



Munster Schools Combined Events Championships
Saturday 9th October 2021 in Templemore Track, Co. Tipperary at 11am

RULES OF COMPETITION

The IAAF Rulebook shall be used unless otherwise stated. In the event of any conflict between the rules of the IAAF and the rules set out herein, these rules shall have precedence.

Girls Age Groups – Minor, Junior, Intermediate & Senior

Events - 60m Hurdles, Long Jump, Shot Putt, High Jump & 800m

Boys Age Groups – Minor, Junior, Intermediate & Senior

Events - 60m Hurdles, Long Jump, Shot Putt, 200m & 800m

Age Groups:

Age groups for girls & boys shall be as follows:

Minor: Under 14 on 1st July 2021

Junior: Under 15 on 1st July 2021

Intermediate: Under 17 on 1st July 2021

Senior: Under 19 on 1st January 2021

Entries:

- Only athletes from affiliated schools may compete in these competitions.
- Maximum of **3** athletes per school per event

- Entry online at the links below

Entry Links - Girls - <https://forms.gle/vQUdruFciYddaXgR7>

Boys - <https://forms.gle/cEAnBs6a43kWnPro9>

- **Closing date is Thursday 7th October at 6pm**
- **Enquiries to Aisling Hoey at ahoey@munsterathletics.com**
- 5 Euro Entry Fee per athlete payable on the day when collecting your number.
- Current Covid-19 guidelines apply.
- Link to Covid-19 Health Screening Questionnaire is here - https://docs.google.com/forms/d/e/1FAIpQLSd7Zab7Ni7uRTLQU-EjPRsMc9TahgLfdKcvUwVOQ_jEKv4baQ/viewform?usp=sf_link
- Parents/guardians, teachers and coaches may attend with their athletes. Could everyone please wear a mask when entering and registering at the venue and use the hand sanitisers provided. After that, it is up to everyone to exercise their own personal judgement around the venue.
- Latest AAI Covid-19 and Sport Ireland Guidance notes can be found here - <https://www.athleticsireland.ie/about/COVID-19>

Conduct of Events:

- ***Please note that the Minor, Junior, Intermediate & Senior competitions are UNSUITABLE for athletes who have not had any experience of Hurdles and/or High Jump.***
- **This is not an individual event competition. Athletes must attempt all events.**
- **All athletes should be technically proficient & competent to compete in each event.**
- Personal throwing implements must be submitted to the organisers beforehand for weighing & inspection.

Order of Events:

The Order of Events may change throughout the day, at the discretion of the Event's Manager. Where possible, the Minor, Junior, Intermediate & Senior age group competitions will begin with the sprint hurdles race & end with the 800m races.

Competition Wear:

Acceptable competition wear is a school singlet or a white or plain singlet. Club singlets, International singlets, fancy T-Shirts or unacceptable logos may not be worn. **Only 5mm spikes may be used.** Athletes may not run in bare feet.

| SHOT PUTT WEIGHTS | | | |
|-------------------|--------|-------|--------|
| BOYS | Shot | GIRLS | Shot |
| Minor | 3.00kg | Minor | 2.72kg |

| | | | |
|---------------------|--------|---------------------|--------|
| Junior | 4.00kg | Junior | 2.72kg |
| Intermediate | 5.00kg | Intermediate | 3.00kg |
| Senior | 6.00kg | Senior | 4.00kg |

Hurdles Specifications:

| Category | Distance | Height | No. of Flights | Approach | Interval | Finish |
|--------------|----------|--------------|----------------|----------|----------|--------|
| Minor Girls | 60m | 68.6cm 2' 3" | 5 | 11.50m | 7.50m | 18.50m |
| Junior Girls | 60m | 76.2cm 2' 6" | 5 | 11.50m | 7.50m | 18.50m |
| Inter Girls | 60m | 76.2cm 2' 6" | 5 | 12.00m | 8.00m | 16.00m |
| Senior Girls | 60m | 84.0cm 2' 9" | 5 | 13.00 | 8.50m | 13.00m |
| Minor Boys | 60m | 76.2cm 2' 6" | 5 | 11.50m | 7.50m | 18.50m |
| Junior Boys | 60m | 84.0cm 2' 9" | 5 | 12.00m | 8.00m | 16.00m |
| Inter Boys | 60m | 91.4cm 3' 0" | 5 | 13.00m | 8.50m | 13.00m |
| Senior Boys | 60m | 99.0cm 3' 3" | 5 | 13.72m | 9.14m | 9.72m |

Competition Area Rules:

- Athletes are not permitted to carry or use electronic recording or transmission equipment (e.g. earphones, notebooks, tablets, I-Pods, smart phones etc) in the competition area.
- An athlete must leave the competition area when their event is complete.
- Teachers, coaches or parents are **NOT ALLOWED** in the competition area at any time.

Track Rules:

- Please have respect for the Track & its environs & adhere to all the rules of the Track including those set out below:-
 - Each competing school must take responsibility for the good behaviour of its athletes within the Track.
 - To this end, each school is asked to have present a teacher or designated adult charged with maintaining an acceptable level of behaviour from their athletes.
 - Competitors will, at all times, obey stewards and officials of the meeting.
 - Please do not leave your personal belongings unattended.

Numbers:

Each athlete must wear the correct number, secured by safety pins.

Event Rules Which Differ from Individual Events:

- In all Track events, one false start is permitted with disqualification on the second false start.
- In the Minor, Junior, Intermediate & Senior competitions, each competitor will be allowed a maximum of **THREE** trials in each of the Field Events, except the High Jump.
- In the High Jump, the bar will be raised in increments of 3cm only. The starting height will be at the discretion of the competitors.

Failing to Score in an Event:

- If a competitor attempts an event & fails to score e.g., falls in the Hurdles or has 2 no Jumps etc., he/she may progress to the next event in his/her competition.

- If a competitor makes no attempt at an event, he/she will be deemed to have withdrawn from the competition & will not be permitted to take any further part in the competition.
- If a competitor starts in the 800m but does not finish, he/she will receive 0 points for that event but will be placed according to his/her points total.

Tie for Any Place:

- In the event of two or more competitors having the same final score, the tie shall be resolved as follows:

The Winner shall be the person scoring higher in the majority of events. If this fails to separate the competitors, the winner is the person with the highest points for any individual event.

Protests:

All protests must be made verbally by a school representative before the presentation of medals & then in writing within 30 minutes of the end of the specific event.

Jury of Appeal:

If either party engaged in dealing with a protest is dissatisfied, the matter shall be referred to a Jury of Appeal, consisting of one representative of each Region & the Chairperson of Munster Schools Athletics. The decision of the Jury of Appeal is final.