveragh	1	0	1	2	5
25	Bilboa	1	2	1	4	5
22	East Cork	1	0	2	3	6
22	Kilmihil	4	0	0	4	6
22	St Mary's (Cl)	3	1	1	5	6
21	Limerick	0	4	1	5	7
20	Cork	2	1	1	4	8
17	Leevale	1	3	0	4	9
17	Emerald	4	0	0	4	9
17	West Limerick	2	1	1	4	9
16	Marian	3	1	0	4	11
15	Ind.Ck	3	1	0	4	11
14	Dundrum	4	2	4	10	10
13	St Cronan's	4	0	0	4	14
12	Nenagh Oly	2	4	1	7	15
11	An Riocht	2	8	3	13	18
10	Fanahan McSw	3	4	0	7	18
9	Grange Fermoy	7	2	1	10	20
8	St Finbarr's	6	3	0	9	25
6	Bandon	6	4	1	11	29
6	Skibbereen	3	6	5	14	28
5	Farranfore M.V.	6	7	2	15	31
4	Tralee Harriers	9	3	4	16	34
3	West Waterford	11	10	14	35	63
2	Gneeveguilla	18	12	6	36	72
1	Rising Sun	21	6	8	35	77
1	<i>Cork</i>	56	32	23	111	246
2	<i>Kerry</i>	36	31	16	83	162
3	<i>Waterford</i>	11	12	14	37	69
4	<i>Clare</i>	18	2	1	21	41
5	<i>Tipperary</i>	6	9	7	22	34
6	<i>Limerick</i>	7	7	3	17	30

Note Points System 1st 4pts, 2nd 2 pts & 3rd 1 pt
 Two finishers 1st 2pts 2nd 1 pt
 One finisher 1pt