

## MUNSTER AAI – MENS MARATHON CHAMPIONSHIP 2022 RESULTS

All Results Based on the Great Limerick Run Categories and Gun Times

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### Mens Individual Results

Name	Gender	Category	Club	Gun Time
P Healy	Male	MSEN	WEST WATERFORD A.C.	03:00:24
Richard Stilwell	Male	MSEN	WEST WATERFORD A.C.	03:52:41
Ruairi Myers	Male	MSEN	CARRIAG-NA-BHFEAR A.C.	03:55:15
Philip Macbain	Male	MSEN	TEMPLEMORE A.C.	04:04:03
Brian O Shea	Male	MSEN	WEST MUSKERRY A.C.	04:19:43
John Kinsella	Male	M35+	BILBOA A.C.	02:32:47
Graham Swords	Male	M35+	EAST CORK A.C.	02:38:53
Donal Giltinan	Male	M35+	EAST CORK A.C.	02:44:46
Paul Fitzgerald	Male	M35+	LIMERICK A.C.	02:51:37
Mike Lynch	Male	M35+	LIMERICK A.C.	02:55:26
Thomas Shanahan	Male	M35+	LIMERICK A.C.	02:56:40
Liam Lynch	Male	M35+	LIMERICK A.C.	02:58:22
Paul Noonan	Male	M35+	LIMERICK A.C.	02:58:25
Niall Bennis	Male	M35+	DOONEEN A.C.	02:59:33
Shane Power	Male	M35+	WEST WATERFORD A.C.	03:00:38
Sean Stilwell	Male	M35+	WEST WATERFORD A.C.	03:06:30
Cian Aherne	Male	M35+	DOONEEN A.C.	03:11:47
Hanlon Gerard	Male	M35+	WEST LIMERICK A.C.	03:18:08
Darren Bourke	Male	M35+	NEWPORT A.C.	03:23:37
Mark Cronin	Male	M35+	MIDDLETON A.C.	03:24:01
Paul O Reilly	Male	M35+	MIDDLETON A.C.	03:24:53
John Savage	Male	M35+	NEWPORT A.C.	03:40:54
Andrzej Chomicz	Male	M35+	MALLOW A.C.	03:45:27
John Cooke	Male	M35+	AN BRU AC	03:47:39
Ian Synnott	Male	M35+	MIDDLETON A.C.	04:08:20
Shane Lillis	Male	M35+	DOONEEN A.C.	04:09:54
Derek Mackessy	Male	M35+	WEST LIMERICK A.C.	04:19:33
Ben Murphy	Male	M35+	KILFINANE A.C.	04:22:50
Declan Lynch	Male	M35+	WEST LIMERICK A.C.	04:30:35
Mark Ryan	Male	M35+	WEST LIMERICK A.C.	04:35:46
David Hanlon	Male	M45+	LIMERICK A.C.	02:56:57
Laurence Arthur	Male	M45+	DERG A.C.	02:57:56
Frank Quinlan	Male	M45+	WATERFORD A.C.	02:59:10
Seamus Murphy	Male	M45+	GNEEEVUILLA A.C.	03:02:58
Ger O Regan	Male	M45+	MIDDLETON A.C.	03:04:17
Declan Forde	Male	M45+	LIMERICK A.C.	03:10:47
Eelco Beckers	Male	M45+	CLONMEL A.C.	03:15:06
Jim O Byrne	Male	M45+	CARRIGALINE ROAD RUNNERS A.C.	03:18:11
Shane Meyler	Male	M45+	BALLYMORE COBH A.C.	03:18:33

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Gary Grant	Male	M45+	CLONMEL A.C.	03:19:42
Kevin Synott	Male	M45+	ENNIS TRACK A.C.	03:20:36
Brendan Hickey	Male	M45+	ST CATHERINES A.C.	03:22:22
Declan Murphy	Male	M45+	STAR OF THE LAUNE A.C.	03:23:21
Aidan Hogan	Male	M45+	RISING SUN A.C.	03:27:15
Trevor Edwards	Male	M45+	BWEENG TRAIL BLAZERS	03:29:34
Ted O Leary	Male	M45+	WEST WATERFORD A.C.	03:29:39
Gerry Prendergast	Male	M45+	AN BRU AC	03:30:39
Mick Mc Carthy	Male	M45+	BILBOA A.C.	03:32:48
Verling John Fitzgerald	Male	M45+	GALTEE RUNNERS A.C.	03:44:10
Marcus Wheeler	Male	M45+	B.M.O.H. ATHLETICS CLUB	03:45:15
Stephen O Gorman	Male	M45+	WEST CLARE SPORTS & FITNESS CL	03:46:49
Alexander Kelly	Male	M45+	LIMERICK COUNTRY CLUB A.C.	03:47:16
John Griffin	Male	M45+	CLONMEL A.C.	03:50:38
Liam Fitzgerald	Male	M45+	WEST WATERFORD A.C.	03:54:08
James Mc Mahon	Male	M45+	BILBOA A.C.	04:03:48
Gary O Donovan	Male	M45+	BWEENG TRAIL BLAZERS	04:15:35
Tony O Sullivan	Male	M45+	BWEENG TRAIL BLAZERS	04:16:43
Brendan Fitzgerald	Male	M45+	LIMERICK COUNTRY CLUB A.C.	04:18:26
Paul Heffernan	Male	M45+	BWEENG TRAIL BLAZERS	04:19:58
Ray Hayes	Male	M45+	LIMERICK COUNTRY CLUB A.C.	04:22:59

John O Gorman	Male	M55+	KILMURRAY/IBRICK/N.CLARE A.C.	02:54:59
Tom Meany	Male	M55+	AN BRU AC	03:54:53
Tom Quinn	Male	M65+	CLONMEL A.C.	03:59:45
Gerard Donohue	Male	M55+	B.M.O.H. ATHLETICS CLUB	04:13:57
Mick Concannon	Male	M55+	WEST WATERFORD A.C.	04:14:07
Tony Foley	Male	M55+	GNEEEGUILLA A.C.	04:20:44
Steve Murphy	Male	M55+	MALLOW A.C.	04:39:45
Michael Carroll	Male	M65+	LIMERICK COUNTRY CLUB A.C.	05:07:45

### Mens Team Results

Paul Fitzgerald	Male	M35+	LIMERICK A.C.	02:51:37
Mike Lynch	Male	M35+	LIMERICK A.C.	02:55:26
Thomas Shanahan	Male	M35+	LIMERICK A.C.	02:56:40
			Total Gun Time	8:43:43
P Healy	Male	MSEN	WEST WATERFORD A.C.	03:00:24
Shane Power	Male	M35+	WEST WATERFORD A.C.	03:00:38
Sean Stilwell	Male	M35+	WEST WATERFORD A.C.	03:06:30

9:07:32

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				9:53:11

John Kinsella	Male	M35+	BILBOA A.C.	02:32:47
Mick Mc Carthy	Male	M45+	BILBOA A.C.	03:32:48
James Mc Mahon	Male	M45+	BILBOA A.C.	04:03:48
				10:09:23

Niall Bennis	Male	M35+	DOONEEN A.C.	02:59:33
Cian Aherne	Male	M35+	DOONEEN A.C.	03:11:47
Shane Lillis	Male	M35+	DOONEEN A.C.	04:09:54
				10:21:14

Eelco Beckers	Male	M45+	CLONMEL A.C.	03:15:06
Gary Grant	Male	M45+	CLONMEL A.C.	03:19:42
John Griffin	Male	M45+	CLONMEL A.C.	03:50:38
				10:25:26

Trevor Edwards	Male	M45+	BWEENG TRAIL BLAZERS	03:29:34
Gary O Donovan	Male	M45+	BWEENG TRAIL BLAZERS	04:15:35
Tony O Sullivan	Male	M45+	BWEENG TRAIL BLAZERS	04:16:43
				12:01:52

Hanlon Gerard	Male	M35+	WEST LIMERICK A.C.	03:18:08
Derek Mackessy	Male	M35+	WEST LIMERICK A.C.	04:19:33
Declan Lynch	Male	M35+	WEST LIMERICK A.C.	04:30:35
				12:08:16